

Modulation of the Occurrence of Heatwaves over the Euro-Mediterranean Region by the Intensity of the Atlantic Multidecadal Variability

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ABSTRACT: The influence of the Atlantic multidecadal variability (AMV) and its amplitude on the Euro-Mediterranean summer climate is studied in two climate models, namely CNRM-CM5 and EC-Earth3P. Large ensembles of idealized experiments have been conducted in which North Atlantic sea surface temperatures are relaxed toward different amplitudes of the observed AMV anomalies. In agreement with observations, during a positive phase of the AMV both models simulate an increase (decrease) in temperature of 0.2°–0.8°C and a decrease (increase) in precipitation over the Mediterranean basin of 0.1–0.2 mm day^{−1} (northern half of Europe) compared to a negative phase. Heatwave durations over the Mediterranean land regions are 40% (up to 85% over the eastern regions) longer for a moderate amplitude of the AMV. Lower and higher amplitudes lead to longer durations of ~30% and ~100%, respectively. A comparison with observed heatwaves indicates that the AMV can considerably modulate the current anthropogenically forced response on heatwaves durations depending on the area and on the AMV amplitude. The related anticyclonic anomalies over the Mediterranean basin are associated with drier soils and a reduction of cloud cover, which concomitantly induce a decrease (increase) of the latent (sensible) heat flux, and an enhancement of the downward radiative fluxes over lands. It is found that both tropical and extratropical forcings from the AMV are needed to trigger mechanisms, which modulate the atmospheric circulation over the Euro-Atlantic region. The amplitude of the local climate response over the Mediterranean basin evolves linearly with the amplitude of the AMV. However, the strength of this relationship differs between the models, and depends on their intrinsic biases.

KEYWORDS: Europe; North Atlantic Ocean; Extreme events; Climate variability; Multidecadal variability; North Atlantic Oscillation

1. Introduction

Heatwaves over Europe are associated with major damage in many societal areas through increased mortality (Robine et al. 2008; Guo et al. 2017), decreased crop production (Ciais et al. 2005; Loboda et al. 2017), and increased droughts (Zampieri et al. 2009). Anticipating such extreme weather events has the potential to limit their harmful impacts.

Heatwaves (HW) are primarily driven by internal atmospheric variability (Dole et al. 2011), limiting their predictability on seasonal time scales and even more on decadal time scales (Hanlon et al. 2013). Yet, HW properties, like their duration, can be modulated by boundary conditions of the climate system, such as anthropogenic forcings (Hansen et al. 2012), but also by several of its components, including the surface via soil moisture (Alexander 2011) and the ocean through sea surface temperature (SST) (Alexander et al. 2009; Ruprich-Robert et al. 2018). At decadal time scales, oceanic modes of variability such as the Atlantic multidecadal variability (AMV) (Knight et al. 2005) seem to modulate the HW

variations over the adjacent continental areas, such as the United Kingdom, where several station-based HW measurements show a decadal variability during the twentieth century (Sanderson et al. 2017).

At decadal time scales, prediction skill of state-of-the-art numerical forecasts mainly comes from anthropogenic external forcing (van Oldenborgh et al. 2012). Additional skill comes from the initialization to observations of the different components of the simulated climate system, which aims to phase numerical decadal prediction variability with the observed one. In particular, decadal predictions are skillful in predicting the North Atlantic and the AMV several years in advance thanks to the initialization process (Robson et al. 2012; Yeager et al. 2018; García-Serrano et al. 2012). Yet, mean climate predictability over the adjacent continents (beyond ~1 year) is rapidly lost (Doblas-Reyes et al. 2013). Similar results are also found for initialized predictions of climate extremes (Khodayar et al. 2015; Seager and Ting 2017; Liu et al. 2019).

Such a loss of predictability seems somehow paradoxical given the apparent links that have been documented between the AMV and summer climate over Europe both in models and observations. Sutton and Hodson (2005) show that during a positive phase of the AMV, warmer conditions are obtained over central Europe, particularly over the Mediterranean basin. Concomitantly, a decrease in precipitation is obtained over this region while an increase is observed over the northern half of Europe (Sutton and Dong 2012). Mariotti and Dell'Aquila

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(2012) also found that about 30% of decadal summer temperature anomalies over the Mediterranean basin are explained by the AMV.

Current climate models show uneven results in the simulation of the teleconnection between the AMV and summer temperature over Europe, both in historical and preindustrial control CMIP5 simulations (Qasmi et al. 2017). A large intermodel spread exists in the level of teleconnectivity, partly because of numerous uncertainties in the intrinsic properties of the AMV such as its amplitude and frequency, and in the coupling mechanisms between the ocean and the atmosphere. A key challenge for the climate research community is to overcome these deficiencies by understanding how the ocean decadal variability actually influences climate over lands and how this information can be used for valuable climate predictions.

Several mechanisms have been proposed to explain the relationship between the AMV and summer climate variability over Europe. Negative sea level pressure (SLP) anomalies are observed over the British Isles during a positive phase of the AMV (hereafter AMV+) (Sutton and Hodson 2005; Sutton and Dong 2012; Ting et al. 2014), associated with positive precipitation anomalies and the absence of a significant temperature signal over northern Europe. These negative SLP anomalies have been related to the southern lobe of the summer North Atlantic Oscillation (NAO) in its negative phase (hereafter NAO−). The latter seems to be more excited during the AMV+ phase (Mariotti and Dell'Aquila 2012; Linderholm and Folland 2017), with an influence extending to the Mediterranean, as suggested by Mariotti and Dell'Aquila (2012), who found that 30% of the decadal variance of Mediterranean summer precipitations is explained by the NAO. O'Reilly et al. (2017) confirm this result by separating the dynamic and thermodynamic influences of the AMV, mentioning that temperature anomalies over Mediterranean are partly explained by the large-scale atmospheric circulation in the Euro-Atlantic region. Using dedicated experiments in which North Atlantic SSTs are prescribed, Sutton and Hodson (2007) show that the SLP response to an AMV forcing is consistent with the summer NAO− phase. This is confirmed by Ruprich-Robert et al. (2017), who also find a similar response in SLP and significant precipitation and temperature anomalies over Europe using idealized AMV coupled simulations.

Impacts of the AMV over the Euro-Mediterranean region have been documented in terms of mean climate, both in observations and models, but this is not the case for extreme events. Yet, the Mediterranean basin is considered as a climate change hotspot (Giorgi 2006) for which an assessment of the risks related to climate change is important since HW are expected to be more frequent in the next decades (Meehl and Tebaldi 2004; Diffenbaugh et al. 2007).

In this context, the Decadal Climate Prediction Project (DCPP) endorsed by CMIP6 (Eyring et al. 2016), and the European H2020 PRIMAVERA project (Process-Based Climate Simulation: Advances in High-Resolution Modeling and European Climate Risk Assessment; <https://www.primavera-h2020.eu/>) aim to improve the understanding of the processes linking the AMV and climate decadal variability. For this purpose, a coordinated experimental protocol using partial

coupling experiments has been proposed. In these simulations, North Atlantic SSTs are restored toward anomalies representative of the observed AMV while the rest of the system evolves freely (Boer et al. 2016; DCPP Component C).

This paper aims to assess the influence of the AMV and its amplitude on the European climate, particularly on HW durations, by using DCPP-compliant experiments from two climate models. The experimental protocol is presented in section 2. The mean temperature and HW responses to the AMV forcing and the mechanisms of teleconnection between the AMV and European HW, as well as their sensitivity to the amplitude of the AMV, are detailed in section 3. We discuss our results and conclude in section 4.

2. Methods and data

a. Presentation of the global climate models

Two different global climate models are used in this study: EC-Earth3P and CNRM-CM5. The detailed features of these models can be found in Haarsma et al. (2020) and Voldoire et al. (2013), respectively. The oceanic model of EC-Earth3P is NEMO version 3.6 (Nucleus for European Modeling of the Ocean; Madec 2008); it has 75 vertical levels and a so-called ORCA1 configuration with a 1° horizontal resolution. The atmospheric component is the Integrated Forecasting System (IFS), using a Gaussian grid with 91 vertical levels and a resolution of N128 (i.e., an approximate resolution of 0.75°). The land surface component is the Tiled ECMWF Scheme for Surface Exchanges over Land (H-TESSEL; Balsamo et al. 2009). The oceanic component is NEMO version 3.2 with the same horizontal resolution. The atmospheric component is ARPEGE-Climat-5.2 (Action de Recherche Petite Echelle Grande Echelle; Déqué et al. 1994) with 31 vertical levels and a horizontal resolution of 1.4°. The land surface model ISBA (Noilhan and Planton 1989) includes three surface schemes for natural land, inland water (lakes), and sea/ocean areas.

Over Europe, both models simulate realistic summertime 2-m air temperature climatology compared to observations [see Fig. 2 of Voldoire et al. (2013) and Fig. 6 of Haarsma et al. (2020) for CNRM-CM5 and EC-Earth3P, respectively].

b. Model sensitivity experiments

The DCPP framework and the experimental protocol of the idealized AMV simulations are detailed by Boer et al. (2016) (Table C1 and Components C1.2 and C1.3 therein; see also Technical Note 1: <https://www.wcrp-climate.org/wgsp/documents/Tech-Note-1.pdf>). The idealized experiments are intended (i) to discover how simulated European climate responds to imposed slowly evolving SST anomalies in the Atlantic (i.e., through the AMV), which are perceived as originating in ocean heat content or heat transport convergence anomalies, and (ii) to identify pathways through which the responses are expressed throughout the ocean and atmosphere. Figure 1a shows the pattern of SST anomalies used for the SST restoring for an AMV+ phase. This is done by adding a feedback term to the nonsolar total heat flux in the surface temperature equation (Haney 1971). The restoring coefficient is fixed at $-40 \text{ W m}^{-2} \text{ K}^{-1}$, which is equivalent to a 2-month damping

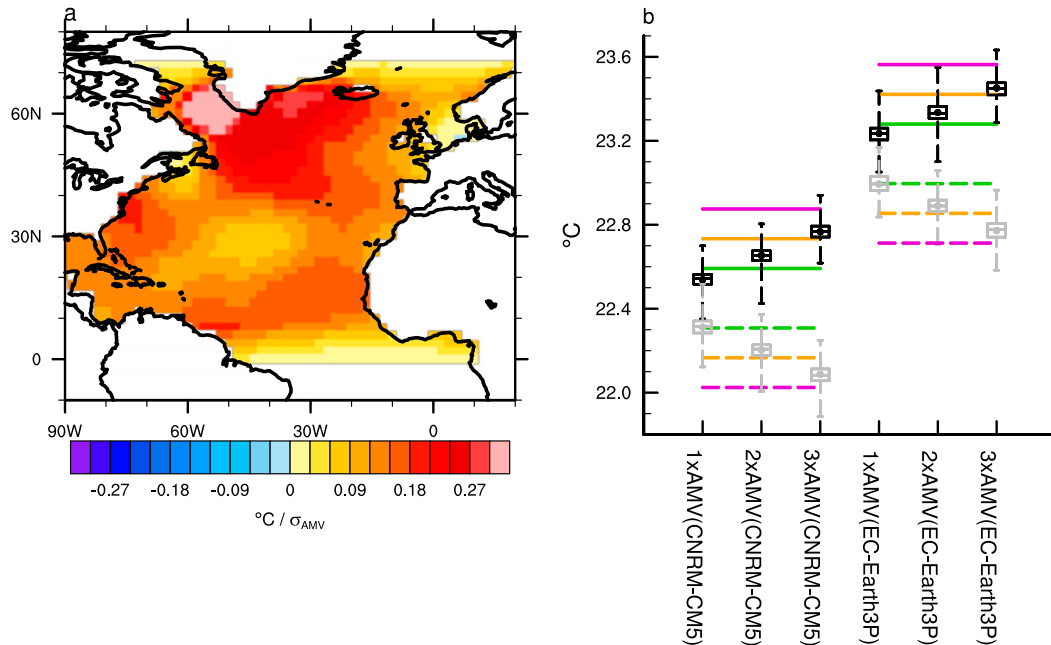


FIG. 1. (a) Anomalous SST pattern used for restoring and taken from input4MIPs archive [$^{\circ}\text{C} \sigma(\text{AMV})^{-1}$; shading interval is every 0.03°C]. (b) Simulated summer (JJA) SST averaged over the North Atlantic restored sector for AMV+ (black) and AMV- (gray) experiments for CNRM-CM5 and EC-Earth3P. Each boxplot stands for the distribution obtained from 250 years for each ensemble (25 members \times 10 years). The top (bottom) of the box represents the first (last) tercile of the distribution and the upper (lower) whisker represents the first (ninth) decile. Dots and inside lines indicate the mean and the median of the distribution, respectively. The green, orange, and magenta horizontal lines show the SST targets for each model for the 1xAMV, 2xAMV, and 3xAMV ensembles corresponding to one, two, and three standard deviations of the observed AMV index, respectively. Solid and dashed lines, respectively, indicate AMV+ and AMV- experiments.

for a 50-m-deep mixed layer. To prevent a potential oceanic circulation drift introduced by the imposed SST anomalies, a restoring of sea surface salinity (SSS) through a freshwater flux correction is applied in EC-Earth3P to conserve the North Atlantic surface density to a neutral state (see DCP-C Technical Note 2: <https://www.wcrp-climate.org/wgsip/documents/Tech-Note-2.pdf>). The salinity drift in the CNRM-CM5 experiments is negligible and does not require an adjustment.

An AMV+ and an AMV- ensemble of 40 (25) members of 10 years are computed for CNRM-CM5 (EC-Earth3P). The two ensembles differ only in the sign of the targeted SST anomalies. For an AMV+ phase, SST anomalies from Fig. 1a are superimposed on the model's own climatology to obtain the SST pattern toward which modeled SSTs are restored. The initial conditions for CNRM-CM5 (EC-Earth3P) for all the components are arbitrarily selected every 5 (6) years within a 125-yr (250-yr) control simulation conducted with CNRM-CM5 (EC-Earth3P), in which radiative forcings are constant during integration, and are fixed to the 1985 (1950) estimated values. The control simulations are detailed by Oudar et al. (2017) and Haarsma et al. (2020) for CNRM-CM5 and EC-Earth3P, respectively. To assess the sensitivity of the atmospheric response to the amplitude of the AMV, two additional sets of ensembles are computed for each model by multiplying the amplitude of the targeted SST anomalies by 2 and 3 (to our knowledge, only two modeling groups have conducted these

additional experiments). The two additional ensembles are termed 2xAMV and 3xAMV, respectively, and the reference ensemble is referred to as 1xAMV.

Since SSTs are not imposed but relaxed in our experiments, the amplitudes of the ensemble mean anomalies of the resulting SSTs after the restoring in CNRM-CM5 are always lower than the targeted SST for all amplitudes and both phases of the AMV, with an ensemble spread of about 0.4°C (Fig. 1b). Compared to CNRM-CM5, EC-Earth3P simulates a warmer North Atlantic SST mean state of $\sim 0.8^{\circ}\text{C}$, explaining the warmer SST targets for both AMV+ and AMV-. Despite these discrepancies, the ensemble mean differences between AMV+ and AMV- are nearly identical between the two models for each amplitude of AMV, indicating that the imposed anomalies are the same for both models (the ensemble mean SST differences over the North Atlantic are 0.23° , 0.45° , and 0.68°C for 1xAMV, 2xAMV, and 3xAMV, respectively).

The DCP-C experimental protocol is based on a common reference to compare the responses from different climate models. The reference, which is an estimation of the observed AMV pattern, has the clear interest of estimating in the most robust way mechanisms of teleconnection between the AMV and its remote impacts. The inherent consequence associated with this choice is that the observed pattern used for restoring and may not be necessarily consistent with the AMV intrinsically simulated by the model. This might generate a response

that is not physically coherent with the model's dynamics. We test this potential caveat by using additional ensemble experiments replicating the 1xAMV ensemble, but using the intrinsic AMV pattern of CNRM-CM5 estimated from the 850-yr-long preindustrial control experiment (see Fig. 14a in Ruprich-Robert and Cassou 2015). This ensemble is referred as 1xAMV_M. The AMV-intrinsic patterns from CNRM-CM5 and EC-Earth3P are similar to the observed AMV pattern (with a spatial correlation of 0.5 for both models), except over the tropical branch where the amplitude of the SST anomalies is slightly weaker (see Fig. S1 in the online supplemental material). In CNRM-CM5 we found that the forced AMV climate response over Europe is virtually indistinguishable between the 1xAMV reference ensemble and a sensitivity ensemble we conducted using the model AMV SST anomalies (Fig. S2). Although we were not able to conduct the same experiments for EC-Earth3P, the resemblance between the two models of (i) their AMV patterns and (ii) their responses over the continent (Fig. 2) suggests that both models produce a physically coherent response to 1xAMV forcing, whether the intrinsic or the observed 1xAMV pattern is used in the sensitivity experiments, increasing our confidence in the adequacy of the experimental setup.

To assess the respective contributions of the tropical and extratropical parts of the AMV, additional twin ensemble experiments also proposed in DCP-C, where the AMV full pattern is split into tropical and extratropical anomalies, have been conducted with CNRM-CM5 for the 1xAMV case (regions are defined following the DCP-C Technical Note 1: <https://www.wcrp-climate.org/wgsip/documents/Tech-Note-1.pdf>). These experiments are respectively named 1xAMV_T and 1xAMV_E.

The AMV-forced anomalies (also named response to the AMV) are defined as the ensemble mean differences between the AMV+ and AMV- phases. For readability reasons, only the responses for 2xAMV experiments are shown in the main manuscript, while the responses for 1xAMV and 3xAMV are shown in the supplemental material.

c. Definition of heatwaves and heatwave durations

The definition of a HW following Ruprich-Robert et al. (2018) and Lau and Nath (2012) is adopted in this paper. For a given amplitude of the AMV, and for each member of the AMV+ and AMV- ensemble, a HW event is defined as a group of days that satisfy three criteria: (i) Tx must exceed T90 for at least three consecutive days, (ii) Tx averaged over the entire event must exceed T90, and (iii) Tx for each day of the event must exceed the T75, where Tx is the daily maximum 2-m air temperature, and T90 (T75) corresponds to the 90th (75th) percentile of the Tx distribution built from the all the members of the AMV+ and AMV- experiments during the June–August (JJA) period. Note that the thresholds have also been calculated using the control experiment regardless of the AMV phase. We found that they do not clearly differ from the ones obtained from the AMV ensembles (not shown). In this study, we focus on the impact of the AMV-forced anomalies on the mean duration of all HW events (in days) detected during an AMV+ phase relative to AMV-. We call the HW response

the ensemble mean difference of the HW durations between AMV+ and AMV-.

d. Observational composites

We compare the responses from the different AMV experiments to observations. An estimate of the observed AMV index (also used to compute the DCP-C AMV pattern) is defined over the 1901–2013 period, following Ting et al. (2009) and using SST data from ERSSTv4 (Huang et al. 2015). We compute anomaly differences between positive and negative phases of the AMV index for 2-m temperature (T2m), precipitation, and geopotential at 500 hPa (Z500) using datasets from CRUTS3.2 (Harris et al. 2020), GPCC (Schneider et al. 2018), and NOAA 20CR V3 (Slivinski et al. 2019), respectively. Before computing the AMV composites, the procedure detailed by Ting et al. (2009) is also used to retrieve the response from the external forcings for each variable. This technique has been shown to provide one of the least biased estimates of the observed teleconnection between the AMV and the European summer temperature (Qasmi et al. 2017).

Observed HW durations are computed over the 1981–2011 period, which includes the most recent negative (1980–95) and positive (1996–2011) phases of the AMV, using daily maximum temperature data from ERA-Interim reanalysis (Dee et al. 2011). Note that unlike the AMV simulations, the observed thresholds are only computed over the 1980–95 period (i.e., during a negative AMV phase). An estimate of the combined responses to (i) a phase shift of the AMV and to (ii) anthropogenic forcings in observed HW durations is thus defined as the HW durations difference between the 1996–2011 and 1980–95 periods. Comparing this estimate to the HW response from AMV experiments allows to assess the modulation of the anthropogenic trend by a phase shift of the AMV (see section 3b).

3. Results

a. Impact of the AMV on the European summer climate

Consistent with previous studies based on models (Ruprich-Robert et al. 2017) and observations (O'Reilly et al. 2017), both models simulate in 2xAMV a near-surface warming over the Mediterranean basin and northern Scandinavia in JJA, with a T2m response of $\sim 0.5^{\circ}\text{C}$ (Figs. 2a,b). This warming extends to the British Isles, northern France, and central Europe in EC-Earth3P. Conversely, no signal is detectable over these regions in CNRM-CM5; a slight cooling is even obtained over the Baltic region in the latter. This difference between the two models can be explained by discrepancies between the AMV-forced responses through the atmospheric circulation and/or in the thermodynamically based processes (detailed in section 3).

A dipole of precipitation anomalies is obtained over Europe in both models, with negative (positive) anomalies south (north) of 45°N of $\sim -0.15\text{ mm day}^{-1}$, with significant values over Scandinavia and the North Sea coasts, except for EC-Earth3P, in which, following the T2m response, drier conditions are also found over western Europe. For both precipitation and T2m, continent-scale anomalies in 3xAMV have

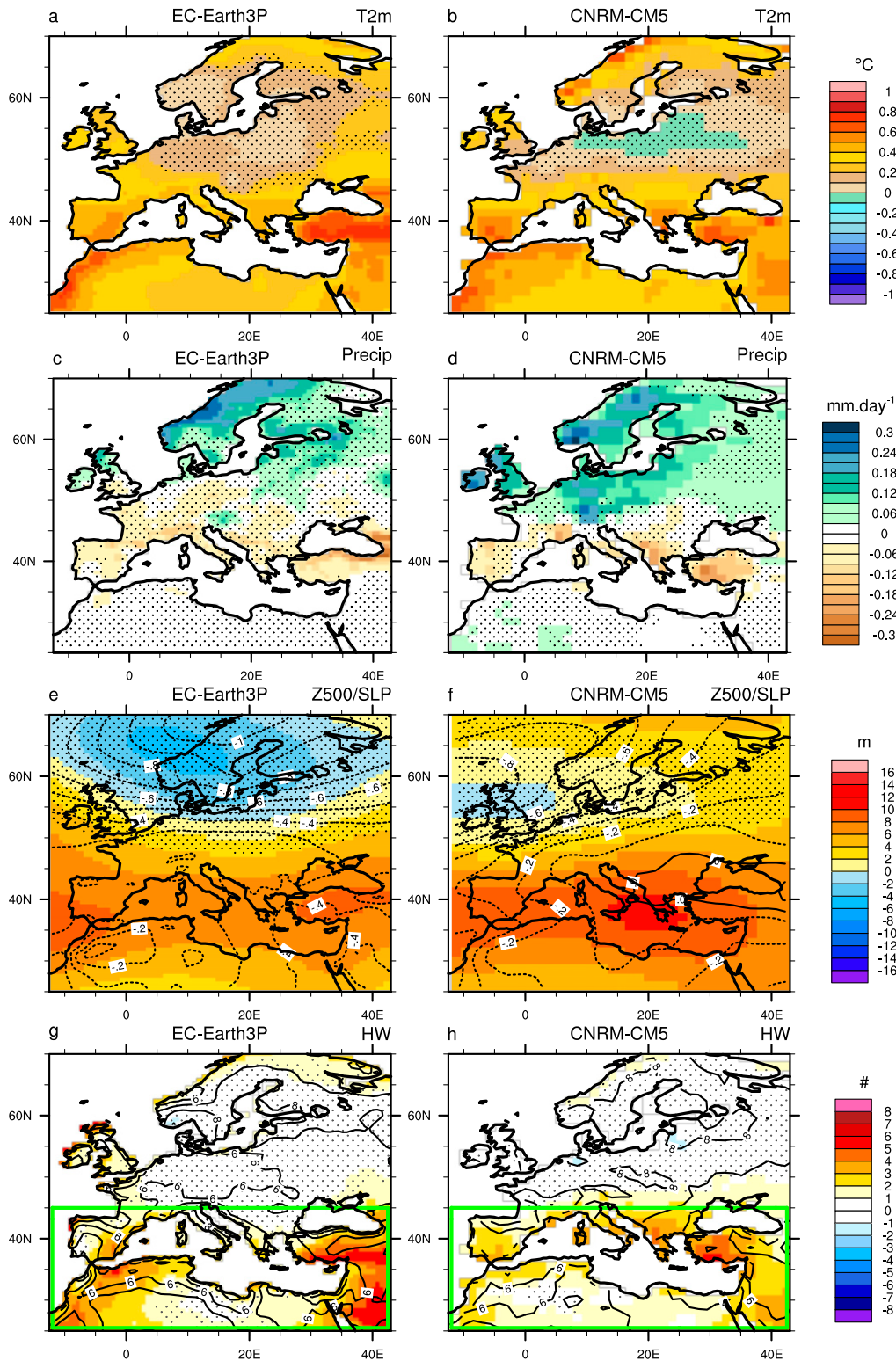


FIG. 2. AMV-forced anomalies for JJA seasonal mean for (a),(b) T2m (shading interval is 0.1°C), (c),(d) precipitation (shading interval is 0.03 mm day^{-1}), (e),(f) SLP (contour interval is 0.1 hPa), and the thicker black contour stands for the zero line superimposed on Z500 (shading interval is 2 m), and (g),(h) HW duration overlaid by the AMV-climatology (shading interval is 1 day , and contour interval is 1 day) for (left) EC-Earth3P and (right) CNRM-CM5. Stippling indicates regions that are below the 95% confidence level of statistical significance based on a two-sided Student's t test.

the same spatial structure compared to 2xAMV, but with a greater amplitude (Figs. S3a–d; $\sim 0.8^{\circ}\text{C}$ and -0.2 mm day^{-1} over the Mediterranean regions), while they are reduced in the 1xAMV experiments, in which the signals are hardly significant (Figs. S4a–d; $\sim 0.3^{\circ}\text{C}$ and 0.1 mm day^{-1}). The scaling of the amplitude of the climate responses over the Mediterranean basin as a function of the AMV will be discussed in section 3d.

Consistent with previous studies (Sutton and Hodson 2007; Sutton and Dong 2012), an anomalous trough is obtained over North Sea and Scandinavia in both models in 2xAMV (black contours in Figs. 2e and 2f), coherent with the increase of precipitation over these regions. Concomitantly, an anomalous ridge at 500 hPa of $\sim 10\text{ m}$ above negative SLP anomalies is also found over the Mediterranean region. This ridge–trough meridional dipole contributes to explain the precipitation and T2m responses on each side of 45°N over Europe. Noticeably, SLP and geopotential at 500 hPa (Z500) anomalies are stronger and cover a larger area in CNRM-CM5 than in EC-Earth3P, with a minimum over the west of the United Kingdom, explaining the above-mentioned differences between the two models in terms of precipitation and temperature over western Europe. The dipolar circulation anomalies are also found in 3xAMV but with a stronger amplitude (Figs. S3e,f), whereas it is less robust in 1xAMV, in which no significant anomalies of Z500 are detected north of 45°N (Figs. S4e,f).

For both models, HW are longer over the Mediterranean basin in 2xAMV (Figs. 2g,h). However, the location of the maximum anomalies differs between the two models: Anatolia, the Levant, and the Maghreb for EC-Earth3P, while the Balkans, Italy, and the Iberian Peninsula are more impacted in CNRM-CM5. For both models in 2xAMV, the HW durations over these regions are from 3 days up to 6 days over the eastern Mediterranean longer relative to the AMV–climatology (from 6 to 7 days per summer, i.e., a relative increase by 40%–85%; black contours in Figs. 2g,h). Consistently with the mean climate responses in T2m and precipitations, this increase is also found in 1xAMV (3xAMV), with $\sim 30\%$ ($\sim 100\%$) longer duration of the HW events.

b. Comparison to observations and climate projections

To evaluate our results, we compare the responses from the AMV experiments to the AMV composites from observations. The T2m observed composite anomalies over the Maghreb and the Levant of $\sim 0.4^{\circ}\text{C}$ are similar to those obtained in the 1xAMV ensembles (Fig. 3a vs Figs. 2a,b), while the anomalies over the Balkan Peninsula are more similar to 2xAMV. For precipitations, the composite difference is not significant, making the comparison only qualitative, with a spatial structure and amplitude coherent with the simulated responses by 2xAMV (Fig. 3b vs Figs. 2c,d). Regarding the atmospheric circulation, the maximum of the Z500 anomalies is collocated with the warmest T2m observed anomalies over the Mediterranean region. Their spatial structure as well as their amplitude are remarkably similar to the Z500 anomalies obtained in 2xAMV (Figs. 3c and 2e,f).

Compared to the three AMV responses, the amplitude and spatial structure of the observed anomalies would thus correspond to a combination between 1xAMV and 2xAMV. These amplitudes are consistent with the associated standard deviations that are the most likely to be statistically sampled in observations.

That said, it is speculative to provide a firm and a quantitative conclusion since (i) given the experimental setup, SST anomalies from 1xAMV do not necessarily correspond to one standard deviation of the observed AMV (Fig. 1b), and (ii) the strength of the AMV–Europe teleconnection highly depends on the estimation of the forced signal, the temporal coverage, together with the presence of biases in the models (Qasmi et al. 2017). In addition, although the simulated responses and observed AMV composites are remarkably similar, other teleconnections may also explain European summer climate variability.

The comparison between simulated and observed HW is also complicated, because of limited maximum temperature data coverage and the difficulty of estimating the forced signal at daily time scale. This makes a quantitative estimation of the HW internal variability practically infeasible at decadal time scale. Nevertheless, as an attempt to gauge the role of the AMV in the undergoing climate change and its impacts on European HW, we compare the HW response from the AMV experiments to the HW observed composites anomalies over the 1980–2011 period, which include both responses to the external forcings and to a phase shift of the AMV (see section 2d for details). Figure 3d shows that the HW duration during the positive phase of the AMV over the 1996–2011 period (relative to the negative phase between 1980 and 1995) has increased by 4 days over southern Europe up to 12 days over the Maghreb and the Levant (i.e., a trend per decade of 2.5 and 7.5 days, respectively). Assuming a gradual shift between two 10-yr AMV phases, a change of 3 and 6 HW days over these regions (see Figs. 2g,h) results in a trend per decade of 2.25 and 5.5 days. Therefore, assuming, as above, that observations fall between the 1xAMV and 2xAMV ensembles, the AMV could modulate the current anthropogenic trend by 60%–90% over southern Europe and by 40%–70% over the Maghreb and the Levant, with however a very high level of uncertainty due to the short temporal coverage of the observations.

A crude and qualitative estimation of this modulation in the near-term future climate is also done by using the CNRM-CM5 climate projections. Results show that even for a high-emission scenario, the AMV may still modulate HW variability by $\sim 30\%$ in terms of duration over the 2021–40 period (Fig. S5).

In the following section, we investigate the mechanisms that may explain the climate responses characterized in this section. We will focus both on processes leading to local thermodynamic changes and those causing the atmospheric circulation changes.

c. Influence of the AMV-forced SST anomalies on thermodynamical processes

The Z500 anticyclonic anomalies located over the Mediterranean region are associated with a significant decrease of total cloud cover in EC-Earth3P in 2xAMV of $\sim 10\%$ (Fig. 4a). This decrease is less pronounced in CNRM-CM5 ($\sim 8\%$; see Fig. 4b), and restricted to the eastern part of the Mediterranean basin (a slight increase is even obtained over the western Maghreb, the Iberian Peninsula, and northern Europe). These anomalies induce changes in the surface radiation budget: anomalies up to $\sim 5\text{ W m}^{-2}$ in the sum of the downward longwave (LW) and shortwave (SW) radiation are found over regions associated with a decrease of total cloud cover

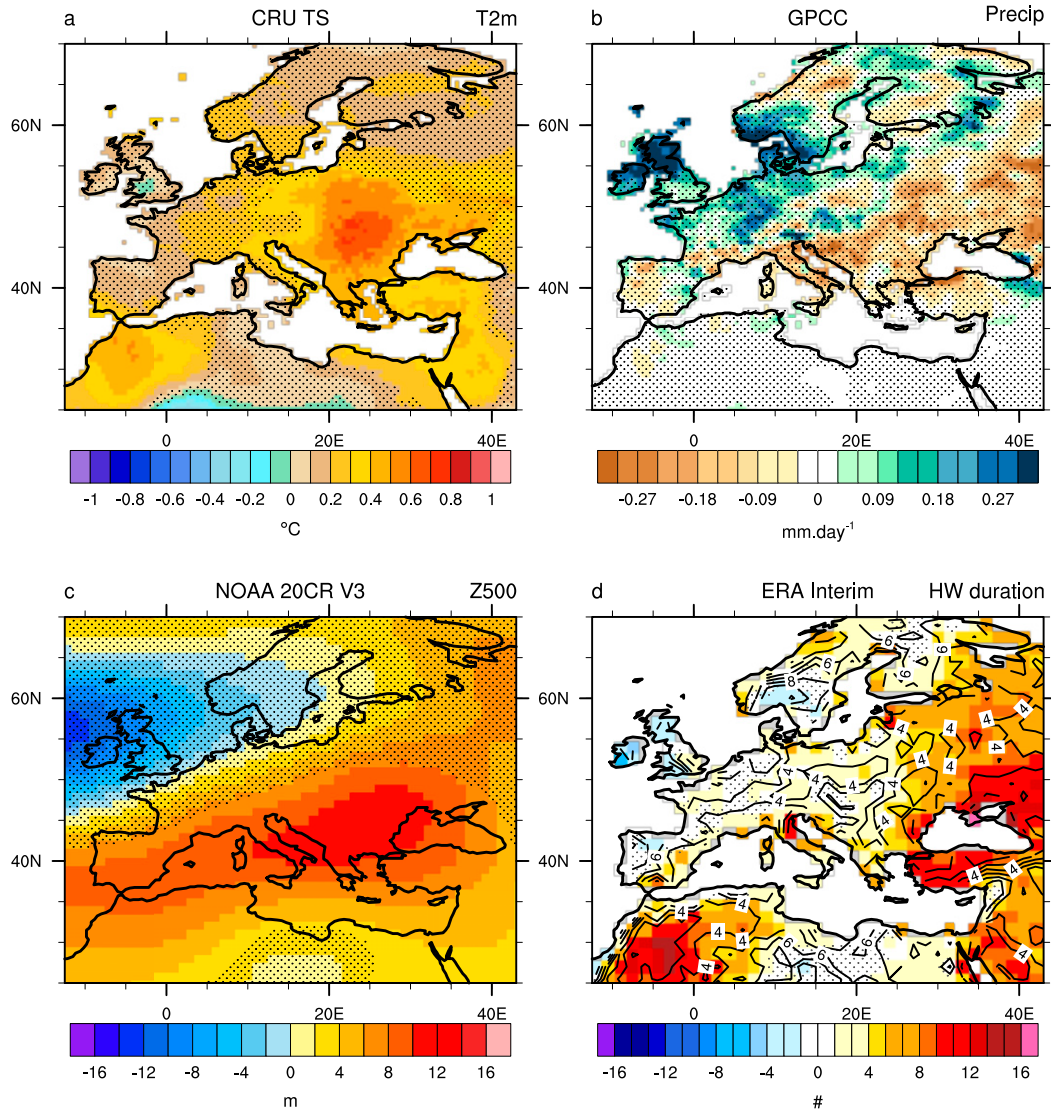


FIG. 3. JJA seasonal mean observed composite anomalies (see section 2d for the detailed description of the calculations) for (a) T2m (shading interval is 0.1°C), (b) precipitation (shading interval is 0.03 mm day^{-1}), (c) Z500 (shading interval is 2 m), and (d) HW duration (shading interval is 1.3 day) overlaid by the AMV-composite (contour interval is 1 day). Note that the color scale for the HW response is different from that of Fig. 2 to display higher amplitudes.

(Figs. 4c,d), which is spatially consistent with the T2m response (Figs. 2a,b) and the increase in the HW durations (Figs. 2g,h). Note that in CNRM-CM5, positive radiation anomalies of $\sim 4\text{ W m}^{-2}$ are also obtained over northwestern African coasts and the Iberian Peninsula although cloud cover increases over these regions, suggesting the impact of other processes on the positive downward radiation. The lower troposphere warming and moistening also impact downward LW radiation, and partly explain the positive LW + SW anomalies over the Mediterranean basin. Unfortunately, LW and SW radiation fields in clear-sky conditions have not been saved to precisely assess the radiative contribution of cloud cover anomalies.

In both models, a negative latent heat flux response (i.e., a decrease in evapotranspiration of $\sim -6\text{ W m}^{-2}$) is obtained

over the eastern Mediterranean coasts (Figs. 4e,f), where the HW duration lengthening is the largest (Figs. 2g,h). As no particular drying is obtained over these regions in the previous spring and winter (not shown), this decrease of evapotranspiration is associated with the concomitant negative precipitation response (Figs. 2c,d), therefore causing a surface heating and enhancing the probability of HW occurrence. Positive anomalies of sensible heat flux (SH) of $\sim 6\text{ W m}^{-2}$ are obtained over the Mediterranean coasts, particularly over the eastern side of the basin, where the soil warming is directly impacted by the increase in downward SW radiation and dry conditions (Figs. 4g,h).

In addition to the direct effect of the negative cloud cover anomalies on the radiative fluxes, other processes may

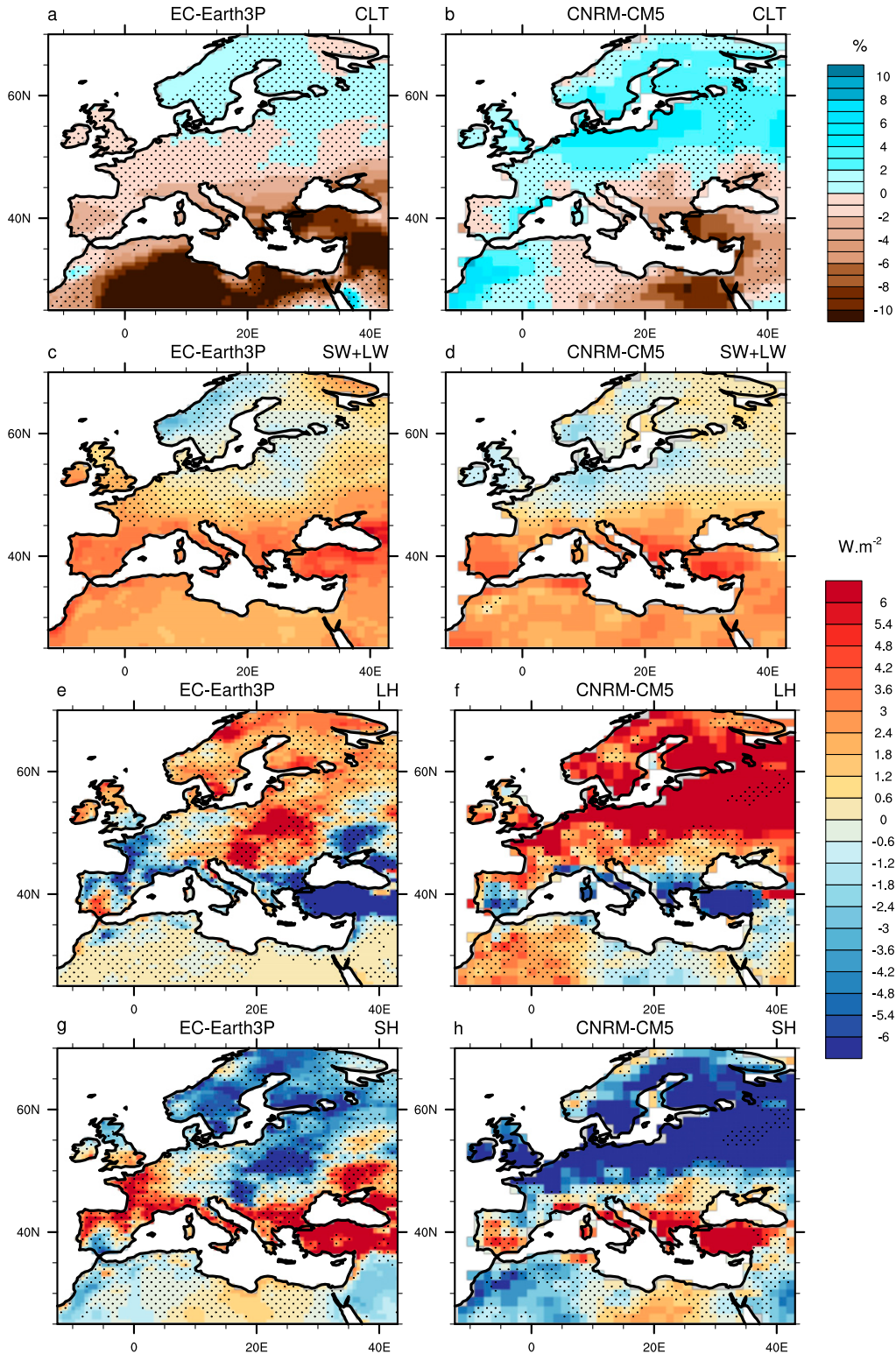


FIG. 4. AMV-forced anomalies for JJA seasonal mean for (a),(b) total cloud cover (shading interval is 1%), (c),(d) downward LW and SW radiation at surface (shading interval is 0.6 W m^{-2}), (e),(f) latent heat at the surface, and (g),(h) sensible heat for (left) EC-Earth3P and (right) CNRM-CM5. Positive values of downward LW and SW (LH and SH) represent heat transfer toward (from) the surface. Stippling indicates regions that are below the 95% confidence level of statistical significance based on two-sided Student's t test.

contribute to the T2m and HW responses, especially over the western Mediterranean and the Levant, where a response from the turbulent heat fluxes is not detectable. In CNRM-CM5, it is found that the northwestern African coasts, the Iberian Peninsula, and the Levant are under the influence of the advection by the climatological wind of positive temperatures anomalies from North Atlantic and the Mediterranean Sea, where SST anomalies are positive during an AMV+ phase, contributing to the increase obtained in the downward LW fluxes (not shown).

Coherently with the T2m and HW responses, similar responses in the radiative fluxes are found in the 3xAMV and 1xAMV experiments (Figs. S6 and S7), in which the amplitude of the anomalies are stronger and weaker, respectively.

The circulation changes associated with the thermodynamic response and with the impacts in T2m and precipitation over the Euro-Mediterranean region are discussed in the next section.

d. Influence of the AMV-forced SST anomalies on the atmospheric circulation

The Z500 response to the AMV is characterized by anticyclonic (cyclonic) anomalies centered over Greenland (northwestern Europe) and projects on the NAO pattern (Figs. 2e,f). Previous studies focusing on the observed AMV impacts have suggested several mechanisms leading to a very similar Z500 response.

Based on observational analysis, Dong et al. (2013) suggest a local influence of the AMV on the NAO: during an AMV+ phase, the weakening of the SST meridional gradient over the subpolar gyre induces a southward shift of the westerly winds and the storm tracks whose fingerprint resembles the summer NAO-. This shift leads to similar temperature and precipitation anomalies to those shown in Figs. 2c and 2d: enhanced precipitation over the United Kingdom and northwestern Europe and decreased precipitation over the Mediterranean basin (their Fig. 3). However, no significant anomalies in the summer storm tracks are detected in our idealized AMV experiments (not shown).

Several studies also suggest that the Z500 anomalies over Europe are part of a larger-scale pattern. Bladé et al. (2012) show that a negative (positive) phase of the NAO is associated with a Z500 tripolar structure, characterized by a Z500 dipole located over the eastern Atlantic and northern Europe and an anomalous ridge (trough) over the Mediterranean basin. The authors interpret this tripole as part of a circumglobal wavelike pattern of anomalies over the Northern Hemisphere. A similar response is obtained in CNRM-CM5 and EC-Earth3P, which also indicates a wavelike pattern of Z500 anomalies in 2xAMV (Z500*; Figs. 5a,b; note that Z500 zonal means have been subtracted to account for the mean dilatation of the atmosphere due to the artificial heat source introduced in the model in the experiments via the flux restoring term) with positive anomalies over the North Pacific, northeastern America, Greenland, and the Mediterranean Sea and negative anomalies over western North America and northern Europe. This wavelike pattern is robust across the three amplitudes of the AMV (Figs. S9 and S10), with a stronger (weaker) amplitude in 3xAMV (1xAMV).

Several mechanisms implying the AMV have been proposed to explain this wavelike pattern. They are based on both the tropical and extratropical AMV-forced SST anomalies.

Ghosh et al. (2017, 2019) claim that the negative Z500 anomalies over western Europe result from a linear baroclinic response triggered by a diabatic heating over the northwestern Atlantic during an AMV+ phase (Gulev et al. 2013), inducing an easterly wavelike response. Lin et al. (2016) also suggest an influence of the AMV-forced extratropical SST on the multi-decadal variability of the wavelike circumglobal pattern, they found in idealized experiments that the circulation anomalies over Europe are rather of a barotropic type. A diabatic heating source (identified by the positive precipitation anomalies used as proxy) is found over south of Newfoundland in the AMV experiments for the three amplitudes (Figs. 5c,d; see also Figs. S8 and S9). The associated cyclonic SLP and Z500 anomalies collocated with the heat flux anomalies indicate a barotropic response (Fig. S10 and Figs. 5a,b), which seems to scale linearly with the AMV amplitude.

Alternative mechanisms imply a key role from tropical Atlantic in modulating the atmospheric circulation in the extratropics. Wang et al. (2012) show that the observed multidecadal changes in the circumglobal teleconnection during the last century have been partially due to the West African monsoon. The latter is known to be enhanced during an AMV+ phase via the tropical Atlantic (Zhang and Delworth 2006; Martin and Thorncroft 2014), which is also the case in our experiments (Figs. 5c,d). According to Wang et al. (2012), the African monsoon, acting as a heat source and coupled with the upper-level jet stream, generates a Rossby wave response, which may modulate the atmospheric circulation over the Euro-Atlantic region. Alternatively, Gaetani et al. (2011) and Cassou et al. (2005), among others, suggest another mechanism, which is based on a direct meridional overturning circulation between the tropics and the Mediterranean basin, triggered by the enhanced West African monsoon, and/or by the tropical Atlantic warming during an AMV+ phase. To characterize the respective upward and downward motions relative to a meridional circulation response over these two regions, we assess the vertical velocity anomalies at 300 hPa in the AMV experiments. Consistently, a strong upward (downward) branch over the tropical eastern Atlantic and Africa (the Maghreb) is obtained in EC-Earth3P (Figs. S11a-c). However, this is less clear in CNRM-CM5, in which the enhancement of the upward velocity is weaker over tropical Africa even for strong AMV-forced SST anomalies (Figs. S11d-f).

Assessing (i) the relevance of each of the above-mentioned mechanisms in each model and (ii) their sensitivity to the amplitude of the AMV requires further dedicated experiments and analyses, which are beyond the scope of this study. However, we provide here a qualitative estimation of the contribution of the tropical and extratropical part of the AMV on atmospheric circulation anomalies by using the additional twin ensemble experiments 1xAMV_T and 1xAMV_E. Figure 6 shows that the Z500* anomalies obtained over the Euro-Mediterranean region in the full pattern experiments for CNRM-CM5 are not due to an exclusive SST forcing from the tropics or from the extratropics. Anticyclonic anomalies over the eastern and western sides of the Mediterranean basin obtained in 1xAMV (where the HW response is the strongest) are also found in 1xAMV_T and 1xAMV_E (Figs. 6a,b). However,

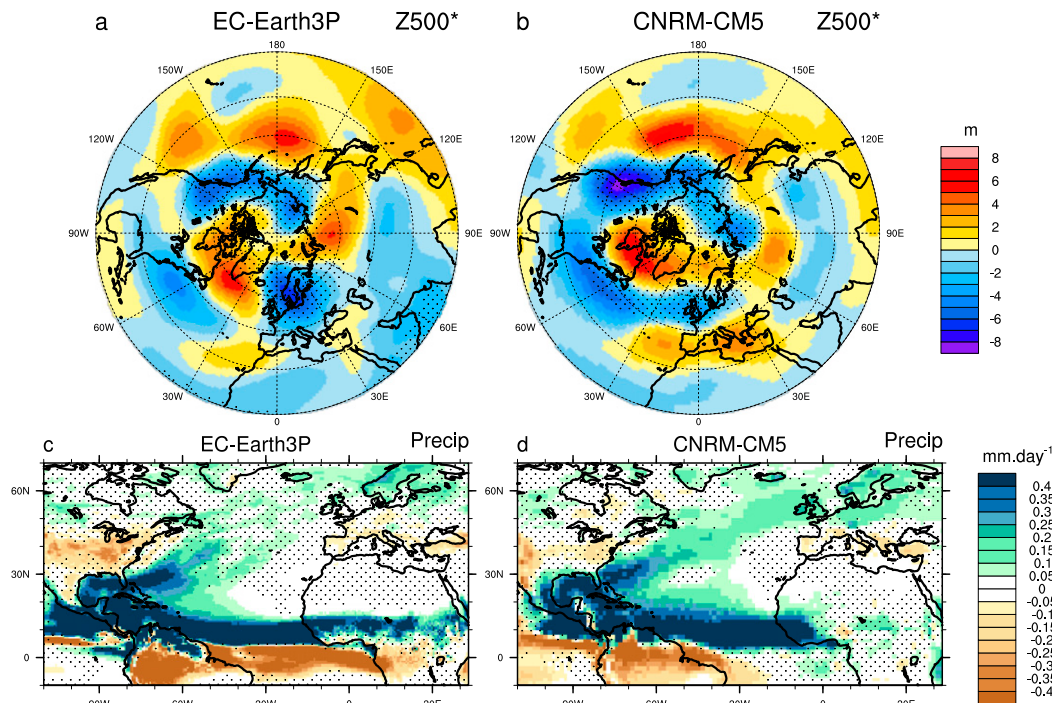


FIG. 5. AMV-forced anomalies for JJA seasonal mean for (a),(b) Z500* (shading interval is 1 m) and (c),(d) precipitation (shading interval is 0.05 mm day^{-1}) for (left) EC-Earth3P and (right) CNRM-CM5. Note that Z500 zonal means have been retrieved to account for the mean dilatation of the atmosphere due to the artificial heat source introduced in the model in the idealized experiments via the flux restoring term. Stippling indicates regions that are below the 95% confidence level of statistical significance based on a two-sided Student's t test.

these anomalies in $1xAMV_T$ seem to be part a larger wavelike pattern from the Irminger Sea to Egypt, while they are weaker in $1xAMV_E$. Although with slightly different spatial locations, the circuglobal response in $1xAMV$ is found in $1xAMV_E$ but not in $1xAMV_T$. Even if the response is hardly significant, it supports the idea of key role from the extratropical SSTs.

The additivity hypothesis of the tropical and extratropical impacts on the atmospheric circulation is tested by comparing the sum of the $1xAMV_E$ and $1xAMV_T$ responses to the $1xAMV$ response. Figures 6c and 6d shows the comparison between the Z500* response in $1xAMV_T + 1xAMV_T$ compared to $1xAMV$. The additivity assumption is not valid over the subpolar gyre and central Europe where opposite-sign responses are obtained; however, the tripolar Z500* anomalies over the Mediterranean basin in $1xAMV_T + 1xAMV_T$, although slightly shifted, are similar to those obtained in the full pattern response. These results indicate a combined role of the tropical and the extratropical AMV-forced SST anomalies to explain the atmospheric response over the Euro-Atlantic region. This is confirmed through the climate impacts over Europe, where the HW response over the Mediterranean regions is weaker when the SST forcing is applied separately in $1xAMV_E$ and $1xAMV_T$ relative to the $1xAMV$ case (Fig. 7), even if, the same experiments in the $2xAMV$ and $3xAMV$ cases are needed to confirm this result.

The spatial patterns of the T2m, HW, and Z500 responses shown in Figs. 2–4 indicate a progressive reinforcement of the anomalies with the amplitude of the AMV in both models. The

next section aims at quantifying the degree of linearity between the atmospheric response and the amplitude of the AMV-forced SST anomalies.

e. Linearity between the AMV-forced SST anomalies and the climate response over the Mediterranean basin

The intensity of the T2m response seems to be a linear function of the amplitude of the AMV for both models (Fig. 8a). A linear relationship is also obtained for the HW response, but unlike the T2m responses, the slope is, according to a t test, significantly greater for EC-Earth3P ($4.6 \text{ days } ^\circ\text{C}^{-1}$) than for CNRM-CM5 ($2.3 \text{ days } ^\circ\text{C}^{-1}$). The intercept is also higher for EC-Earth3P and denotes that the climatological HW duration is higher in this model. We find a similar result for precipitation anomalies over the Mediterranean basin, which decrease linearly with the AMV amplitude (not shown). This discrepancy between the two models in the AMV/HW relationships can be due to two reasons: (i) different intrinsic model differences leading to different responses and (ii) different external forcing background states (1950 for EC-Earth3P and 1985 for CNRM-CM5). The first one could be associated with different climatologies between the two models impacting the HW response (e.g., a weaker climatological soil moisture in EC-Earth3P than in CNRM-CM5 during summer). Assessing the contribution of this feature would require further experiments, which are beyond the scope of the study.

The sensitivity of the response to the mean state background driven by external forcings is evaluated with CNRM-CM5, for

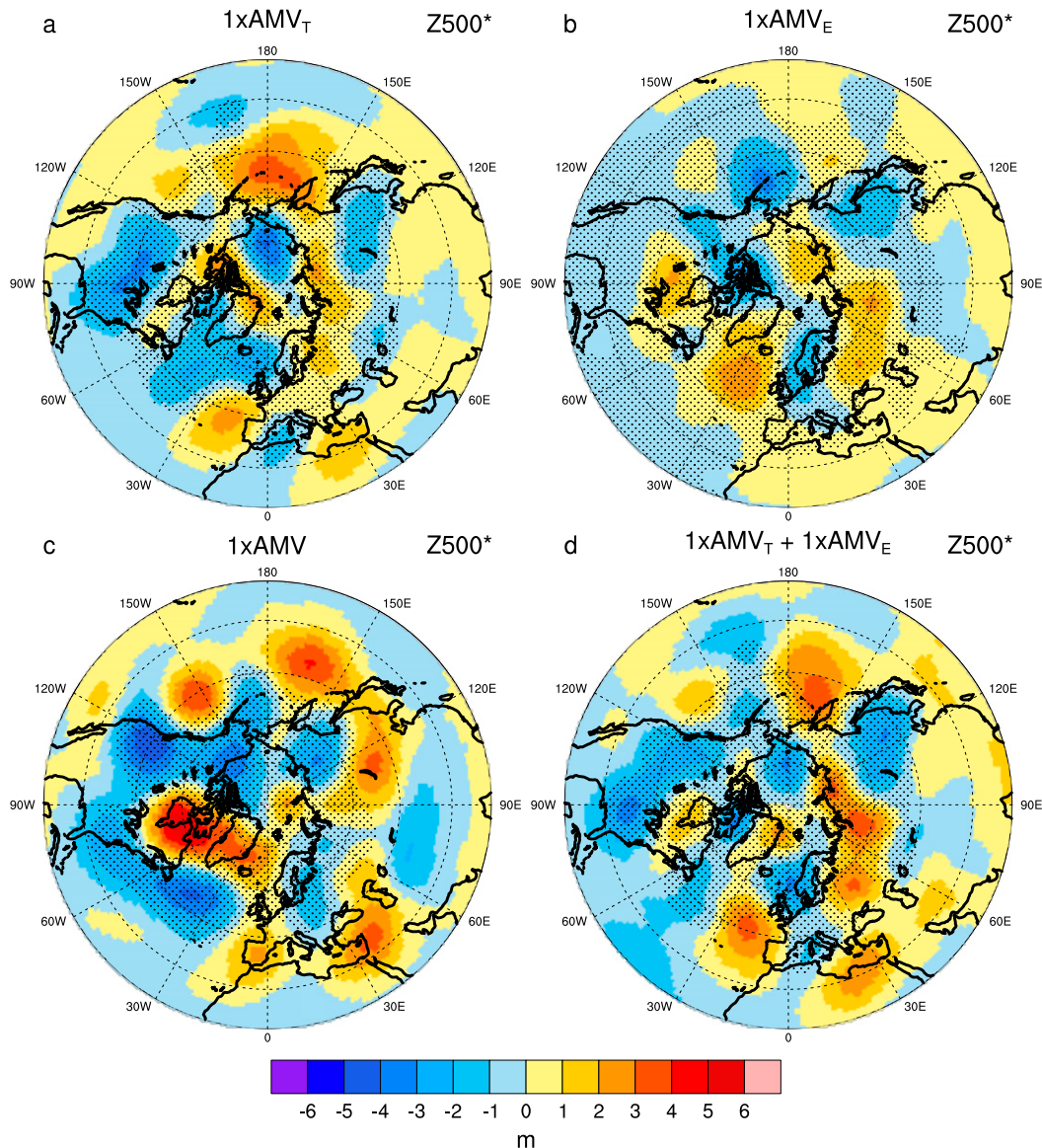


FIG. 6. AMV-forced anomalies for JJA seasonal mean for Z500* (shading interval is 1 m), for CNRM-CM5 for (a) $1xAMV_T$, (b) $1xAMV_E$, (c) $1xAMV$, and (d) the sum $1xAMV_T + 1xAMV_T$. Stippling indicates regions that are below the 95% confidence level of statistical significance based on a two-sided Student's t test.

which additional simulations were performed with an 1850 external forcing background (Qasmi et al. 2020). These simulations are similar to those used in this paper except that they are initialized from the conditions of the CMIP5 preindustrial control simulation of CNRM-CM5, in which external forcings are maintained at the 1850 level. The comparison between these two types of experiments, named CNRM-CM5(1850) and CNRM-CM5(1985), shows that the mean background state has no clear influence on the AMV/T2m linear relationship (Fig. 8c): although the T2m response in the CNRM-CM5(1850) simulation is weaker with a lower intercept of $\sim 0.1^\circ\text{C}$, the same slope of $0.8^\circ\text{C } ^\circ\text{C}^{-1}$ is obtained for both mean background states. This indicates that there is no interaction between the external forcings and the

AMV-forced response. A similar result is obtained for the HW response, for which CNRM-CM5(1985) and CNRM-CM5(1850) are almost indistinguishable from each other, with slopes of 2.3 and $2.8 \text{ days } ^\circ\text{C}^{-1}$, respectively.

A linear relationship between the SST amplitude and the local dynamical and thermodynamical responses over the Mediterranean basin is also found (Fig. S12; note that it is not noticeable in CNRM-CM5, for which there is a sign compensation between the eastern and western parts of the Mediterranean basin for the LH, SH, and downward SW anomalies; see Figs. 4f,h). However, the linearity of the T2m/HW response does not necessarily imply a linearity of the large-scale mechanisms leading to this response. The precise origins of the latter, discussed in section 3d, as well as their sensitivity

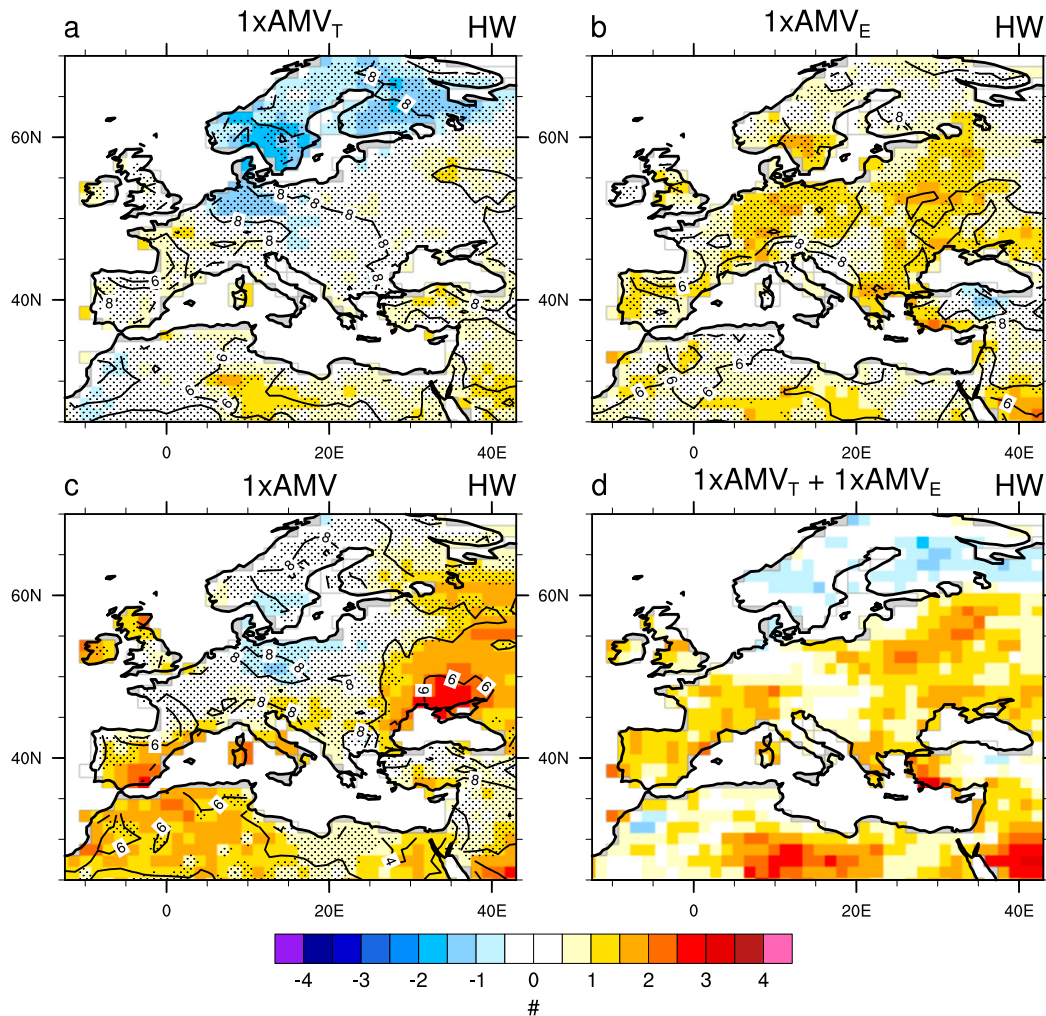


FIG. 7. As in Fig. 6, but for the HW response (shading interval is 0.5 day). Note that neither statistical significance nor the HW climatology is computed for (d), since the thresholds used to compute the HW responses in $1xAMV_T$ are different from the ones used for $1xAMV_E$.

to the amplitude of the AMV still remain to be clearly identified. Note also the larger spread of the T2m and HW anomalies in CNRM-CM5(1850) than in CNRM-CM5(1985). The reduction of the spread with the 1985 background may correspond to a stronger signal-to-noise ratio in the latter, which could be interpreted as the impact of the anthropogenic forcing, which tends to reduce the atmospheric noise over the Mediterranean basin (Bengtsson et al. 2006). Assuming that the level of interactions between AMV and the external forcings, which is found to be very limited in CNRM-CM5, is not model dependent, the differences between CNRM-CM5 and EC-Earth3P in the AMV/HW linear relationships may therefore depend on their respective intrinsic biases.

4. Conclusions and discussion

The impacts of the AMV on the European summer climate are studied in two climate models, EC-Earth3P and CNRM-CM5, using idealized experiments in which the North Atlantic

SST is restored toward anomalies characteristic of the observed AMV. To estimate the sensitivity of the atmospheric response to the amplitude of the AMV, three ensembles of simulations are performed, corresponding to one, two, and three standard deviations of the observed AMV. Both climate models are coherent in the surface temperature and precipitation responses and show that during a positive phase of AMV an increase (decrease) in T2m and a decrease (increase) in precipitation are obtained over the Mediterranean basin (northern half of Europe). For both models and a moderate amplitude of the AMV, the HW durations over the Mediterranean regions are from 3 days up to 6 days over the eastern Mediterranean longer relative to the AMV climatology (i.e., a relative increase by 40% up to 85%). The associated midtroposphere response is characterized by an anomalous trough (ridge) over northern Europe (the Mediterranean Sea), which is coherent with the responses in T2m, HW, and precipitation. These results are consistent with previous studies based on a similar experimental protocol (Ruprich-Robert et al. 2017)

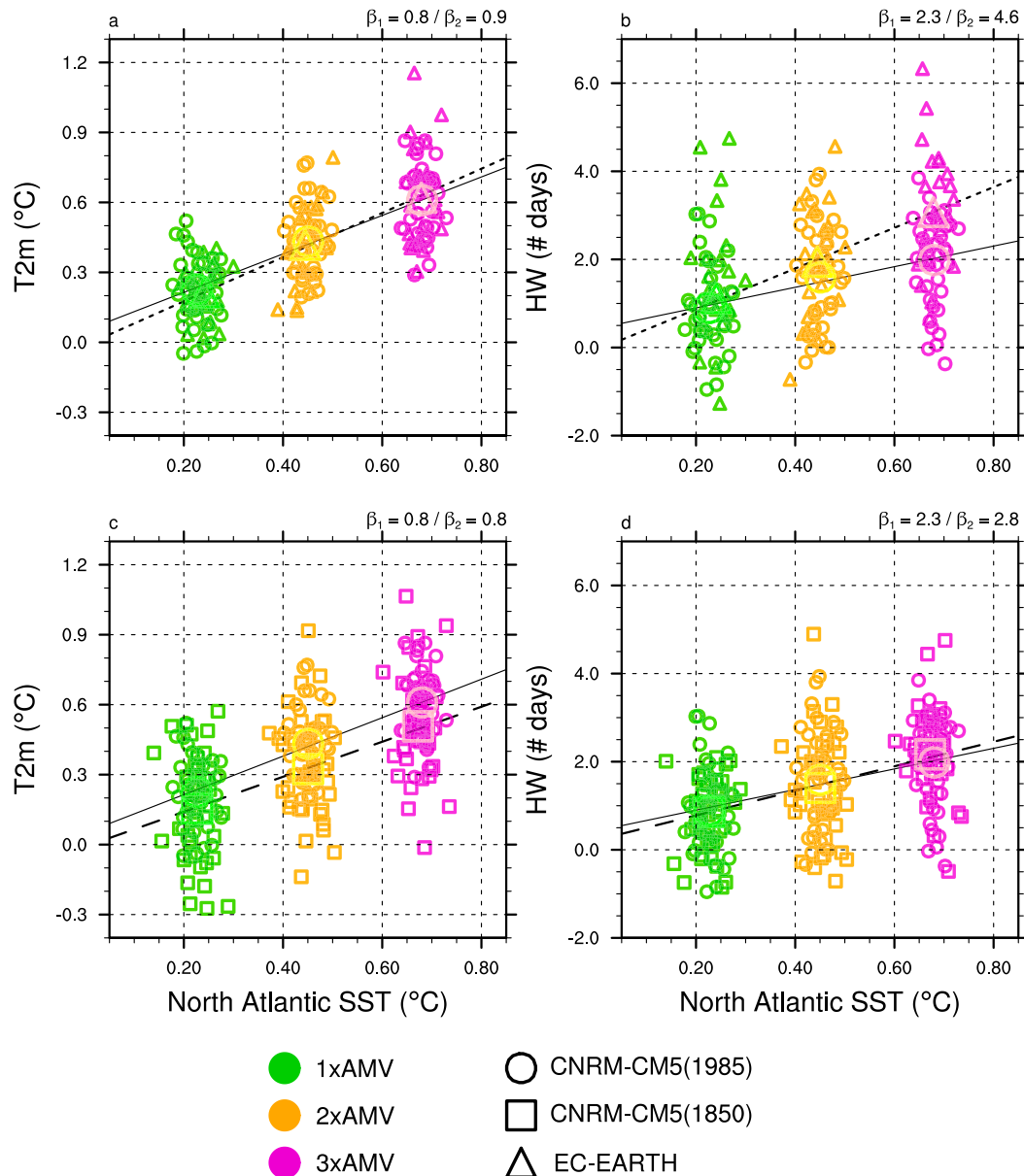


FIG. 8. Spatial average of AMV-forced anomalies for JJA seasonal mean of North Atlantic SST (0° – 60° N) vs (left) T2m and (right) HW duration over the Mediterranean basin (green domain over Figs. 2g and 2h) for (a),(b) CNRM-CM5(1985) and EC-Earth3P and (c),(d) CNRM-CM5(1985) and CNRM-CM5(1850) for 1xAMV (green), 2xAMV (orange), and 3xAMV (magenta). The small dots, squares, and triangles represent the 10-yr mean response of each member and the big dots, squares, and triangles indicate the ensemble mean. Solid (for dots) and dashed (for squares or triangles) lines are obtained from the linear regression between the T2m/HW and the SST anomalies distributions from all the experiments. The slope ($^{\circ}\text{C}^{\circ}\text{C}^{-1}$ for T2m or number of days $^{\circ}\text{C}^{-1}$ for HW) is given in the upper right title of each panel (β_1 for the solid line, β_2 for the dashed line).

and observations (Sutton and Dong 2012, their Figs. 2 and 3). For an observed AMV amplitude of two standard deviations, HW event durations can rise by 40% up to 85% over several regions of the Mediterranean basin, especially over its eastern part, where both models exhibit the most robust response. The similarity between the AMV-forced simulated responses and observations suggests that the observed T2m anomalies over Europe result

from a forcing by the AMV rather than being a consequence of the sole atmospheric internal variability. Model evaluation shows that the most realistic simulated AMV-forced responses of T2m, precipitation, and Z500, relative to the observed composites, correspond to an intermediate amplitude of between one and two standard deviations. In the broader context of global warming, our results suggest that the AMV could modulate the current

anthropogenically forced response on HW durations by 40%–90% depending on the area. For a high-emission scenario, this modulation is ~30% over the 2021–40 period.

Thermodynamically driven mechanisms explain the warming obtained over the Mediterranean basin. A decrease in total cloud cover over this region during an AMV+ phase induces an increase in downward shortwave radiation, which contributes to the surface warming and to the increase in the HW durations. In addition, as a response to the decrease in precipitation, evapotranspiration is reduced, contributing to a surface warming.

Different mechanisms, which have been addressed in previous studies, could explain the changes in the atmospheric circulation leading to the cloud cover anomalies and the associated responses in T2m, HW, and precipitation over the Euro-Mediterranean region. The Z500 anomalies over the Euro-Atlantic region are found to be part of a circumglobal stationary wave in the Northern Hemisphere, which is more excited during a positive phase of the AMV. Here we argue that the atmospheric circulation anomalies over the North Atlantic and *a fortiori* over the Northern Hemisphere may be the result from numerous nonexclusive sources, which in turn can be classified into extratropical and tropical sources.

An extratropical warming over the North Atlantic SST during an AMV+ phase could enhance diabatic heating over the midlatitudes inducing a barotropic response over the Atlantic Ocean and Europe. The midlatitude circulation could also be modulated by a warmer than normal tropical Atlantic that may (i) enhance the diabatic heating causing an anomalous wave activity in the upper troposphere over the Euro-Atlantic region and/or (ii) trigger a direct meridional atmospheric cell between the tropics and the Mediterranean basin. Although not addressed in this study, remote effects of AMV on the adjacent oceanic basins (Ruprich-Robert et al. 2017) may also impact the geopotential response via the tropical Pacific through divergence anomalies (O'Reilly et al. 2018) and the Indian Ocean and the Asian monsoon through the eastward propagation of Rossby waves (Rodwell and Hoskins 2001; Cherchi et al. 2014), but a deeper analysis goes beyond the scope of the present paper. Identifying the relevant mechanisms, assessing their respective contribution in each model, and quantifying their sensitivity to the amplitude of the AMV constitute appealing perspectives within the DCCP-C initiative and its multimodel framework, for which several modeling groups have conducted the standard idealized experiments (1xAMV).

A linear relationship between the amplitude of the AMV and the HW/T2m response is found in both models, with a stronger AMV/HW relation in EC-Earth3P due to intrinsic model differences between the two models. One caveat must be raised regarding the interpretation of this linear relationship. Since the restoring coefficient is fixed, the SST restoring tends to be more efficient in the tropics than in the extratropics due to the different mixed layer depths (MLD) between these two regions. SSTs are better constrained in the tropics where the ocean is more stratified than in the extratropics where the mixed layer is thicker. Therefore, more weight may be given to the tropics than the extratropics, potentially leading to (i) an underestimation of the mechanisms of teleconnection from this

region, (ii) a different HW response over Europe, and (iii) a breaking of the linear relation between SST and HW. As done by Ortega et al. (2017), additional experiments in which the restoring coefficient evolves as a function of the MLD have been computed with CNRM-CM5 and EC-Earth3P. Preliminary results indicate that the responses are unchanged.

A last interesting perspective would also be to evaluate the sensitivity of the response to warmer mean background states. We found that this feature has little influence in CNRM-CM5, but there is no guarantee that for a considerably warmer climate, typically characteristic of the mid- to late-twenty-first century, the level of teleconnectivity remains the same given the future abrupt climate changes that could occur depending on anthropogenic emission scenarios. This would provide an estimate of the risks associated with HW few decades ahead.

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