# Different Organization of Type I Collagen Immobilized on Silanized and Non-Silanized Titanium Surfaces Affects Fibroblast Adhesion and Fibronectin Secretion

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Different Organization of Type I Collagen

Immobilized on Silanized and Non-Silanized Titanium Surfaces Affects Fibroblast Adhesion and Fibronectin Secretion

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ABSTRACT:

Silanization has emerged in recent years as a way to obtain a stronger and more stable attachment of biomolecules to metallic substrates. However, its impact on protein conformation, a key aspect that influences cell response, has hardly been studied. In this work we analyzed by AFM the distribution and conformation of type I collagen on plasma treated surfaces before and after silanization. Subsequently, we investigated the effect of the different collagen conformations on fibroblasts adhesion and fibronectin secretion by immunofluorescence analyses. Two different organosilanes were used on plasma-treated titanium surfaces, either 3-chloropropyl-triethoxy-silane (CPTES), or 3-Glycidyloxypropyl-triethoxy-silane (GPTES). The properties and amount of the adsorbed collagen was assessed by contact angle, XPS, OWLS and AFM.

AFM studies revealed different conformations of type I collagen depending on the silane employed. Collagen was organized in fibrillar networks over very hydrophilic (plasma treated titanium) or hydrophobic (silanized with CPTES) surfaces, the latter forming little globules with a beads-on-a-string appearance, whereas over surfaces presenting an intermediate hydrophobic character (silanized with GPTES), collagen was organized into clusters with a size increasing at higher protein concentration in solution.

Cell response was strongly affected by collagen conformation, especially at low collagen density. The samples exhibiting collagen organized in globular clusters (GPTES-functionalized samples) favored a faster and better fibroblast adhesion, as well as better cell spreading, focal adhesions formation and more pronounced fibronectin fibrillogenesis. In contrast, when a certain protein concentration was reached at the material surface the effect of collagen conformation was masked, and similar fibroblast response was observed in all samples.
KEYWORDS: collagen conformation, Atomic force microscopy, silanization, fibronectin, fibroblast, adhesion, titanium, dental implant

1. INTRODUCTION

An appropriate cellular response to implant surfaces is essential for a good in vivo performance. Dental implants interact both with bone and gingival tissues. Whereas bone integration is essential to ensure a good mechanical fixation of the implant, the good integration with the mucosal tissue of the gingiva is critical to guarantee a good biological sealing which avoids bacteria colonization of the dental implant.\(^1\)\(^-\)\(^3\) Surface functionalization with extracellular matrix (ECM) proteins has proven to be a good strategy to provide cellular attachment sites.\(^4\)\(^-\)\(^6\) Recently, the immobilization of type I collagen, the main constituent of the gingival tissue, on implant surfaces has been described as a route to improve fibroblast response and to accelerate the healing processes of the gingival mucosal tissue.\(^7\)\(^-\)\(^9\)

The chemistry of the underlying substrate (particularly as it affects wettability and surface charge) has a significant effect on the structural features of the adsorbed protein layer.\(^10\)\(^-\)\(^12\) Interfacial electrostatic and hydrophobic interactions can be large enough to significantly alter the density, conformation, orientation and mobility of the proteins that make up the adsorbed layer.\(^13\)\(^,\)\(^14\) Several studies have shown the effect of surface chemistry on the adsorption of ECM proteins such as fibronectin,\(^15\)\(^,\)\(^16\) fibrinogen\(^17\) and laminin,\(^18\) and how alterations in protein adsorption can influence fibroblast response.\(^19\)\(^,\)\(^20\) At the same time, surface-induced alterations in protein structure can greatly influence the nature of the ligands and other ECM signals presented to the cells.\(^21\) Several studies using alkanethiol self-assembled monolayers with different
functional groups (CH₃, OH, COOH, and NH₂) have been performed to determine the effects of surface properties on cell response. Most of these studies examine the effect of surface chemistry on wettability and subsequent effects on protein adsorption and cell adhesion by the number of adherent cells, morphology, and immunofluorescent staining after several hours of incubation.

More specifically, the effect of substrate surface chemistry on the adsorption of collagen from solution has been addressed in other studies, concluding that the amount of adsorbed collagen and its structure is particularly influenced by the wettability of the surface. Besides physisorption, covalent binding of proteins through the use of silanes has emerged in recent years as an attractive way to functionalize metallic substrates. In this strategy, a pre-treatment of the surface is performed, in order to facilitate the formation of covalent bonds between the protein and the substrate. Organosilanes exhibit a “tail” capable of binding the hydroxyl groups present on the metal surface and, in the other end, a “head” functional group for binding the desired molecules. The advantage of this approach, compared to physisorption, is that it may offer a stronger and more stable attachment of biomolecules. Previous studies have demonstrated through several analytical techniques (XPS, fluorescence labeling), that collagen immobilized on silanized titanium surfaces exhibited a significantly higher stability than physisorbed collagen, suggesting that covalent binding was occurring at the metal surface. In addition to producing more stable bonds and affecting the amount of immobilized protein, the novel surface chemistry is expected to affect the conformation of the protein.

Even if some efforts have been devoted to study the effect of some surface properties on the morphology of adsorbed collagen (type I and IV) and cell response, the influence of silanized titanium surfaces on type I collagen conformation and their subsequent effect on
fibroblast behaviour have not been addressed yet. In this study, we focus specifically on how silanization, which is aimed at obtaining a stronger bonding between collagen and the surface, influences the distribution and conformation of type I collagen, and in turn affects fibroblasts adhesion and fibronectin secretion. We used several methods to prepare substrates with systematic variations in surface chemistry and examined the properties and amount of the adsorbed collagen with contact angle, XPS, OWLS and AFM. Fibroblast adhesion and fibronectin fibrillogenesis were also evaluated through immunofluorescence analyses.

2. MATERIALS AND METHODS

2.1. Titanium preparation

The samples used in this study were commercially pure Grade 2 Titanium (Ti) discs with 9 mm diameter and 2–3 mm thickness (Zapp AG, Ratingen-Germany). The surface was finished and polished with 1200 and 4000 grit silicon carbide paper, and subsequently with colloidal silica (0.06 µm). Then, the discs were immersed in a sodium hydroxide – acetone solution (Sigma–Aldrich, Madrid-Spain), and washed in an ultrasonic bath for 5 min, followed by further cleaning by ultrasonication in cyclohexane, isopropanol, ethanol, deionized water (Mili-Q Plus) and acetone (Sigma–Aldrich, Madrid, Spain) to remove organic and inorganic impurities. After drying the samples with N₂ gas, the polished surfaces were activated in an O₂ plasma cleaner (PDC-002, Harrick Scientific Corporation, USA) for 5 minutes (PL). This treatment effectively removes contaminants and forms reactive hydroxyl groups on the surface, beneficial for further chemical modification.

2.2. Silanization
The clean plasma-pretreated Ti surfaces were silanized using two different organosilanes, either 3-chloropropyl-triethoxy-silane (CPTES), or 3-Glycidyloxypropyl-triethoxy-silane (GPTES). The samples were divided in two groups, and immersed for 1 h at room temperature (RT) in a pentane solution containing either i) 0.05 M of N,N Diisopropyl-ethyl-amine (DIEA) and 0.5 M of CPTES, which has a chlorine (-Cl) as a functional group; or ii) 0.5 M of GPTES, which has an epoxy group (-CHCH2O) as a functional group. All chemicals were purchased from Sigma-Aldrich, Madrid-Spain. Afterwards, the silanized samples were ultrasonicated successively in iso-propanol, ethanol, deionized water (Mili-Q Plus) and acetone to remove non-covalent surface bound adsorbed molecules, and dried with N₂ gas.

2.3. Collagen immobilization

Type I collagen was immobilized on the plasma-pretreated samples and on the samples silanized either with CPTES or GPTES. Type I Collagen, obtained from bovine pericardium as described elsewhere, was dissolved in acetic acid 0.05 M, and the pH adjusted to c.a. 6 with sodium hydroxide 0.01 M. Solutions with different concentrations of collagen (between 2.5 to 150 µg/mL) and same pH ≈ 6 were prepared to evaluate the evolution of collagen immobilization as a function of collagen concentration. The samples were immersed into these solutions, during different adsorption times, to evaluate the effect of these conditions onto collagen morphology over the surface. After removing the samples from the solution, they were rinsed twice with a 0.05 M acetic acid solution to remove excess of adsorbed collagen, and dried under N₂ flow. The nomenclature used throughout the article to identify the different surfaces studied is summarized in Table 1.

<p>| Table 1. Nomenclature for modified Ti Surfaces |</p>
<table>
<thead>
<tr>
<th>Groups</th>
<th>Sample description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ti</td>
<td>Commercially pure Ti, untreated (just polished)</td>
</tr>
<tr>
<td>Activated</td>
<td></td>
</tr>
<tr>
<td>PL</td>
<td>Polished Ti treated with oxygen plasma cleaner</td>
</tr>
<tr>
<td>Silanized</td>
<td></td>
</tr>
<tr>
<td>PL-CP</td>
<td>PL followed by silanization with CPTES</td>
</tr>
<tr>
<td>PL-GP</td>
<td>PL followed by silanization with GPTES</td>
</tr>
<tr>
<td>Collagen coated</td>
<td></td>
</tr>
<tr>
<td>PL-col</td>
<td>PL with collagen (physisorption)</td>
</tr>
<tr>
<td>PL-CP-col</td>
<td>PL-CP with collagen (covalent immobilization)</td>
</tr>
<tr>
<td>PL-GP-col</td>
<td>PL-GP with collagen (covalent immobilization)</td>
</tr>
</tbody>
</table>

**2.4. Surface Characterization**

**2.4.1 Contact angle**

To determine the wettability of the different substrates, static contact angle measurements were performed using the Sessile Drop method in a contact angle video based system OCA15plus Video-Based Contact Angle System (Dataphysics, Germany) and analyzed with the SCA20 software (Dataphysics Instruments GMBH, Germany). The liquid used for contact angle measurements was Milli-Q water (MilliQ, Millipore, Germany) at RT. Samples were introduced in a water vapor saturated chamber and 3 µL drops were deposited at random over the substrate surface. Contact angles were measured immediately after drop deposition. Three readings were taken on each test specimen and the experiment was performed in triplicate for each condition.

**2.4.2 Surface analysis by X-ray photoelectron spectroscopy (XPS)**
The samples were analyzed by XPS after plasma treatment and subsequent silanization with CPTES or GPTES. XPS was performed with a SPECS system equipped with an Al anode XR50 source operating at 150 W and a Phoibos 150 MCD-9 detector XP. Samples were directly fixed onto the sample holder with double-sided carbon tape. Spectra were recorded with pass energy of 25 eV at 0.1 eV steps at a pressure below \(6 \times 10^{-9}\) mbar and binding energies were referred to the C 1s signal. The binding energies were corrected by referencing the adventitious C 1s peak maximum at 284.8 eV for all the specimens used in this study. Measured intensities (peak areas) were converted to normalized intensities by atomic sensitivity factors from which atomic compositions of surfaces were calculated. The average values obtained from three substrate replicates are reported.

### 2.4.3 Optical Waveguide Lightmode Spectroscopy (OWLS)

To measure the amount of adhered collagen on each of the modified titanium surfaces, the adsorption process at the solid/liquid interface was assessed using an OWLS instrument (OWLS2400 MicroVacuum, Budapest-Hungary). This technique detects changes in the effective refractive index occurring within a sensor and are converted into adsorbed mass using the de Feijter’s formula.\(^{39}\) The optical grating coupler sensor chip consisted of SiO\(_2\) as base substrate, coated with TiO\(_2\). Prior to measurements, the TiO\(_2\)-coated sensor waveguides were subjected to oxygen plasma and silanized as described above. To obtain a stable baseline, the clean sensor was incubated at RT in a 10 mM HEPES buffer solution supplemented with 150 mM NaCl until the signal was stabilized. Temperature was equilibrated at 37°C until the signal was stabilized. Afterwards, the collagen solution was injected and left in contact with the waveguide for 10 minutes and overnight, to monitor collagen adsorption at different time points.
and collagen concentrations. Subsequently the waveguide was rinsed with acetic acid to remove unbound collagen, after which HEPES buffer solution was injected until signal stabilization. The uncoupling angles, RTM and RTE, were recorded and converted to refractive indices (NTM, NTE) by the manufacturer supplied software. The experiment was performed in triplicate for each condition.

2.4.4 AFM

The NanoScope III AFM from Digital Instruments (Santa Barbara, CA, USA) was used in the tapping mode in air to follow the collagen adsorption profile and the morphology of the adsorbed protein layer. Si cantilevers from Veeco (Manchester, UK) were used, with a force constant of 2.8 N/m and a resonance frequency of 75 kHz. The phase signal was set to zero at the resonance frequency of the tip. The tapping frequency was 5-10% lower than the resonance frequency. Drive amplitude was 200 mV and the amplitude set-point was 1.4 V. The ratio between the amplitude set-point and the free amplitude was kept equal to 0.7. Several AFM images were analyzed using the NanoScope software (version 1.4 of 2011) to observe the topography of uncoated titanium surfaces, as well as of collagen coated samples.

AFM was used to evaluate how the different treatments performed on the titanium surfaces affect the morphology of adsorbed collagen. Each treatment can influence both the dynamics of adsorption and the distribution of collagen upon adsorption. Therefore, several protein concentrations (between 2.5 to 150 µg/mL) were evaluated, setting the immersion time at 10 minutes. With these studies we want to determine the minimal collagen concentration necessary in each case to observe the collagen distribution and conformation and to follow the dynamics of protein adsorption on the surfaces. Particle analysis was performed using the NanoScope
software (version 1.4 of 2011) to identify the presence, size and distance of clusters on the collagen coated surface.

2.5. Cell Adhesion Studies

2.5.1. Cell Culture

Prior to culture, all samples were immersed in a 1% bovine serum albumin solution (BSA, Sigma-Aldrich) in phosphate buffered saline (PBS, Invitrogen) for 30 minutes to avoid unspecific protein binding. Human dermal fibroblasts (HDFs) were incubated on the samples at a concentration of 5000 cells/sample with serum-free medium (Dulbecco’s modified Eagle’s medium, DMEM) supplemented with 1% L-glutamine, 1% penicillin/streptomycin at 37 °C with 5% CO₂ for 4 hours. Fourth to sixth passage cells were used in all experiments. All the experiments were performed twice, with three samples per group. Cell adhesion and spreading on the different Ti surfaces were evaluated by immunostaining, as detailed in the following sections. Additionally, cell proliferation was assessed in the samples that had been previously immersed in 150 µg/mL collagen solution. HDF cells were seeded on the tested surfaces at a density of 32 × 10³ cells/cm² and incubated for 4 h in serum-free medium. Then, the medium was replaced with serum-containing one (10% FBS) and the cells were cultured for 1, 3 and 7 days. Untreated titanium discs were used as a control. Cell number was evaluated by lactate dehydrogenase assay as detailed elsewhere²⁹.

2.5.2. Immunofluorescence

After 4 hours of culture, the culture medium was removed and unattached cells were washed away from the surface with PBS. Cells were fixed with 3% paraformaldehyde in PBS for 30 min
at 4 °C, and washed three times with PBS. After permeabilizing with 0.1% Triton-X in PBS for 5 min at RT and blocking with DPBS/BSA 1 % at RT for 30 min, samples were incubated with a primary antibody for 1 hour at RT; the antibody used to analyze vinculin expression was anti-vinculin (mouse) (hVIN-1, Sigma-Aldrich) 1:400 in DPBS/BSA 1% and to analyze fibronectin expression was anti-fibronectin (rabbit) (polyclonal, Sigma-Aldrich) 1:400 in DPBS/BSA 1%. Samples were washed twice with DPBS/Tween 20. A combination of secondary antibody (Cy3-conjugated goat anti-mouse or antirabbit, respectively, Jackson ImmunoResearch) and phalloidin (1:100) (BODIPY FL, Life Technology) was added and incubated by 1 hour at RT. Finally, after washing the samples with DPBS/Tween 20 three times, a mounting with Vectashield solution containing DAPI (Vector Laboratories) was performed.

### 2.5.3. Analysis of cell images

Cells were visualized and photographed using a fluorescence microscope (NIKON, Japan) and analyzed using the ImageJ software. To determine cell density, 4 images at low magnification (4X) were acquired per sample, which covered the entire area of the sample. Morphological parameters were assessed at higher magnification (20X, 40X and 60X). A minimum of 3 representative images were acquired per sample, this giving a minimum of 9 images per each experimental condition. Cell area and circularity were measured on a minimum of 5 cells per image. The length and number of early fibronectin fibrils were analyzed by adapting a published procedure for the analyses of focal adhesion number, size and length. Images of fibronectin expression were analyzed and only features with an eccentricity higher than 0.95 were considered and identified as fibrillar-like structures.
2.6. Statistical analysis

The experiments for the physical and chemical characterization of the samples were performed in triplicate. Cell culture experiments were performed twice, with three replicates per group. Results are displayed as mean ± SD. ANOVA-Tables with multiple comparison Fisher's test were used to determine statistically-significant (p-value < 0.05) differences between the means of the different groups.

3. RESULTS AND DISCUSSION

3.1. XPS

XPS analyses of the different titanium surfaces are summarized in Table 2. The samples were analyzed after each reaction step, and untreated pure titanium (Ti) was included as a control. A strong decrease in the carbon content was observed after plasma treatment (PL) compared to the untreated titanium (Ti), ascribed to the removal of organic contaminants from the atmosphere. The amount of oxygen increased, consistent with surface cleaning and oxidation. The presence of Na was attributed to contamination caused by the use of NaOH as a cleaning agent, and it decreased after activation and silanization. The presence of small amounts of Si in the Ti and PL samples was due to contamination from the polishing with silicon carbide; whereas the significant increase of Si in the silanized samples (PL-CP, PL-GP), and Cl in the PL-CP, together with a decrease in the levels of Ti is indicative of the formation of a silane layer and a good coverage of the metal surface. As expected, C content increased also in the silanized samples due to the presence of the alkyl chain of the organosilanes, whereas Ti levels decreased in comparison to plasma-treated samples.
Table 2: XPS characterization. Atomic percentages of the untreated (Ti), plasma-treated (PL) and silanized samples (PL-CP and PL-GP). Numbers in brackets indicate standard deviation.

<table>
<thead>
<tr>
<th>Sample</th>
<th>C1s (atomic %)</th>
<th>N1s (atomic %)</th>
<th>O1s (atomic %)</th>
<th>Si2p (atomic %)</th>
<th>Cl2p (atomic %)</th>
<th>Ti2p (atomic %)</th>
<th>Na1s (atomic %)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ti</td>
<td>33.2 (3.3)</td>
<td>0.1 (0.1)</td>
<td>27.8 (1.6)</td>
<td>0.2 (0.2)</td>
<td>0.0</td>
<td>3.5 (0.3)</td>
<td>35.1 (1.3)</td>
</tr>
<tr>
<td>PL</td>
<td>10.0 (3.7)</td>
<td>1.6 (0.4)</td>
<td>48.0 (2.3)</td>
<td>2.1 (1.0)</td>
<td>0.2 (0.1)</td>
<td>16.9 (0.7)</td>
<td>21.5 (3.6)</td>
</tr>
<tr>
<td>PL-CP</td>
<td>21.6 (2.0)</td>
<td>0.6 (0.4)</td>
<td>49.5 (0.6)</td>
<td>4.8 (0.3)</td>
<td>2.3 (0.1)</td>
<td>11.4 (1.3)</td>
<td>9.5 (0.6)</td>
</tr>
<tr>
<td>PL-GP</td>
<td>15.6 (2.8)</td>
<td>0.8 (0.4)</td>
<td>53.9 (0.8)</td>
<td>3.4 (0.6)</td>
<td>0.4 (0.0)</td>
<td>13.4 (1.3)</td>
<td>12.4 (2.8)</td>
</tr>
</tbody>
</table>

The deconvolution of the high-resolution XPS curve of O1s (Fig. 1 and Table 3) shows the evolution of this peak before and after silanization. At least 4 contributions to this peak were identified. O$^2-$ at a binding energy (BE) of 529.9 (peak 1), OH at a BE of 531.0 (peak 2), the combination of H$_2$O/Ti-O-Si at a BE of 532.2 (peak 3). Moreover, another contribution at around 533 eV was attributed to Si-O-Si (peak 4) bonds. PL-CP and PL-GP samples showed an increase in the peak 3 at a binding energy of 532.2 eV, assigned to the Ti-O-Si bonds, thus proving covalent bonding between the organosilane and the metal surface. The percentages corresponding to hydroxyl groups (peak 2, $\approx$ 531 eV) decreased significantly after silanization. In order to compare relative surface coverage among samples the ratios between peaks 3 and 4 over peaks 1 and 2 (ratio$_{(3+4)/(1+2)}$) were evaluated. The atomic percentages of peaks 3 and 4 species in the PL-CP sample, as well as the ratio$_{(3+4)/(1+2)}$ were higher than in the PL-GP sample thus suggesting a higher silanization coverage for PL-CP surfaces (Table 3).
Figure 1: High resolution spectra of the O1s peak obtained for the plasma-treated and silanized samples

Table 3: Atomic percentage of species present in the O1s peak of the samples treated with plasma and silanized

<table>
<thead>
<tr>
<th>O1s peak deconvolution</th>
<th>PL</th>
<th>PL-CP</th>
<th>PL-GP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peak Bond</td>
<td>BE (eV)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1 O2⁻</td>
<td>529.9 ± 0.2</td>
<td>25.2</td>
<td>24.8</td>
</tr>
<tr>
<td>2 OH⁻</td>
<td>531.0 ± 0.1</td>
<td>17.9</td>
<td>5.0</td>
</tr>
<tr>
<td>3 H₂O / Ti-O-Si</td>
<td>532.2 ± 0.2</td>
<td>4.9</td>
<td>17.4</td>
</tr>
<tr>
<td>4 Si-O-Si</td>
<td>533.2 ± 0.1</td>
<td>0</td>
<td>2.3</td>
</tr>
<tr>
<td>3+4/1+2</td>
<td></td>
<td>0.7</td>
<td>0.3</td>
</tr>
</tbody>
</table>

3.2 Contact angle
The water contact angle was measured to assess the influence of wettability on the morphology that collagen adopts on the different Ti surfaces. Untreated Ti samples had a contact angle close to 50º, which was strongly reduced after PL treatment, the surface becoming highly hydrophilic (Fig. 2). The increase in the hydrophilicity of the PL samples can be attributed to the hydroxyl groups introduced on the Ti surfaces and to the removal of the adsorbed contaminants such as hydrocarbons which tend to increase the hydrophobicity of the surface.\textsuperscript{45} After the silanization processes, the surfaces became more hydrophobic due to the presence of alkyl chains with hydrophobic properties in the organosilanes. This effect was more pronounced for PL-CP than for PL-GP. The hydrophobic character of silane depends on different factors; such as the organofunctional group of each silane and the conditions used for their deposition, which may result in a monolayer or a polymerized layer deposition.\textsuperscript{46} In the case of organofunctional group, the chlorine (Cl) present in CPTES has a hydrophobic character, whereas the epoxy group present in GPTES is more hydrophilic due to the presence of an oxygen that can establish hydrogen bonds with water at the surface. Moreover, silanized GPTES surfaces resulted in a lower amount of silane molecules than silanized CPTES surfaces as shown by XPS measurements (Table 2 and 3). This can partially leave free OH\textsuperscript{-} groups to interact with water leading to lower contact angles. After collagen immobilization, all surfaces presented intermediate contact angle values, which are slightly higher for the collagen silanized samples. This finding is consistent with the presence of hydrocarbon chains and hydrophilic functional groups in the collagen molecules,\textsuperscript{47} and with the fact that underlying silanes can be partially exposed on the surface.
AFM analysis showed representative images of the evolution of collagen morphology on the different surfaces (Fig. 3). All images of collagen-coated samples were compared to the non-coated samples (Fig. 3 a, b and c). The dynamics of collagen adsorption was different on each surface, as revealed by the minimum concentration needed to clearly detect collagen on the surface after 10 min of adsorption. On PL-GP surfaces, collagen was adsorbed from solutions of lower concentrations, indicating a faster dynamics of protein adsorption. At 5 µg/mL, the presence of collagen on the surface is already clear. On the other hand, the minimum concentration at which collagen was visible on the surface was 15 µg/mL for PL and 25 µg/mL for PL-CP. Moreover, adsorbed collagen adopted different morphologies on the surfaces: on PL and PL-CP samples collagen formed fibrillar nanonetworks, whereas on PL-GP samples interconnected globular clusters were observed. In the case of PL-CP samples these fibres have a beads-on-a-string morphology. Analyses of particle size and distribution for PL-GP surfaces at
this minimum concentration revealed an average spacing between clusters of 75.99±0.43 nm; on the other hand, no regular structures could be identified on PL-CP and PL samples.

![Figure 3](image)

Figure 3. Evolution of the morphology of collagen adsorbed on chemically modified titanium surfaces, PL (upper row), PL-GP (second row) and PL-CP (bottom row), after 10 min immersion in collagen solutions with increasing concentrations, as observed by height signal in tapping mode AFM. The red box indicates the minimal collagen concentrations where collagen was clearly visible on Ti surfaces, corresponding to 15µg/mL for PL (g), 5µg/mL for PL-GP (h) and 25µg/mL for PL-CP (i). All images have the same lateral size (500nm) and the same height range (max: 7nm, min: -5nm). Distinct morphologies are observed on the different surfaces, smooth collagen fibres on PL (white arrows), rougher fibres showing a beads on a string morphology on PL-CP surfaces (yellow arrows), and globular clusters on PL-GP surfaces (red arrows).
At low concentrations, collagen molecules were difficult to visualize (Fig. 3.d, e and f). As concentration increased, the increase of adhered collagen gradually led to coverage of the entire surfaces (Fig. 3.j, k and l). On PL (Fig. 3 d, g and j, white arrows) and PL-CP sample (Fig. 3 f, i and l, yellow arrows) the thickness of fibres increased with the increase of concentration and on PL-GP samples the globular clusters enlarged and tended to connect to each other (Fig. 3 e, h and k, red arrows). Increasing concentration to 150 µg/mL and the immersion time to 16 hours (ON: overnight) led to an increase in the length and thickness of the fibres on treated plasma and silanized CPTES samples (Fig. 3 m and o), whereas on silanized GPTES samples the globular aggregates became lengthened and connected (Fig. 3 n). Multiple layers of protein are likely to be formed.

Some parameters that have been shown to influence the morphology of immobilized biomolecules are surface chemistry and wettability.\textsuperscript{10–12,24–26} In our case, both highly hydrophilic PL samples and highly hydrophobic PL-CP samples induced the formation of a network of collagen nanofibres. In the case of hydrophilic PL surfaces, collagen formed smoother fibres, whereas on hydrophobic CPTES surfaces collagen fibres displayed a beads-on-a-string appearance. This effect has been described in other studies in which the same globular aggregates were observed for collagen type I fibrils immobilized on hydrophobic as compared to hydrophilic surfaces.\textsuperscript{24,25,48,49}

On the other hand, on surfaces of intermediate wettability (PL-GP) collagen was adsorbed in globular aggregates. Similar behaviour was observed in previous studies where the conformation of other proteins, such as fibronectin and collagen type IV, was evaluated in relation to the degree of hydrophobicity of the surfaces. In those studies, protein distribution varied from fibrillar on hydrophobic surfaces to globular aggregates on surfaces with intermediate...
hydrophobicity (ac ≈ 50 °) due to introduction of OH groups on the surface.\textsuperscript{15,23,50} Adamczak et al. reported that the foils of poly(L-lactide-co-glycolide), less hydrophobic than polystyrene, were covered with a granular layer of type I collagen, while collagen formed elongated structures on polystyrene.\textsuperscript{36}

Previous studies have highlighted the effect of other parameters on collagen conformation, such as the hydrodynamic flow at which the protein is deposited onto the surface,\textsuperscript{51,52} anisotropic chemical patterns\textsuperscript{53}, or nanotopography\textsuperscript{12,25}. Thus, Li et. al. obtained a parallel fibre arrangement when type I collagen was adsorbed on tantalum surfaces under a constant flow, and a random collagen network in the absence of flow.\textsuperscript{54} In the present study collagen was deposited by immersing chemically homogeneous samples with similar roughness (RMS roughness < 1 nm) in the collagen solution, and therefore, the absence of hydrodynamic flow, anisotropic chemical or topographical cues is consistent with the organization of collagen into non-oriented networks.

\textbf{3.4 OWLS}

The OWLS studies were used to determine the amount of collagen bound on each surface, depending on the initial collagen concentration in solution. Adhered collagen was quantified on plasma-treated (PL) and silanized titanium surfaces (PL-CP, PL-GP) after 10 minutes (Fig. 4a and b) or 16 hours (Fig. 4c), using either the minimum collagen concentration in solution visible in AFM studies (Fig. 4) (15µg/mL for PL, 5µg/mL for PL-GP and 25µg/mL for PL-CP) (Fig. 4a), or 25 µg/mL (Fig. 4b), or 150 µg/mL collagen solution (Fig. 4c).
Figure 4. Quantification of the amount of type I collagen immobilized on the different modified Ti surfaces through OWLS. Amount of immobilized collagen after 10 minutes, with the minimum collagen concentration in solution for each surface: 15µg/mL on PL, 5µg/mL on PL-GP and 25µg/mL on PL-CP (a). Amount of immobilized collagen after 10 minutes, with a collagen concentration in solution of 25 µg/mL on all surfaces (b). Amount of immobilized collagen after 16 hours, with a collagen concentration in solution of 150 µg/mL on all surfaces (c). The experiment was performed in triplicate for each condition (n=3). Bars indicate standard deviation. Different symbols within each graph stand for statistically significant differences (p < 0.05).
At the minimal collagen concentrations in solution identified through AFM, PL = 15µg/mL, PL-GP = 5µg/mL and PL-CP = 25µg/mL (Fig. 4.a), the surface densities of adsorbed collagen were 138.5 ± 3.4 ng/cm², 134.5 ± 5.2 ng/cm² and 143.1 ± 4.2 ng/cm², respectively. These results indicate that a similar amount of collagen adhered to all samples, although the initial collagen concentrations in solution were different and support the AFM ability to identify collagen adsorption at the lowest concentration of the solution. Although very similar, these amounts are statistically different (p-value < 0.05), and the tendency of the adsorbed collagen follow the order PL-GP < PL < PL-CP.

After immersing also PL-GP and PL samples in a collagen solution with the higher concentration of 25µg/mL for 10 minutes (the concentration used for PL-CP previously), the amount of adsorbed collagen increased on both surfaces, more evidently on PL-GP (216.3 ± 7.5 ng/cm²) than on PL (186.9 ± 4.8 ng/cm²). Therefore, when the same collagen concentration in solution was used, the amount of adsorbed protein was in the order PL-CP < PL < PL-GP, i.e. with more collagen adsorbed on GPTES surfaces than on CPTES ones. These observations are in agreement with the AFM results, which suggested higher adsorption of collagen I on PL-GP compared to PL and the other silanized surface PL-CP.

Comparing the two silanes, apparently the collagen reaction was more efficient with silanized GPTES samples, because this required a much lower collagen concentration in solution to achieve the same amount of protein adhered on silanized CPTES samples. It is important to bear in mind that one end of the organosilane molecules must bind to the hydroxyl groups at the surface of the metal, whereas the other end binds to the collagen molecule through the specific functional group. Thus, in a first step the hydroxyl groups present at the metal surface will act as
nucleophiles towards the Si, liberating the ethoxy leaving group in solution. Once silanized, the surfaces will therefore present an available functional group suitable for further chemical modification. Then, in a second step, the nucleophiles present in type I collagen (e.g. -SH, -OH, -NH) will perform a nucleophilic attack towards the “head” functional groups of CPTES (substitution reaction) or GPTES (substitution reaction and epoxide ring opening) at specific pHs, thus accomplishing the covalent binding. However, since collagen type I molecules can be solubilized in solution only starting from acid pH and tend to precipitate when pH approaches neutrality. On the other hand, in order to undergo a nucleophilic attack, organosilanes require different working pH conditions depending on the nature of the functional group they bear. Specifically, CPTES and GPTES are able to undergo nucleophilic attack at various pHs that range from close to neutrality to basic conditions. Therefore, the best pH compromise for collagen solubilization and nucleophilic attack towards both organosilanes was found to be between 6 and 7. For the employed working conditions, GPTES resulted to be more efficient than CPTES, probably due to the more favourable epoxide ring opening reaction over the nucleophilic substitution that takes place in the case of chlorine in CPTES. Additionally, the CPTES substitution reaction produces HCl, which decreases the pH of the solution. Under acidic pH, the nucleophilic groups of collagen will be protonated, making the nucleophilic attack of silane less efficient.

Finally, when collagen was adsorbed overnight from a solution of concentration 150 µg/mL (Fig. 3c), the adsorbed mass increased on silanized samples (PL-GP = 742.7 ± 17.4 ng/cm² and PL-CP = 1080.1 ± 25.0 ng/cm²) as compared to the plasma-treated ones (649.8 ± 10.0 ng/cm²), suggesting that the collagen bond with silanized surfaces was more efficient and stronger than with the OH groups of the samples treated only with plasma. After overnight exposure, a
good correlation was found between the amount of immobilized collagen and the hydrophobicity of the substrate (Fig. 2), as reported in previous studies.\textsuperscript{10,11,19,23,25,28} Additional factors that could explain the smaller amount of collagen immobilized in the PL-GP surface are the lower silanization coverage eventually limiting the amount of collagen that can be adsorbed from higher concentration solutions and that the epoxy organofunctional group of GPTES is susceptible to hydrolyzation when exposed to acidic aqueous solutions in the long term.\textsuperscript{56} Since the reaction between silanes and collagen is performed at a pH $\approx 6$, it is possible that some GPTES molecules undergo hydrolysis, consequently hampering further collagen bonding.

### 3.5 Fibroblast behaviour as a function of collagen organization and concentration

#### 3.5.1 Fibroblast Adhesion

Figures 5 to 8 show the results for the percentage of attached cells, cell spreading and circularity, as well as some morphological features, like actin cytoskeleton, vinculin and fibronectin expression, of the fibroblasts adhered on the modified titanium surfaces prepared under the same conditions used for the OWLS studies (Fig. 4).

When the amount of adsorbed protein was similar due to adsorption from different minimal collagen concentrations in solution, PL-GP-col samples showed a higher percentage of adhered cells (69.5 $\pm$ 20.4 %) (Fig. 5a), with greater spreading area (412 $\pm$ 57 $\mu$m$^2$) (Fig. 5b) than PL-col (37.6 $\pm$ 11.5 % and 295 $\pm$ 62 $\mu$m$^2$) and PL-CP-col samples (34.1 $\pm$ 10.1% and 331 $\pm$ 58 $\mu$m$^2$).

The analysis of circularity showed that better spreading on PL-GP-col surfaces was due to cell elongation, as indicated by lower circularity compared to the other surfaces (Fig. 5c). Additionally, developed actin filaments were clearly observed only in the cytoskeleton of cells adhered onto PL-GP-col samples (Fig. 6a, b and c).
Considering that under this condition, the adsorbed amount of collagen was similar, and even lower on PL-GP-col surfaces where collagen displayed globular clusters as opposed to the fibres on the other two surfaces, one could infer that the influence of the morphology adopted by the collagen prevailed over the amount of adhered protein. In a previous study, a similar fibroblast behaviour was reported on collagen-coated polystyrene and poly(L-lactide-co-glycolide), although the conformations adopted by collagen on these surfaces were different,\textsuperscript{36} and the amount of collagen immobilized on each surface was not discussed. Elliot et al. reported that the spreading area of the smooth muscle cells (SMCs) was greater on collagen coated OH-terminated surfaces than CH\textsubscript{3}-terminated surfaces. The first presented a smooth film of collagen with occasional large fibres, while the second one formed larger collagen fibres with underlying smaller collagen fibrils.\textsuperscript{11} In our case, it seems that the globular organization of type I collagen on PL-GP-col favoured the adhesion and response of fibroblast-like cells, as confirmed by the higher number of adhered cells, which were more elongated and presented a better development of their cytoskeleton; this suggests that PL-GP-col substrates favor a specific conformation of the collagen molecule that enhances fibroblast adhesion. In fact, it is known that when proteins adsorb on a surface they adopt a given orientation that will determine the part that is in contact with the surface and the part that is exposed to the cells\textsuperscript{56}. Additionally, after adsorption proteins can suffer conformational changes which alter their native structure.\textsuperscript{57,58} This, coupled with the fact that the conformation of adsorbed proteins depend on surface chemistry, can influence the domains exposed to integrins, affecting cell adhesion.\textsuperscript{59,60}
Figure 5. Percentage of attached cells (a), cell area (b) and circularity (c) of fibroblasts cultured on titanium samples biofunctionalized (PL-col, PL-GP-col and PL-CP-col) with the minimum collagen concentrations in solution (15µg/mL-10min for PL, 5µg/mL-10min for GP and 25µg/mL-10min for CP), 25µg/mL-10min for all surfaces and 150µg/mL-ON for all surfaces. Groups identified by the same letters are not statistically different (p > 0.05), comparison between samples within the same condition.
Figure 6. Actin cytoskeleton of fibroblasts cultured on biofunctionalized titanium samples PL-col, PL-GP-col and PL-CP-col with collagen concentrations of 15µg/mL-10min on PL(a), 5µg/mL-10min on GP (b) and 25µg/mL-10min on CP (c), 25µg/mL-10min on all surfaces (d, e and f) and 150µg/mL-ON on all surfaces (g, h and i).

When collagen was adsorbed from solutions with the same concentration (25 µg/mL) for 10 minutes on all samples, cell response remained better on PL-GP-col samples in terms of percentage of adhered cells (81.8 ± 119.6 %) with respect to PL-col (50.6 ± 17.8 %) and PL-CP-col (34.1 ± 10.1 %) samples. This result is consistent with the previous ones, given that the final collagen concentration on PL-GP-col is increased much more respect to the other samples. Again, well-developed actin filaments were observed only in cells adhered onto PL-GP-col samples (Fig.6 d, e and f). No significant difference in circularity or cell area was observed between PL-GP-col (469 ± 99 µm²) and PL-col (415 ± 101 µm²) samples, while cells adhered on
PL-CP-col samples, where the lowest amount of adhered collagen was found, showed the lowest response in terms of all cellular parameters.

Finally, when collagen was adsorbed from a 150 μg/mL solution overnight, the percentage of adhered cells increased and was higher on PL-GP-col (106.0 ± 24.7%) and PL-CP-col (96.3 ± 13.0 %) samples than on PL-col (85.1 ± 22.8 %). Similarly, cell spreading area was higher on collagen covalently adhered on silanized PL-CP-col (1845 ± 1046 μm²) and PL-GP-col (1696 ± 743 μm²) samples than on collagen physisorbed on PL-col (1461 ± 508 μm²). The effect of the different conformations and distributions of collagen obtained on the two silanized surfaces seems to be masked by the increase of adsorbed collagen. Although the two silanized samples presented a significant difference in the amount of adsorbed collagen (1080 ng/cm² on PL-CP-col compared to 743 ng/cm² on PL-GP-col), they induced a similar cell response, thus suggesting that over a certain protein density at the surface there is no further effect over the adhered cells, at least in the range of the studied concentrations. This further confirms that collagen organization plays a positive role on PL-GP-col samples. Concerning the actin cytoskeleton (Fig.6 g, h, and i), all surfaces promoted good cell spreading, with well-developed actin filaments in the cell cytoskeleton. It is also important to note that, under these conditions, the cell area was three times larger than the one of cells adhered on samples with lower amounts of adsorbed collagen (Fig. 5b); moreover, circularity was consistently lower (Fig. 5c), indicating enhanced cell elongation on all surfaces due to the higher amount of adsorbed protein. This indicates that when the amount of adsorbed protein is high enough, cells respond better in terms of adhesion, as demonstrated in other studies. The extent of cell spreading and elongation is an important parameter for the biocompatibility of substrates, being crucial for subsequent behaviours such as proliferation and cellular activation, production and remodelling of the
ECM. Therefore, the use of a high concentration of collagen is justified to obtain a better cell response. Proliferation studies over the course of 7 days revealed similar trends for the three surfaces (Supporting Information, Figure S1).

3.5.2. Focal points formation and fibronectin fibrillogenesis

Vinculin and fibronectin expression can be observed in Figures 7 and 8 for all the evaluated conditions: minimal collagen concentrations, 25µg/mL for 10min and 150µg/mL overnight for all surfaces. When the amount of adsorbed collagen was similar, at the minimal solution concentrations (Fig. 7 a, b and c), some cells with developed focal points could be observed only on PL6GP6col surfaces, confirming that this surface enhances the early adhesion of fibroblasts. Similarly, fibroblasts secreted fibronectin and started to organize it into fibres only on PL-GP-col surfaces (Fig. 8 a, b and c, and Supporting Information, Figures S2 and S3). The presence of fibronectin fibres at the cell filopodia has been attributed to early secretion and organization of fibronectin by cells and is related to cell capacity to secrete and organize an early matrix, which eventually affects the biocompatibility of a surface. On the other hand, on PL-col and PL-CP-col surfaces, fibronectin expression was observed only inside the cell and no fibres were formed. When collagen concentration in solution was increased to 25µg/mL-10min for all samples (Fig. 7 d, e and f), the formation of focal points and organization of small fibronectin fibrils was again observed only for fibroblasts adhered on PL-GP-col samples (Fig. 7e). The assembly of fibronectin matrix is the initial step which orchestrates the assembly of other ECM proteins and promotes cell adhesion, migration and signaling. Our study demonstrates that type I collagen regulates the beginning of the short fibronectin fibres formation, which is the initial step of the extracellular fibronectin matrix assembly. Surfaces that provide for a better cell
adhesion, such as PL-GP-col, allow also for a faster organization of secreted fibronectin. Moreover, fibronectin has domains for interaction with other ECM proteins, including collagen. Studies performed by Dzamba et al. also reported that the α1(I) chain of collagen contains a binding fibronectin region between amino acids residues 757 and 791, which has an influence on the assembly of fibronectin into fibrils.

Figure 7. Vinculin expression of fibroblasts cultured on titanium samples biofunctionalized (PL-col, PL-GP-col and PL-CP-col) with collagen concentrations of 15µg/mL-10min for PL(a), 5µg/mL-10min for GP (b) and 25µg/mL-10min for CP (c), 25µg/mL-10min for all surfaces (d, e and f) and 150µg/mL-ON for all surfaces (g, h and i). Focal points and stress fibres indicated by arrows.
Figure 8. Fibronectin expression of fibroblasts cultured on titanium samples biofunctionalized (PL-col, PL-GP-col and PL-CP-col) with collagen concentrations of 15µg/mL-10min for PL(a), 5µg/mL-10min for GP (b) and 25µg/mL-10min for CP (c), 25µg/mL-10min for all surfaces (d, e and f) and 150µg/mL-ON for all surfaces (g, h and i). Early fibril formation indicated by arrows. Higher magnification of the fibronectin fibrils are shown in Supporting Information, Figure S2.

The results obtained so far suggest that at low collagen concentrations protein conformation on PL-GP-col samples favours cell adhesion and matrix formation; we hypothesize that the cluster organization of collagen provides the adequate signals which stimulate matrix formation activity of fibroblast cultured on PL-GP-col samples. Particularly, the globular organization of collagen upon immobilization on this surface likely presents binding sites for the main collagen integrins of dermal fibroblasts (α_1β_1, α_2β_1) in a conformation that allows integrin clustering and focal...
adhesion formation even at low protein concentrations. Interestingly, the distance between the globular clusters on PL-GP-col samples is in range of 70 nm, which has been indicated as the critical local inter-ligand spacing for integrin clustering and cell adhesion.\textsuperscript{70} Hence, GPTES silanization seems to be the treatment that provides an adequate collagen conformation for enhanced fibroblast response.

However, for longer immersion times and higher collagen concentration, a similarly good cell response, in terms of focal adhesion points (Fig. 7 g, h, and i) and fibronectin fibrillogenesis (Fig. 8 g, h, and i, and Supporting Information Figures S2 and S3), was observed on all samples. The increase of adsorbed collagen seems in this case to mask the effect of the different collagen morphologies.

4. Conclusions

The collagen morphology on each of the studied surfaces was dependent on the degree of surface hydrophobicity. PL (hydrophilic) and PL-CP samples (hydrophobic) showed collagen organization in fibrillar networks. In the case of PL-CP, fibres were in turn formed by little globules, adopting a beads-on-a-string appearance, and increased in thickness with increasing collagen concentration, which was attributed to the high hydrophobicity of this type of surface. On the other hand, PL-GP samples, with an intermediate hydrophobic character, induced collagen organization into clusters which increased in size with increasing protein concentration in solution.

The amount of collagen adhered on modified titanium surfaces was dependent on surface chemistry and the duration of the immersion into the protein solution. For lower collagen concentrations in solution (<25µg/mL) and 10 minutes of immersion, the amount of collagen...
was higher on PL-GP surfaces than on PL-CP and PL surfaces. The differences between these surfaces were the functional groups that interact with the collagen. GPTES silane has an epoxy as a functional group, while CPTES silane has a chlorine and samples treated with plasma have hydroxyl groups on their surfaces, which appears to influence the kinetics of the adsorption. Conversely, for high collagen concentration (≈150µg/ml) and long immersion time, the amount of adhered collagen is higher on PL-CP than on PL-GP samples, probably due to the nature of the reaction kinetics and because the epoxy group of GPTES silane is prone to hydrolyzation in acid medium in the long term.

The samples where collagen was organized in globular clusters (PL-GP samples) supported a faster and better fibroblast adhesion, as well as better cell spreading, focal adhesions formation and more pronounced fibronectin fibrillogenesis. Collagen is likely to be immobilized on these surfaces in a conformation that enhances cell response. When higher amounts of collagen were adsorbed, the effect of the morphology of collagen on fibroblast response was partially masked.

**Supporting Information Available:** Figures S1, S2 and S3. This material is available free of charge via the Internet at http://pubs.acs.org.

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REFERENCES


Table of Contents Graphic

![Image of Table of Contents]

- PL
- PL-GP
- PL-CP

Collagen organization

Fibronectin expression