

# Towards Broadly Optimum Multi-Core Fiber Designs

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## Abstract

We show that key multi-core fiber (MCF) design parameters depend only weakly on the application scenario, from data-center interconnects to submarine links, leading to transmission-distance-independent optimum MCF designs. We analyse the dependence of the optimum MCF core count on fiber diameter and effective core area.

## 1. Towards Multi-Core Fiber Standardization

Space-division multiplexing (SDM) is widely recognized as a key technique to scale network capacities [1]. The first technological step beyond the use of conventional fiber bundles may be multi-core fiber (MCF) [2], initially using *nominally uncoupled cores* to avoid multiple-input-multiple-output digital signal processing (MIMO-DSP). A plethora of MCF types has been investigated over the past decade, but the many degrees of freedom in MCF design as well as the perceived application dependence of key design parameters has so far prevented MCF standardization as an important step towards volume manufacture, cost reduction, and deployment. As a step towards finding common grounds for standardization in the vast MCF design parameter space, it has recently been shown [3] that maximum MCF transmission capacities are achieved for a fairly universal value of core-to-core crosstalk (XT) per unit length, one of the most important MCF design parameters. Notably, this XT value was shown to be almost *independent of transmission reach*, from 100-km data-center interconnects to 10,000-km submarine links, in the context of modern optical transponders that use capacity-adaptation techniques such as probabilistic constellation shaping (PCS). The relative universality of core-to-core XT further results in an optimum number of cores for a given MCF outer diameter (OD) and, once an OD is agreed upon, pins down the MCF core geometry, a minimum requirement to directly interconnect and splice MCFs from different fiber manufacturers. This paper builds upon our previous analysis [3] and examines the optimum number of cores for various ODs, as well as the impact of the effective core area on capacity-optimum MCF designs.

## 2. MCF Capacity Optimization

The spectral efficiency (SE) per MCF core of a polarization-multiplexed transmission system using adaptive modulation such as PCS and Nyquist pulse shaping is given by [3], [4]

$$SE = 2 \cdot \log_2 \left( 1 + \frac{1}{\eta_{TRX}} \frac{P_S}{(\eta_L P_{ASE} + \chi P_S^3 + \kappa P_S)} \right) \quad (1)$$

where  $P_S$  denotes the per-channel (dual-polarization) signal launch power, and  $P_{ASE}$  is the amplified spontaneous emission (ASE) power within the signal channel's bandwidth. We consider both ideal distributed amplification [5] and lumped amplification with 80-km spans and a 5-dB optical amplifier noise figure (NF). Nonlinear interference noise (NLIN) is quantified by the parameter  $\chi$  [6], [7], and  $\kappa$  denotes the *aggregate XT* experienced by a core from signals co-propagating at the same wavelength in all other cores. Note that expressing XT in multiples of  $P_S$ , does *not* necessarily imply equal signal powers in each core, although it turns out that the capacity-optimum signal power (for identical MCF cores) is XT-independent [3], [4], [8], [9], which results in all cores conveniently using the same signal power, irrespective of XT differences from a core's location within the MCF. In the *low core-to-core coupling regime* (i.e., MIMO-free transmission) which we exclusively consider, XT is modelled as additive white Gaussian noise [4], [10], and  $\kappa$  increases linearly with distance [2]; interactions of XT and fiber nonlinearities can be neglected. Transceiver implementation penalties are captured by  $\eta_{TRX}$ .

Figure 1 shows an exemplary MCF geometry, illustrating key parameters such as OD, outer cladding thickness (OCT), core pitch ( $\Lambda$ ), and the refractive index profile of a trench-assisted core [11]. To compute the aggregate SE of a particular core-count MCF, we use *circle-packing theory* to determine a

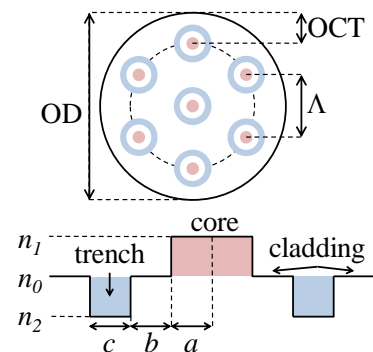


Fig. 1: MCF layout and trench-assisted core profile.

tightly-packed (typ. irregular) core lattice [12], [13] and calculate core-to-core XT using the analytical formulas provided in [11]. Attempts to further optimize the core locations based on the aggregate MCF capacity instead of the minimum core distance did not noticeably improve capacity. We conservatively assume an OCT of  $30\ \mu\text{m}$  [14] and trench-assisted cores ( $a = b = c = 4.5\ \mu\text{m}$ ) [11], with  $-0.35\%$  cladding-trench relative refractive index difference  $\Delta_2$  and  $\Delta_{1,2} \cong (n_{1,2} - n_0)/n_{1,2}$ . These parameters yield single-mode operation at the reference wavelength of  $1550\ \text{nm}$ . When varying the effective core area (Sec. 3.2) we modify  $\Delta_1$  between  $0.2\%$  and  $0.9\%$  to keep the normalized frequency (V-number) constant such as to guarantee single-mode operation in all considered cases.

### 3. Optimum Number of Cores

#### 3.1 Outer Cladding Diameter (OD)

Figure 2 (a) shows the evolution of the aggregate SE, i.e., the sum of the (typ. different) SEs of the individual fiber cores, for three transmission distances (100 km, 1,000 km, 10,000 km) and three ODs ( $125\ \mu\text{m}$ ,  $200\ \mu\text{m}$ ,  $260\ \mu\text{m}$ ). For a given OD, the aggregate SE increases linearly with core count as long as XT is negligible (black dotted lines) and decreases once XT becomes dominant. The larger the OD, the more cores can be accommodated at the expense of the fiber's structural reliability [14] as well as more stringent angular alignment tolerances at connectors and splices [15]. Importantly, for a fixed OD the *optimum number of cores is almost the same for all transmission distances* [3]: The optimum numbers of cores for the three ODs are {4}, {12-14} and {23-26} across all relevant transmission distances. The average aggregate XT is shown in Fig. 2(b). For the optimum number of cores, we always find XT values around  $-60\ \text{dB}$  (referenced to 1 km of MCF) [3].

Figure 2 assumes MCFs with standard single-mode cores (attenuation  $\alpha = 0.2\ \text{dB/km}$ ; chromatic dispersion  $D = 17\ \text{ps}/(\text{nm} \cdot \text{km})$ ; nonlinearity  $\gamma = 1.3\ 1/(W \cdot \text{km})$ , i.e., an effective core area of  $A_{\text{eff}} = 80\ \mu\text{m}^2$ ), 100 wavelength- and polarization-division multiplexed 50-GBaud channels at 50-GHz spacing, ideal Nyquist spectra, and ideal Gaussian-shaped constellations. However, except for  $A_{\text{eff}}$ , whose impact is discussed in Sec. 3.2, none of these assumptions is critical in terms of the optimum number of MCF cores, which is the focus of this paper. Solid lines in Fig. 2 represent ideal distributed amplification. Various lumped amplification scenarios are captured by the shaded areas, whose lower edges correspond to 80-km spans and a 5-dB amplifier NF. The optimum number of cores changes only slightly for lumped amplification, with {4}, {13-14}, and {24-27} for the considered ODs. All curves assume a transceiver implementation penalty,  $\eta_{\text{TRX}}$  in Eq. (1), of 3 dB.

Figure 3(a) shows the optimum number of cores vs. OD. As above, solid curves represent distributed amplification and shaded regions reflect lumped amplification, again revealing a fairly narrow range in the optimum number of cores across a wide range of considered transmission scenarios. Figure 3(b) shows the corresponding aggregate SE at the optimum design points. Further relevant parameters in this context are the *core density* (number of cores per unit area) and the *spatial SE* (SE per unit area [12], [16]). Core density and spatial SE in our

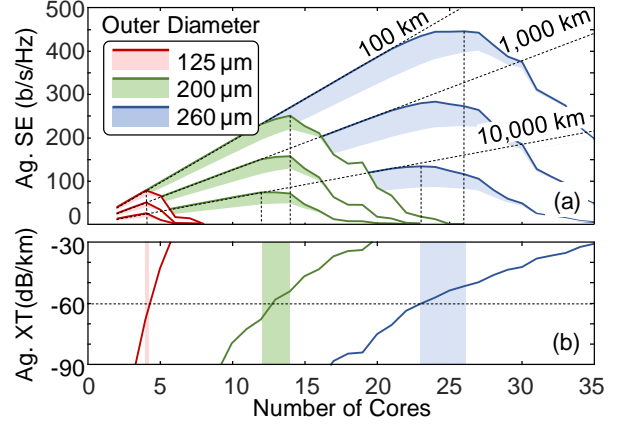


Fig. 2: Aggregate SE (a) and average aggregate XT for 1 km of MCF (b) vs. number of cores for ODs of  $125\ \mu\text{m}$  (red),  $200\ \mu\text{m}$  (green), and  $260\ \mu\text{m}$  (blue). Solid lines: Ideal distributed amplification. Shaded regions: Lumped amplification up to 80-km spans and 5-dB NF. Dotted black lines: XT-free reference. All cases:  $\eta_{\text{TRX}} = 3\ \text{dB}$ .

examples increase by 50% and 40%, respectively, when going from an OD of  $125\ \mu\text{m}$  to an OD of  $300\ \mu\text{m}$  due to better core packing (less wasted area) as the number of cores increases.

#### 3.2 Effective Core Area ( $A_{\text{eff}}$ )

Reducing the effective core area is another way to accommodate more cores within a MCF, with a trade-off between XT, NLIN, and loss when varying  $A_{\text{eff}}$  that is non-trivial [12], [16]: While the optimal balance between ASE and NLIN variances

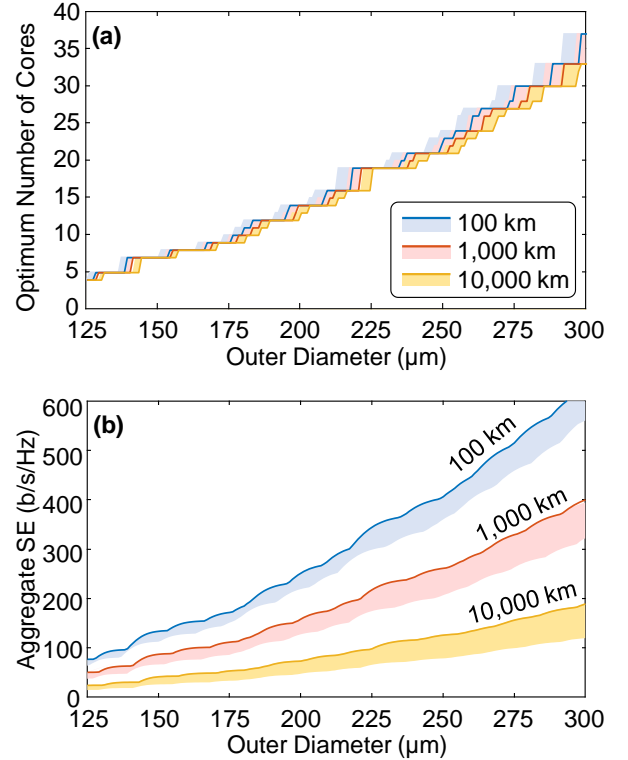


Fig. 3 (a) Optimum number of cores and (b) aggregate SE vs. outer cladding diameter. Solid curves: ideal distributed amplification. Shaded regions: Lumped amplification up to 80-km spans and 5-dB NF.

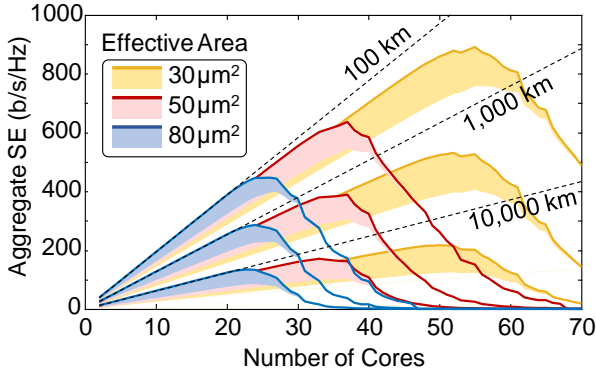


Fig. 4 Aggregate SE vs. number of cores for several effective core areas. Solid curves: ideal distributed amplification. Shaded regions: Lumped amplification up to 80-km spans and 5-dB NF. Dashed black lines show the XT-free case for reference. OD = 260  $\mu\text{m}$ .

is always 2:1 [6], [7], it can be shown using the results of [3] that the optimal ratio of ASE : NLIN : XT powers is

$$P_{ASE} : P_{NLIN} : P_{XT} = 2 : 1 : 3\kappa SNR_0, \quad (2)$$

with  $SNR_0$  being the signal-to-noise ratio involving only ASE and NLIN. As  $\kappa$  and  $SNR_0$  scale close-to-linear with transmission distance, the ratio of noise powers is almost distance-independent, corroborating the notion of distance-independent MCF designs. Figure 4 shows the aggregate SE vs. number of cores, with the effective core area as a parameter, ranging from  $30 \mu\text{m}^2$  to  $80 \mu\text{m}^2$ . The OD is kept fixed at  $260 \mu\text{m}$  ( $10^{-7}$  failure probability for 100 turns, 20 years, and a 1% proof level for a bending radius of 70 mm [14]). To re-scale the effective core area, we changed the core radius  $a$  ( $A_{eff} \propto a^2$  with high accuracy) and re-scaled the size of the inner cladding  $b$  and the trench  $c$  to maintain  $a = b = c$ , cf. Fig. 1. To keep the same core propagation properties (same V-number), we adapted the core-cladding relative index. Once again, we see from Fig. 4 that for a given effective core area, the optimum number of cores is *fairly independent of transmission distance*. The change in slope of the curves in the XT-free region (dotted black lines) is small because the quadratic NLIN reduction with  $A_{eff}$  only reduces the SE *logarithmically*, cf. Eq. (1). On the other hand, a reduction in  $A_{eff}$  has an exponentially decreasing impact on XT [11] and, much more importantly, enables an increase in the number of cores for a fixed OD, which appears as a pre-log factor in the overall MCF capacity and consequently provides an *almost linear* benefit to the overall MCF capacity. Therefore, lowering the effective core area increases the MCF capacity (with full consideration of NLIN) until the capacity increase from a reduced  $A_{eff}$  is counter-balanced by some other capacity-reducing effect.

The most evident counter-balancing effect is additional loss due to too small effective core areas, most notably from an increased splice loss at low  $A_{eff}$  for a fixed lateral splicing accuracy. We therefore assume a lateral splicing accuracy of  $0.8 \mu\text{m}$ , leading to a typical 0.1-dB splice loss for an  $80 \mu\text{m}^2$  effective area [17]. While submarine cables may only employ very few (if any) splices per span, terrestrial long-haul links are typically deployed in spliced sections of  $\sim 2$  km. Metro fiber and data-center interconnects may use even shorter

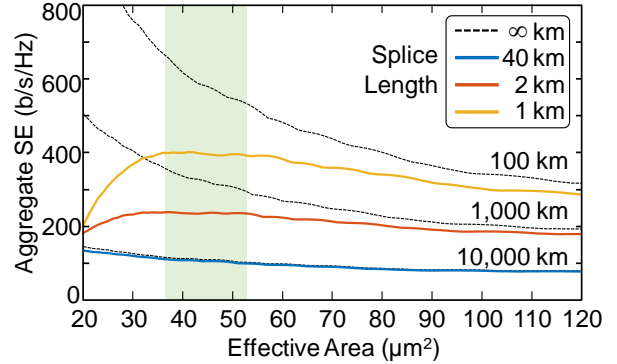


Fig. 5 Aggregate SE vs.  $A_{eff}$  assuming different splicing distances for each transmission reach. Dashed black lines: zero-splice-loss case. Lumped amplification with 80-km span lengths and 5-dB NF. OD = 260  $\mu\text{m}$ .

segments of, e.g., 1 km, for the thicker, higher-fiber-count cables used in such applications. Figure 5 shows the aggregate SE assuming lumped amplification and the above splicing assumptions for an MCF with a  $260 \mu\text{m}$  OD. (For the transoceanic link we assumed splicing only at the repeaters, i.e., 2 splices every 80 km, equivalent to 1 splice every 40 km). It can be seen that under these realistic deployment assumptions, a fairly distance-independent optimal effective core area of  $40\text{--}50 \mu\text{m}^2$  is obtained. Slightly larger effective core areas may prove optimal when including additional losses from imperfect *rotational* MCF splice alignment, the influence of cleave angles, and increased *component* XT from fan-in/fan-out devices at low  $A_{eff}$  [15], [18].

#### 4. Discussion and Conclusion

We determined the optimum number of cores in an MCF in the context of modern coherent systems using adaptive transponders. We showed that the optimum core count is virtually distance-independent, from 100-km data-center interconnects to 10,000-km submarine links. We also investigated the dependence of the optimum core count on cladding diameter and effective core area, yielding, again, reasonably distance-independent MCF designs. We finally note that MCFs designed for advanced coherent systems using the methodology presented here will also be able to support shorter-reach systems (1 to 100-km) based on intensity-modulation and direct-detection (IM-DD) with various pulse amplitude modulation (PAM) formats, as the  $\sim 60\text{-dB/km}$  XT values identified in Fig. 2 ( $\sim 50$  dB/10 km,  $\sim 40$  dB/100 km) are sufficient for PAM [19], even when considering statistical XT variations that necessitate  $\sim 5$  dB of extra margin to avoid system outages ( $10^{-5}$  outage probability) [10], [20]. Our results consequently narrow the vast design space of MCFs significantly and may contribute towards a consensus in MCF standardization.

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