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**COMPLEXITY AND PREDICTABILITY OF THE MONTHLY WESTERN MEDITERRANEAN OSCILLATION INDEX**

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COMPLEXITY AND PREDICTABILITY OF THE MONTHLY WESTERN MEDITERRANEAN OSCILLATION INDEX

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Abstract

The complexity, predictability and predictive instability of the Western Mediterranean Oscillation index at monthly scale, WeMOi, years 1856-2000, are analysed from the viewpoint of monofractal and multifractal theories. The complex physical mechanism is quantified by: 1) the Hurst exponent, $H$, of the rescaled range analysis; 2) correlation and embedding dimensions, $\mu^*$ and $d_E$, together with Kolmogorov entropy, $\kappa$, derived from the reconstruction theorem; and 3) the critical Hölder exponent, $\alpha_c$, the spectral width, $W$, and the asymmetry of the multifractal spectrum, $f(\alpha)$. The predictive instability is described by the Lyapunov exponents, $\lambda$, and the Kaplan-Yorke dimension, $\text{KYD}$, while the self-affine character is characterized by the Hausdorff exponent, $H_a$. Relationships between the exponent $\beta$, which describes the dependence of the power spectrum $S(f)$ on frequency $f$, and the Hurst and Hausdorff exponents suggest fractional Gaussian noise, fGn, as a right simulation of empiric WeMOi. Comparisons are made with monthly North-Atlantic Oscillation, NAO, and Atlantic Multidecadal Oscillation, AMO, indices. The analysis is complemented with an ARIMA(p,1,0) autoregressive process, which yields a more accurate prediction of WeMOi than that derived from fGn simulations.

Key words: Western Mediterranean Oscillation index (WeMOi), reconstruction theorem, complexity and predictive instability, multifractal spectrum, fractional Gaussian noise simulation, autoregressive process.
1. Introduction

The Western Mediterranean Oscillation, WeMO, affects the climate variability in the eastern Iberian Peninsula, its effects being dominant in comparison with those of the North Atlantic Oscillation, NAO, and the Atlantic Multidecadal Oscillation, AMO, (Martín-Vide and López-Bustins, 2006; Mariotti and Dell’Aquila, 2012). It is assumed the hypothesis that WeMO, as the other two oceanic oscillations, is a complex signal without a regular behaviour, although not completely random. This hypothesis will be verified in agreement with fractal parameters obtained in here, which will quantify the complexity and predictive instability of WeMO. At the same time, it is assumed that WeMO derives from the nonlinear system of differential equations governing the atmospheric dynamics (Carlson, 1994; Holton, 2004; Martin, 2006; Mak, 2011) and the ocean-atmosphere interactions (Wells, 1986; Curry and Webster, 1999; Wallace et al., 1990; Barsugli and Battisti, 1998; Bhatt et al., 1998; Czaja and Frankignoul, 1999; Ciasto and Thompson, 2004; Mosedale et al., 2005, 2006; Xin et al., 2015; Goodman and Marshall, 1999; Latif, 1998).

Fractal analysis studies dynamics of nonlinear determinist signals, like these sea/oceanic oscillations. With the aim of deriving the main fractal properties of the monthly WeMO index, WeMOi, different measures of complexity are applied by assuming mono- and multifractality of the series. Monofractal series are homogeneous in the sense that they have self-similar properties throughout the entire time series, while multifractal series are locally self-similar, i.e. the property of self-similarity may be kept separately within different ranges. Both approaches are considered, with the aim of characterizing the complex and chaotic behaviour of the WeMOi. Results of the fractal analysis of the monthly WeMO, NAO (Martínez et al., 2010) and AMO indices are compared. Prediction of WeMOi is also attempted by means of two different strategies: first, simulations of fractional Gaussian noise, fGn, series, as suggested by monofractal parameters; and second, an ARIMA(p,1,0) autoregressive process, improving previous fGn results, which would permit replacing the complexity of the physical mechanism by a high order multilinear process. Additionally, cross-correlations and cross-power spectra results discard dependences of WeMOi on monthly NAO and AMO indices.

The contents of the paper include a description of the WeMOi, its cumulative distribution (Section 2), monofractal properties (Section 3) and multifractal characteristics derived from the multifractal detrended fluctuation analysis, MF-DFA, which is also succinctly described (Section 4). A comparison of the mono- and multifractal properties for the WeMO, NAO and AMO indices, and the validity of fGn series to simulate the WeMOi are presented in Section 5. Section 6 introduces results derived from the ARIMA process and the Conclusions Section outlines the main WeMOi fractal features and reviews the autoregressive prediction results.
2. The monthly Western Mediterranean Oscillation index, WeMOi

The WeMOi was proposed by Martín-Vide and López-Bustins (2006) to detect atmospheric circulation patterns related to rainfall shortage or excess affecting the eastern Iberian Peninsula (Martín-Vide et al., 2008; López-Bustins et al., 2008; González-Hidalgo et al., 2009), being also used in other regional climatic applications (Azorín-Molina and López-Bustins, 2008; Sánchez-Lorenzo et al., 2009; Vicente-Serrano et al., 2009; Ouachani et al., 2013; El Kenawy et al., 2013; Beranová and Kyselý, 2015; Ríos-Cornejo et al., 2015). The WeMOi is defined as the difference between the normalized monthly barometric series at San Fernando (Spain) (36°17’ N, 06°07’ W) and the normalized monthly barometric series at Padova (Italy) (45°24’ N, 11°24’ E), with average and standard deviation being derived from the 1961-1990 period. In agreement with its definition, this atmospheric circulation index is expected to be strongly linked to Mediterranean climate patterns in contrast with others well known indices, as the NAO, with Atlantic climate influences. Positive phases of WeMOi are characterised by Azores anticyclone enclosing the south-west Iberian quadrant and low pressures at the Liguria Gulf. Negative phases are usually linked to Central Europe anticyclones (north of the Italian Peninsula) and low pressures at the south-west of the Iberian Peninsula. Neutral phases use to be coincident with north-eastern advections or low-pressure gradients over the western Mediterranean. Very illustrative examples of synoptic maps concerning these WeMOi phases can be found in Martín-Vide and López-Bustins (2006).

Figure 1a shows the time evolution of the WeMOi along the analyzed period (years 1856-2000). It is worth mentioning that extreme values of the WeMOi (< 5% and ≥ 95%) are approximately out of the ±2.1 range. The dashed line represents the time trend given by a third-degree polynomial fit, which depicts a negative slope since the beginning of the 20th century and especially after 1950’s. A deeper insight into this, by distinguishing between seasonal scales (Figure 1b), strongly suggests that this decreasing tendency could be mainly linked to the behaviour of WeMOI at spring and summer seasons. The cumulative distribution of WeMOI (Figure 2) is Gaussian, the observations being kept within the 95% confidence bands derived from the Kolmogorov-Smirnov test (Benjamin and Cornell, 1970; Press et al., 1992). Figure 3 represents WeMOI for several return periods, given in months, compared with theoretic return values for a Gaussian distribution. Empiric values are also quite well described by a logarithmic law, by taking as argument the return period (months). Taking into account the symmetry of the Gaussian distribution, similar results would be obtained for negative WeMOI.

On the other hand, it is well known that the Mediterranean climate is submitted to the NAO (Trigo et al., 2002; Lionello et al., 2006; López-Moreno et al., 2011), weakly affecting the winter and spring precipitation in the eastern fringe of the Iberian Peninsula, with a negative correlation (Martín et al., 2004; López-Bustins et al., 2008). In most of the Mediterranean
region, NAO plays a significant role on decadal variance in precipitation, especially for winter 
(Mariotti and Dell’Aquila, 2012). Descriptions of the NAO dynamics and predictability can be 
found in Jones et al. (1997), Hurrell et al. (2001), Fernández et al. (2003) and Collette and 
Ausloos (2004), among others.

The AMO (also named “Atlantic Multidecadal Variability”, AMV), is a signal defined from 
North-Atlantic sea-surface temperatures (Enfield et al., 2001), which acts as a near-global 
scale of multidecadal climate variability in the Northern Hemisphere (Knight et al., 2006; 
Dijkstra et al., 2006; Dima and Lohmann, 2007). In the Mediterranean region at decadal time 
scales and in summer months, the AMO has a large influence on anomalies on regional surface 
air temperature and sea-surface temperature, accounting for over 30% of them. Significant 
influence is also detected in the transition seasons, but not with precipitation (Mariotti and 
Dell’Aquila, 2012).
3. Monofractal analysis

The Hurst exponent, $H$, of the rescaled range analysis (Turcotte, 1997) is defined as the exponent of the power-law

$$R(\tau)/S(\tau) \propto \tau^H$$

(1)

being $R(\tau)$ the range of the different segments of length $\tau$ of a series and $S(\tau)$ the respective standard deviation. It should be remembered that $H$ close to 0.5 would imply a strong randomness of the series. Conversely, $H$ clearly lowering or exceeding 0.5 would suggest antipersistence or persistence respectively. Figure 4a depicts the evolution of the quotient $R(\tau)/S(\tau)$ with $\tau$ in log-log scales for the WeMOi. The computed $H$ value is close to 0.67, thus pointing to a persistent signal, with a very good confidence level, as indicated by the square regression coefficient value ($\rho^2=0.998$). Then, future WeMOi would partially depend on previous values, not necessarily in a linear form. Nevertheless time trends on previous values, among other factors, could be considered for improving predictions.

WeMOi autocorrelation, as a function of lag given in months, and its power spectrum are plotted in Figures 4b and 4c. Autocorrelation is characterised by a relatively narrow range $(-0.1, +0.2)$ and a clear periodicity close to 12 months. Additionally, given that notable correlations are not detected up to the maximum lag of 180 months, autoregressive processes would need a long monthly series to predict the next WeMOi. The spectral contents (Figure 4c) clearly show a periodicity of 1 year and two additional periodicities close to 19 and 51 years. The power spectrum amplitude $S(f)$ has a general decreasing trend with frequency, $f$, proportional to the power-law $f^{-\beta}$, with $\beta$ close to 0.17, as estimated using the algorithm proposed by Malamud and Turcotte (1999).

The self-affine behaviour of a series can be verified according to two methodologies. First, in agreement with Turcotte (1997), a classic box-counting method can be applied to obtain the Hausdorff exponent, $H_a$. The fractal anisotropy of the series is assumed. This would imply that a certain property $g(x,y)$ in a two dimensional space is not statistically similar to $g(rx,ry)$, where $r$ is a scale factor, but similar to $g(rx,r^{H_a}y)$. And second, after applying the standard box-counting method for deriving the fractal dimension $D$, the Hausdorff exponent is obtained through $H_a = 2 - D$. Figure 4d schematises the box-counting process yealding a value of $H_a$ very close to zero ($H_a = 0.05$). An alternative method (Malamud and Turcotte, 1999) is based on the fact that the semivariogram $\gamma(\tau)$ of a series depends on the segment length $\tau$ as

$$\gamma(\tau) = \gamma_0 \tau^{2H_a}$$

(2)

in such a way that the evolution of $\gamma(\tau)$ with the different lengths $\tau$ on a log-log scale permits a straightforward evaluation of $H_a$.  

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After determining empiric values of parameters $H$, $\beta$ and $a_H$, it can be assumed that WeMOi could be simulated by fGn (Turcotte, 1997). This hypothesis is based on the fact that fGn is compatible with Hausdorff exponents close to zero and $\beta$ parameters within the $\pm 1$ range. Moreover, fGn is compatible with a Hurst exponent close to 0.7 and the same range of $\beta$. fGn series may be then obtained after the following steps:

a) Generation of white Gaussian noise, wGn.

b) Discrete Fourier transform, DFT, of wGn.

c) Application of the filter \[
\left\{ \frac{m}{N-1} \right\}^{\beta/2}
\]
to the spectral contents of wGn, where $N$ is the number of samples of wGn and $m$ the number of spectral frequencies.

d) The fGn series is finally generated by applying the inverse Fourier transform to the filtered wGn.

The similarity between the empiric WeMOi and the fGn series is assessed in Section 5.2, jointly with the same type of simulation for empiric monthly NAO and AMO indices.

Whereas the previous monofractal analyses have permitted to obtain a simulated model for the WeMOi, the reconstruction theorem (Diks, 1999) permits quantifying its complex predictability through a set of parameters as: the minimum number of nonlinear equations describing a physical mechanism, also named correlation dimension, $\mu(m)$, with $m$ the reconstruction space dimension; the embedding dimension, $d_E$, required to obtain an asymptotic value of the correlation dimension, $\mu^*$; and the Kolmogorov entropy, $\kappa$, which is a measure of the loss of memory of the physical process with time. The reconstruction theorem process is based on the generation of a set of $m$-dimensional space vectors:

\[
z(i) = \{x(i), x(i+1), ..., x(i+m-1)\}, \quad i = 1, ..., N
\]

and the definition of the correlation integral in terms of the Grassberger-Procaccia formulation (Grassberger and Procaccia, 1983a,b)

\[
C(m,r) = \lim_{N \to \infty} \frac{1}{N^2} \sum_{i,j=1}^{N} H[r - \|z(i) - z(j)\|]
\]

being $r$ an Euclidean distance in the $m$-dimensional space and $H[.]$ the Heaviside function.

Additionally, it is assumed that

\[
C(m,r) = A_{\mu} e^{-m \kappa + \mu(m)}
\]

with $\mu(m)$ the correlation dimension. After plotting the correlation integral (Equation 5,a) in terms of $r$ on log-log scales

\[
\log[C(m,r)] = \log(A_{\mu}) - m \kappa + \mu(m) \log(r)
\]

the corresponding slope is $\mu(m)$ for every dimension $m$. Two factors have to be carefully reviewed, as they could lead to wrong $\mu(m)$ estimations: the lacunarity (Turcotte, 1997) for small values of $r$, and the saturation of $C(m,r)$ for high values of $r$ whatever the dimension $m$. 
An example for several reconstruction dimensions $m$ is depicted in Figure 5a, where the almost flat evolution of $C(m, r)$ for low values of $r$ and the saturation for high values of $r$ are quite evident. Nevertheless, although increasing values of $\mu(m)$ are derived for reconstruction dimensions up to 20, they are found to tend towards an asymptotic value, $\mu^*$, close to 10.0 (inner plot in Figure 5a). This $\mu^*$ value provides a first evaluation of the complexity of the signal, as it indicates the minimum number of nonlinear equations required to describe the physical mechanisms governing the WeMOi. The random component of the WeMOi is also manifested by the high reconstruction dimension, $m = 19$ or 20, needed to obtain asymptotic values of the correlation dimension, $\mu^*$. This value is also known as embedding dimension, $d_E$, of the analysed series.

Another relevant feature of the reconstruction theorem is the quantification of the loss of memory of the physical system with time, through the Komogorov entropy, $\kappa$. Prediction of accurate future WeMOi will be difficult if $\kappa$ reaches a high value. Naming $\alpha(m)$ the term $\log \{C(m, r)\} - \mu(m) \log(r)$ in Equation (5,b), it results in

$$\alpha(m) = \log(A_m) - m \kappa$$

(5,c)

Equation (5,c) permits to make an easy estimation of $\kappa$ by a least square regression of empiric $\alpha(m)$ in terms of $m$, provided that $\log(A_m)$ is constant. This constraint is only achieved for $m$ tending to $\infty$, for which it is expected that $A_{m+1}/A_m$ tends to 1.0. This behaviour is shown in Figure 5b, where the Kolmogorov entropy is estimated to be close to 0.64, by taking into account the linear evolution of $\alpha(m)$ for $m$ ranging from 16 to 20. If lower dimensions $m$ are considered, linearity disappears.

The last relevant application of the reconstruction theorem is the quantification of the predictive instability of the WeMOi through the Lyapunov exponents and the Kaplan-Yorke dimension. Considering the $m$-dimensional vectors of the reconstructed space generated according Equation (3) and in agreement with Wiggins (2003), the Lyapunov exponents, $\lambda_j \ (j = 1, 2, ..., m)$, can be computed according to the algorithms proposed by Eckmann et al. (1986) and Stoop and Meier (1988). Assuming that the addition of all the $m$ Lyapunov exponents is positive, the trajectory in the $m$-dimensional space will consist on aperiodic orbits around a strange attractor with a Kaplan-Yorke dimension, $D_K$ (Kaplan and Yorke, 1979), which is computed as

$$D_K = \ell_0 + \frac{1}{|\lambda_{\ell_0+1}|} \sum_{j=1}^{\ell_0} \lambda_j$$

(6)

with $\ell_0$ the maximum number of Lyapunov exponents, in decreasing order, accomplishing $\lambda_1 + \lambda_2 + .... + \lambda_{\ell_0} \geq 0$. Figures 6a and 6b show the evolution of the first two Lyapunov exponents.
exponents towards asymptotic values, after a high enough number of iterations of the above
mentioned algorithms and for a sufficiently high reconstruction dimension $m$. It is worth
mentioning that a minimum of 500 iterations is necessary and that the reconstruction theorem
has to be applied at least up to $m = 14$ or $15$. A value of 0.16 is derived for $\lambda_i$. It has to be
underlined that predictive instability is assured if the first Lyapunov exponent is positive.
Additionally, the above mentioned strange attractor is characterized by a fractal structure with
$D_{xy}$ equal to 12.43, according to Equation (6).
4. Multifractal Analysis

4.1 Multifractal detrended fluctuation analysis, MF-DFA

The MF-DFA has been introduced as a reliable characterization of multifractal non-stationary and stationary time series (Kantelhardt et al., 2002), and it is based on the identification of the scaling of the q-order moments depending on the signal length. The MF-DFA surpasses in quality and simplicity previous algorithms such as the multifractal box-counting (MF-BOX) (Feder, 1988) or the wavelet transform modulus maxima (WTMM) algorithms (Muzy et al., 1994). The MF-DFA has been applied in many scientific fields such as biology (Dutta, 2010), human health (Shimizu, 2002), seismology (Ghosh et al., 2012) or climatology (Feng et al., 2009; Burgueño et al., 2014; Mali, 2014). The steps for applying the MF-DFA can be summarised as follows:

1. Determination of the “profile” of the time series.

\[ Y(i) = \sum_{k=1}^{N} [x_k - \langle x \rangle] \quad \text{for } i = 1, \ldots, N \] (7)

where \( < x > \) is the average value of the series.

2. Division of the profile \( Y(i) \) into \( N_s = \text{int}(N/s) \) non-overlapping segments of equal length \( s \). Since the length \( N \) of the series is often not a multiple of the considered timescale \( s \), a short part at the end of the profile may remain. In order to not disregard this part of the series, the same procedure is repeated starting from the opposite end, thereby obtaining \( 2N_s \) segments.

3. Computation of the local variance for each of the \( 2N_s \) segments by a least-square polynomial fit of the series

\[ F^2(s, \nu) = \frac{1}{s} \sum_{i=1}^{s} \left( Y[(\nu - 1)s + i] - y_\nu(i) \right)^2 \] (8a)

for each segment \( \nu, \nu = 1, \ldots, N_s \), and

\[ F^2(s, \nu) = \frac{1}{s} \sum_{i=1}^{s} \left( Y[(\nu - N_s)s + i] - y_\nu(i) \right)^2 \] (8b)

for \( \nu = N_s + 1, \ldots, 2N_s \). \( y_\nu(i) \) is the fitting polynomial in segment \( \nu \). The order of the polynomial has been found not to alter the results, this order varying from 2 to 5 (Koscielny-Bunde et al., 2006). A fourth-order polynomial has been used in this study. This step assures the removal of non-stationarity from the \( x_k \) series.

4. Average over all segments to obtain the qth-order fluctuation function, defined as:

\[ F_q(s) = \left( \frac{1}{2N_s} \sum_{\nu=1}^{2N_s} |F^2(s, \nu)|^{q/2} \right)^{1/q} \quad q \neq 0, q \in \mathbb{R} \] (9)

The interval \(-15.0 \leq q \leq +15.0\), bar zero, with step 0.5, has been considered here.
5. For $q = 0$, the logarithm averaging procedure indicated by Kantelhardt et al. (2002) is

$$F_q(s) = \exp \left[ \frac{1}{4N_s} \sum_{s=1}^{2N_s} \ln [F^2(s, \nu)] \right]$$

(10)

Steps 2 to 5 have to be repeated for several time scales $s$. Kantelhardt et al. (2002) have suggested values of $s$ in the interval $m+2 \leq s < N/4$, where $m$ is the order selected for polynomial $y(s)$.

6. Determination of the scaling behavior of the fluctuation functions by analyzing log-log plots of $F_q(s)$ versus $s$ for each value of $q$. If the series $x_i$ are long-range power-law correlated, $F_q(s)$ increases, for large values of $s$, as a power-law

$$F_q(s) \approx s^{h(q)}$$

(11)

In general, the exponent $h(q)$ may depend on $q$. When the analyzed time series is non-stationary or noisy, such as fractional Brownian walks (Turcotte, 1997), the exponent $h(q = 2)$ is larger than unity and satisfies $h(2) = H + 1$, where $H$ is the well-known Hurst exponent (Movahed and Hermanis, 2008; Ge and Lung, 2012). For stationary time series, the exponent $h(2)$ is identical to the Hurst exponent $H$ (Feng and Xu, 2012). Then, the exponent $h(q)$ is known as the generalized Hurst exponent.

For monofractal time series, $h$ is independent of $q$, since the scaling behavior of the variances $F^2(s, \nu)$ is identical for all segments $\nu$. For multifractal time series, if we consider positive values of $q$, the segments $\nu$ with large variance $F^2(s, \nu)$ (i.e. large deviations from the corresponding fit) will dominate the average $F_q(s)$. Thus, for positive values of $q$, $h(q)$ describes the scaling behavior of the segments with large fluctuations. For negative values of $q$, the segments $\nu$ with small variance $F^2(s, \nu)$ will dominate the average $F_q(s)$, $h(q)$ thus describing the scaling behavior of the segments with small fluctuations (Movahed and Hermanis, 2008).

### 4.2 Singularity spectrum of the WeMOi

According to Kantelhardt et al. (2002), the singularity spectrum $f(\alpha)$ can be related to the generalized Hurst exponent, $h(q)$, of the $q$ order fluctuation function, $F_q(s)$, via a Legendre transform

$$\alpha = h(q) + q \frac{d[h(q)]}{dq} \quad \leftrightarrow \quad f(\alpha) = q[\alpha - h(q)] + 1$$

(12)
where $\alpha$ is the singularity strength or Hölder exponent, while $f(\alpha)$ denotes the dimension of the subset of the series. The multifractal scaling exponent is

$$\tau(q) = q h(q) - 1$$

(13)

$\alpha$ being expressed as

$$\alpha = \frac{d \tau(q)}{dq}$$

(14)

The characteristics of the singularity spectrum $f(\alpha)$ provide a new way of comparing signals, because $f(\alpha)$ describes the dimensions of subsets of the series characterized by the same singularity strength $\alpha$. Designing $\alpha_o$ as the singularity strength with maximum spectrum or critical Hölder exponent, a small value of $\alpha_o$ means that the underlying process "loses fine-structure"; that is, it becomes more regular in appearance, while a large value of $\alpha_o$ ensures larger complexity. In this sense, the Hurst exponent can be roughly related to the position of $\alpha_o$ (see for instance Burgueño et al., 2014). The shape of $f(\alpha)$ may be fitted to a quadratic function around the position $\alpha_o$,

$$f(\alpha) = A(\alpha - \alpha_o)^2 + B(\alpha - \alpha_o) + C$$

(15)

where $C$ is an additive constant equal to 1. Coefficient $B$ indicates the asymmetry of the spectrum, being zero for a symmetric spectrum. A right-skewed spectrum, $B>0$, indicates relatively strongly weighted high fractal exponents (with "fine-structure"), while left-skewed shapes, $B<0$, point to lower ones (more regular or smooth looking). The width of the spectrum, which is used as a measure of width of singularity strength range in the series, can be obtained by extrapolating the fitted curve to zero. Width $W$ is defined as

$$W = \alpha_1 - \alpha_2$$

(16)

with $f(\alpha_1) = f(\alpha_2) = 0$, being $\alpha_1$ larger than $\alpha_2$, and the wider the range of the Hölder exponent, the stronger the multifractality. In other words, the wider the range of $\alpha$, the "richer" is the process in structure. A signal with a high value of $\alpha_o$, a wide range of fractal exponents and a right-skewed shape is more complex than a signal with the opposite characteristics (Shimizu et al., 2002). Consequently, the fine-structure of physical mechanisms governing a signal could be analyzed if its complexity is high. On the contrary, if the signal has low complexity, only the smooth-structure of these mechanisms could be detected. For monofractal series, the width of the spectrum is zero and $h(q)$ is independent of $q$. Hence, from Equation (9), it is clear that there would be a unique value of $\alpha$ and $f(\alpha)$, the value of $\alpha$ being the Hurst exponent $H$ and the value of $f(\alpha)$ being equal to 1.
The results of applying MF-DFA to WeMOi are summarized in Figure 7. The power-law behavior for $F_q(s)$ with $q = -15, 0, +15$ is shown in Figure 7a. In spite of some clear fluctuations and disturbances, $F_q(s)$ depicts a power-law increasing with $s$. According to Figures 7b, 7c and 7d, the dependence of $h$, $\alpha$ and $\tau$ on $q$ is very well described by polynomial relationships. The multifractal spectrum shown in Figure 7e is characterized by a moderate asymmetry ($B = 1.01$), a critical Hölder exponent $\alpha_o$ equal to 0.57, and a spectral width $W$ equal to 0.23, being $\alpha_1 = 0.70$ and $\alpha_2 = 0.47$. It is worth mentioning the very good fit of the empiric spectrum to the 2nd degree polynomial of Equation 15.
5. Comparisons of WeMOi to monthly NAO and AMO indices

5.1 Mono-and multifractal properties

Table 1 summarises mono- and multifractal results obtained for monthly WeMO, NAO (Martínez et al., 2010) and AMO indices. Some common mono- and multifractal patterns can be detected for the three indices, while others are quite different. The interpretation of Hurst exponents, $H$, could be sometimes debatable, given that mono- and multifractal techniques could lead to slightly different estimations of $H$. Nevertheless, the results derived for monthly NAO and AMO indices from both methods are essentially coherent, while those for WeMOi are a little more dissimilar. WeMOi shows moderate persistence from the viewpoint of rescaled analysis and randomness ($H \approx 0.5$) from multifractality. From both viewpoints, monthly NAO index is clearly characterised by randomness and monthly AMO index by a strong persistence. Given that the Hurst exponents derived from multifractal analysis does not exceed 1.0 for any of the three monthly series, their stationary character should be accepted and simulations based on fractional Brownian walks should be then discarded. Alternatively, empiric signals could be well reproduced by fGn or almost pure wGn. In spite of the different persistent or random character of the three series, their self-affine nature, characterised by their Hausdorff exponents, $H_a$, would not be a differentiating factor among them, as $H_a$ always varies within a narrow range from 0.05 to 0.10. The exponent $\beta$ of the power-law governing the power spectrum slope is in agreement with the persistence and randomness of the three monthly indices. Whereas monthly AMO index is again characterised by long and strong persistence ($\beta$ slightly exceeding 1.0), the moderate persistence of WeMOi is confirmed by a low value of $\beta$. The strong randomness of the monthly NAO index is suggested by a value of $\beta$ very close to zero, which would be coherent with a model close to a wGn.

In terms of the reconstruction theorem, according to the required minimum number of nonlinear equations, $\mu^*$, the complexity of the physical mechanism governing the time evolution of the three indices is very clear for monthly WeMO and NAO indices ($\mu^* \approx 10$), and more moderate for monthly AMO index ($\mu^* \approx 7$). Another notable question is the loss of memory of the physical mechanism with time. The highest Kolmogorov entropy ($\kappa = 1.37$) corresponds to monthly NAO index, possibly due to its dominant random character, while monthly WeMO and AMO indices, especially the latter, are characterised by not so high loss of memory. In spite of the different patterns derived from the reconstruction theorem for the three indices, their predictive instability is characterised by very similar first Lyapunov exponents, $\lambda_1$, and Kaplan-Yorke dimensions, $D_{KY}$. Consequently, the magnitude of the predictive errors will depend in a similar way on the starting value uncertainty for the three indices. Additionally, orbits in the $m$-dimensional reconstruction space around the strange attractor should be very similar.
From the point of view of the multifractal results, it is worth mentioning the fine-structure of the monthly AMO index, characterized by the highest critical Hölder exponent, $\alpha_0$, the highest positive asymmetry, $B$, and the wider multifractal spectrum content, $W$. Consequently, more detailed descriptions of the physical mechanisms governing the monthly AMO index are expected in comparison with WeMOi and, especially, monthly NAO index. WeMOi is characterised by smaller values of $\alpha_0$, $B$ and $W$ parameters than monthly AMO index. Monthly NAO index should be associated with a smooth-structure, characterised by null asymmetry and an almost monofractal character, manifested by an almost null multifractal spectrum width.

### 5.2 fGn simulations

Given that the three sets of Hurst, Hausdorff and $\beta$ parameters would be compatible with a fGn, with the special case of the monthly NAO index close to a pure Gaussian noise ($\beta \approx 0$), comparisons are made between empiric signals and synthetic fGn models generated with their corresponding $\beta$ values. Figure 8 shows the three signals compared with their synthetic simulations, good coincidence being observed. Nevertheless, it is advisable to quantify in some way the similarity between simulated and empiric monthly series. This can be made in two steps.

a) In agreement with Stephenson et al. (2000), the mean absolute deviation, MAD,

$$MAD = \frac{1.483}{N} \sum_{j=1}^{N} |m(j) - s(j)|$$

is applied, being $m(j)$ any of the three empiric monthly series, $s(j)$ the corresponding simulated series and $N$ the signal length.

b) If MAD is less than or equal to one standard deviation of $m(j)$, the simulated fGn could be assumed compatible with the empiric series. Obviously, this possibility would not imply that the simulated series is necessarily a good prediction of the empiric one, month by month. It would be only established that the self-affine character, persistence or randomness and the power spectral contents are similar.

Table 2 summarises some statistical patterns of the differences between empiric and fGn series. It is worth mentioning that the three series of differences are distributed according a Gaussian model, this fact confirmed by the Kolmogorov-Smirnov test. It has to be also underlined that the standard deviations of the empiric monthly NAO and AMO indices are close to their MAD. Conversely, the MAD for WeMOi is notably higher than the corresponding standard deviation of the empiric values.

### 5.3 Cross-correlations

The cross-correlation and cross-power spectrum are analysed by pairs WeMO-NAO and WeMO-AMO indices, looking for possible linkages between them. Figure 9 depicts the main
characteristics of both pairs. With respect to the WeMO-AMO pair, the cross-correlation coefficients are very small, and the expected periodicity of one year is clearly observed in the cross-power spectrum. It is also remarkable that half-year periodicity is not relevant and that some relationship between both monthly signals could be assumed for a long period close to 51 years, in agreement with the evolution of the cross-correlation along the months. It is also worth mentioning that the power spectrum slope is well reproduced by a power-law with an exponent $\beta$ equal to 0.81. The pair WeMO-NAO is characterised by a range of cross-correlation coefficients slightly wider than that corresponding to the WeMO-AMO pair. Remarkable periodicities, in some way expected, of one year and half-year, and an almost null slope for the power spectrum amplitude, with $\beta$ equal to 0.14, are observed. As a summary, the three monthly indices show some common features from several mono-multifractal points of view, but a clear functional relationship is not found, except for half-year (pair WeMO-NAO) and one-year (pairs WeMO-NAO and WeMO-AMO) periodicities.
6. The autoregressive process

6.1 Mathematical formulation

The autoregressive integrated moving average ARIMA(p,d,0) model (Box and Jenkins, 1976) assumes that

\[ A^d x(i) = \theta + \mu x(i-1) + \sum_{k=1}^{p} \delta_k A^d x(i-k) + a_i \quad (i = p+2, \ldots, N) \]  

(18a)

Where \( \{x\} \) is a set of \( N \) empirical data and \( \Delta x \) is the set of first differences

\[ \Delta x(i) = [x(i+1) - x(i)] \text{, with } A^d x(i-k) = [x(i-k+1) - x(i-k)] \]

\( \{\theta, \mu, \delta_1, \ldots, \delta_p\} \) are the parameters of the autoregressive process of order \( p \), \( \{a\} \) is a noise series and \( d \) is a real number. Alternatively, the ARIMA(p,d,0) model, with \( d = 1.0 \), can be written as

\[ x(i) = \theta + \sum_{k=1}^{p} \delta_k x(i-k) + a_i \quad , i = p+1, \ldots, N \]  

(18b)

where the time series \( \{x\} \) is directly used instead of first differences. With the aim of avoiding singularities in the linear equation system used to estimate \( \{\theta, \mu, \delta_1, \ldots, \delta_p\} \), parameter \( \mu \) is implicitly included in parameter \( \delta_1 \). Equation (18b) is usually designed as autoregression, AR(p). The resulting system of linear equations, disregarding the stochastic component \( \{a\} \), can be represented in matrix form by

\[ Z = AW \]  

(19a)

with \( Z \) the \( \{x(p+1),x(p+2),\ldots,x(n)\} \) vector, \( n \) the number of empiric elements belonging to series \( \{x\} \), and the \((n-p-1, p+1)\) matrix \( A \) multiplying a \( p+1 \) dimension vector \( W \) containing the parameters \( \{\theta, \mu, \delta_1, \ldots, \delta_p\} \) to be solved from Equation (19a). The components of vector \( W \) can be estimated by multiplying Equation (19a) by the transposed \( A \) matrix, \( A^T \)

\[ A^T Z = A^T A W \]  

(19b)

Remembering that the symmetric matrix \( A^T A \) can be decomposed in two triangular matrices, it is straightforward to obtain the values of parameters \( \{\theta, \delta_1, \ldots, \delta_p\} \) taking advantage of the Crout’s algorithm (Press et al., 1992).

A convincing solution of Equation (18b) demands some criterion to decide the optimum autoregression order, OAO. The decision can be taken by looking for the order leading to the minimum of MAD (Equation 17).

6.2 Results of the autoregressive process.

The evolution of the MAD with the autoregressive order \( p \) is depicted in Figure 10a. In spite of the wide range of \( p \) analyzed and the decreasing tendency on MAD with increasing \( p \), the reduction of the MAD is persistent but small, being finally chosen 145 as OAO, which corresponds to the lowest achieved value of MAD after exploring it from \( p \) equal to 2 to 200. Even though higher values of \( p \) could be checked, computational instabilities are detected
when the Crout’s algorithm is applied to solve Equation 18b for autoregressive orders exceeding $p = 200$.

Figure 10b depicts the time evolution of the autoregressive process residuals, which are quantified as the difference between a predicted WeMOi and the corresponding empiric value. Positive (negative) residuals represent overestimation (underestimation) of WeMOi. Bearing in mind the standard deviation of the real WeMOi ($\sigma_{\text{WeMO}} = 1.17$) and of the residuals ($\sigma_{\text{res}} = 1.04$), 63.5% of monthly WeMOi are predicted with over- or underestimation smaller than the original data standard deviation. This percentage corresponds to residuals included within the ($-\sigma_{\text{res}}, +\sigma_{\text{res}}$) interval. Extreme residuals (below $-2.0\sigma_{\text{res}}$ or above $2.0\sigma_{\text{res}}$) correspond to a percentage of 4.2%. These last cases should be assumed as WeMOi predictions with excessive errors.

Figure 10c shows the histogram of WeMOi residuals. First of all, it is worth mentioning the relatively wide range of residuals, within $\pm3\sigma_{\text{res}}$, although mostly distributed within the $\pm1.0\sigma_{\text{res}}$ interval. Second, residuals follow a Gaussian distribution (average almost equal to 0.0 and standard deviation equal to 1.04), given that the Kolmogorov-Smirnov test is accomplished with 95% of confidence. Consequently, under- and overestimations are expected to be very balanced on the WeMOi predicted by the autoregressive process. Additionally, biases on the WeMOi predictions are not to be expected, given the almost null residual average.
7. Conclusions

The WeMOi is characterised by signs of moderate persistence, in contrast with a clear random behaviour of monthly NAO index and a strong persistence of monthly AMO index. The persistent character of WeMOi would suggest that successful prediction of forthcoming monthly values would be partially based on considering previous time trends. Nevertheless, results obtained from the reconstruction theorem put the stress on the complex physical system governing WeMOi. First of all, in agreement with the obtained asymptotic correlation dimension, $\mu^*$, a high number of nonlinear equations would be required to describe the physical mechanism. Second, the loss of memory, quantified by the Kolmogorov entropy, is notable. Consequently, the success of a predictive process will not be assured by taking into account a short set of previous monthly samples. Third, the predictive instability is made evident by the existence of positive Lyapunov exponents. In this way, long-term predictions would be strongly affected by small uncertainties at the beginning of the predictive process. Additionally, bearing in mind that the addition of the whole set of Lyapunov exponents is negative, WeMOi time evolution on a space of embedding dimension $d_e$ would be described by aperiodic orbits around a strange attractor of dimension $D_{xy}$. For monthly NAO and AMO indices, the predictive instability and dimensions of the strange attractors are very similar to those of the WeMOi. Nevertheless, finding the appropriate predictive model is a bit more difficult for monthly NAO index. Comparatively, it requires the largest number of nonlinear equations and its loss of memory is the highest.

From the point of view of the physical mechanisms governing the three indices, it is outstanding the role of the large thermal inertia of oceanic water masses, which would explain high persistence and moderate loss of memory of monthly AMO index, in agreement with Kolmogorov entropy, $\kappa'$, results. Conversely, the atmospheric pressure at sea level should be notably conditioned by the lower thermal inertia of the atmospheric air masses. This contrast of thermal inertia between oceanic and atmospheric masses could be assessed by the fact that the ocean thermal capacity is approximately equivalent to 38 atmospheric masses, when considering only the upper 100 m of the ocean (Wells, 1986). In consequence, lower persistence and higher loss of memory of WeMOi and monthly NAO index are to be expected in comparison with monthly AMO index. Also, although WeMOi and monthly NAO index are based on barometric measures at synoptic scales, the effects of the different distances between measurement locations are detected. Whereas WeMOi is defined for a shorter distance (about 1800 km), with reference points at San Fernando (Spain) and Padova (Italy), both places in the Western Mediterranean, monthly NAO index is defined covering a larger distance across the Atlantic Ocean (about 3300 km), from south-western Iceland to Gibraltar (southern Iberian Peninsula). Thus, different degrees of persistence and loss of memory should be expected given that, while the atmospheric dynamic equations are the
same for both indices, the effects of the interaction between atmosphere and sea/ocean would be different (Wang et al., 2004; Mosedale, 2004).

It is also worth mentioning the complexity of the physical mechanism, suggested by the large number of nonlinear equations required for describing every one of the three indices. Whereas $\mu^*$ are quite similar for WeMOi and monthly NAO index, without distinction between the different spatial scales, $\mu^*$ becomes notably lower for monthly AMO index (based on sea-surface temperatures). In terms of the parameter $\beta$, monthly AMO index could be assumed as a time series with notable persistence (in agreement with its Hurst exponent, $H$) and signs of non stationary character. Conversely, WeMOi and monthly NAO index would be qualified as close to stationary uncorrelated series (Malamud and Turcotte, 1999). Once again, differences appear between an index based on sea-surface temperatures and the other two based on barometric measures. In spite of these, some common features have to be mentioned: first, a common fractal anisotropy, which is manifested by very similar small values of the Haussdorff exponent, $H_a$; second, very similar Lyapunov exponents, $\lambda_1$, and Kaplan-Yorke dimensions, $D_{K-Y}$. In short, the degree of fractal anisotropy and predictive instabilities for the three indices would be a common feature, becoming physical variables and spatial scales not discriminating factors.

From the point of view of multifractality, monthly NAO index is close to monofractal behaviour (very narrow spectral width, $W$) in comparison with WeMOi and, especially, monthly AMO index. Additionally, the critical Hölder exponent, $\alpha_0$, for the monthly AMO index is the highest when comparing it with WeMOi and monthly NAO index. Then, in agreement with definitions of Section 4.2 and contents of Table 1 concerning $\alpha_0$, $W$ and $B$, the fine structure of the physical mechanism resulting from the ocean dynamics governing monthly AMO index would be obtained with more detail than those related to atmospheric dynamics and to interactions between ocean and atmosphere, corresponding to WeMOi and monthly NAO index.

The simulation of monthly indices by means of the appropriate random series would constitute a possible predictive process. Although the values of the parameters $H$, $H_a$ and $\beta$ suggest a fGn series, MAD and differences between empiric and simulated signals (Table 2 and Figure 8) put the stress on the fact that fGn series are able to simulate some statistical characteristics of the three monthly series, but not a step-by-step prediction. Alternatively, after reviewing the WeMOi fractal and multifractal results and bearing in mind the relative success of the fGn simulation, an autoregressive process of order $p$, AR($p$), is applied for the prediction of WeMOi. This AR($p$) has to be interpreted as an alternative to a complex system of nonlinear equations which should include the atmospheric dynamic equations as also the
interactions with ocean air masses. This multilinear process would be justified by the moderate persistence, quantified by the Hurst exponent, $H$, and a parameter $\beta$ close to zero. The results of the reconstruction theorem (loss of memory, predictive instability and a not negligible random component of WeMOi), derived without any hypothesis about a specific physical mechanism, are coherent with a high order of the autoregressive process. In short, the adopted approach has consisted on substituting a complex nonlinear system of differential equations by a multilinear regression process, characterised by the required high number of previous empiric WeMOi to predict forthcoming values. In spite of this shortcoming, the ARIMA(p,1,0) is more efficient than fGn simulations predicting WeMOi, as proves MAD values obtained for both methods. Whereas fGn is characterised by a value of MAD close to 3.0 (Table 2), ARIMA(p,1,0) leads to a MAD value close to 1.2 (Figure 10a). Additionally, the ratio between MAD obtained from fGn and standard deviation of empiric WeMOi (Taula 2) is close to 2.5. Conversely, the ratio between MAD obtained from ARIMA and standard deviation of empiric WeMOi is very close to 1.0. Finally, in agreement with cross-correlations and cross-power spectra derived from WeMO-NAO and WeMO-AMO pairs, monthly NAO and AMO indices would not contribute to an improvement of WeMOi predictions. Only the annual periodicity, a periodicity close to 51 years for the WeMO-AMO pair and another close to half a year for the WeMO-NAO pair are detected.
References


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Table 1. Mono- and multifractal parameters of the monthly WeMO, NAO and AMO indices. Hurst exponents within parentheses are those derived from multifractal analyses, under the assumption that monthly series are stationary.

<table>
<thead>
<tr>
<th></th>
<th>Monofractal parameters</th>
<th>MF-DFA</th>
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<tbody>
<tr>
<td></td>
<td>$H$</td>
<td>$H_a$</td>
</tr>
<tr>
<td>WeMO</td>
<td>0.67 (0.49)</td>
<td>0.05</td>
</tr>
<tr>
<td>NAO</td>
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<td>0.10</td>
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<tr>
<td>AMO</td>
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<td>0.10</td>
</tr>
<tr>
<td></td>
<td>Range</td>
<td>&lt;dif&gt;</td>
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<tr>
<td>--------</td>
<td>---------</td>
<td>-------</td>
</tr>
<tr>
<td>WeMO</td>
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<td>0.42</td>
</tr>
<tr>
<td>NAO</td>
<td>(-6.99, 6.62)</td>
<td>0.15</td>
</tr>
<tr>
<td>AMO</td>
<td>(-0.76, 0.88)</td>
<td>0.01</td>
</tr>
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**Table 2.** Parameters describing the differences between empiric monthly indices and those simulated by fGn series. Columns correspond to range, average, <dif>, and standard deviation, σ(dif), Kolmogorov-Smirnov statistics for a Gaussian distribution (95% confidence level within parentheses), mean absolute deviation, MAD, and the standard deviations, σ(emp), of the empiric monthly signals.
Figure 1. Evolution of the WmMK along years 1850-2000 at (a) monthly scale, smoothed by a moving window of 13 months length. The cumulative distribution of WmMK is labelled at right. (b) WmMK grouped by seasons (FM stands for January, February and March, and so on with AMJ, JAS and OND).
Figure 2. Empirical and theoretical Gaussian distributions of the WetDKI.
Figure 3. Expected values of WeMOI derived for different return periods, compared with empiric values.
Figure 4. Monofractal analysis of the W. a) Hurst exponent; b) autocorrelation; c) power spectrum and d) Hausdorff exponent deduced from the box-counting algorithm.
Figure 5. Results of the reconstruction theorem applied to WeMO: a) correlation integral curves, $C(m, r)$ for different dimensions $m$ and correlation dimension, $d_f$, and b) Kolmogorov entropy, $K$.
Figure 6. Evolution of the first two Lyapunov exponents with a) the increasing number of iterations and b) the reconstruction dimension $m$. 

210x297mm (200 x 200 DPI)
Figure 7. Multifractal analysis of the WMO1, a) α order fluctuation function, $F_q(s)$, as a function of the segment length $s$, for $q = -15$, $0$ and $+15$. b) Dependence of the generalised Hurst parameter $H(q)$ on $q$. (Evolution with $q$ of the Hölder exponent, $\alpha_q$, and d) $\tau$ - e) Multifractal spectrum centred on the critical Hölder exponent, $\alpha_c$. 

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Figure 8. Comparison, through 25 years, between simulated R5n and empirical monthly series of
a) WetMD, b) NAO and c) AMD indices.

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Figure 9. Cross-correlations and cross-power spectra for pairs WeMD-AMO and WeMD-NAO indices.

210x297mm (200 x 200 DPI)
Figure 10. a) Residuals of the autoregressive process for the whole recording period of the WeMOI. b) Evolution of MAD with the autoregressive order, p. c) Histogram of WeMOI residuals.