1 Title

ESA/ELGRA Gravity-Related Research Summer School: an introduction to microgravity and hypergravity
 research for university students

- 4
- 5 Authors
- Natacha Callens, ¹European Space Agency (ESA), Education Office, ESEC-Galaxia, 2, Rue Devant les Hêtres,
 6890 Transinne, Belgium
- 8 Philip Carvil, ² Centre for Human and Applied Physiological Sciences, King's College London (London), SE1
- 1UL, UK. ³ Science and Technology Facilities Council UK Research & Innovation, BID Office, Daresbury
 Laboratory, Keckwick Lane, WA4 4AD (Warrington), UK
- Merel Van Walleghem, ⁴ Redu Space Services for European Space Agency (ESA), Education Office, ESEC Galaxia, 2, Rue Devant les Hêtres, 6890 Transinne, Belgium
- 13 Ricard González-Cinca, ⁵ Department of Physics, Universitat Politècnica de Catalunya-BarcelonaTech, C/ E.
- 14 Terradas 5, 08860 Castelldefels (Barcelona), Spain
- 15
- 16 Corresponding Author
- 17 Philip Carvil Philip.carvil@stfc.ac.uk
- 18
- 19 Acknowledgments
- 20 We would like to thank ESA and ELGRA experts who developed and delivered voluntary lectures during the first
- 21 four editions of the Summer School and shared their knowledge and enthusiasm with the participating university
- students.
- 23

1 Abstract

2 The European Low Gravity Research Association (ELGRA) and the European Space Agency (ESA) co-organise

since 2016 a Summer School on gravity-related research in the frame of ESA Academy's Training and Learning
 Programme. This Summer School is organised every year, in June, at the ESA Education Training Centre located

Programme. This Summer School is organised every year, in June, at the ESA Education Training Centre located
 in ESA's European Space Security and Education Centre (ESEC), Belgium. The Summer School explains the

6 fundamentals of performing research at different gravity levels and offers an overview of current research activity

7 under microgravity and hypergravity conditions in life and physical sciences. Over four and a half intensive days,

8 up to 30 Bachelor and Master students from ESA Member States, Canada and Slovenia, attend stimulating lectures,

9 and work within small groups to devise project ideas for prospective experiments. Gravity-related research is 10 introduced to these future scientists and engineers by experienced professionals from across the European space

and research sector. These trainers are ELGRA members and ESA experts, freely sharing their experience and

12 know-how with the students, including their day-to-day work and research experience in biology, human 13 physiology, physics and engineering. Each year the programme incorporates new elements to enhance the

14 experience for the students based on their feedback. 104 university students and 43 different experts have already

- 15 participated in this Summer School.
- 16

17 Keywords

18 Microgravity; hypergravity; research; education

19

1 Declarations

- 2 Funding The Summer School is a jointly funded initiative from the European Space Agency (ESA) and the
- 3 European Low Gravity Research Association (ELGRA).
- 4 **Conflicts of interest/Competing interests**: Not applicable
- 5 Availability of data and material: Not applicable
- 6 **Code availability**: Not applicable

Authors' contributions: All authors were involved in the preparation and delivery of the different editions of the
 Summer School.

1 I. INTRODUCTION

The European Space Agency (ESA, 2020) and the European Low Gravity Research Association (ELGRA, 2020) co-organise, since 2016, an annual Summer School on gravity-related research in the frame of ESA Academy's Training and Learning Programme (Maree et al, 2019). This Summer School takes place at the ESA Education Training Centre in ESA's European Space Security and Education Centre (ESEC) in Transinne (Belgium) over

6 four and a half days.

7 The main objective of the Summer School is to promote gravity-related research amongst future scientists and 8 engineers. These young minds are introduced to the benefits of performing research at different gravity levels and 9 offered an overview of current research under microgravity and hypergravity conditions in both life and physical 10 sciences. Other related objectives are:

- 11 transfer of knowledge and expertise
- 12 inspire and network with the future generation
- encourage students to participate in hands-on opportunities
- attract future scientists and engineers into the space sector.

Each year, ELGRA contacts its members to offer them the opportunity to participate in the Summer School by submitting an abstract to propose a lecture in life or physical science. Three lectures in biology, human physiology

17 and physics are selected. The selected ELGRA members join the Summer School for a minimum of one day and

along with some additional ESA experts provide a background to their topic area, examples of gravity-related

19 research and share their experience and expertise as illustrated in Fig. 1. Supporting the Summer School is the

20 university student arm of the ELGRA association (SELGRA, 2020). SELGRA has created an active association for

21 student members to communicate and share opportunities in gravity-related research, support conference

22 attendance and communicate member activities. These experiences are shared at the Summer School and

23 participating students are offered the opportunity to join the association to provide further points of contact.



24

Fig. 1 Expert sharing her knowledge and know-how in gravity-related research with University students during
 the ESA/ELGRA Gravity-Related Research Summer School 2019

After the selection of the 15-20 experts and the finalisation of the programme of the Summer School, a call for student applications is launched by ESA Education Office. The Summer School was opened to 22 students for the two first editions and is opened to 30 students since 2018. Applicants should be Bachelor or Master students in science or engineering disciplines from ESA Member States, Canada or Slovenia not yet involved in the space sector. Interested students apply via the ESA Education website (ESA Education, 2020) by filling-in an application form and providing a motivation letter, a CV, a recommendation letter from a university professor or academic supervisor and a copy of latest academic records. Selected students are informed at least one month before the

34 Summer School starts.

- 1 The participating students and experts (Fig. 2) are sponsored by ESA and ELGRA to cover their travel costs,
- 2 accommodation and meals.



3 Fig. 2 Group picture at the ESA/ELGRA Gravity-Related Research Summer School 2016

4 II. CONTENT OF SUMMER SCHOOL

- 5 The Summer School programme includes lectures in the following topics:
- 6 Gravity-related research and gravity-related research platforms
- 7 Hands-on opportunities for university students
- 8 Introduction to project management
- 9 Gravity-related experiment development
- 10 Experiment life cycle
- 11 Life sciences at different gravity levels 3 lectures on animal, plant, cell biology etc.
- Physical sciences at different gravity levels 3 lectures on fluid & thermal dynamics, material science etc.
- Human physiology at different gravity levels 3 lectures on cardiovascular, neurological, musculoskeletal etc.
- These lectures are complemented by testimonials from university students who have, with their respective student teams, designed, built, tested and performed a scientific experiment or technology demonstration in microgravity or hypergravity conditions in the frame of ESA Academy's hands-on projects (Callens et al, 2011). These students present their projects performed in the ZeroG airplane (Pletser et al, 2015), the Bremen drop tower (Kufner, 2011), ESA's Large Diameter Centrifuge (Frett et al, 2016) or the Short Arm Human Centrifuge at the :envihab facility
- 19 (Frett, 2014). They share their lessons learned and give tips to the participating students for their potential future
- 20 projects (Callens et al 2016).
- 21 Throughout the Summer School, the students are asked, in groups of four or five, to generate an idea for a future
- 22 gravity-related experiment or technology demonstration. During the time allocated for this group project, they are
- asked to come up with a scientific or engineering objective, to choose a suitable gravity-related platform and
- 24 propose a preliminary experimental setup and procedure. Students take advantage of the continuous presence of
- 25 experts in the room to discuss their ideas and get advice (Fig.3).

26



1

Fig. 3 Students discussing their group projects with experts during the ESA/ELGRA Gravity-Related Research
 Summer School 2017

- 4 On the final day of the Summer School, the student groups get the opportunity to present their project and are
- 5 evaluated by experts from ELGRA and ESA (Fig. 4). Upon completion of this process, the students are presented
- 6 with a certificate of participation and a transcript including their evaluation. These documents allow them to claim
- 7 European Credit Transfer System (ECTS) credit(s) for their participation at their respective universities.

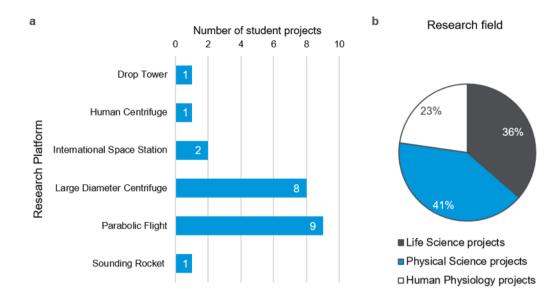


8

Fig. 4 Student group presenting their project to ESA and ELGRA experts during the ESA/ELGRA Gravity Related Research Summer School 2018

The research projects the students developed during the Summer Schools covered a broad variety of topics, including investigating the effect of gravity on non-Newtonian fluids, determining the influence of hypergravity on plant protoplasts and testing the inborn reflex adaptation in altered gravity. Of the 22 student projects proposed so far, the most popular research platforms were the parabolic flight and the large diameter centrifuge, with respectively 9 and 8 projects. The other groups selected the International Space Station (ISS), the drop tower, the

- human centrifuge and the sounding rocket (Fig. 5a). The proposals consisted of 36% life science projects, 41%
 physical science projects and 23% human physiology projects (Fig. 5b).
- 18



1 2

Fig. 5 Profile of the student projects over the four Summer School editions between 2016-2019: (a) platforms selected by the students, (b) student project fields

5 Aside from the lectures and team work, students have the opportunity to visit some space-related centres in the 6 region, including:

Redu site of the ESA's European Space Security and Education Centre (ESEC, 2020) where they learn about
ESA operations activities, as well as the Proba (Proba, 2020) and Galileo (Galileo, 2020) programmes.

The Euro Space Center (ESC, 2020), a science museum and educational tourist attraction devoted to space
 science and astronautics where they have amongst other activities the possibility to perform Moon or Mars walk
 and test the 3-axis rotating chair.

The Centre Spatial de Liège (CSL, 2020), an applied Research Centre owned by the University of Liège, focused
 on design, integration and calibration of space observation instruments. Students can hear about the diverse
 activities of the Centre and to see their cleanroom and test facilities (Fig. 6).

15



16

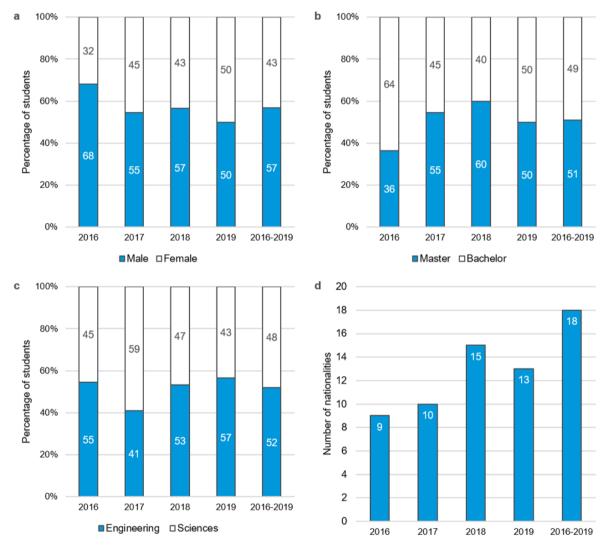
17 Fig. 6 Student and experts visiting the Centre Spatial de Liège (CSL) during the ESA/ELGRA Gravity-Related

- 18 Research Summer School 2016
- 19

1 III. PARTICIPANTS

2 IIIa. STUDENTS

3 The ESA/ELGRA Gravity-Related Research Summer School has been already organised four times. The first two 4 editions of the Summer School, involved 22 university students. Thanks to the development of the ESA Education 5 Training Centre in 2018, including a larger ESA Academy's Training and Learning Facility, the Summer School 6 capacity increased allowing 30 students to participate in the 2018 and 2019 editions. The profile of the 7 participating university students is depicted in Fig. 7. From the four editions of the summer school (2016-2019), 8 a total of 104 students have partaken, of which 43% identified as female and 57% as male (Fig. 7A), with an 9 approximate 50/50 distribution between Master and Bachelor level (Fig. 7B) and between scientific and 10 engineering background (Fig. 7C). In each edition there have been between 9 and 15 different nationalities represented (Fig. 7D). Overall, 18 different nationalities have so far participated, coming from almost all eligible 11 12 countries across Europe and Canada (Fig. 9A).:



13

Fig. 7 Profile of the participating university students over the four Summer School editions between 2016-2019:
(a) gender, (b) level of study, (c) background and (d) number of nationalities represented.

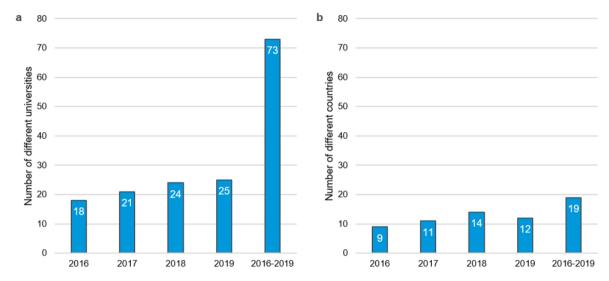
16 For each edition of the Summer School, the students came from between 18 and 25 different universities,

representing between 9 and 14 different countries. In total, students from 73 different universities, located in 19

19 of countries of study is even more varied than the countries of origin of the students, e.g it includes the United

¹⁸ different countries have so far participated in the Summer School (Fig. 8). As many students study abroad, the list

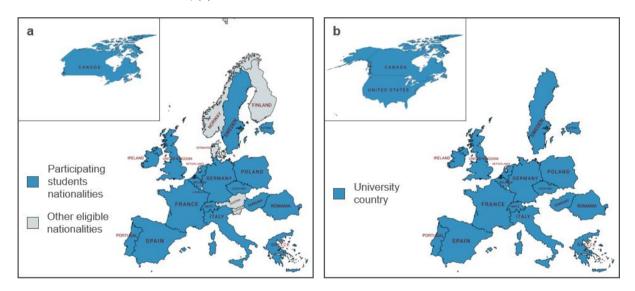
²⁰ States (Fig. 9B).





3

Fig. 8 Statistics on the universities of the students over the four Summer School editions between 2016-2019: (a) Number of different universities, (b) Number of different countries where the universities are located



4

Fig. 9 Geographical distribution of country of origin and university of study of the students over the four Summer
 School editions between 2016-2019: (a) Participating students nationalities and other eligible nationalities, (b)
 countries where the students' universities are located

8 The diversity of the participating students in terms of background, level of study, nationality and university is 9 one of the strenghts of the Summer School. It allows the students not only to work, sometimes for the first time, 10 in a group but also in an international environment with peers of different profiles.

11 IIIb. EXPERTS

- 12 In each Summer School, 17 to 19 experts, some ELGRA members as well as active or retired ESA employees,
- 13 shared their knowledge and experience with the students. Over the 4 editions, a total number of 43 different 14 experts have supported the Summer School. These experts came from 36 different universities or institutes and 15 represent 10 different nationalities (Table 1). Some of them have participated multiple times.

Expert profile	2016	2017	2018	2019
Supporting experts	17	17	18	19
Total number of different supporting experts	43			

Different nationalities of the experts	10
Different affiliations	36

1 **Table 1** Profile of the experts supporting the four Summer School editions between 2016-2019

2 IV. BENEFITS

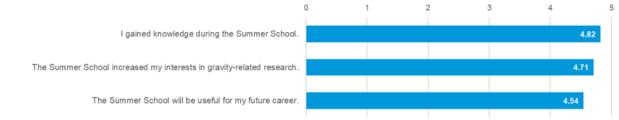
After each Summer School, an anonymous online feedback questionnaire is sent to the students to get their feedback in terms of organisation, schedule, content and benefit of the Summer School. These inputs are used to improve for the next edition and enhance the experience of the future participating students. Since 2019, a similar guestionnaire has been developed for the experts.

7 IVa. STUDENTS

8 The feedback from the participating students over the four editions of the Summer School is very positive, as

9 shown on Fig. 10, they gained knowledge and increased their interest in gravity-related research. They also

10 consider that their participation will be useful for their future career.



11

Fig. 10 Feedback from the university students who participated in the ESA/ELGRA Gravity-Related Research Summer School between 2016 and 2019. Students scored the statements describing their general impression of

14 the Summer School from 1 (totally disagree) to 5 (totally agree)

After the Summer School 85% of the students envisage to apply for one of the ESA Education gravity-related hands-on opportunities. Several teams have gone on to submit projects to ESA Academy's hands-on programmes [ESA Academy, 2020]. For example, a group of students from the 2016 edition applied to and were selected to participate in the Drop Your Thesis! (DYT) Programme [Drop your Thesis!, 2020]. The Ferros team participated in the 2017 DYT campaign and investigated the behaviour of Ferrofluids in microgravity [Romero-Calvo et al,

20 2020].

21 Other benefits mentioned by the students are a unique opportunity to extend their horizon, to get some knowledge

not taught at university, to work in an international environment, to meet so many students with different profilesand to network with a large number of experts.

24 IVb. EXPERTS

The experts who have participated to the Summer School have been very positive about this educational activity and willing to participate again in the future. The experts who participated to the last edition shared with us the following benefits: on the one hand the opportunity to lecture on favourite topics, to share technical expertise and to exchange with a highly motivated and engaged group of university students and on the other hand to network with other experts in gravity-related research. The Summer School provided them with new insights and additional

30 opportunities for career development (for example mentoring opportunities).

31 V. <u>CONCLUSIONS</u>

The ESA/ELGRA Gravity-Related Research Summer School is a unique opportunity for university students to discover and/or get an overview of the research conducted in different fields in microgravity and hypergravity, as well as to acquire new understanding on different topics of space research, work on a group project and network with experts. It is also a unique opportunity for ELGRA members and ESA experts to share with a small group of motivated students from different countries their knowledge and research and to discuss with them innovative

- 1 ideas. With this Summer School ELGRA and ESA aim at complementing what future scientists and engineers
- 2 learn at university, inspire them and attract them into the space sector and its multiple research opportunities.

3 VI. <u>References</u>

4

5 Callens, N., Ventura-Traveset, J., De Lophem, T.L., Lopez De Echazarreta, C., Pletser, V., Van Loon, J.: ESA

- Parabolic flights, drop tower and centrifuge opportunities for university students. Microgravity Sci. Technol. 23 2, 181–189 (2011).
- 8 Callens, N. Ha, L and Galeone, P. Benefits of ESA Gravity-Related Hands-on Programmes for University
- 9 Students' Careers", Microgravity Science and Technology, 28 (5), 519–527 (2016).
- 10 CSL www.csl.uliege.be Accessed March 25 2020.
- 11 Drop your Thesis! www.esa.int/Education/Drop_Your_Thesis Accessed March 25 2020.
- 12 ELGRA www.elgra.org Accessed March 25 2020.
- 13 ESA www.esa.int Accessed March 25 2020.
- 14 ESA Academy https://www.esa.int/Education/ESA_Academy/What_is_the_ESA_Academy Accessed March
- 15 25 2020
- 16 ESA Education www.esa.int/Education Accessed March 25 2020.
- 17 ESC www.eurospacecenter.be Accessed March 25 2020.
- 18 ESEC www.esa.int/About_Us/Welcome_to_ESA/ESEC Accessed March 25 2020.
- 19 Frett, T., Mayrhofer, M., Schwandtner, J. Anken, R. Petrat, G. An Innovative Short Arm Centrifuge for Future
- 20 Studies on the Effects of Artificial Gravity on the Human Body. *Microgravity Sci. Technol.* **26**, 249–255 (2014).
- 21 Frett, T., Petrat, G., W. A. van Loon, J.J. et al. Hypergravity Facilities in the ESA Ground-Based Facility
- 22 Program Current Research Activities and Future Tasks. *Microgravity Sci. Technol.* 28, 205–214 (2016).
- $23 \qquad Galileo-https://www.gsa.europa.eu/european-gnss/galileo/galileo-european-global-satellite-based-navigation-provide the statellite-based-navigation-provide the$
- 24 system Accessed March 25 2020.
- 25 Kufner, E., Blum, J., Callens, N. Eigenbrod, C. Koudelka, O. Orr, A. Rosa, C. C. Vedernikov, A. Will, S.
- 26 Reimann, J. Wurm, G. ESA's Drop Tower Utilisation Activities 2000 to 2011. *Microgravity Sci.*
- 27 Technol. 23, 409–425 (2011).
- 28 Marée, H, Galeone, P, Callens, N. ESA Academy's Training and Learning Programme: training opportunity for
- 29 University students, International Astronautical Federation Congress, paper IAC-19,E1,3,5, 21-25 October
- 30 2019, Washington D.C., United States. (2019).
- 31 Pletser, V. Rouquette, S. Friedrich, U. Clervoy, J-F. Gharib, T. Gai, F. Mora, C. European parabolic flight
- campaigns with Airbus ZERO-G: looking back at the A300 and looking forward to the A310 Adv. Space Res., 56.
 1003-1013 (2015).
- 34 Proba https://www.esa.int/Enabling_Support/Space_Engineering_Technology/Proba_Missions Accessed
- 35 March 25 2020.
- Romero-Calvo, A., Cano Gómez, G., Castro-Hernández, E., Maggi, F.: Free and forced oscillations of magnetic
 liquids under low-gravity conditions. J. Appl. Mech. (2020). https://doi.org/10.1115/1.4045620
- 38 SELGRA https://sites.google.com/site/studentelgra Accessed March 25 2020
- 39
- 40