

Environmental performance of rainwater harvesting strategies in Mediterranean buildings

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ABSTRACT

Purpose: The rapid urbanization and the constant expansion of urban areas during the last decades have locally led to increasing water shortage. Rainwater harvesting (RWH) systems have the potential to be an important contributor to urban water self-sufficiency. The goal of this study was to select an environmentally optimal RWH strategy in newly constructed residential buildings linked to rainwater demand for laundry under Mediterranean climatic conditions, without accounting for water from the mains.

Methods: Different strategies were environmentally assessed for the design and use of rainwater harvesting (RWH) infrastructures in residential blocks of flats in Mediterranean climates. The harvested rainwater was used for laundry in all strategies. These strategies accounted for: (i) tank location (tank distributed over the roof and underground tank); (ii) building height considering the number of stories (i.e., 6, 9, 12 and 15); (iii) distribution strategy (shared laundry, supply to the nearest apartments and distribution throughout the building). The RWH systems consisted of the catchment, storage and distribution stages and the structural and hydraulic calculations were based on Mediterranean conditions. The quantification of the environmental performance of each strategy (e.g., CO₂eq. emissions) was performed in accordance with the Life Cycle Assessment methodology.

Results and discussion: According to the environmental assessment, the tank location and distribution strategy chosen were the most important variables in the optimization of RWH systems. Roof tank strategies present fewer impacts than their underground tank equivalents because they enhance energy and material savings, and their reinforcement requirements can be accounted for within the safety factors of the building structure without the tank. Among roof tanks, a distribution strategy that concentrates demand in a laundry room was the preferable option resulting in reductions from 25% to 54% in most of the selected impact categories compared to distribution throughout the building, depending on its height.

Conclusions: These results may set new urban planning standards for the design and construction of buildings from the perspective of sustainable water management. In this sense, a behavioral change regarding demand should be promoted in compact, dense urban settlements.

Keywords: Sustainable buildings, Water management, Laundry demand, Urban planning, LCA, Environmental impact.

1. Introduction

1.1 Rainwater harvesting in urban areas

The rapid urbanization and the constant expansion of urban areas during the last decades have led to increasing water shortages. This situation is being aggravated in water-stressed climates, such as the Mediterranean, which present high risks for droughts as well as sudden and intense rainfall events that result in flooding (Ngigi 2003). Rainwater harvesting (RWH) has been utilized for centuries to fulfill household and agricultural requirements (Pandey et al. 2003). It consists of collecting rainwater, coming mostly from rooftops or impervious areas, storing in a tank with varying locations (e.g., on the roof, underground, etc.) and distributing to specific non-potable end-uses. Although untreated harvested rainwater is often unsuitable for drinking due to the presence of microbes and pathogens (Zhu et al. 2004; Sazakli et al. 2007), numerous studies guarantee rainwater quality for toilet flushing, laundry and gardening irrigation (Lye 2009).

RWH is currently increasingly implemented in areas with very different rainfall patterns, such as Jordan (Abdulla and Al-Shareef 2009), India (Glendenning and Vervoort 2011), South Africa (Mwenge Kahinda and Taigbenu 2011), Brazil (Ghisi et al. 2007), the United States (USA) (Jones and Hunt 2010), Australia (Zhang et al. 2009), China (PUB 2012) and the United Kingdom (UK) (Roebuck et al. 2010). The main benefits associated with RWH include flood risk reduction, self-sufficiency and decreased dependency on distant water sources, reduction of stormwater flows treated in wastewater treatment plants, and reduction of non-point water pollution (Coombes et al. 2002; Villarreal and Dixon 2005; van Roon 2007; Fletcher et al. 2008; Zhang et al. 2009; Rahman et al. 2010).

1.2 RWH strategies in urban areas: Scale and tank location

Trends in urban morphology are converging on more compact cities, where population density and building height play a significant role (Oliver-Solà et al. 2011). In this context, RWH systems have the potential to be an important contributor to urban water self-sufficiency. Until now, the parameters selected to design RWH infrastructures and to determine their potential have been the catchment area, rainfall pattern, degree of roof slope, runoff coefficient (RC) and roof materials (Farreny et al. 2011b). Housing type and density also affect the efficiency of the RWH system, as do occupancy and non-potable demand (Devkota et al. 2015b). The installation of decentralized technologies in multi-family buildings may be favored by economies of scale and cost sharing arrangements (Nolde 2007). The collection efficiency is also larger in high-density urban areas because the water consumption pattern per hectare is greater and,

therefore, all water collected is more likely to be consumed (Herrmann and Schmida 2000). However, the percentage of demand met is usually lower than in low density neighborhoods because the latter usually present larger catchment surfaces per dwelling and, therefore, per consumer. From this point of view, several studies on RWH applied to multi-family buildings were performed in Sweden (Villarreal and Dixon 2005), Malta (Reitano 2011), Germany (Herrmann and Schmida 2000) and UK (Ward et al. 2010), to cite just a few.

The relevance of the tank location as a criterion for the design of RWH infrastructures was previously examined together with urban density (Angrill et al. 2012). For diffuse and compact urban areas in the Mediterranean climate, tanks located over flat roofs in newly constructed buildings were the most favored option from an environmental standpoint. That was due to the equal distribution of the weight of the tank along the building structure and the possibility of a gravitational distribution of rainwater, thus avoiding the need for pumping, which leads to comparably low additional construction demands. Similarly, an exergy or useful-energy analysis concluded that a tank distributed over the roof of buildings with a relatively high density is the most efficient option (Vargas-Parra et al. 2013). However, underground or external tank locations are currently the most frequently implemented strategies, possibly due to aesthetics or accessibility. Another factor that may influence the performance of RWH systems from an environmental, social and economic point of view is the demand distribution within the building (Domènech and Saurí 2011). When the demand is specifically located close to the tank, there might be lower construction requirements and elements, but this assertion has yet to be analyzed.

1.3 Precedents for the assessment of environmental impacts of RWH systems

Until now, there is a lack of research on the environmental performance of RWH systems, in particular for multistory residential buildings. Proper planning of the water supply infrastructure should consider the implications of the material, energy and emissions resulting from this system, as well as water-related issues. Hence, it requires a Life Cycle Assessment (LCA) approach, where the impacts of these infrastructures are holistically evaluated through the entire life cycle (Stokes and Horvath 2006). In the literature, few studies use LCA tools to determine the critical points of the urban water cycle (Herz and Lipkow 2002; Lundie et al. 2004; Lassaux et al. 2007; Venkatesh et al. 2009) and even fewer assess the installation of RWH in urban environments (Morales-Pinzón et al. 2012a; Devkota et al. 2015a). Most of these analyses focus on particular stages and components of the RWH system's life cycle (Bronchi and Jolliet 2002; Grant and Hallmann 2003).

This research aimed to identify additional criteria for sustainable RWH systems from an environmental standpoint and intended to provide sustainability guidelines for urban planners in the design of newly constructed neighborhoods with different population densities. To fulfill future demands, water policies should focus on an integrated water management, increasing the range of supply alternatives and acting upon demand (Sauri 2003). In this sense, which is the best water demand distribution in a building that benefits from RWH at the lowest environmental cost? The goal of this research was to select an environmentally optimal RWH strategy in newly constructed residential buildings linked to a constant water demand for laundry under Mediterranean climatic conditions. Two tank locations were analyzed: a tank distributed over the roof and an underground tank. For both locations, three different water distribution alternatives were proposed (supply to the nearest apartments, shared laundry room and distribution to all the apartments in the building). At the same time, four building heights were set (6, 9, 12 and 15 floors) to determine the contribution of the height of the building to the impact of RWH systems.

2. Scope Definition and Methodology

In this section, the system under analysis is defined (Section 2.1-2.2). The structural parameters considered are presented in Section 2.3, and Section 2.4 deals with the environmental calculation tools.

2.1 Functional unit (FU)

An LCA approach was used to assess the environmental impacts related to the RWH infrastructures of 24 scenarios with varying tank location, building height and demand distribution (Section 2.2). The FU was defined as the catchment, storage, and supply of 1 m³ of rainwater per building per year to be used as non-potable water for a constant demand for laundry and with varying user behavior and habits. This definition takes into account the catchment area per building, the available water to be supplied and the annual water demand per dwelling under Mediterranean climatic conditions. In this study, we compared different scenarios for supplying water for laundry to different apartment buildings, but a baseline scenario for conventional water supply (i.e., water from the mains) was not included.

2.2 Description of the system under study

2.2.1 Reference flows

Rainfall: An average annual rainfall of 620 mm was considered for Barcelona (Spain), according to data collected by AEMET (2013) during the last twenty years. This amount was considered representative of the Mediterranean climate for which the average rainfall varies within a range between 600 and 750 mm per year. This climate is characteristic of several regions in the world such as California, southern Chile, Cape Province in South Africa, the Mediterranean basin and the south-southwest of Australia (di Castri and Mooney 1973). To assess the effects of climate, the rainwater demand met in Barcelona was compared with that of other Spanish cities with different precipitation patterns, i.e., Madrid (420 mm), Murcia (270 mm) and Santiago de Compostela (1750 mm). For modeling, daily rainfall data for the last twenty years were used (AEMET 2013).

Water demand: The use of rainwater for laundry is one of the most common practices for non-potable water, together with irrigation and toilet flushing (Leggett et al. 2001); laundry represents 20% of the domestic demand in a standard dwelling (Elzen et al. 2004). The average weekly consumption in European households is set at 300 L per week (assuming four wash loads per week) based on the eco-efficiency parameters required for the acquisition of the A+ ecolabel for washing machines (Commission Regulation 2010). The annual demand for laundry was set at 15.5 m³ per dwelling. The designed RWH infrastructure was intended to supply the maximum possible demand considering the average rainfall and its frequency.

2.2.2 Building characteristics

The building design consisted of a newly constructed residential building with 690 m² of floor area (additional structural data are given in Online Resource 1). The selection of this wide floor area facilitates different building heights to fit this structure without being out of proportion. For this floor area, a ‘U’ shape was chosen because it enables widening the surface of the façade in relation to the floor area. Moreover, it allowed the underground tank to be placed beside the building foundation (on the inside face of the U). This shape is widely common in buildings since it can be found in many architectural collections and was also summarized by Meng and Forberg (2007). Every floor was distributed into six apartments that were given 100 m² of floor area each. The first floor, or ground floor, was not considered as habitable but was intended for commercial or other activities.

2.2.3 Definition of scenarios

According to the results obtained in previous studies (Angrill et al. 2012), two different tank locations were chosen: a tank distributed over the roof (R) and an underground tank (U). By doing so, the best tank location was determined under different demand distribution strategies and building heights. To examine the influence of building height and compare medium and very high-density buildings, four construction heights with a constant floor area (690 m²) were proposed: a six-story building (30 apartments), a nine-story building (48 apartments), a twelve-story building (66 apartments) and a fifteen-story building (84 apartments).

For each tank location (R and U), three possible distributions of the demand were selected within the building: a community laundry room located on the ground floor (A), concentration of the demand in the stories located near the tank (B), and distribution to all the apartments in the building (C). Laundry rooms are common in the service sector (e.g. university dormitories, hotels and other kind of shared facilities) (Riesenberger and Koeller 2005). In contrast, in residential buildings most dwellings have their own washing machine (Elzen et al. 2004). An alternative distribution (strategy B) that stands between strategies A and C takes into account the position of the tank and the rainwater supply and demand. This water distribution strategy concentrates the demand on the upper floors (i.e., upper apartments) in the R scenarios and on the lower floors in the U scenarios (Figure 1), considering the distribution to a fixed number of floors, set at four in all cases.

Fig1

2.2.4 Description of the RWH systems

The most relevant structural data used in the inventory is presented in Table 1. Regarding the *catchment stage*, it was considered that rainwater is only harvested from flat roofs. Therefore, standard galvanized-steel gutters and polypropylene (PP) downpipes were necessary in the U scenarios to conduct water from the roof to the tank. In the R scenarios, water that infiltrates through the roof pavement tiles was collected and stored directly in the tank; hence, the catchment and storage stages coincide (Table 1). It was assumed that 90% of the total rainfall incident on the roof would enter the tank, given that the initial abstraction of the tiles was considered to be very low (i.e., roof-RC was estimated at 0.9) (Farreny et al. 2011b).

Table 1

The rainwater tank is the main component of the *storage stage*, the shape and measures of which vary depending on its location in the building. However, its volume remained constant for all scenarios within this study (Table 1). While the underground tank was intended to be located at the inside face of the ‘U’ shape of the building, the roof tank covered the entire extension of the roof. The concrete used in the tank construction and the structural reinforcement of the building had a compressive strength of 30 MPa. This reinforcement consisted of the extra structural material required in the building to withstand the weight of the tank and the weight of the water volume and was therefore necessary in the R scenarios. Steel (80% recycled, yield strength of 500 MPa) was also considered in the construction of the tank (underground tank) and the reinforcement (roof tank).

The *distribution stage* consisted of polypropylene pipes (PP-copolymer) that conduct water from the tank to a laundry room (distribution strategy A), to the nearest apartments to the tank (B) or to each home laundry (C) for its end-use. Therefore, the pipe length varied depending on the distribution strategy and the number of floors in the building. The U scenarios required a stainless-steel pump to supply rainwater to each dwelling and it was previously selected and optimized for each distribution strategy and building height. The power consumption over the lifespan of the system was calculated based on 6 minutes of pumping per wash load. In R strategies, it was assumed that the distribution system would have enough pressure to supply water to a washing machine by gravity.

The potential rainwater harvested was the same for all scenarios because the roof area and annual rainfall remained constant, and was estimated to be 385 m³/year. However, the storage volume was optimized and considered constant (25 m³) for all case studies because an increase in capacity did not represent significant gains in water collection, as identified when modeling the system using Plugrisost v1.0 (Morales-Pinzón et al. 2012b). This software models the tank volume through a continuous daily water balance of supply and demand along the year according to a 90-year rainfall series. Due to the rainfall variability, there will always be tank overflows in certain rainfall events throughout the year and the theoretical maximum will never be reached.

Additionally, water demand increased with the number of floors in the building for distribution strategies A and C. This promoted a more efficient performance of the water storage tank by collecting more water during rain peaks, which are very typical in Mediterranean climates due to the seasonality of the climate and the frequency and intensity of the rainfalls (for further details see Online Resource 2). In this case, the percentage of demand satisfied decreased with the building height, but the absolute volume of rainwater supplied was larger (Table 1). Considering a constant

tank volume, supplying rainwater to higher buildings appeared to provide a more efficient use of the tank because more rainwater was consumed. In distribution strategy B, water demand was constant for all building heights because rainwater was delivered to a fixed number of floors (Table 1). For this reason, the total water supplied per year was constant and limited by the number of apartments.

2.3 Structural calculations

The roof tank was distributed over 633 m² of roof area (92% of the total roof) and had a depth of 4 cm, while the underground tank (5 m x 3 m x 1.7 m) had a rectangular base. Both tanks were equipped with an overflow system that released rainwater directly into the sewer pipes when the tank was full. A minimum water level was always expected to be present in the tank (either rainwater or, alternatively, water from the mains). A tank top-up system facilitated a dual supply of water by means of a valve for both tank locations.

Data regarding materials and the sizing of the infrastructures were obtained using the structural calculation software CYPE v.2011 (CYPE 2011). Note that the assumptions of the structural analysis (type of soil, criteria for reinforcement, etc.) can significantly affect the result (e.g., the foundation type or the materials used). To reduce this effect, a sandy soil with a high strength was selected, and the reinforcement was designed to optimize the amount of materials (minimizing the steel in the structure, maintaining the layout of the floors and the concrete in the foundation to keep the underlying stress). Additional data are provided in Online Resource 1.

The lifespan of the rainwater storage tank was set at 50 years (Roebuck et al. 2010), and it was mainly limited by the evolution of technologies and changes in functionality over time. The uptake and distribution pipes and submersible pump were considered to have a useful life of 25 and 15 years, respectively.

2.4 Environmental life cycle assessment

The LCA methodology assesses the environmental impacts related to a product, process or activity through the quantification and estimation of the resources consumed and the emissions produced from “cradle to grave”. It consists of four main steps: goal and scope definition, inventory analysis, impact assessment and interpretation (ISO 2006).

The inventory considers resources and emissions for all materials and processes along the life-cycle of the infrastructure. The phases considered in the inventory were materials procurement, transportation, construction, use

and deconstruction for the catchment, storage and distribution systems. The materials stage comprised the extraction, transport, production, processing and storage of materials used in the RWH infrastructure. Background data on the life cycle of materials and energy were retrieved from the ecoinvent database 2.2 (Frischknecht et al. 2005). In the construction stage, the energy flows included land excavation and the opening and closing of trenches. However, for the R scenarios, the use of machinery in the construction and deconstruction of the catchment and distribution stages was neglected because it was considered to fall within the purview of the building structure. Transport included both local material transportation to the building site and waste transport to a local disposal facility. The use stage consisted of the power demand (Spanish mix) in the distribution stage for those scenarios with pumping requirements (U). The maintenance was excluded, given that the impacts of cleaning activities in sewers were usually found to be low with respect to the electricity consumption (Petit-Boix et al. 2015), and sewers normally accumulate more sludge than RWH systems. The end of life of materials was considered outside the boundaries of the system because there is uncertainty regarding the technological development of recycling in 50 years time. The database Metabase ITeC (2010) provided operational energy consumption information linked to the construction and deconstruction stages.

In the life cycle impact assessment, only the classification and characterization stages were considered. The results were evaluated at the midpoint level for the selected impact categories and characterization factors suggested by CML IA (Guinée et al. 2002), linked to the software SimaPro 7 (PRé Consultants 2010). In this study, the impact categories selected were Abiotic Depletion Potential (ADP, kg Sb eq.), Acidification Potential (AP, kg SO₂ eq.), Eutrophication Potential (EP, kg PO₄³⁻ eq.), Global Warming Potential (GWP, kg CO₂ eq.), Human Toxicity Potential (HTP, kg 1.4-DB eq.), Ozone Depletion Potential (ODP, kg CFC-11 eq.) and Photochemical Ozone Creation Potential (POCP, kg C₂H₄ eq.). Most of them are the indicators suggested by EN 15804:2011 for the environmental declaration of construction works, together with the Cumulative Energy Demand (CED, MJ) (Hischier et al. 2010), which was also included in the study for assessing energy issues. To this end, no water indicators were included in the assessment of these constructive elements. HTP is not included in EN 15804:2011, but it was also assessed because it was considered in previous studies dealing with the construction of water-related infrastructures (Angrill et al. 2012; Lemos et al. 2013; Petit-Boix et al. 2014; Petit-Boix et al. 2016).

3. Results and discussion

3.1 Inventory data

The inventory data take into account the amount of materials and energy required in each scenario for the FU defined and the lifespan of each component. These data were grouped into life cycle stages (materials, transportation, construction, use and deconstruction) and RWH systems (catchment, storage and distribution). The detailed inventory is given in Online Resource 3.

The largest amounts of materials were linked to the storage system for both underground (U) and roof (U) tank scenarios. In the U strategies, the concrete required to build the tank represented 97% of the total of this stage. For the R scenarios, the brick and waterproof sheet contributed between 44% and 66% to this system, depending on the building height. The concrete requirements linked to the reinforcement of the building accounted for 26%-49% of the total amount of the storage. This reinforcing amount refers to the extra concrete required in the foundations to support the weight of the tank and the water stored, while the steel required in the reinforcement is located mostly in the building structure (71%-100%, increasing with building height) and partly in the foundations. However, in the foundations, the steel and concrete reinforcement requirements did not increase linearly with the building height. For this reason, the fifteen-story building required a proportionally smaller amount of reinforcing materials than the twelve-story building. In any case, it can be considered that the structural increase required to locate a roof tank is negligible when compared with the building structure itself because this difference accounts for less than 0.5% of the total materials required in the construction of the building. In overall, the material requirements of U scenarios ranged from 3.4 to 5.7 times the total amount of material needed in R scenarios, depending on the building height and the distribution strategy chosen.

3.2 Environmental assessment of RWH systems

The outcome of the environmental assessments of underground (U) and roof (R) tank scenarios is first presented separately, combining the different building heights and distribution strategies (Figures 2 and 3). Subsequently, the environmental performance of the best case underground tank scenario (AU) is compared with the worst roof tank strategy (CR) for each impact category (Figure 4). The contribution of each RWH system for each possible scenario is presented in Table 2, taking the GWP category as a reference.

3.2.1 Impact assessment of underground tanks (U)

Fig2

For the U scenarios, the results showed that the distribution strategy A (laundry room placed on the ground floor near the tank) was the best across all impact categories. It was followed by the supply to the stories located near the tank (strategy B), which showed a remarkable difference from the distribution to all the apartments in the building (C) (Figure 2) that becomes greater when there are more stories in the building. Examples of extreme differences between strategies B and C occurred in fifteen-story buildings, where B scored 74% better than C in the AP indicator, while in PCOP there was a 36% difference. This outcome was related to the use stage and the energy consumption of the distribution strategy, being more and more energy-demanding and requiring more powerful pumps with increasing building height (Angrill et al. 2012). Distribution strategies A and B showed the same trend with differences between them and the building height remaining quite constant. However, in B strategies the impacts were between 32% and 48% greater than in A strategies depending on the impact category, which was mainly associated with the varying water demand in each type of building and distribution strategy.

3.2.2 Impact assessment of roof tanks (R)

Fig3

The results showed that in all cases the most environmentally friendly strategy was the laundry room on the ground floor (A), while strategies B and C presented different trends depending on the impact category chosen (Figure 3).

Strategy C showed a growing tendency correlative with the number of floors due to a greater need for materials. However, the most impacting scenario was not always the fifteen-story building, but rather the twelve-story building for EP, ODP, HTP and POCP. The same trend was observed for the B-strategy scenarios in all impact categories analyzed (Figure 3). This was due to the behavior of the building reinforcement. The reinforcement required to support the weight of the tank affected the upper building structure and the foundations, but these two locations had different performances when more floors are added to the building. The upper structure requires more strengthening (more steel is added) when the building becomes taller, following a linear growth pattern. In contrast, the reinforcement requirements of the foundations were directly related to the tank area, which remained constant with the building height; therefore, the added amount of reinforcement (mainly concrete) was smaller when the number of floors increased. Hence, from the twelve-story building on, less reinforcing steel and concrete were required to support the weight of the tank, according to the design parameters and building standards included in CYPE (2011). In relative

terms, this means that the difference of material required was smaller for the fifteen-story building compared to the requirements of the twelve-story building.

Moreover, unlike in the U scenarios, strategy B performed environmentally worse than strategy C for the six- and nine-story building scenarios (except for ADP and CED) and in three out of seven impact categories (EP, ODP and HTP) for the twelve-story building, with differences that ranged from 1% to 13%. These results were due to the nature of the water supply and demand, which remained constant with the building height for B strategies and always supplied to a fixed number of apartments. Thus, the use of rainwater was less efficient because more rainwater was disposed of. In contrast, in the C strategies, the amount of water available per building increased in line with the building height and resulted in lower relative impacts when compared to the B strategies. In this case, the contribution of the storage stage to the total impacts compensated the need for more pipes (Table 2). However, in absolute terms the differences were not significant compared to the underground tank impact results.

3.2.3 Comparison of roof and underground tank scenarios

Figure 4 represents the environmental performance of the best U scenario, based on a centralized laundry (AU), compared with the worst R scenario, with a distribution to all apartments in the building (CR), presented for each impact category. The absolute values for CR were generally better than the best AU option. The greatest difference was found in ODP and HTP, where CR displayed 66% lower impacts than AU. However, CR had a negative performance in ADP and CED. In the case of ADP, the waterproof sheet installed at the base of the roof tank to avoid infiltration and the PP distribution pipes, which increases in amount with building height to supply water to all the apartments (strategy C), had the most significant contribution (accounting for up to 91% of the total in most indicators). A similar converging trend was observed for the GWP and POCP.

Fig4

Absolute results indicated that, in general, the U scenarios presented greater impacts than their R equivalents in all impact categories. This was especially notable in distribution strategy C because, for underground tanks, the impacts increased following a polynomial trend related to the number of floors in the building. This increase was associated with the pumping energy consumption for the 50 years span of the infrastructure, which was not required in R scenarios where water had a gravitational flow. Distributing water to a laundry room (A) was the most environmentally

efficient option and was most likely the most cost-efficient option as well. The planning and implementation of RWH infrastructures should therefore take into account a proper collective demand management of the building in compact-density urban settlements.

3.2.4 Contribution of the life-cycle stages

The GWP impact category was chosen because of its current importance in climate change in exemplifying the contribution of each life-cycle stage of the RWH infrastructure. Nevertheless, all impact categories analyzed generally showed similar trends.

Table 2

For the R scenarios, the storage system was the main contributor to the GWP impacts of RWH infrastructures in all building heights due to the reinforcement required to withstand the weight of the tank and the water (Angrill et al. 2012). The relevance of the storage stage decreased with a distribution strategy focused on the nearest floors (B) (81% contributor to the impact compared to 95% in A). The distribution stage became even more relevant in strategy C, for which the storage loads account for 54% to 76%, depending on the number of floors in the building. This fact was due to the progressive importance of PP distribution pipes in strategy C for taller building heights and the lesser importance of the reinforcement, which does not grow linearly with the number of floors. Indeed, it can be concluded that building height was not relevant to reinforcement requirements because these can be accounted for within the safety factors of the building structure without the tank; therefore, they are negligible compared to the whole building. Therefore, it is not necessary to consider depreciation in the new construction for the roof tank scenarios because it can be considered to be within the payback period of the building (Farreny et al. 2011a). For the U scenarios, the distribution strategy was the main contributor in scenarios where rainwater was supplied to all the apartments in the building (C). There were differences of magnitude by building height (accounting for 45% to 81% of the total), a fact strongly related to the pumping energy requirements associated with the whole lifespan of the infrastructure to deliver rainwater to taller buildings (Angrill et al. 2012).

The absolute values for the GWP category highlighted that the U scenarios were less preferable in environmental terms when compared to the R strategies. The roof tank scenarios reduced their impact between 33% and 42% in the A distribution strategies, depending on the building height considered, from 42% to 48% in the B strategies and even

more in the C strategies (decreasing from 51% to 76%) (Table 2). We can conclude that the R scenarios would have the lowest impact, being a centralized laundry room (A) always preferable.

3.3 Regional-scale effects on RWH

Rainfall patterns affect the design of RWH infrastructure. This analysis was conducted under Mediterranean climatic conditions, characterized by frequent dry long periods and intense rain events that can involve more than 50% of the annual precipitation. These rain peaks allow an increase in the water supply together with the building height. However, in Spain there are three other climatic regions with different rainfall patterns. For instance, Murcia is a Semi-arid region, Madrid is Continental and Santiago de Compostela has an Atlantic climate with intense precipitations. Applying the same tank size (25 m³), the demand met in these areas under the same building conditions was different (see Online Resource 4). RWH was able to supply at least 50% of the demand in Santiago de Compostela – 89% in the case of B strategies -, whereas in Murcia a redesign of the tank was needed, because it provided a maximum of 30%. From this perspective, an in-depth analysis should determine the most eco-efficient strategies and designs depending on local conditions and environmental costs.

Regionalization might also alter the benefits of RWH with respect to conventional supply systems. In this sense, treatment technologies might be different depending on the type of city, location, climate and water availability. For example, the benefits of RWH in Murcia might be higher than in other areas, because droughts increase the need for desalination plants, which are more energy intensive than other conventional treatment plants (Stokes and Horvath 2006). Thus, future studies should assess the feasibility of RWH considering the water treatment associated with each climatic region. In addition, the effects of implementing RWH at urban scale are greater, because smaller distribution pipes might be needed to supplement rainwater, and there is a reduction in the stormwater runoff and flooding events. In this case, an analysis at neighborhood scale might shed light on the net benefits of RWH.

4. Conclusions

In this paper, the best strategies for meeting the rainwater demand for laundry in a building were assessed from an environmental standpoint. Results indicate that a roof tank is in all the examined cases less environmentally detrimental than an underground tank. For instance, for a 15-story building with harvested water distribution to all the apartments, the reductions in impacts due to tank location range from 61% to 89%, depending on the impact category.

A roof tank location enhances energy and material savings and most likely contributes to more energy-efficient buildings because the water in the tank may act as a thermal insulator. Further studies should address this issue to determine indirect benefits of RWH.

The distribution strategy chosen was found to be the most important factor in the optimization of RWH infrastructures. Within the roof tank scenarios, a distribution strategy that concentrates demand in the ground floor, enabling water to flow by gravity to the washing machines, was the environmentally optimal option resulting in impact reductions from 25% to 54% depending on the building height.

This laundry strategy that concentrates all demand in a laundry room is well known in the service sector, being currently used worldwide in penal institutions, hotels, university campuses and nursing homes. However, it has never been a widespread practice in residential buildings of developed Mediterranean countries, which are highly water-demanding due to their easy access to potable water and which, simultaneously, suffer from frequent water shortages. Therefore, a behavioral change on demand should be promoted to a more sustainable and environmentally conscious society that optimizes resources and reduces its footprint.

Additionally, the effects of regional features on the actual feasibility of RWH (i.e., rainfall patterns and water supply) should be thoroughly analyzed. First, the differences in rainfall patterns result in more or less rainwater harvested that meets the laundry demand. As a result, the tank sizing will be different given a constant demand and the environmental impacts will vary. Second, depending on the water scarcity, the net benefits of RWH might also change according to the water treatment technologies used in the area. In this case, a Semi-arid region might benefit from a smaller tank and the net benefit might be high because of the substitution of desalination plants. Future studies should address these issues more thoroughly and extend the assessment at the neighborhood scale. This analysis did not include water-related indicators because of the nature of the assessment (i.e., construction and operation of RWH at a building scale). However, when comparing to conventional water supply, additional water indicators such as the water footprint could provide more information about the suitability of each system in the context of the water cycle.

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FIGURE CAPTIONS

Fig1 Front view of the three distribution strategies proposed for the roof (R) and underground (U) tank scenarios represented on the fifteen-story-building structure: A (laundry room), B (nearest floors) and C (all building)

Fig2 Impact assessment comparison of underground-tank scenarios (U) for each building height (6, 9, 12 and 15 floors) and distribution strategy (A-laundry room; B-nearest floors; C-all building)

Fig3 Impact assessment comparison of roof-tank scenarios (R) for each building height (6, 9, 12 and 15 floors) and distribution strategy (A-laundry room; B-nearest floors; C-all building)

Fig4 Impact assessment comparison of the underground-tank scenarios (AU) and the roof-tank scenarios (CR) for each building height and impact category

TABLE CAPTIONS

Table 1 Inventory data of stages (catchment, storage and distribution) and supply and demand characteristics for the roof (R) and underground (U) tank scenarios and for each building height

Table 2 Impact contribution of all stages within each building height for each distribution strategy and tank location (R- roof and U-underground tank) according to the GWP category

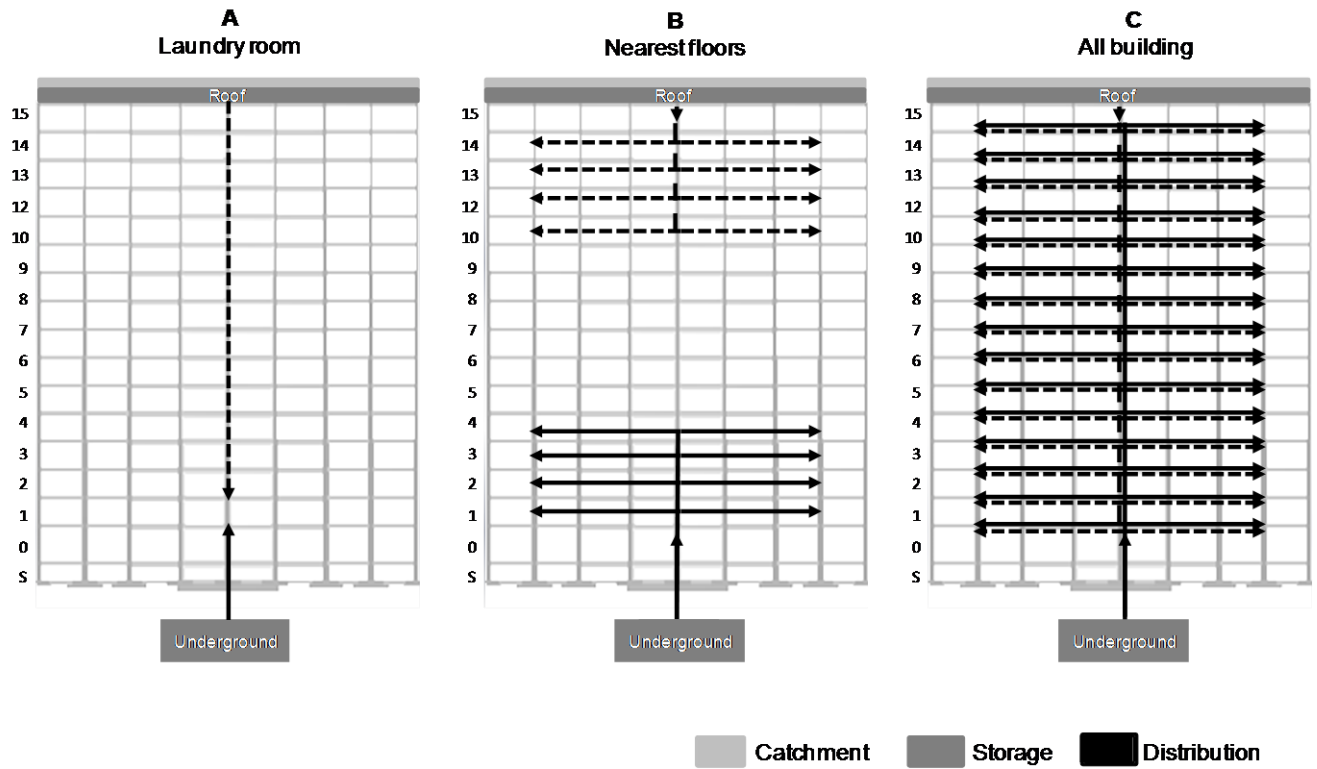


Fig1 Front view of the three distribution strategies proposed for the roof (R) and underground (U) tank scenarios represented on the fifteen-story-building structure: A (laundry room), B (nearest floors) and C (all building)

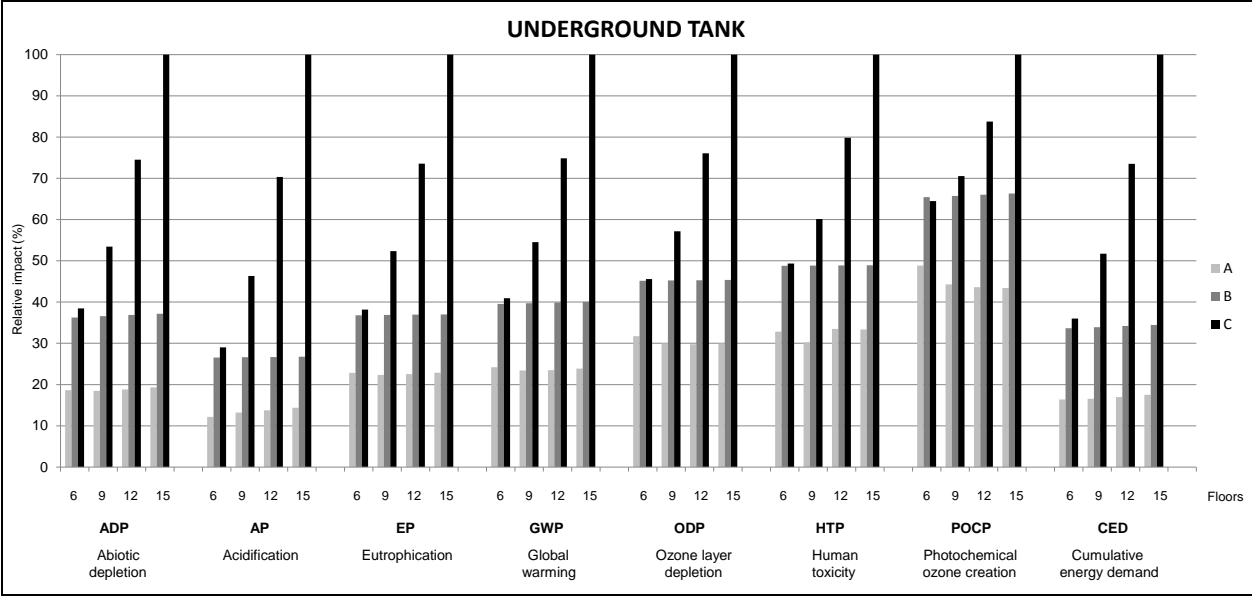


Fig2 Impact assessment comparison of underground tank scenarios (U) for each building height (6, 9, 12 and 15 floors) and distribution strategy (A-laundry room; B-nearest floors; C-all building)

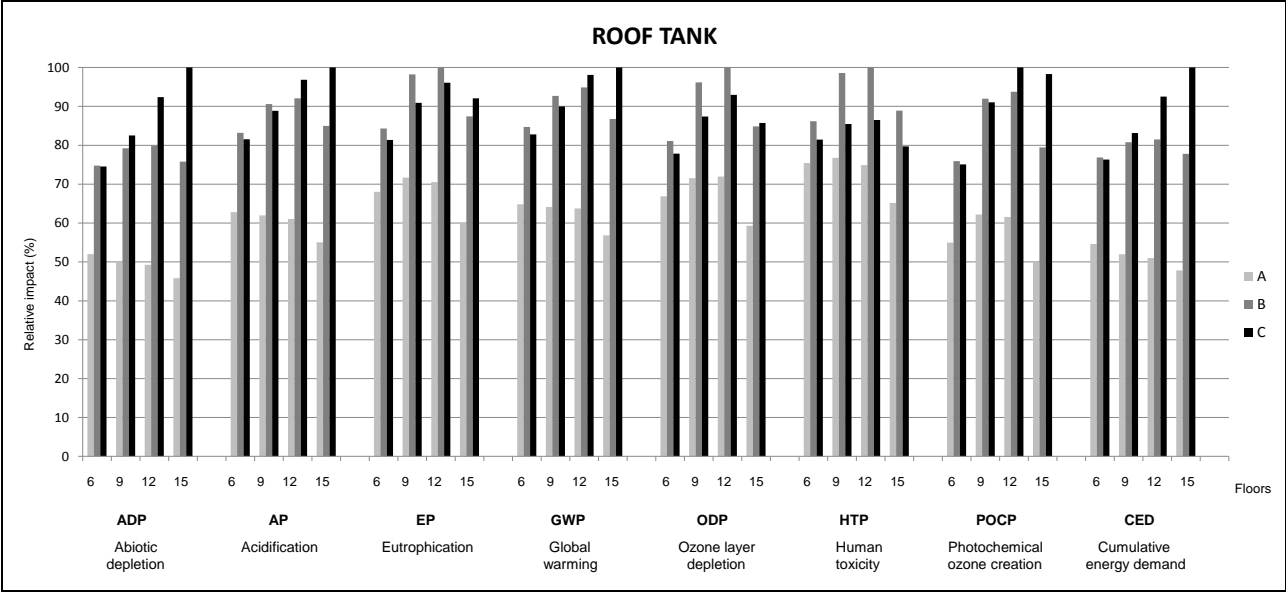


Fig3 Impact assessment comparison of roof tank scenarios (R) for each building height (6, 9, 12 and 15 floors) and distribution strategy (A-laundry room; B-nearest floors; C-all building)

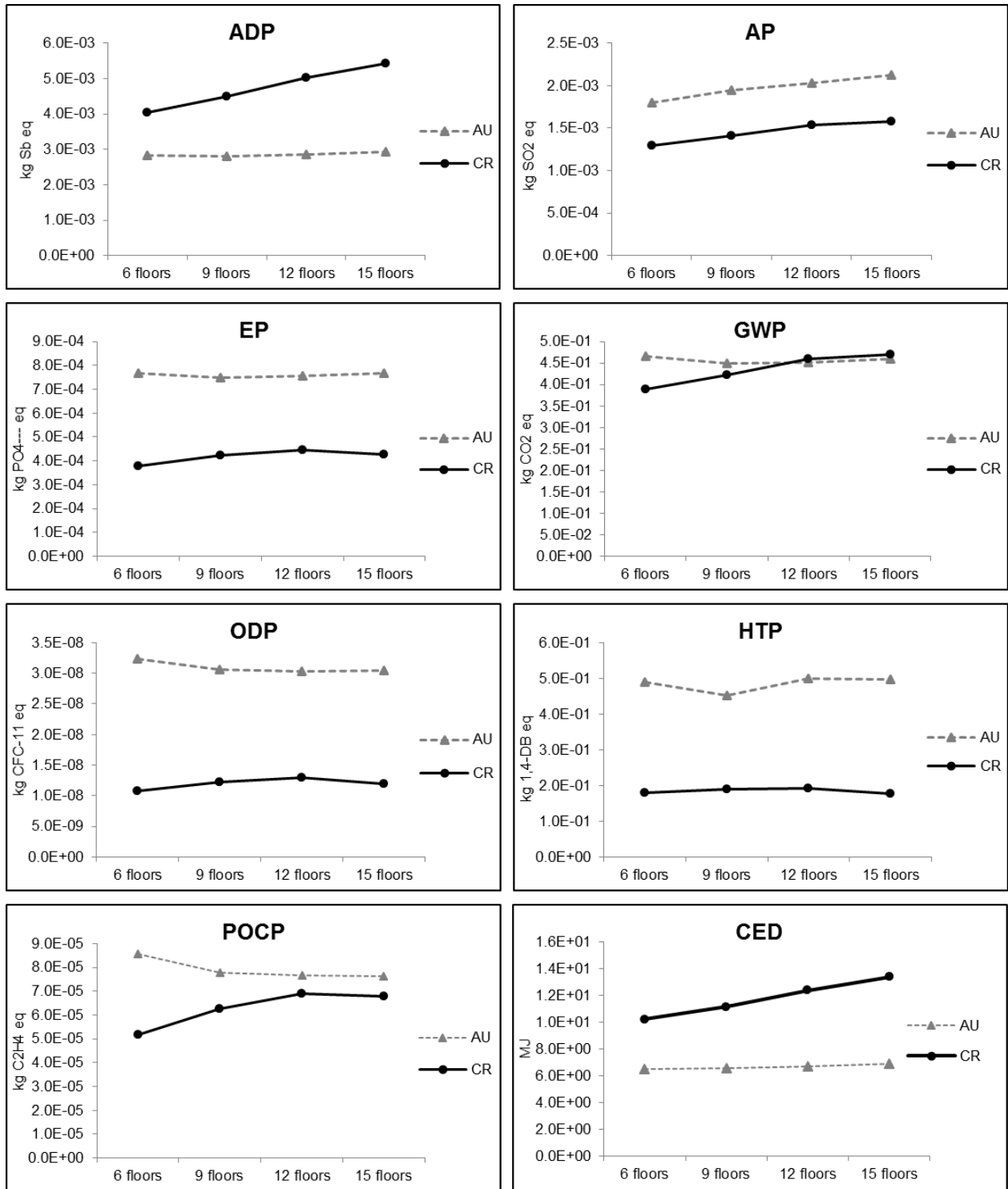


Fig4 Impact assessment comparison of the underground-tank scenarios (AU) and the roof-tank scenarios (CR) for each building height and impact category

Table 1 Inventory data of stages (catchment, storage and distribution) and supply and demand characteristics for the roof (R) and underground (U) tank scenarios and for each building height

		ROOF TANK (R)				UNDERGROUND TANK (U)					
		6 floors	9 floors	12 floors	15 floors	6 floors	9 floors	12 floors	15 floors		
Stage	CATCHMENT	Gutter (m)		0	0	0	0	63	63	63	63
		Downpipe (m)		0	0	0	0	23	31	39	48
	STORAGE	Tank volume (m ³)		25	25	25	25	25	25	25	25
	DISTRIBUTION	Distribution pipes (m)	A (Laundry room)	26	34	42	51	18	18	18	18
			B (Nearest floors)	211	211	211	211	222	222	222	222
			C (All building)	264	422	580	738	274	432	590	749
		Pump (items)		0	0	0	0	1	1	1	1
	Apartments per building	Number of apartments per building		30	48	66	84	30	48	66	84
	Water demand per building	A and C		465	744	1,023	1,302	465	744	1,023	1,302
		B		372							
Total water supply	Water supplied per year and building (m ³)	A and C	279	320	338	339	279	320	338	339	
		B	260	260	260	260	260	260	260	260	
Demand satisfied	Demand satisfied per building (%)	A and C	60	43	33	26	60	43	33	26	
		B	70	70	70	70	70	70	70	70	

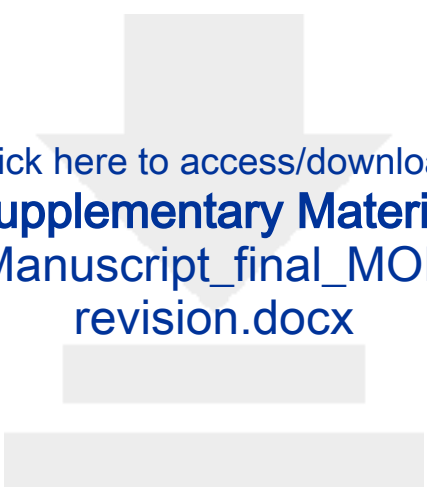
Table 2 Impact contribution of all stages within each building height for each distribution strategy and tank location (R- roof and U-underground tank) according to the GWP category

Building height		Distribution strategy	A. Laundry room		B. Nearest floors		C. All Building	
			R	U	R	U	R	U
6 FLOORS	HARVESTING (%)	0.0	19.6	0.0	12.9	0.0	11.6	
	STORAGE (%)	96.9	73.1	79.8	48.1	75.9	43.2	
	DISTRIBUTION (%)	3.1	7.3	20.2	39.0	24.1	45.2	
	Total absolute value (kg CO ₂ eq.)	3.0E-01	4.7E-01	4.0E-01	7.6E-01	3.9E-01	7.9E-01	
9 FLOORS	HARVESTING (%)	0.0	18.4	0.0	13.3	0.0	7.9	
	STORAGE (%)	96.4	66.6	81.5	47.9	68.8	28.6	
	DISTRIBUTION (%)	3.6	15.0	18.5	38.8	31.2	63.5	
	Total absolute value (kg CO ₂ eq.)	3.0E-01	4.5E-01	4.4E-01	7.6E-01	4.2E-01	1.0E+00	
12 FLOORS	HARVESTING (%)	0.0	18.1	0.0	13.6	0.0	5.7	
	STORAGE (%)	95.7	63.6	81.9	47.7	62.2	20.0	
	DISTRIBUTION (%)	4.3	18.3	18.1	38.7	37.8	74.3	
	Total absolute value (kg CO ₂ eq.)	3.0E-01	4.5E-01	4.4E-01	7.7E-01	4.6E-01	1.4E+00	
15 FLOORS	HARVESTING (%)	0.0	18.1	0.0	14.0	0.0	4.3	
	STORAGE (%)	94.4	61.5	80.2	47.5	53.7	14.7	
	DISTRIBUTION (%)	5.6	20.4	19.8	38.5	46.3	81.0	
	Total absolute value (kg CO ₂ eq.)	2.7E-01	4.6E-01	4.1E-01	7.7E-01	4.7E-01	1.9E+00	



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