Poly(ε-caprolactone) films reinforced with chlorhexidine loaded electrospun polylactide microfibers

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Abstract. Poly(ε-caprolactone) (PCL) films reinforced with polylactide (PLA) microfibers were prepared by two methodologies: a) melt pressing of an electrospun PLA mat between two PCL films, and b) melt pressing of a co-electrospun mat composed of PLA microfibers and PCL nanofibers. Electrospinning conditions were selected for each polymer to obtain films loaded with 10, 20 and 30 wt% of PLA. Thermal and mechanical properties varied depending on the preparation method. Thus, PLA crystallinity was higher when films were obtained by the co-electrospinning process, as revealed from DSC and synchrotron X-ray diffraction data since cold crystallization of the highly oriented PLA microfibers was favored in the subsequent heating run when they were in close contact with PCL nanofibers. Samples obtained by co-electrospinning also showed higher mechanical properties (e.g. Young modulus) with increasing PLA load. In this case, fracture surfaces showed significant interactions between fibers and the PCL matrix and decreased fiber pull-out.

All fabrics were also loaded with chlorhexidine (CHX) as a hydrophilic bactericide agent. A delayed release was observed when the drug was only loaded into the electrospun PLA microfibers, and diffusion varied with the method of preparation. In all cases, samples had a clear bactericide effect against Gram positive and Gram negative bacteria. Nevertheless, the protective effect was slightly lower when CHX was only loaded in the reinforcing PLA microfibers.

Keywords: reinforcements, electrospinning, poly(ε-caprolactone), polylactide, bactericide effect

1. Introduction

Electrospinning is a technique that allows fibers having diameters from a nanometric to a micrometric scale to be obtained from a wide range of polymeric materials and for multiple applications mainly in the biomedical field when biodegradable and biocompatible polymers are involved [1–11]. In fact, the derived mats can mimic the extracellular matrix, be used with some advantages in tissue regeneration, encapsulate drugs for local and sustained release, and allow surface modification and development of nanosensors [12].

The advantage of this technique is also linked to its great versatility and simplicity. Basically, this electrostatic technique only involves the use of a high voltage field to charge the surface of a polymer solution droplet that is held at the end of a capillary tube, in such a way that a liquid jet is ejected towards a grounded target (collector) placed at a fixed distance. The success of the process mainly depends on solution properties (i.e. polymer concentration, nature of the solvent, conductivity and viscosity of the solution) and operational parameters (i.e. diameter of the needle, applied voltage, tip-collector distance and flow rate) [3, 5–8].

Electrospun micro/nanofibers can also be used as reinforcing materials for biodegradable matrices with low mechanical properties [13–18]. This feature

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appears highly interesting when these weak matrices must be loaded with pharmacological agents since the incorporated drugs usually lead to a significant loss of material properties. Reinforced and drug loaded composites have been prepared by a melt compression technique (method 1) [16], supporting the achieved results the formulated expectations. According to this method, a fibrous mat of the hard reinforcing polymer (e.g. polylactide, PLA) is placed between two sheets of the soft polymer (e.g. poly(ε-caprolactone), PCL) that will constitute the matrix after molding at a temperature higher than its melting point and lower than that of the electrospun fibers (Figure 1).

It has also been proved that the addition of electrospun fibers of nylon 6 and polyvinylpirrolidone improved the physical and mechanical properties and allowed tuning the biodegradation behavior of poly(ε-caprolactone) [17, 18]. In addition, nylon electrospun fibers have also been evaluated as appropriate fillers to drastically improve mechanical properties of biodegradable polylactide (i.e. the Young modulus increased up to 3-fold with respect the neat polymer) despite in this case the application is not so clear due to the inherent good properties of the polymer matrix [19]. Similar reinforced laminates based on non-degradable materials have also been studied. It was demonstrated that electrospun fibers can effectively increase the impact properties of composites because of the good load distribution behavior of fibers and the absence of interleaves that could alter the thickness of the composites [20].

An alternative fabric method to obtain matrices reinforced with electrospun fibers consists in the use of a dual electrospinning system (method 2), as depicted in Figure 1. In this case, fibers of each constitutive polymer are deposited in a common rotary collector. These fibers are generated by independent jets ejected from needles facing each other and separated by the collector. In this way, disturbing effects from the two electrically charged jets should be minimized while high fiber mixing efficiency should be expected. The co-electrospun fibrous mat is subsequently molded at an intermediate temperature between those of the melting point of each polymer (i.e. just some degrees above the melting point of PCL). Note that molding is performed with a mat where fibers of each polymer are in close contact and well mixed, which may be advantageous with respect to the above indicated method 1. The selective fusion of PCL nanofibers should render after cooling, a solid homogeneous laminate where PLA was uniformly dispersed. Reinforcement of polymer matrices by either of the indicated methods requires a sufficient difference in

Figure 1. Schematic representation of the two applied procedures to obtain PCL pieces reinforced with PLA microfibers: Molding a PLA electrospun fibrous mat between PCL sheets (method 1), and partial melting of a co-electrospun fibrous mat constituted by PLA and PCL and obtained by using a common rotary collector (method 2). SEM micrographs showing PCL and PLA nanofibers in the co-electrospun mat and the compact molded piece obtained after the selective melting of PCL are also included in the scheme.
the melting temperatures of the two selected biodegradable polymers. Therefore, we considered poly(ε-caprolactone), which has a melting point close to 60 °C, as the polymer matrix and polylactide with a melting point higher than 150 °C as the reinforcing fiber. Note that this model system is similar from a calorimetric point of view to other combinations that involve polymers widely employed as wound closure materials. Polydioxanone ($T_f$: 115°C) – polyglycolide ($T_f$: 225 °C) or polydioxanone – polyglyconate ($T_f$: 215°C) are significant examples that open potential applications in the field of sutures by adding reinforcing nanofibers, which should counteract the loss of properties caused by incorporation of pharmacological agents.

The present work is focused on covering the following items: a) preparation of PCL matrices reinforced with drug loaded PLA nanofibers comparing the suitability of the two proposed methodologies, b) characterization of the reinforced samples, including thermal and mechanical properties, and c) study of the drug delivery behavior and the biological effect when a model drug compound is loaded according to the two systems. Scaffolds having an antibacterial activity are receiving nowadays great attention [21–23], being chlorhexidine (1,1’-hexamethylene-bis-5-(4-chlorophenyl) biguanide, CHX) one of the simplest and most employed bactericide agents [24]. In this work, we selected CHX as a model drug, considering also the possibility of achieving a delayed release. By embedding mats constituted by drug loaded microfibers into a biodegradable polymeric matrix. Release from different loaded samples (i.e. drug incorporated into the reinforcing fibers, into the polymer matrix and into both the matrix and the electrospun mat) will be studied. Note that the hydrophilic character of CHX should lead to a practically immediate release in aqueous media, which is beneficial when a rapid effect is desired, but it may also be interesting to have a drug reservoir to prevent future contaminations. CHX was selected as a drug model with the worst conditions for a delayed release (e.g. high diffusivity due to its low molecular size, high affinity towards aqueous release media and low affinity towards hydrophobic matrices and reinforcements), with the expected effect probably being clearer when high molecular weight hydrophobic drugs were employed.

2. Experimental section

2.1. Materials

A commercial PLA from Natureworks® with 95.8 wt% of L-lactic isomer content was used (PLA 2002D grade). According to the manufacturer, PLA 2002D is a transparent solid with a density of 1.24 g/cc. Its calorimetric and mechanical properties are defined by a glass transition temperature ($T_g$) of 58 °C, a melting point ($T_m$) of 153 °C, a tensile modulus ($E$) of 3500 MPa, a tensile strength ($\sigma$) of 53–60 MPa and a tensile elongation ($\gamma$) of 6%. Number and weight average molecular weights and polydispersity index determined by GPC were 98 100, 181 000 g/mol and 1.85, respectively [25]. PCL ($M_w$: 65,000 g/mol) and chlorhexidine (CHX) were purchased from Sigma-Aldrich (St. Louis, USA). The bacterial strains Escherichia coli CECT 101 and Staphylococcus epidermidis CECT 231 were obtained from the Spanish Type Culture Collection (Valencia, Spain).

2.2. Measurements

$^1$H-NMR (proton nuclear magnetic resonance) spectra were recorded with a Bruker AMX-300 spectrometer operating at 300.1 MHz. Chemical shifts were calibrated using tetramethylsilane as the internal standard and CDCl$_3$ $\delta(1H) = 7.26$ ppm and deuterated DMSO (dimethyl sulfoxide) $\delta(1H) = 2.50$ ppm as solvents.

Calorimetric data were obtained by differential scanning calorimetry with a TA Instruments Q100 series with $T_{zero}$ technology and equipped with a refrigerated cooling system (RCS). Experiments were conducted under a flow of dry nitrogen with a sample weight of approximately 5 mg and calibration was performed with indium. A four run protocol was employed in all cases to characterize the samples: first, a heating run at 20 °C/min up to 190 °C; second, a cooling run at 10 °C/min up to −50 °C after keeping the sample in the melt state for 5 min to wipe off its thermal history; third, a second heating run performed at 20 °C/min, and finally a third heating run performed at 20 °C/min with the sample quenched up to −50°C from the melt state at the maximum cooling rate allowed by the equipment.

Optical micrographs were taken with a Zeiss Axioskop 40 Pol light polarizing microscope equipped with a Zeiss AxiosCam MRC5 digital camera.
Scanning electron microscopy (SEM) was used to examine the morphology of electrospun fibers and fracture surfaces. Carbon coating was accomplished with a Mitec k950 Sputter Coater (fitted with a film thickness monitor k150x (Quorum Technologies Ltd., West Sussex, UK). SEM micrographs were obtained with a Zeiss Neon 40 EsB instrument (Carl Zeiss, Oberkochen, Germany).

Mechanical properties were determined with a Zwick Z2.5/TN1S (Zwick/Roell; Ulm, Germany) testing machine in stress-strain tests carried out at a deformation rate of 10 mm/min. The load cell capacity was 100 kN. Mechanical parameters were evaluated by means of the testXpert software of Zwick. In the case of the elastic modulus calculation, force values were delimited to the lineal part of the representation. Measurements were performed on rectangular samples (30×5×0.35 mm³) cut from melt-pressed pieces. The mechanical parameters were averaged from a minimum of six measurements for each polymer sample.

Time resolved WAXD (wide angle X-ray diffraction) experiments were conducted at the NCD beamline (BL11) of the Alba synchrotron radiation light facility in Cerdanyola del Vallés (Catalunya). The beam was monochromatized to a wavelength of 0.1 nm. Polymer samples were confined between Kapton films and then held on a Linkam HFSX-350-CAP hot stage with temperature control within ±0.1 °C. WAXD profiles were acquired during heating and cooling runs in time frames of 20 s and rates of 10 °C/min. The WAXD detector was calibrated with diffractions of a standard of a Cr₂O₃ sample. The diffraction profiles were normalized to the beam intensity and corrected considering the empty sample background.

Unloaded and CHX loaded electrospun fibers were prepared using optimized parameters (i.e. needle-collector distance, voltage and flow rates) and solvent conditions (i.e. solvent ratio, and polymer and drug concentrations). Electrospinning of PLA was performed using an acetone-CHCl₃ (1:2, v:v) mixture with a polymer concentration of 10 wt% [16], whereas PCL was electrospun in an EtOH-CHCl₃ (1:2, v:v) mixture and at a concentration of 22 wt%. The CHX content of the electrospinning solutions was adjusted to obtain PLA and/or PCL electrospun fibers loaded with 0.5 wt% of the drug. The insolubility of CHX in the acetone-CHCl₃ (1:2, v:v) mixture [26] required the use a ternary mixture for the electrospinning of CHX loaded PLA by adding a 10 v% of dimethyl sulfoxide where CHX was initially dissolved. All electrospinning experiments were carried out at room temperature.

A dual electrospinning system was used to prepare scaffolds constituted by a mixture of PCL and PLA microfibers, as depicted in Figure 1. Electrospun fibers were collected on a grounded rotary collector operating at 30 rpm and at a variable distance (6–8 cm) from two equidistant needle tips (inside diameter of 0.84 mm) at room temperature. The needles were placed facing each other in order to minimize disturbing effects between the two electrically charged jets of PLA and PCL solutions. The voltage was 15 kV for PLA and varied between 23 and 30 kV for PCL. Two high-voltage suppliers (Gamma High Voltage Research, ES30-5W) were used. Polymer solutions were delivered via two KDS100 infusion syringe pumps (KD Scientific, USA) to control the flow rate (from 3.7 to 10.0 for PLA and from 10.5 to 15 mL·h⁻¹ for PCL). Flow rates for each polymer solution were adjusted to obtain the desired polymer composition in the final fibrous matrix.

2.3. Preparation of reinforced PCL films by single electrospinning of PLA (method 1)

Mats of unloaded and CHX loaded PLA electrospun microfibers were prepared as above indicated using a single syringe. PCL films were obtained by pressing 350 mg of the polymer (25 Ton Ring Press, Research & Industrial Instruments Company, London, UK) in a flat mold of 4 cm×6 cm internal dimensions, which was covered with Teflon® sheets to avoid polymer adhesion to the mold. Samples were heated at 75 °C (i.e. 15 °C above the melting point of PCL) for 12 min using heating plates and a temperature controller (Graseby Specac, Kent, England). In order to obtain the reinforced matrices, electrospun PLA mats were cut into rectangular pieces (4 cm×6 cm) and placed between two molded PCL films. Final PLA concentrations of 10, 20 and 30 wt%, were obtained by adding PLA mats until reaching weights close to 78, 175 or 300 mg. After melt pressing as above indicated, reinforced films with thicknesses between 250 and 310 μm were obtained. Samples will be denoted as PLA/PCL-x, where x is the theoretical weight percentage of PLA. PCL films prepared by solvent casting were used when CHX was also incorporated into PCL. In this case, the same solvent selected for electrospinning of PCL was used.
2.4. Preparation of reinforced PCL films by dual electrospinning of PLA and PCL (method 2)

Reinforced PCL films were prepared by pressing several rectangular sections (4 cm×6 cm) of the appropriate co-electrospun mat until obtaining a total weight of 400 mg. These mats were placed into the flat mold of the same internal dimensions which was covered with Teflon® sheets. Samples were heated at 75 °C for 12 min as indicated in the previous subsection. Pressure was progressively increased from 1 to 4 bar. Polymer films with a thickness close to 150 μm were recovered after cooling the mold to room temperature. Samples will be denoted by indicating the co-electrospinning experimental procedure (i.e. C for co-electrospinning) and the polylactide wt% (i.e. C-PLA/PCL-30, C-PLA/PCL-20 and C-PLA/PCL-10 correspond to blends with 30, 20 and 10 wt% of PLA, respectively).

2.5. Drug release

Drug release experiments were performed in triplicate with square pieces prepared by both methodologies (total weight 10–25 mg). Samples were introduced in Falcon tubes with 40 mL of Sorensen’s buffer (pH 7.4) and a mixture of Sorensen’s medium with ethanol 70% (v/v). The released drug concentration was determined with a UV-3600 spectrometer (Shimadzu, Japan) by absorbance measurements at a wavelength of 260 nm, which corresponds to the maximum of the absorbance profile. Calibration curves were prepared using different stock solutions of the assayed CHX drug in the two different release media and relating the measured absorbance at 260 nm to the concentration. 1 mL of sample was taken from each tube at predetermined times and replaced with fresh medium. The presented results are an average value of the replicates.

Encapsulation efficiency was calculated by measuring the amount of drug incorporated into the scaffold by UV-vis absorbance measurements at a wavelength of 260 nm. When the release finished, the loaded sample was dissolved in chloroform. CHX was separated by centrifugation after the precipitation of polymers by addition of ethanol (final concentration chloroform – ethanol mixture: 5:95 v:v).

2.6. Antimicrobial test assays

Antimicrobial tests were performed to determine the bacteriostatic effect of the loaded drug. Thus, adhesion and growth assays of both Escherichia coli (E. coli) and Staphylococcus epidermidis (S. epidermidis) were performed on the PCL reinforced films using 24-well culture plates. Bacterial inhibition was quantitatively and qualitatively evaluated. In the first case, 0.05 mL of sample was taken every two hours for 8 h and final samples after 24 and 48 h. Absorbance was measured in a microplate reader at 650 nm to determine bacterial growth. Regarding the qualitative method, around 5 mg of loaded and unloaded samples was placed into Agar diffusion plates and seeded with 10⁴ UFC/mL of both bacteria separately. The culture medium was prepared with 10.6 g of Brilliant Green Agar (BGA, Scharlau), dissolved in 200 mL of Milli-Q water and sterilized in an autoclave at 121 °C for 30 min. Plates were filled with 15 mL of medium and kept at rest at room temperature to allow solidification of the medium. Inhibition halo images were taken after incubation of samples with bacteria at 37°C for 24 h. For bacterial adhesion tests, the culture medium was aspirated after the proliferation measurements and the material was washed three times with distilled water. Then, 0.5 mL of sterile 0.01 M sodium thiosulfate was added to each well to detach bacteria adhered on the surface of the sample. Plates were then shaken at 100 rpm for 1 h. Finally, the polymeric samples were removed and 500 μL of culture medium was added to the wells and incubated at 37°C and 100 rpm for 24 h. Absorbance was measured in a microplate reader at 650 nm when culture medium was added and also after 24 h. Each sample was analyzed in quadruplicate and the results averaged. To determine variance and significant difference of the samples, a one-way ANOVA test and a t-test with a 95% (p < 0.05) confidence level were performed.

3. Results and discussion

3.1. Reinforced PCL films derived from dual electrospinning of PLA and PCL micro/nanofibers

The electrospinning conditions selected to obtain PLA microfibers and PCL nanofibers are summarized in Table 1. Basically, processing parameters for PLA were based on those previously optimized for preparing fibers in the micrometric range [16]. Selection of PCL conditions was not so restrictive since resulting fibers were melted in the subsequent step. Therefore, parameters were chosen to get PCL fibers with diameters in the nanometric scale, which appears an ideal size to facilitate the subsequent melting
process. Specifically, a higher voltage (23–30 kV) than that used for PLA was selected. In addition, the solvent mixture was modified and ethanol was employed instead of acetone. These conditions allowed thinner fibers to be obtained since they were subjected to a higher stress. In addition, it should be considered that differences in the viscosity and conductivity of the solution could influence on the morphology giving rise to PCL fibers with smaller diameters. Note also that flow rates for PLA and PCL solutions had to be changed in order to obtain the desired mat composition (i.e. PLA [wt%] of 10, 20 and 30%). Obviously, flow rates increased and decreased for PLA and PCL, respectively, as the PLA [wt%] of the final mat was increased. Homogeneous and continuous PLA and PCL fibers were attained under all selected conditions, as shown in Figure 2 for some representative samples. The diameter sizes always had a monomodal distribution (insets of Figure 2) (average diameters are also summarized in Table 1). The most striking feature for PLA and PCL fibers is that the average diameter tends to increase when the flow rate decreases. Nevertheless, it should be pointed out that the voltage was increased for electrospinning of PCL when the flow rate decreased, which should lead to a compensatory effect since a larger pendant drop was formed and a higher diameter was favored. In the case of PCL, the tip-collector distance was

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<td>10:90</td>
<td>3.7</td>
<td>6</td>
<td>15</td>
<td>1.8±0.2</td>
<td>15.0</td>
<td>8</td>
<td>23</td>
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<td>20:80</td>
<td>6.7</td>
<td>7</td>
<td>15</td>
<td>1.4±0.2</td>
<td>12.0</td>
<td>8</td>
<td>30</td>
<td>235±30</td>
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<td>30:70</td>
<td>10.0</td>
<td>7</td>
<td>15</td>
<td>1.4±0.2</td>
<td>10.5</td>
<td>8</td>
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Figure 2. SEM micrographs showing PLA (a, c) and PCL (b, d) electrospun fibers prepared by single-jet electrospinning under the conditions previously selected to obtain co-electrospun fibrous mats with PLA wt% of 10% (a, b), and 30% (c, d). Diameter distribution curves of corresponding PLA and PCL electrospun fibers are also indicated.
kept constant, whereas for PLA it was slightly increased when the flow rate increased, with a slight decrease in the diameter being also observed. On the other hand, some authors have reported that above a limiting value of the flow rate, the fiber diameter tends to decrease [27].

Texture of PCL and PLA electrospun fibers could also be clearly differentiated. Thus, a smooth surface was characteristic of thin PCL fibers, whereas the presence of longitudinal striations and more frequently a porous surface were characteristic of PLA microfibers. Figure 3 shows representative SEM micrographs of co-electrospun mats with the 10 and 20 wt% compositions. They revealed the difference in ratio between PLA and PCL fibers and a well-mixed distribution.

Note that both kinds of fibers can be easily distinguished because of their different diameter size and texture. The insets of Figure 3 clearly show the presence of striations and pores in the PLA microfibers.

A representative $^1$H-NMR spectrum of a co-electrospun mat is shown in Figure 4. The area of the typical quadruplet associated with the CH group of PLA (5.22–5.10 ppm) and the area of the triplet associated with the CH$_2$–O group of PCL (4.15–4.00 ppm) were used to estimate the composition of the scaffold according to Equation (1):

$$\text{PLA [wt%]} = \frac{A_{5.22 - 5.10 - 72.1}}{(A_{5.22 - 5.10 - 72.1} + 0.5 \cdot A_{4.15 - 4.00 - 114.1})}$$

Figure 3. SEM micrographs showing the fibrous mats of co-electrospun samples containing PLA theoretical weight percentages of 10% (a) and 20% (b). Details of the surface textures are shown in the corresponding high magnification insets.

Figure 4. $^1$H-NMR spectra of the PLA/PCL co-electrospun sample containing 30 wt% of PLA. Assignment of signals, as well as the areas of main peaks, is indicated.
Table 2. Theoretical and experimental compositions of reinforced samples prepared by co-electrospinning and single electrospinning

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<td>Reinfoced films by</td>
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<tr>
<td>co-electrospinning</td>
<td>10:90</td>
<td>8.7 (±1.9):91.3 (±1.9)</td>
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<td></td>
<td>20:80</td>
<td>18.4 (±2.9):81.6 (±2.8)</td>
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<td></td>
<td>30:70</td>
<td>29.8 (±3.8):70.2 (±3.8)</td>
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<td>Reinfoced films by</td>
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<tr>
<td>single electrospinning</td>
<td>10:90</td>
<td>11.3 (±1.8):88.7 (±1.8)</td>
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<tr>
<td></td>
<td>20:80</td>
<td>19.8 (±3.7):80.2 (±3.7)</td>
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<td></td>
<td>30:70</td>
<td>29.4 (±4.7):70.6 (±4.7)</td>
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where 72.1 and 114.1 are the molecular weights of lactide and ε-caprolactone units, respectively.

Table 2 compares the theoretical composition of electrospun mats and the experimental values that correspond to an average of seven samples taken at regular intervals along the diagonal of the rectangular mat. In all cases, a relatively good agreement was observed, demonstrating that flow rates were properly chosen and that a homogeneous distribution was achieved by dual electrospinning and the use of a rotary collector.

3.2. Reinforced PCL films derived from single electrospinning of PLA

PLA was electrospun using the same parameters selected for the dual electrospinning process (Table 1). Namely, they were varied according to the final composition since it was preferable to use PLA microfibers completely comparable (in size and morphology) with those attained by co-electrospinning. 1H-NMR spectra were employed as above indicated to determine the composition of molded samples. Again, a good agreement was observed between theoretical and experimental values (Table 2), which means that there was a negligible loss of the lower viscosity PCL sample through the mold walls.

3.3. Thermal properties of PCL films reinforced with PLA

Calorimetric data of samples differing in composition and preparation methodology are summarized in Table 3. These data correspond to the four run protocol shown in Figure 5 for a representative reinforced sample that allows thermal behavior in terms of fusion and crystallization to be determined from the

![Figure 5](image-url)
melt and glassy state. The following observations can be made:

a) A clear melting peak associated with the PCL matrix can always be detected in the 55–62°C temperature interval in DSC traces of the as-processed samples. The enthalpy is close to 83–86 and 87–92 J/g (referred to the weight of PCL) for samples prepared by dual and single electrospinning, respectively. These values correspond to high crystallinities that are close to 60 and 63% when a value of 142 J/g for a 100% crystalline sample is considered [28]. Differences are not highly significant but suggest a better distribution of PLA fibers within the molten PCL phase that slightly hindered the crystallization process in films prepared by co-electrospinning.

b) Interestingly, melting enthalpy and crystallinity associated with PCL clearly decreased in the second and third heating runs (i.e. up to 43–55%, with the lower values being determined for samples prepared by co-electrospinning). Note that these values correspond to samples crystallized in a different way since in this case PCL was completely melted, whereas PLA fibers where always present in the crystallization of molded samples.

c) All reinforced samples showed a small peak between 165 and 167°C associated with the fusion of PLA fibers. It is clear that the electrospinning process favored the alignment of PLA chains, giving rise to a significant crystallization process during molding of samples prepared by co-electrospinning. Thus, crystallinities between 29 and 45% could be estimated considering a melting enthalpy of 93.1 J/g for a 100% crystalline PLA sample [29]. Good contact between PCL and PLA, together with an enhanced cold crystallization process during the heating performed in the mold, was observed. On the contrary, cold crystallization was less favored when samples were prepared by intercalation of PLA mats between PCL films. In this case, crystallinities of PLA were in the 8–11% range.

d) Cooling runs only showed the crystallization peak of PCL, with PLA remaining in the amorphous state. Note that PLA crystallizes with difficulty from the melt state because chains are not aligned, as is typical in an electrospinning process.

e) Cold crystallization peaks of PLA were observed during the second and third heating runs of samples prepared by dual electrospinning but not for those prepared by single electrospinning. It seems that during the heating scan the better distribution of PLA within the molten PCL phase facilitated its crystallization. Glass transition of PCL was detected at around –63°C for all quenched samples, but that corresponding to PLA could not be observed because of the overlapping with the PCL melting peak.

3.4. Structure and morphology of PCL films reinforced with PLA

X-ray diffraction patterns of reinforced films derived from dual electrospinning exhibited the characteristic reflections of PCL, as shown in Figure 6 for samples enriched with PLA. Thus, four Bragg peaks at 0.415, 0.404, 0.375 and 0.367 nm, which corresponded to the (110), (111), (200) and (201) reflections of PCL [30, 31], were clearly observed. In addition, the films enriched on PLA (Figure 6 curve a) showed reflections at 0.542 and 0.472 nm, which correspond to the (200)+(110) and (203) reflections of the α-form of polylactide [32, 33]. It is interesting to note that PLA reflections could not be detected in the co-electrospun scaffold (Figure 6 curve b), indicating that PLA crystallized during the molding process, as postulated in the previous section. In fact, time resolved diffraction profiles taken during the heating process (Figure 7) of co-electrospun scaffolds demonstrated that cold crystallization of PLA took place once the PCL nanofibers were completely melted.
PLA reflections were absent in the diffraction patterns of reinforced films prepared by single electrospinning of PLA (Figure 6 curve c). Thus, cold crystallization was not significant during molding when fibers were directly deposited between the two PCL films. Figure 8 shows polarizing optical micrographs of co-electrospun scaffolds taken at different temperatures. At the high molding temperature, PLA microfibers appear unaltered inside the amorphous background corresponding to PCL. This polymer began to crystallize at temperatures close to 50 °C and gave rise to well-developed PCL fibrillar spherulites with a typical negative birefringence at room temperature. Micrographs of thin films reveal an average spherulite diameter close 40–50 μm, with PLA microfibers being randomly dispersed and integrated inside the crystallized spherulites. Microfibers showed a slight birefringence, which indicates a certain degree of orientation of PLA chains.

3.5. Mechanical properties of PCL films reinforced with PLA

Several works have addressed the reinforcing effect of electrospun fibers [13–20, 34], which may be higher than that of conventional fillers due to their high surface contact area with the polymeric matrix. Moreover, the porous PLA scaffold may favor the attainment of an interpenetrating structure, a feature that is logically enhanced by the co-electrospinning set up. The use of microfibers is also justified by recent works indicating that nanofibers clearly reduced the porosity of the scaffold and hindered the achievement of optimal interactions with the melted polyester after performing the molding process [16]. Figures 9 compare stress-strain curves for representative samples and the evolution of the Young modulus with the percentage of incorporated PLA fibers. Table 4 summarizes the increase of elastic modulus and maximum stress with incorporation of PLA microfibers in the PCL matrix as an evidence of an interlocking mechanism [14, 34]. Experimental data demonstrated that the method employed to reinforce the PCL films had a significant influence on the mechanical behavior. Specifically, a higher increase of the modulus was detected for samples prepared by co-electrospinning because of better interlocking with the PCL matrix. Data also indicated that the presence of electrospun fibers leads to a decrease in
tensile deformation (i.e. maximum strain at break) compared to that of the bulk PCL matrix [34, 35]. This feature shows clear evidence that most of the stress is supported by PLA, which is rigid and brittle. A not optimal adhesion and interplay between PCL and PLA can be deduced, opening a possibility for further investigations on this topic (e.g. use of compatibilizers, surface grafting, etc.).

Figure 10 illustrates the fracture surface of samples prepared by the two different methodologies. In general, PLA fibers appear always aligned after breaking in contrast with their random orientation in the initial scaffold. Slight differences in terms of matrix deformation and fiber pull-out can nevertheless be observed. These observations suggest that weaker interactions between the PCL matrix and the PLA fibers were established when reinforced films were derived from the single electrospinning (i.e. higher deformation and fiber pull-out were detected).

3.6. CHX load and release from PCL films reinforced with PLA

Electrospinning conditions were varied for two reasons. First, because the electrospinning solvent for PLA was modified by addition of dimethyl sulfoxide to the acetone-CHCl₃ mixture in order to allow dissolution of CHX. Second, because the voltage for PCL had to be reduced from 30 to 22.5 kV when flow rates under 15 mL/min were required. In all cases, homogeneous fibers with similar characteristics to those obtained from unloaded samples were obtained. Specifically, no significant differences between diameters of loaded and unloaded PLA microfibers were detected (i.e. diameters varied in the 1.2–1.7 μm range). Table 4 shows that the mechanical properties of CHX loaded samples follow the above trends. A slight decrease of modulus and tensile strength compared to the related unloaded samples is always observed, but it is clear that these values are still higher than those found for unloaded PCL films.

CHX release was evaluated for samples prepared by single and dual electrospinning, as well by loading of the drug into one (PLA or PCL) or both polymers, as shown in Figure 11. Typical release profiles can be seen in Figure 12 for representative C-PLA/PCL-20 and PLA/PCL-20 samples. Note that samples with slightly different PLA ratios (i.e. from 10 to 30 wt%)

<table>
<thead>
<tr>
<th>Sample</th>
<th>E [MPa]</th>
<th>Maximum stress [MPa]</th>
<th>Straina [%]</th>
</tr>
</thead>
<tbody>
<tr>
<td>PCL film</td>
<td>159 (±7)</td>
<td>15 (±3)</td>
<td>150 (±14)</td>
</tr>
<tr>
<td>PLA/PCL-10</td>
<td>251 (±9)</td>
<td>21 (±1)</td>
<td>19 (±3)</td>
</tr>
<tr>
<td>PLA/PCL-20</td>
<td>313 (±6)</td>
<td>23 (±1)</td>
<td>20 (±6)</td>
</tr>
<tr>
<td>PLA/PCL-20 CHX</td>
<td>262 (±6)</td>
<td>19 (±4)</td>
<td>20 (±4)</td>
</tr>
<tr>
<td>PLA/PCL-30</td>
<td>361 (±8)</td>
<td>24 (±3)</td>
<td>32 (±7)</td>
</tr>
<tr>
<td>C-PLA/PCL-10</td>
<td>278 (±14)</td>
<td>18 (±3)</td>
<td>13 (±6)</td>
</tr>
<tr>
<td>C-PLA/PCL-20</td>
<td>401 (±12)</td>
<td>20 (±2)</td>
<td>14 (±5)</td>
</tr>
<tr>
<td>C-PLA/PCL-20 CHX</td>
<td>390 (±14)</td>
<td>19 (±4)</td>
<td>12 (±3)</td>
</tr>
<tr>
<td>C-PLA/PCL-30</td>
<td>428 (±9)</td>
<td>26 (±6)</td>
<td>18 (±3)</td>
</tr>
</tbody>
</table>

aMaximum strain at break.

bSamples with CHX loaded into PLA microfibers.

Figure 10. SEM micrographs showing the fracture surface of PCL samples reinforced with PLA microfibers prepared from co-electrospun mats (a) and by molding between PCL films (b). Images are provided together with specific details (insets).
behave similarly. Main release data are summarized in Table 5. Some relevant observations can be made:

a) Release is always characterized by a fast step that could be fitted (i.e. the regression coefficient is always higher than 0.97) with a typical Higuchi equation (Equation (2)) initially conceived for planar geometries [36, 37]:

$$\frac{M_t}{M_0} = k_H t^{1/2}$$  \hspace{1cm} (2)

where $k_H$ is the Higuchi release constant, $M_t$ is the percentage of drug released at time $t$, and $M_0$ is the maximum percentage of released drug.

b) Higuchi constant was lower when only PLA electrospun fibers were loaded with CHX since the drug diffusion pathway was increased compared to samples with the drug loaded into the PCL matrix. In the same sense, release was faster for samples prepared by co-electrospinning since PLA fibers were better distributed/mixed inside the PCL matrix, and consequently the pathway was reduced.

c) In all cases, a slight percentage of the loaded drug was effectively encapsulated into the reinforced films at least during an exposure to the release medium of up to 3000 h. This retention was significant (i.e. 15 and 11%) for samples having only CHX loaded into the PLA microfibers. Logically, the lower retention was found for samples prepared by co-electrospinning.

Table 5. Release data corresponding to the different loaded samples\(^a\)

<table>
<thead>
<tr>
<th>Sample</th>
<th>Polymer where CHX was loaded</th>
<th>$k_H$ [h(^{-0.5})]</th>
<th>CHX released(^b) [%]</th>
<th>$t_{97%}$ [min]</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-PLA/PCL</td>
<td>PLA</td>
<td>0.39</td>
<td>89</td>
<td>1500</td>
</tr>
<tr>
<td>C-PLA/PCL</td>
<td>PCL</td>
<td>0.46</td>
<td>91</td>
<td>550</td>
</tr>
<tr>
<td>C-PLA/PCL</td>
<td>PLA + PCL</td>
<td>0.47</td>
<td>95</td>
<td>400</td>
</tr>
<tr>
<td>PLA/PCL</td>
<td>PLA</td>
<td>0.28</td>
<td>85</td>
<td>1800</td>
</tr>
<tr>
<td>PLA/PCL</td>
<td>PCL</td>
<td>0.47</td>
<td>95</td>
<td>500</td>
</tr>
<tr>
<td>PLA/PCL</td>
<td>PLA + PCL</td>
<td>0.48</td>
<td>97</td>
<td>400</td>
</tr>
</tbody>
</table>

\(^a\)Values are averaged over the three compositions since no significant differences were found between them.

\(^b\)Percentage delivered after 3000 minutes of exposure to the release medium.

\(^c\)Time required to achieve a release of 97% with respect to the value achieved after 3000 minutes of exposure to the release medium.
d) Significant differences in the time required to reach the maximum release were detected when only CHX was loaded into the PLA microfibers. Thus, 1500–1800 min was determined for these samples, whereas this period decreased to 400–550 min when PCL was also loaded.

3.7. Antibacterial activity of PCL films reinforced with PLA and loaded with CHX

Bacterial growth inhibition of *E. coli* and *S. epidermidis* is shown in Figures 13, respectively. The behavior of unloaded samples prepared by co-electrospinning and single electrospinning against the selected Gram+ and Gram− bacteria was similar to that of the control. Typical curves with a lag phase (approximately 4 h), a log phase indicative of exponential growth (up to 8–9 h of culture) and a final stationary phase beyond 24 h were observed. On the contrary, all samples loaded with CHX showed a complete inhibition of bacterial growth, with the exception of samples where CHX was loaded in the PLA microfibers only. In any case, the worst situation (*S. epidermidis*) corresponded to a maximum bacterial growth of only 5% with respect to the control, and could therefore be considered insignificant. The result, however, clearly indicates the greater difficulty of CHX to diffuse in this fabric configuration.

Similar qualitative results were obtained from the observation of inhibition halos (Figure 14). It is clear that CHX loaded in the PLA microfibers only diffused easily through PCL layers. It should be pointed out that inhibition halos were always homogeneous around the films plates, indicating a good distribution of the drug during the preparation method. Finally, Figure 14 indicates that the size of the halos varied according to the polymer into which CHX was loaded, decreasing in the order: PCL+PLA > PCL > PLA. On the other hand, halos were highly similar for the two preparation methods (i.e. single and dual electrospinning).

Figure 15 shows the results of bacterial adhesion after 24 h of incubation in broth culture medium. Note that measurements indicated residual bactericide activity after a previous inhibition of 24 h. It is clear that unloaded specimens are highly susceptible to be colonized by both kinds of bacteria, whereas a different sensitivity of loaded films towards bacteria was observed. The highest infection rate (ca. 80%) was found when CHX was only incorporated in the reinforcing PLA microfibers only, intermediate infection rate when only the PCL matrix was loaded (ca. 60%) and the lowest rate when CHX was loaded into both polymers (ca. 40%). In general, CHX was found to be most effective against *E. coli*, but no significant differences were detected according to the preparation method (single or dual electrospinning) or even according to the ratio of PLA microfibers incorporated into the PCL matrix.

4. Conclusions

PCL films reinforced with PLA microfibers could be effectively prepared by a co-electrospinning procedure that rendered clear advantages in terms of crystallinity and mechanical properties compared to typical molding of PLA microfibers between films of the PCL matrix. The proposed procedure improved interaction between PLA fibers and the PCL matrix, with cold crystallization of PLA being favored during the molding process. The incorporation of PLA microfibers could compensate for the loss of mechanical properties caused by the incorporation of small drugs into PCL matrices and even improve the final performance of the material.
The co-electrospinning procedure allowed bactericide agents like chlorhexidine to be easily loaded into both polymers. However, a slower release rate and a high retention were observed when the drug was only loaded into the PLA fibers. Slight differences were again detected between the two preparation methods; specifically, films prepared by co-electrospinning showed a faster release. A bactericide effect against Gram+ and Gram– bacteria was demonstrated for all CHX loaded samples despite the high susceptibility of both polymers to be colonized. Antibacterial activity was still highly significant under the worst release conditions (i.e. samples prepared by single electrospinning and loaded only into the PLA fibers).

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Figure 14. Images showing the inhibition halos on agar plates seeded with E. coli and S. epidermidis for samples unloaded and CHX loaded samples and prepared from co-electrospin mats and by molding the PLA electrospun mat between two PCL sheets. Results of the different ways of incorporating the bactericide drug are also shown.

Figure 15. Results of bacterial adhesion assays performed on 10 wt% PLA reinforced samples prepared from co-electrospin PLA and PCL fibers (method 2) and by molding a PLA fibrous mat between two PCL films (method 1).
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