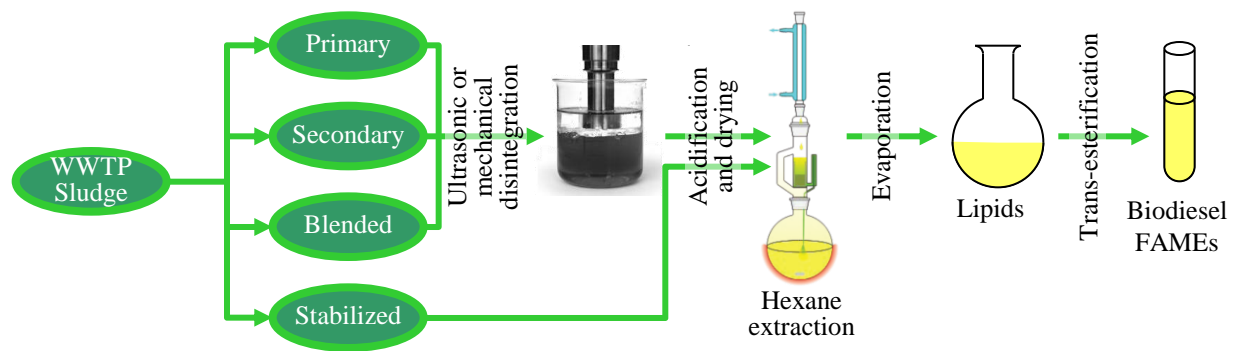


- One of the first attempts made in Europe to convert municipal sludge to biodiesel.
- First attempt to optimise the yield of lipids extracted with pre-treatments.
- First attempt to compare four sludge of different characteristics from the WWTP.
- Primary sludge has a conversion to FAME of 19% in dried sludge basis.
- Pre-treatments do not affect essentially conversion and composition of FAME.



1         **Effects of pre-treatments on the lipid extraction and biodiesel production from**  
2                         **municipal WWTP sludge**

3  
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15  
16         **Abstract**

17         Biodiesel production is currently limited due to high raw material costs. The potential of using  
18         sludge from municipal wastewater treatment plants as an alternative lipid feedstock was  
19         investigated. Four different types of sludge (primary, secondary, blended and stabilised) were  
20         tested in lipid extraction by Soxhlet using hexane, and biodiesel production by acid catalysis.  
21         To improve the extraction efficiency, the influence of pre-treatment methods (ultrasonic and  
22         mechanical disintegration) and duration of these treatments were investigated. Finally, the  
23         effect of sludge acidification with concentrated HCl was also evaluated. The pre-treatment  
24         methods did not increase significantly the amount of extracted lipid as well as biodiesel yield.  
25         Previous sludge acidification showed lower yield of lipids from primary, secondary and  
26         blended sludge. However, the amount of saponifiable lipids was higher, giving the overall

27 biodiesel yield almost unchanged. Among the four sludges tested, primary sludge achieved the  
28 greatest lipid and biodiesel yields, 27% and 19% respectively, on the basis of dry sludge. The  
29 highest biodiesel yields obtained from blended, secondary and stabilised sludge amounted to  
30 15%, 4% and 2% respectively, on the basis of dry sludge. No significant influence of the pre-  
31 treatments and acidification on the fatty acid composition was found. At least 8 fatty acids  
32 were determined, with a predominance of palmitic (C16:0), stearic (C18:0) and oleic acid  
33 (C18:1). The comparison of sludge fatty acids profile with common biodiesel feedstocks  
34 showed suitability of WWTP sludge for production of biodiesel.

35

### 36 **Key-words**

37 WWTP municipal sludge; biodiesel; lipid extraction; sludge acidification; ultrasonication;  
38 mechanical disintegration.

39

## 40 **1. INTRODUCTION**

41 Biodiesel is one of the most promising renewable fuels as it is biodegradable, less toxic than  
42 fossil diesel, compatible with current commercial diesel engine and refuelling technology, and  
43 it has low emission profile. Additionally, it has excellent lubricating properties and it could  
44 provide energy density similar to diesel [1-4]. Biodiesel is generally produced by  
45 transesterification of vegetable oils or animal fats, yielding fatty acids methyl esters (FAMES)  
46 from the lipid fraction. The production of biodiesel in the EU increased from 3.6 (2005) to  
47 10.7 billion litres in 2010 [5]. However, nowadays the competitive potential of biodiesel is  
48 limited due to high cost of common lipid feedstocks (soybean, canola, rapeseed, sunflower,  
49 palm, and coconut oils), which constitutes 70-85% of the overall biodiesel production cost,  
50 strongly influencing the final price of this biofuel [2, 3, 6, 7]. In fact, the production of  
51 biodiesel decreased by 10% in 2011 as compared to 2010 [5]. In addition, lack of agricultural  
52 lands for growing biodiesel feedstocks limits biodiesel expansion and has contributed to the

53 increase of food prices over the past few years, raising the concerns of food shortage versus  
54 fuel crisis [3]. Thus, there is an urgent need to find an alternative, cheaper feedstock, non-  
55 edible, readily available and in large quantities.

56 In contrast, municipal sewage sludge that is gaining more attention nowadays in biodiesel  
57 production can meet the requirements of lipid feedstock [3, 4, 8]. Sewage sludge is a waste,  
58 formed during treatment of wastewater in wastewater treatment plants (WWTPs) that needs  
59 specific treatment before disposal and represents a major cost in WWTP operation. In  
60 addition, WWTPs annually produce higher amounts of sludge due to the expansion of  
61 urbanised and industrialised areas. Each year, higher quantities of sludge are produced and the  
62 number is estimated to increase from 10 million tons (2005) to 13 million tons in 2020 in the  
63 whole of EU [9]. Additionally, dry sludge could comprise up to 30 wt% of lipids [10, 11, 12],  
64 which could be converted into FAMES. Recent studies have indicated that lipid contained in  
65 sewage sludge could be potential feedstock for biodiesel [1, 6, 7, 11, 13]. Nevertheless,  
66 production of biodiesel from sludge poses great challenges for fast commercialisation. The  
67 optimisation of lipid extraction is a major challenge that may affect the economy of the  
68 process [7].

69 It has been demonstrated that ultrasonic pre-treatment [14, 15] and acid hydrolysis [16] are  
70 able to increase the lipid extraction yield from biologic samples but their utilisation to  
71 improve lipid extraction from sludge has not been reported. These pre-treatments are able to  
72 release the lipids from other macromolecules which are not available to solvent in bonded  
73 form. Therefore, the utilisation of the sludge pre-treatments could also improve the efficiency  
74 of extraction. The most common methods of sludge pre-treatment are ultrasonication and  
75 mechanical disintegration, commonly used to enhance biogas production [17, 18, 19, 20].  
76 Ultrasonic energy is able to disintegrate sludge flocs and disrupt large organic particles,  
77 breaking down bacterial cell wall and releasing intracellular substances and extracellular  
78 polymeric substances into aqueous phase [14, 15, 17, 20]. Mechanical disintegration is used to

79 reduce size of the sludge particles, disintegrate cells and release organic components into  
80 sludge [18, 19]. On the other hand, acid hydrolysis of sludge is another pre-treatment method  
81 used to increase the solubility of the organic matter contained within sludge and thus to reduce  
82 the amount of sludge and improve its dewaterability [21]. As sewage sludge is a processed  
83 sample, in which lipid can be bonded to proteins, carbohydrates and/or minerals, the proposed  
84 pre-treatment methods could facilitate the extraction of lipids by sludge disintegration.  
85 The purpose of this study was to investigate the influence of sludge type (primary, secondary,  
86 blended and stabilised) and sludge pre-treatments (ultrasonic and mechanical), combined with  
87 or without sludge acidification, on the yield of lipid extracted as well as biodiesel (FAMEs)  
88 produced. Finally, the composition of FAMEs was determined and compared with common  
89 biodiesel feedstocks.

90

## 91 **2. MATERIALS AND METHODS**

### 92 **2.1. Chemicals**

93 Lipid extraction experiments were conducted using hexane of laboratory reagent grade (ref:  
94 208752) and magnesium sulphate monohydrate (ref: 434183) purchased from Sigma-Aldrich.  
95 Fuming hydrochloric acid (ref: 84418) used for sludge acidification was purchased from  
96 Fluka. Transesterification experiments were carried out using hexane (ref: 34859), anhydrous  
97 methanol (ref: 322415) and sulphuric acid (ref: 33974) from Sigma-Aldrich at the highest  
98 purity available. Sodium chloride (ref: 71379), sodium bicarbonate (ref: S6297) and  
99 anhydrous sodium sulphate (ref: 239313) were provided by Sigma-Aldrich. Standard used for  
100 identification and quantification of fatty acid methyl ester (FAMEs) was supplied by Supelco  
101 (37 component FAMEs mix, ref: 47885-U). Analytical standards of free fatty acids (FFA)  
102 were provided by Sigma-Aldrich (C12 ref: L556, C14 ref: 70082, C15 ref: 96125, C16 ref:  
103 P0500, C16:1 ref: P9417, C18 ref: S4751, C18:1 ref: O1008, and C18:2 ref: L1376. High

104 Performance Liquid Chromatography (HPLC) grade toluene (ref: 650579) used for  
105 preparation of FFAs solution was also provided by Sigma-Aldrich.

106

## 107 **2.2. Sludge collection, handling and characterisation**

108 Primary, secondary, blended and stabilised sludge were collected from the municipal WWTP  
109 in Reus (Tarragona, Spain) with a capacity to process near 25,000 m<sup>3</sup> of wastewater per day.

110 Primary sludge was collected after partial gravity thickening. Secondary sludge, produced by  
111 an activated sludge process, was collected after partial thickening by flotation. Blended sludge  
112 was collected after the combination of primary and secondary at a ratio of 65:35, v/v in the  
113 feed of the anaerobic reactor. Stabilised sludge, produced by an anaerobic digestion was  
114 sampled after belt filter press dewatering. Sludge samples were taken every 2-3 weeks and the  
115 sampling was done four times. The samples were immediately delivered to the laboratory and  
116 stored at 4°C prior to use (maximum storage time 7 days).

117 Each sample of received sludge was characterised in order to determine total solids (TS) and  
118 volatile solids (VS) content, both according to standard method 2540G [22]. Chemical oxygen  
119 demand (COD) was measured in a UV-spectrophotometer (DINKO UV-VIS 800  
120 spectrophotometer) according to standard method 5220D [22]. The Sludge characteristics are  
121 given in Table 1. As the sludge composition varies during the wastewater treatment and  
122 depends on the specific treatment applied, therefore the stabilized sludge gave the largest  
123 content of TS and VS due to the water elimination by filter press system, and the primary  
124 sludge gave higher quantity of TS, VS and COD than blended and secondary.

125

## 126 **2.3. Pre-treatment of sludge samples**

127 Before the extraction, primary, secondary and blended sludge were pre-treated using  
128 ultrasonic and mechanical disintegration methods. Due to its solid appearance, anaerobically  
129 stabilized sludge was used as received without previous disintegration.

130 The ultrasonic disintegration experiments were carried out using the procedure previously  
131 described elsewhere [23]. The mechanical disintegration experiments were carried out using a  
132 mechanical homogenizer (Taurus, Turbo-rotation system) at 600 W of the input of energy at  
133 room temperature. 200 ml of sludge was used for each test of each disintegration method. In  
134 order to optimise the disintegration time, the blended sludge was disintegrated by both  
135 methods for 5, 10, 15 and 20 min.

136 After sludge disintegration, one part of disintegrated samples and one part of untreated  
137 samples were acidified till pH 2 at ambient temperature. That pH was attained by the addition  
138 of approximately 0.3 mL of concentrated HCl to the sample of 20 mL of sludge, which  
139 afterwards was used directly in the lipid extraction experiment.

140 To evaluate the effect of sludge disintegration, the blended sludge after each pre-treatment  
141 was characterized by Scanning Electron Microscopy (SEM (Jeol JSM-6400)) to observe the  
142 appearance of the floc size. For this purpose, a drop of each sludge sample was deposited on  
143 the support, dried at room temperature and then coated under vacuum with a gold layer before  
144 examination.

145

#### 146 **2.4. Extraction of lipids**

147 In order to compare the influence of pre-treatment methods, the extraction experiments were  
148 carried out using untreated, ultrasonically disintegrated and mechanically disintegrated  
149 primary, blended and secondary sludge with and without acidification. The stabilized sludge  
150 was subjected to lipid extraction with and without sludge acidification. According to standard  
151 procedure the lipid was extracted from acidified untreated sludge 5520E [22], and the  
152 utilisation of acidified untreated sludge in the extraction was used as a reference method.

153 Before the extraction, the samples were dried by adding magnesium sulphate monohydrate  
154 according to standard method 5520E [22]. The mixture was stored in a desiccator at room  
155 temperature overnight. The lipid extraction procedure was carried out in a Soxhlet apparatus



156 using hexane as a solvent, according to standard method 5520E [22]. After the lipid  
157 extraction, the hexane was removed from the flask using a rotary evaporator. The flask,  
158 containing the lipids, was stored in a desiccator overnight and weighed the next day. The yield  
159 of extracted material was determined gravimetrically and expressed as weight of lipid  
160 extracted per weight of dry sludge. After the quantification, the lipids were dissolved in  
161 hexane, and kept frozen at -20°C until further analysis.

162

## 163 **2.5. Lipid and biodiesel analysis**

164 The amount of FFA in extracted lipid was determined using an Agilent gas chromatograph  
165 6890GC with a flame-ionization detector (GC-FID). Separation was achieved in an Agilent  
166 HP-INNOWax column (19091N-133) using helium as a carrier gas. The injection volume of a  
167 sample was 1.5 mL with a split ratio 100:1. The oven temperature programme began at 60 °C,  
168 holding for 2 min and increased by 10 °C/min to 200 °C, and then increased by 10 °C/min to  
169 240 °C, holding for 12 min. The detector and injector temperature were set at 250°C for the  
170 duration of the analysis.

171 The lipids were converted into FAMES (biodiesel) through acid catalysis  
172 transesterification/esterification using a modified version of Christi's method [10] and the  
173 FAMES were analysed by GC-FID and GC-MS as described elsewhere [10]. The results of  
174 GC-FID were used to estimate the amount of saponifiable (trans/esterifiable) material in the  
175 lipid fraction and hence the maximum mass of biodiesel (FAMES) that could yield. The  
176 compounds which could not be identified by GC-FID are presented as others. The other  
177 compounds identified by GC-MS are described in Section 3.1.3.

178

## 179 **3. RESULTS AND DISCUSSION**

### 180 **3.1. Influence of sludge type**

#### 181 **3.1.1. Lipid extraction yield**

182 The lipid yield extracted from the four type of sludge tested is illustrated in Table 2. The  
183 values represent the average of at least three different samples collected in WWTP during  
184 several months. Irrespective of the sludge pre-treatment and acidification, the primary sludge  
185 achieved the greatest lipid yield (27%) followed by blended (21%), secondary (9%) and  
186 stabilised (9%). This fact was predictable because the composition of primary sludge consists  
187 essentially of organic matter originated from raw wastewater, which is a combination of  
188 floating grease and solids (the highest lipid fraction). On the other hand, secondary sludge is  
189 composed mainly of microbial cells and suspended solids produced during the aerobic  
190 biological treatment of the primary treated wastewater; the lipid fraction comes mainly from  
191 extracellular polymeric substances and cell membrane of microorganisms. As blended sludge  
192 is a mixture of primary and secondary, with a higher fraction of the first one, the result is  
193 slightly lower than of the primary. Finally, in the case of stabilised sludge, it comes from  
194 anaerobic digestion process of blended sludge, during which the organic matter is degraded  
195 into intermediary products then converted into methane. However, stabilised sludge gave the  
196 same yield of lipid as secondary sludge. This is due to possible co-extraction of non-lipid  
197 fraction which contributes to the increase in gravimetric yield (see Section 3.1.2.).

198

### 199 **3.1.2. Biodiesel (FAME) yield**

200 Total lipid content extracted from sludge is not the real one that could be converted to  
201 FAMEs-biodiesel. Lipid fraction extracted from sludge using non-polar solvent can consist  
202 not only of acyglycerols, free fatty acids and some waxes (saponifiable lipids), but also of  
203 hydrocarbons, pigments, trepan, linear alkyl benzenes, polycyclic aromatic hydrocarbons,  
204 sterols and other waxes [8, 24]. Only acyglycerols and free fatty acids that represent the  
205 saponifiable part of lipids are suitable for biodiesel (transesterifiable/esterifiable to FAMES).  
206 Hydrocarbons, other non-polar substances (non-lipids) that could be co-extracted with hexane,  
207 and also part of lipids like some waxes and sterols are considered as non-saponifiable lipids.

208 Non-saponifiable lipids are not convertible into biodiesel and represent lipid contaminants.  
209 Therefore, the yields of saponifiable lipids and overall biodiesel yields produced from the four  
210 sludge types were analysed and the results are presented in Table 3. Irrespectively of sludge  
211 pre-treatments and acidification the primary sludge achieved the greatest saponifiable yield  
212 (69%) followed by blended (56%), secondary (41%) and stabilised sludge (14%). Thus, the  
213 overall biodiesel yields were 18%, 11%, 4% and 1% for primary, secondary, blended and  
214 stabilized untreated sludge, respectively. Comparison between stabilised and secondary sludge  
215 indicates that although the amount of lipids extracted from both was the same (Table 2), the  
216 secondary gave a higher overall biodiesel yield owing to a much larger amount of saponifiable  
217 matter in the lipid extracted. This shows that an extraction from stabilised sludge produce  
218 lipids heavily contaminated with non-saponifiable material, causing a lower productivity of  
219 biodiesel. Among the sludge tested, primary sludge has the higher quantity of extractable  
220 lipids and additionally it has also the best quality of lipids that are able to form FAMES. For  
221 these reasons, primary sludge can be considered a better feedstock for biodiesel production  
222 than other type of sludge generated in WWTPs. On the other hand, the elimination of lipids  
223 from primary sludge can significantly reduce the amount of lipids in blended sludge which is  
224 the feed of the anaerobic digester. It is known that significant amount of lipids can negatively  
225 affect anaerobic digestion process [25]. Therefore, the extraction of lipids from primary  
226 sludge to produce biodiesel will additionally improve the performance of the anaerobic  
227 digester and the production of biogas.

228

### 229 **3.1.3. Fatty acids composition**

230 Fatty acid compositions of biodiesel produced from sludge are presented in Tables 4. All types  
231 of sludge have a significant amount of palmitic acid (C16:0), stearic acid (C18:0), oleic acid  
232 (C18:1) and linoleic acid (C18:2). These results are confirmed by the comparison with the

233 composition of human faecal fatty acids, dominated by C16:0, C18:0 and C18:1 and by  
234 kitchen wastes, dominated by C16:0, C18:0, C18:1 and C18:2 [24].  
235 The significant difference was found in secondary sludge as compared to primary and  
236 blended. Secondary sludge which comes from biological process in the presence of  
237 microorganisms contains high amounts of C16:1 (11.6%) but not of C15:0 (0.3%) which both  
238 are considered to be bacterial [24]. In contrast, the amount of C16:0 is lower (21.2%) than the  
239 amount in primary (39.0%) and blended (40.7%) sludge. Additionally, the amount of “others”  
240 is the highest (16.9%). On the other hand, primary sludge had lower amount of “others”,  
241 identified by GC-MS, which mainly consist of methyl 10-hydroxyhexadecanoate, methyl 13-  
242 methyltetradecanoate, methyl 12-methyl-tetradecanoate, methyl 15-methylhexadecanoate,  
243 methyl-14methylhexadecanoate benzenoacetic acid methyl ester and benzenopropanoic acid  
244 methyl ester; or other substances like 1-decene, 1-tetradecene and cyclotetradecane. The  
245 composition of blended sludge is very similar to primary sludge, the highest difference was  
246 found in the amount of oleic acid (C18:1) and “others”. Finally, in the case of stabilised  
247 sludge, the first acid detected was palmitic acid (C16:0).

248

#### 249 **3.1.4. Comparison of sludge oil with other biodiesel feedstock**

250 As primary sludge achieved the best yield of lipid and the highest overall yield of biodiesel,  
251 the fatty acid composition of primary sludge was compared to common biodiesel feedstocks  
252 as shown in Figure 1 [26, 27]. It can be observed that the most of fatty acids found in the  
253 sludge are the same as compared to other feedstocks; palmitic acid (C16:0), stearic acid  
254 (C18:0), oleic acid (C18:1), and linoleic acid (C18:2). The important difference is observed in  
255 the lower amount of C18:2 and the absence of C18:3 in sludge fatty acids profile as compared  
256 to the profiles of soybean and rapeseed. This fact is an advantage because these  
257 polyunsaturated fatty acids can undergo reactions such as auto-oxidation due to the bis-allylic  
258 position of the carbon double bonds, provoking a destabilisation of biodiesel [28, 29]. The

259 polyunsaturated fatty acids in the biodiesel from primary sludge constitute only 7%, as  
260 compared to 61%, 31% and 30% in the biodiesel from soybean, rapeseed and waste cooking  
261 oil, respectively. This fact is an interesting benefit because feedstock rich in saturated or  
262 monounsaturated fatty acids gives biodiesel higher oxidation stability [26, 29].  
263 On the contrary, the level of saturated fatty acids found in the sludge (65%) is much higher  
264 than the saturation level of other biodiesel feedstocks, and it may present a problem for the  
265 cold flow properties of biodiesel. The significant amounts of saturated fatty compounds,  
266 increasing the temperature at which a liquid biodiesel, when cooled, becomes cloudy due to  
267 formation of crystals and solidification of saturates. However, the cold flow problem can be  
268 overcome by using branched chain alcohols instead of methanol in the reaction of  
269 transesterification [26, 28] and/or by the presence of branched-chain and hydroxy fatty acid  
270 monoalkyl esters [10]. Actually, branched-chain and hydroxy fatty acid, identified by GC–  
271 MS, exist in sludge lipids and were included as “others” in Tables 4 (see Section 3.1.3.).  
272 Thereby, the cold flow properties of biodiesel produced from primary sludge could be even  
273 better because of the presence of other fatty acid methyl ester.

274

### 275 **3.2. Influence of the acidification**

276 Table 2 also shows the results of lipid yields from the four sludge types with and without  
277 acidification. Irrespective of sludge pre-treatments, the acidification gave slightly lower yield  
278 of lipid extracted from primary, secondary and blended sludge as compared to the sludge  
279 without acidification. Although in this study, the sludge was acidified at ambient temperature,  
280 just by adjusting pH until 2, the sludge hydrolysis accrued giving more dissolved DQO after  
281 sludge acidification (increase from 3 g/L to 3.8 g/l, blended sludge). After sludge acidification  
282 the hydrolysis could release lipids from proteins and/or carbohydrates giving more esterifiable  
283 (saponifiable) lipids (Table 3), and leaving the polar compounds unextracted. Furthermore,  
284 the phospholipids, triglycerides, wax esters and sterol esters found in the sludge may have

285 been also hydrolyzed into FFAs [30] leaving the polar fraction (glycerol, alcohol and  
286 phosphate group) unextracted, resulting in a decrease in gravimetric yield. On the other hand,  
287 the lipid yield of stabilised sludge increased after acidification. It could be due to release the  
288 lipid bonded to the mineralised matter, which contains traces amounts of macromolecular  
289 compounds, causing a slight higher yield.

290 The results of FFA analysis confirmed that sludge acidification increases the amount of FFA  
291 in the lipid extracted from all sludge types. The lipid extracted from untreated primary,  
292 blended, secondary and stabilised sludge contained 48.2%, 42.8%, 23.4% and 8.9% of FFA  
293 (on the basis of lipid), respectively. After sludge acidification the amount of FFA in extracted  
294 lipids increased to 60.3%, 50.1%, 27.2% and 9.9% for primary, blended, secondary and  
295 stabilised sludge respectively. The larger increase of FFA in primary and blended sludge as  
296 compared to secondary and stabilised is related to the conversion of insoluble soaps, present  
297 in primary sludge, into FFAs upon exposure to an acidic environment [10]. As a result of  
298 higher amount of FFAs in the lipid extracted after sludge acidification, the amount of  
299 saponifiable lipids also increased, and the higher increase is observed for primary and blended  
300 sludge (Table 3). These results show that an extraction from acidified sludge produces lipids  
301 less contaminated with non-saponifiable material. However, the overall biodiesel yield  
302 increased only slightly in the case of primary, blended and stabilised sludge. Secondary sludge  
303 gave lower overall biodiesel yield after sludge acidification owing to a lower amount of lipid  
304 extracted.

305 As shown in Tables 4a, 4b and 4d, irrespectively of sludge pre-treatments, the effect of sludge  
306 acidification of primary, secondary and stabilized sludge in general shows increase in the  
307 amount of palmitic acid (C16:0) and decrease in the amount of oleic acid (C18:1). In the case  
308 of blended sludge the opposite situation occurs. However, the difference is not essential  
309 (Table 4c).

310

### 311 **3.3. Influence of the pre-treatments**

#### 312 **3.3.1. Optimisation of pre-treatment time on the lipid extraction yield**

313 In order to optimise the duration of pre-treatments, untreated blended sludge was disintegrated  
314 by ultrasonic and mechanical method for 5, 10, 15 and 20 minutes. For both pre-treatment  
315 methods, the maximum lipid yield was achieved after 10 minutes of sludge pre-treatments,  
316 giving 23% and 22% of lipid (based on dry sludge) for ultrasonic and mechanical pre-  
317 treatment, respectively. A further increase in the pre-treatment time until 15 and 20 minutes  
318 indicates a decrease in the extraction efficiency to a value close to untreated sample, 21%  
319 (based on dry sludge). After the first 10 minutes of the pre-treatment, the recovery of lipid was  
320 enhanced by the disruption or disintegration of flocs and/or the lysis of the bacterial cells, thus  
321 improving the availability of the organic matter to the solvent. However, maintaining the  
322 sludge disintegration more than 10 min could increase the size of particle gradually, due to re-  
323 flocculation of the particles by the appearance of new linkages of the organic matter from  
324 intracellular and extracellular substances which initially were released [17]. According to the  
325 results, 10 min of pre-treatment for both, ultrasonic and mechanical disintegration was chosen  
326 as the pre-treatment duration for this study.

327

#### 328 **3.3.2. Evaluation of the pre-treatments**

329 The lipid, saponifiable and biodiesel yields obtained from primary, secondary and blended  
330 sludges by difrent pre-treatment methods are presented in Table 2 and 4. Surprisingly, the  
331 sludge pre-treatments were not able to enhance substantially neither the yield of lipids nor  
332 saponifiable and biodiesel yields, irrespective of sludge acidification. The ultrasonic and  
333 mechanical pre-treatment methods were chosen because of their capacity to disintegrate  
334 sludge, what may lead to better homogenization of the sample and better penetration of the  
335 solvent into the sample [15]. Furthermore, the methods are able to disintegrate the sludge  
336 flocs, break down bacterial cell wall and release the lipid present in extracellular polymeric

337 substances of bacterial sludge flocs [17]. As secondary sludge comes from aerobic biological  
338 process, it is composed mainly of microbial cells and suspended solids, the slight  
339 improvement in the extraction end transesterification yields after sludge pre-treatment is  
340 observed in some cases of secondary and blended sludge. However, the differences are not  
341 significant (Table 2 and 4). Comparing both pre-treatment methods, in general ultrasonic  
342 treatment gave better results of lipid, saponifiable and biodiesel yields than mechanical.  
343 Nevertheless, again the differences are not significant.

344 In order to observe the effect of sludge disintegration the photos of the microscopic  
345 appearance of the blended sludge floc were taken and are illustrated in Figure 2. There is only  
346 a slight difference on the microscopic appearance of the sludge floc between acidified (Figure  
347 2b) and untreated sludge (Figure 2a). The acidification had almost no effects on the floc size;  
348 although the floc texture seems to be a little bit looser, the structure and the size of floc is  
349 basically the same as the original sludge. Bigger differences can be observed between  
350 untreated and treated sludge. As it can be seen in Figure 2a, the untreated sludge has big and  
351 incoherent floc structure, while after pre-treatments, Figure 2c and 2d, the appearance of floc  
352 structure is compacted and smaller in size due to the disintegration process. The same  
353 differences were reported elsewhere [31]. Comparing both pre-treatments, in the case of  
354 ultrasonication the floc texture is more separated than the structure of mechanically pre-  
355 treated sludge, due to a better disintegration of sludge floc and decrease in particle size by  
356 ultrasonic treatment.

357 As shown in Tables 4, there is no significant influence of the pre-treatments on the fatty acid  
358 profiles of primary (Table 4a), secondary (Table 4b) and blended (Table 4c) sludge.

359

### 360 **3.4. Statistical evaluation**

361 In order to identify statistically significant differences in the results of lipid, saponifiable and  
362 biodiesel yields between different pre-treatment methods and sludge acidification a two-way



363 analysis of variance (ANOVA) at a 95% confidence level ( $p < 0.05$ ) was performed on  
364 primary, blended, and secondary sludge. The results of the test revealed no significant  
365 interaction effect ( $p \ggg 0.05$ ) of the two factors investigated on the lipid, saponifiable and  
366 biodiesel yields for primary, blended and secondary sludge. Furthermore, the test for the three  
367 types of sludge (primary, blended and secondary) indicated no significant differences ( $p \ggg$   
368  $0.05$ ) on the lipid, saponifiable and biodiesel yields between three pre-treatments tested  
369 (untreated, ultrasonic, mechanical). However, the results of the test indicated significant  
370 difference on the lipid yield between acidified and non-acidified secondary sludge ( $p =$   
371  $0.0039$ ). Primary ( $p = 0.1164$ ) and blended ( $p = 0.1595$ ) sludge did not show the significant  
372 influence of acidification on the lipid yield. On the contrary, the saponifiable yield was found  
373 to be significantly affected by the acidification of primary ( $p = 0.0397$ ) and blended ( $p =$   
374  $0.0049$ ) sludge while secondary sludge did not show significant differences ( $p = 0.4451$ ).  
375 Finally, the results of the test indicated significant difference on the biodiesel yield between  
376 acidified and not acidified secondary ( $p = 0.0066$ ) and blended ( $p = 0.0315$ ) sludge while  
377 primary sludge did not show significant differences ( $p = 0.1443$ ).  
378 On the other hand, to identify statistically significant differences between the data with and  
379 without acidification obtained from stabilised sludge, a *t-test* at the 0.05 significance level was  
380 performed. The results of the test showed that there is no significant differences between  
381 acidified and non-acidified sludge on the lipid ( $p = 0.0992$ ), saponifiable ( $p = 0.3333$ ) and  
382 biodiesel ( $p = 0.0917$ ) yields.

383

### 384 **3.5. Comparison with other processes of production of biofuels**

385 In the best scenario of this study, the production of biodiesel from sewage sludge can reach a  
386 maximum of 19% based on dry matter. The best alternatives to compete with biodiesel  
387 production to make fuels from the volatile matter of dry sludge are direct combustion,  
388 gasification, pyrolysis and liquefaction. These processes are able to produce the thermal

389 decomposition of the organic matter and to transform this organic matter into bio-fuels [32].  
390 Among this processes, liquefaction is gaining more attention due to better condition of low  
391 temperature and pressure [33].  
392 The treatment of dried sewage sludge by liquefaction in water at 340°C, catalyzed by sodium  
393 carbonate was able to produce heavy oils with a conversion of 42% based on dry matter [34].  
394 Moreover, the same results were obtained in a continuous pilot plant treating 5 tons/day of  
395 dewatered sludge [35]. Recently, sewage sludge was processed by deoxy-liquefaction in  
396 supercritical ethanol producing up to 55% of bio-oil at 400°C in methanol [32] and until 46%  
397 of conversion to bio-oil at 380°C and 7.5 MPa in acetone [33]. Since bio-oil and biodiesel are  
398 biofuels with different characteristics, only the heating value of both of them can be compared  
399 to have an idea of the energy that can be recovered. The heating value of bio-oils was in the  
400 range of 35 to 39 MJ/kg [32, 33], comparable to 39.5 MJ/kg from biodiesel [8]. The  
401 composition of the bio-oils depends on the solvent used during process, but more than a  
402 hundred of substances are usually identified. For instance, when acetone is used as solvent in  
403 hydrothermal liquefaction, the bio-oils are essentially composed by ketones. On the other side,  
404 when methanol or ethanol is used, some esters are obtained [33], until 25% of the bio-oil, that  
405 are also found in biodiesel. Finally, regarding to biodiesel production cost from sludge,  
406 different studies estimated cost of 0.83-0.85 \$/L [6, 11], although the yields of conversion to  
407 biodiesel were 7 and 10% based on dry sludge, lower than the 19% obtained in this study.

408

#### 409 **4. CONCLUSIONS**

410 The pre-treatment methods tested in this study are not able to increase significantly the  
411 amount of extracted lipid as well as biodiesel yield. Thus, the pre-treatments are not suitable  
412 for biodiesel production from municipal sewage sludge. The sludge acidification showed  
413 lower extraction efficiency as compared to non-acidified sludge, while the amount of  
414 saponifiable lipid was higher, and giving the overall biodiesel yield almost unchanged.

415 Gas chromatography analysis of the FAMES indicated a similarity between the fatty acid  
416 compositions of the four sludge evaluated. All types of sludge have a significant amount of  
417 palmitic acid (C16:0), stearic acid (C18:0) and oleic acid (C18:1), which are essential for the  
418 production of biodiesel.

419 The results have shown that all types of municipal sludge produced during wastewater  
420 treatment are a potential source of suitable lipid for the production of biodiesel. Among the  
421 four sludge tested, the primary sludge achieved the greatest lipid (27% based on dry sludge)  
422 and biodiesel (19% based on dry sludge) yield. Thus, primary sludge is the most beneficial  
423 lipid feedstock for biodiesel production. Furthermore, it is possible to take advantage of the  
424 excess sludge, reusing it as a source of lipid for the production of biodiesel and, consequently,  
425 lowering the WWTP operation cost.

426

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434

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521

522 **Figure captions**

523 Figure 1. Comparison of sludge's fatty acids with other biodiesel feedstocks (Sludge: this  
524 work; Soybean and Rapeseed: Canacki et al. (2008) [26]; Mixed fat, Waste cooking oil and  
525 Crude palm oil: Melero et al. (2012) [27])

526 Figure 2. Microscopic appearance of the blended sludge floc: a) untreated sludge, b) acidified  
527 sludge, c) after 10 min of ultrasonic treatment (50W), d) after 10 min of mechanical treatment  
528 (600W).



1 **Table 1.** Characteristics of four types of sludge used in the present study.

	Sludge <sup>(a)</sup>			
	Primary	Secondary	Blended <sup>(b)</sup>	Stabilised
Total solids (TS), %	4.2 ± 1.2	3.2 ± 0.7	3.1 ± 0.7	25.3 ± 4.4
Volatile solids (VS), %	3.3 ± 0.9	2.8 ± 0.5	2.5 ± 0.6	15.6 ± 2.8
Chemical oxygen demand (COD), g/L	64.1 ± 11.1	44.1 ± 7.5	46.0 ± 4.9	n.m.

<sup>(a)</sup> Each value is the average of at least 3 samples collected on different days.

<sup>(b)</sup> Primary and secondary at a ratio of 65:35, v/v.

n.m.: not measured

2

3

4 **Table 2.** Amount of lipid fraction extracted from different types of sludge by different pre-  
 5 treatment methods (Lipid yield (%) on the basis of dry sludge).

Acidification	Pre-treatment	Sludge <sup>(a)</sup>			
		Primary	Secondary	Blended <sup>(b)</sup>	Stabilised
Not acidified	Untreated	27 ± 1	9 ± 1	21 ± 1	9 ± 1
	Ultrasonic	27 ± 1	10 ± 1	23 ± 3	-
	Mechanical	26 ± 1	9 ± 1	22 ± 3	-
Acidified	Untreated	25 ± 1	7 ± 1	20 ± 1	10 ± 2
	Ultrasonic	25 ± 1	8 ± 1	22 ± 2	-
	Mechanical	25 ± 1	8 ± 1	20 ± 2	-

<sup>(a)</sup> Each value is the average of at least 3 samples collected on different days.

<sup>(b)</sup> Primary and secondary at a ratio of 65:35, v/v.

6

7 **Table 3.** Transesterification yield obtained from different types of sludge by different pre-treatment methods (Saponifiable yield (%) on the basis  
 8 of lipid, Biodiesel yield (%) on the basis of dry sludge).

Acidification	Pre-treatment	Sludge <sup>(a)</sup>							
		Primary		Secondary		Blended <sup>(b)</sup>		Stabilised	
		Saponifiable	Biodiesel	Saponifiable	Biodiesel	Saponifiable	Biodiesel	Saponifiable	Biodiesel
Not acidified	Untreated	69 ± 7	18 ± 1	41 ± 6	4 ± 1	56 ± 8	11 ± 1	14 ± 1	1 ± 1
	Ultrasonic	70 ± 5	19 ± 2	42 ± 5	4 ± 1	53 ± 6	12 ± 1	-	-
	Mechanical	65 ± 10	17 ± 2	42 ± 5	4 ± 1	60 ± 5	13 ± 1	-	-
Acidified	Untreated	76 ± 3	19 ± 1	42 ± 4	3 ± 1	64 ± 8	13 ± 2	15 ± 1	2 ± 1
	Ultrasonic	75 ± 4	19 ± 1	45 ± 4	4 ± 1	68 ± 6	15 ± 3	-	-
	Mechanical	74 ± 6	19 ± 2	43 ± 2	3 ± 1	67 ± 6	14 ± 2	-	-

<sup>(a)</sup> Each value is the average of at least 3 samples collected on different days.

<sup>(b)</sup> Primary and secondary at a ratio of 65:35, v/v.

9 **Table 4a.** Fatty acids composition of primary sludge for each pre-treatment (% , w/w).

Fatty acid	Pre-treatment					
	Untreated	Ultrasonic	Mechanical	Untreated acidified	Ultrasonic acidified	Mechanical acidified
C12:0	0.3	0.3	0.3	0.3	0.3	0.2
C14:0	3.0	3.1	3.0	3.0	2.8	2.8
C15:0	0.2	0.2	0.2	0.1	0.1	0.1
C16:0	39.0	39.7	38.8	43.3	47.0	44.6
C16:1	1.1	0.4	0.4	0.3	0.2	0.2
C:18:0	14.1	14.1	13.8	15.7	17.4	16.4
C18:1	29.9	30.3	30.7	25.9	21.3	24.7
C18:2	7.2	7.4	7.8	6.0	4.8	5.7
Others	5.2	4.5	5.0	5.4	6.1	5.3

10

11 **Table 4b.** Fatty acids composition of secondary sludge for each pre-treatment (% , w/w).

Fatty acid	Pre-treatment					
	Untreated	Ultrasonic	Mechanical	Untreated acidified	Ultrasonic acidified	Mechanical acidified
C12:0	0.1	0.0	0.0	0.2	0.1	0.0
C14:0	2.9	1.9	2.8	3.6	2.7	1.9
C15:0	0.3	0.1	0.3	0.4	0.3	0.2
C16:0	21.2	20.7	20.5	24.7	25.7	22.3
C16:1	11.6	11.3	11.8	10.2	10.7	10.8
C:18:0	9.5	9.9	9.1	10.4	10.1	8.7
C18:1	29.5	30.6	29.0	26.0	26.0	28.8
C18:2	8	8.6	7.3	7.7	6.9	6.5
Others	16.9	16.9	19.2	16.8	17.5	20.8

12

13 **Table 4c.** Fatty acids composition of blended sludge for each pre-treatment (% , w/w).

Fatty acid	Pre-treatment					
	Untreated	Ultrasonic	Mechanical	Untreated acidified	Ultrasonic acidified	Mechanical acidified
C12:0	0.3	0.2	0.4	0.3	0.2	0.2
C14:0	3.2	3.3	3.4	2.8	3.0	3.0
C15:0	0.3	0.2	0.3	0.2	0.1	0.1
C16:0	40.7	40.6	41.1	38.7	38.8	37.9
C16:1	2.0	2.1	1.6	1.8	1.5	1.4
C:18:0	13.3	12.8	13.7	14.3	14.5	14.1
C18:1	24.6	26.1	24.4	27.1	26.4	28
C18:2	5.2	4.8	4.6	5.1	5.1	5.3
Others	10.4	9.9	10.5	9.7	10.4	10.0

14

15 **Table 4d.** Fatty acids composition of stabilised sludge (% , w/w).

Fatty acid	Pre-treatment	
	Untreated	Untreated acidified
C12:0	0.0	0.0
C14:0	0.0	0.0
C15:0	0.0	0.0
C16:0	30.8	33.8
C16:1	2.5	2.1
C:18:0	10.3	10.7
C18:1	36.2	35.1
C18:2	9.5	8.8
Others	10.7	9.5

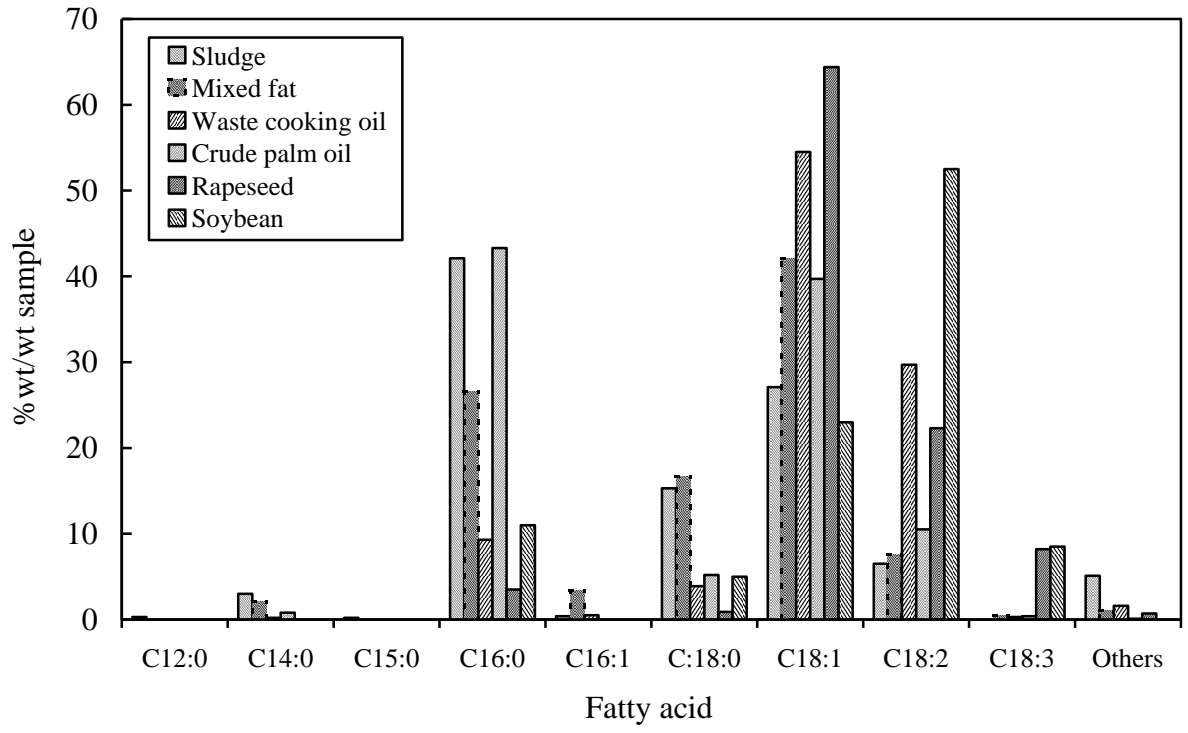
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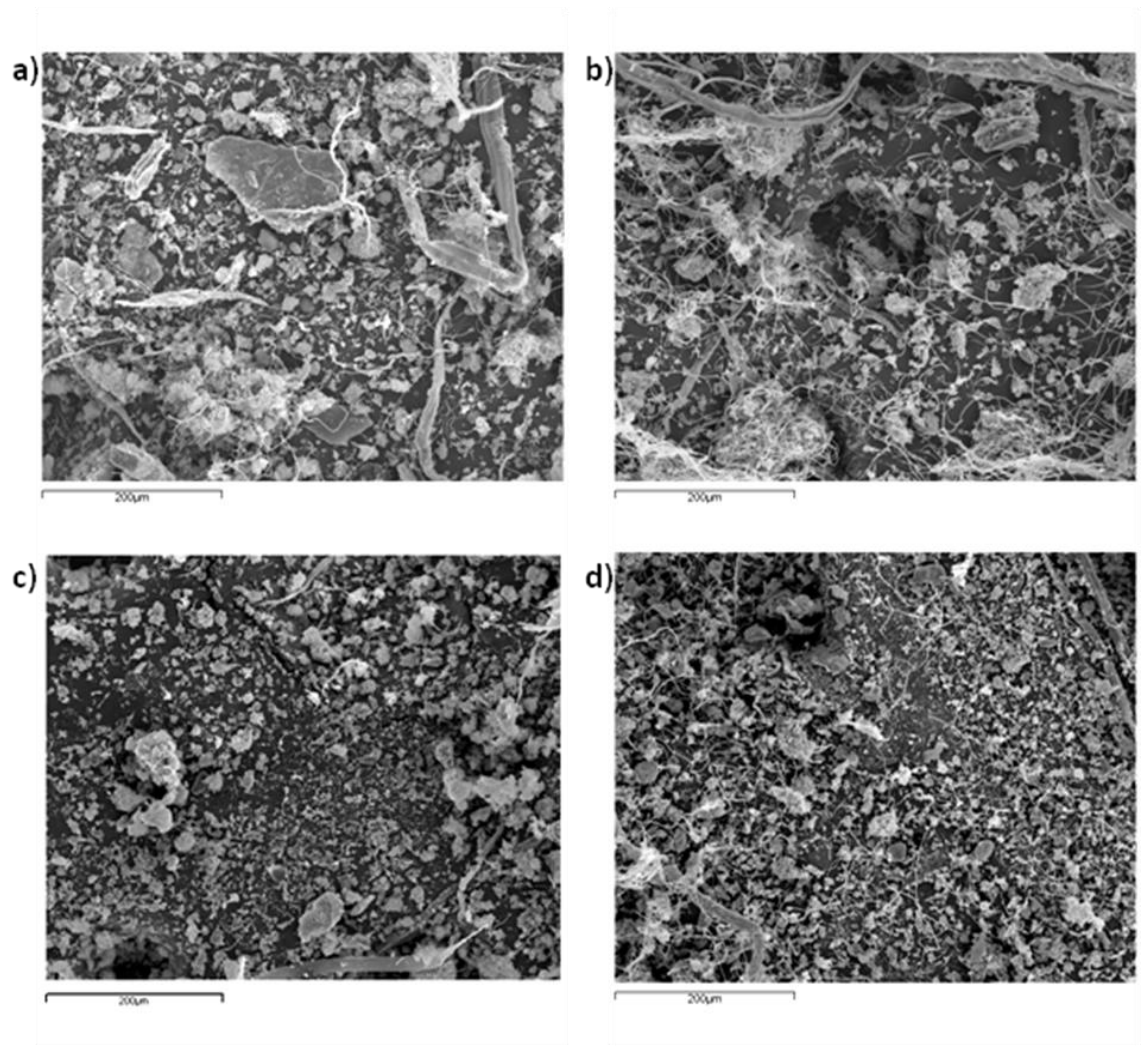
Figure 1



1



1



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