

1 **Enhancement of total nitrogen removal through effluent**
2 **recirculation in a hybrid constructed wetland system**
3 **treating urban wastewater**

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30 **Abstract**

31 The effect of effluent recirculation on the removal of total nitrogen (TN) and eight
32 pharmaceuticals and personal care products (PPCPs) was evaluated during 9
33 months in an experimental hybrid constructed wetland (CW) system applied in
34 the treatment of urban wastewater. An Imhoff tank was followed by three stages
35 of CWs (two 1.5-m² vertical subsurface flow (VF) beds alternating feed-rest
36 cycles, a 2-m² horizontal (HF) and a 2-m² free water surface (FWS) wetland in
37 series). A fraction of the final effluent was recycled back to the Imhoff tank with a
38 recirculation rate of 50% (hydraulic loading rate = 0.37 m d⁻¹). The system's
39 performance varied throughout the study. In Period I (summer) consistently high
40 load removal efficiencies of TN (89 ± 5%) and a removal rate of 6.6 ± 1.4 g TN
41 m⁻² d⁻¹ were exhibited. In Period II (fall), the poor performance of the FWS during
42 the senescence of macrophytes caused a large increase in organic matter, solids
43 and nutrient concentrations, drastically deteriorating water quality. The
44 determination of PPCPs was conducted during this period. Recalcitrant
45 compounds, namely sulfamethoxazole, carbamazepine, TCEP and sucralose
46 were negligibly removed in all CWs. However, noteworthy was the ≈30% removal
47 of sucralose in the VF wetland. Caffeine (80%) and fluoxetine (27%) showed
48 similar elimination rates in both VF and HF units, whereas trimethoprim and
49 DEET were significantly better removed in the VF than in the HF. The
50 concentration of the four latter compounds showed a severe increase in the FWS,
51 indicating possible desorption from the sediment/biomass during adverse
52 conditions. Harvesting of the aboveground biomass in this unit returned the
53 system's performance back to normality (Period III), achieving 77 ± 7% TN
54 removal despite the winter season, proving effluent recirculation as an effective
55 strategy for TN removal in hybrid CW systems when stringent restrictions are in
56 place.

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69 **Keywords**

70 desorption; emerging organic contaminant; pharmaceuticals and personal care
71 products; plant decay; recycling; treatment wetland.

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1. Introduction

73 Constructed wetlands (CWs) are engineered systems that emphasize the physic-
74 chemical and microbiological processes occurring in natural wetlands in a
75 controlled manner to treat wastewater (García et al., 2010). They have proven to
76 be a convenient solution for the decentralized treatment of wastewater of various
77 origins worldwide due to their multiple advantages. Their operation and
78 maintenance is very simple and they hold costs of O&M well below those
79 produced in conventional wastewater treatment plants. They can be constructed
80 out of local materials, and present great adaptability and resilience, providing
81 multiple ecosystem services and even acting as revenue generators (Hansson et
82 al., 2012; Ni et al., 2016; Wang et al., 2015). In recent decades the CW
83 technology has rapidly evolved through the use of various designs and
84 operational modes or other intensifications so as to improve effluent water quality
85 with respect to various pollutants (i.e. organic matter, nitrogen and phosphorus,
86 trace elements, pathogens, emerging organic contaminants) from wastewater
87 (Fonder and Headley, 2013; Nivala et al., 2013).

88 In light of the increasingly stringent nitrogen discharge standards in many parts
89 of the world due to the environmental (e.g. eutrophication) and health hazards (to
90 infants and pregnant women and to livestock) originated from the contamination
91 of surface and groundwater with nitrified effluents (Ward et al., 2005), the
92 enhancement of nitrogen removal from wastewater has become one of the main
93 issues in the development of the CW technology (Pelissari et al., 2017; Wu et al.,
94 2014; Zhai et al., 2016). The complete elimination of the nitrogen content of
95 wastewater (usually relying on the process of nitrification of ammonia nitrogen
96 followed by denitrification of nitrate) remains largely unsatisfactory in passive
97 single-stage CW systems due to their inability to provide both aerobic and
98 anaerobic conditions at the same time. The use of hybrid systems combining
99 different wetland types has become a very common strategy to improve total
100 nitrogen removal (Vymazal, 2013). While vertical subsurface flow (VF) wetlands
101 are especially suitable to provide an efficient nitrification due to their great oxygen
102 transport ability facilitated by the intermittent feeding regime and unsaturation of
103 the bed between pulses, denitrification is the prevailing nitrogen transforming
104 process in horizontal subsurface flow (HF) wetlands under the anaerobic

105 conditions provided by a regime of permanent saturation when sufficient carbon
106 is available (Liu et al., 2016; Vymazal, 2007). Average nitrogen removal rates in
107 hybrid CW systems have been significantly higher than those of single-stage CW
108 systems, especially when a free water surface (FWS) wetland is included in the
109 treatment line (Vymazal, 2013).

110 However, one of the main limiting factors for the broader implementation of CWs
111 is their relatively large footprint, especially in regions where land resources are
112 scarce and with high population density, which ranges 5-6 m²/PE for HF beds, 2-
113 3 m²/PE for VF and slightly lower for hybrid systems (Kadlec and Wallace, 2009),
114 exceeding by far the area required by conventional wastewater treatment plants
115 (<1 m²/PE) (Veenstra et al., 1997). Other strategies to improve total nitrogen
116 removal unfold several intensifications which use mechanical power inputs, such
117 as tidal-flow systems, the use of intermittent aeration, step-feeding, or the use of
118 various substrates. The implementation of these intensifications is, for each case
119 scenario, a trade-off between the footprint and the energy required, which will
120 increase the lifecycle cost of the system (Austin and Nivala, 2009; Boog et al.,
121 2014; Nivala et al., 2013; Wu et al., 2014).

122 Recycling of the final effluent back to the influent has recently been reported by
123 a small number of studies including a single CW stage as a good alternative to
124 improve the elimination of nitrogen while reducing investment costs and footprint.
125 Both nitrification and total nitrogen removal have been shown to be enhanced in
126 VF wetlands (Prost-Boucle and Molle, 2012; Arias et al., 2005), especially when
127 operating under high hydraulic loading rates (HLRs), decreasing the required
128 area to 1.4-1.8 m²/PE (Foladori et al., 2013). In HF wetlands the effect of
129 recirculation has shown variable results, exhibiting an improvement of total
130 nitrogen removal in a two-stage HF system (White, 1995), but a negative effect
131 on general wetland performance including nitrogen in a HF mesocosm fed with
132 synthetic wastewater (Stefanakis and Tsihrintzis, 2009). The recirculation
133 strategy was also recently tested in hybrid CWs system at pilot-scale consisting
134 of an anaerobic reactor followed by a HF and VF wetlands and average of 66%
135 of TN removal was observed when applying 100% recirculation, as opposed to
136 29% without recirculation (Ayaz et al., 2012). Moreover, various lab-scale hybrid
137 constructed wetland configurations containing HF and VF wetlands showed

138 stable average of 80% TN removal under a load of 2-8 g TN m⁻² d⁻¹ (Torrijos et
139 al., 2016).

140 An experimental three-stage hybrid constructed wetland system -consisting of
141 two alternating VF beds, a HF and a FWS wetlands in series- treating urban
142 wastewater started operation in 2010 and was gradually submitted to increasing
143 HLRs (nominal of 0.06 m d⁻¹, punctual HLRs of 0.13 and 0.18 m d⁻¹) to test its
144 treatment capacity under large organic and hydraulic loads (Ávila et al., 2014,
145 2013). Since the system seemed to be oversized, it was subsequently submitted
146 to a HLR of 0.27 m d⁻¹ for a year, accomplishing removal efficiencies as high as
147 those achieved in previous studies. Although the specific area required was as
148 low as 2 m²/PE, still limited nitrogen removal was achieved, due to poor
149 denitrification with the HF and FWS wetlands (Ávila et al., 2016). Therefore, with
150 the aim of enhancing the elimination of nitrogen, in the current study a
151 recirculation loop was applied from the final effluent up to the primary settler and
152 the performance of the system was evaluated for a period of 9 months.

153 Moreover, a sampling campaign for the determination of various pharmaceuticals
154 and personal care products (PPCPs) was also accomplished during two months
155 with the purpose of assessing their behavior under this operational strategy. The
156 occurrence and fate of PPCPs and other emerging organic contaminants in CWs
157 systems have only recently come under scrutiny, and these low-cost natural
158 systems have proven a great potential for the removal of multiple PPCPs showing
159 oftentimes superior performances than conventional wastewater treatment plants
160 (WWTPs) due to their physic-chemical and microbiological complexity (Ávila and
161 Garcia, 2015; Verlicchi and Zambello, 2014; Zhang et al., 2014). However, more
162 studies are needed for a complete and thorough understanding of the behavior
163 of emerging organic contaminants in CWs and for a more extended set of
164 compounds. The current study investigated eight substances, including four
165 pharmaceuticals (i.e. carbamazepine, fluoxetine, sulfamethoxazole and
166 trimethoprim), and four personal care products (i.e. N,N-diethyl-meta-toluamide
167 -DEET-, tris (2-chloroethyl) phosphate -TCEP-, caffeine and sucralose). To the
168 best of our knowledge, the present study is the first to investigate the fate of
169 sucralose in CW systems.

170 **2. Materials and methods**

171 **2.1. Treatment plant design and operation**

172 The hybrid CW system was located outdoors at the experimental facility of the
173 GEMMA research group (Department of Civil and Environmental Engineering of
174 the Universitat Politècnica de Catalunya-BarcelonaTech) in Barcelona (Spain),
175 where a Mediterranean climate predominates. It consisted of a stirred wastewater
176 tank, followed by an Imhoff tank, two VF wetlands alternating operation, a HF
177 wetland and a FWS wetland in series (Fig. 1). Commissioning of the system took
178 place in May 2010 and since then it has been object of extensive investigation
179 under different operational criteria. The current study involved the application of
180 recirculation and took place from June 2015 to January 2016. The treatment plant
181 operated under a flow of about of 750 L d⁻¹ of urban wastewater, and 375 L d⁻¹
182 from recirculation (HLR= 0.37 m d⁻¹). The recirculation flow rate (RFR) was of
183 50% (RFR = daily recirculated effluent volume/daily raw wastewater volume x
184 100).

185 Urban wastewater from a nearby municipal sewer was pumped daily into a raw
186 wastewater tank before it flowed into an Imhoff tank (0.2 m³) with a nominal HRT
187 of 24 h (for a nominal HLR of 0.06 m d⁻¹), but a HRT during the time of this study
188 of 4.2 h. Effluent of the Imhoff tank flowed by gravity to a storage tank (0.2 m³)
189 and from this point water was conducted into two parallel 1.5 m² VF beds
190 alternating their operation in cycles of feed and rest (3.5 d each). These were
191 intermittently fed by means of hydraulic pulses with a flow of about 55 L per pulse,
192 resulting in about 20 pulses per day. The effluent of the VF wetlands was pumped
193 to a 2 m² HF wetland, and finally to a 2 m² FWS unit. The recirculation took place
194 on a continuous basis by pumping a fraction of the final effluent (FWS effluent)
195 up to the Imhoff tank where it mixed with the raw wastewater. All wetland units
196 were constructed in polyethylene and were planted with *Phragmites australis*
197 since the commissioning period, thus the vegetation was very well established
198 during the time of the study. Further design and operational details of the system
199 are shown in Table 1.

200 Several electromagnetic flow meters (SITRANS F M MAGFLO®) were installed
201 along the treatment system to follow up flow values entering the different units of

202 the treatment system during the experimental period, which allowed expressing
203 the results on a mass balance basis. Further specific design and operational
204 parameters and previous performance of the system can be found in Ávila et al.
205 (2016, 2014, 2013).

206 **2.2. Sampling and analysis of conventional water quality parameters**

207 Effluent samples from each treatment unit were grabbed twice a week (Tu and
208 Th, 10am) by taking about 1.5 L of sample (Fig. 1). Measurement of onsite water
209 quality parameters (i.e. temperature, pH, electrical conductivity –EC- and redox
210 potential –E_H-) was done at the time of sample collection. Samples were taken to
211 the adjacent laboratory for the immediate analysis of the following parameters:
212 total suspended solids (TSS), biochemical oxygen demand (BOD₅), total organic
213 carbon (TOC), total nitrogen (TN), ammonium nitrogen (NH₄-N), nitrate and nitrite
214 nitrogen (NO_x-N), and sulfate (SO₄²⁻).

215 Onsite measurements of water temperature, pH and EC were taken by using a
216 Checktemp-1 Hanna thermometer, a Crison pH-meter and an EH CLM 381
217 conductivity meter. E_H was also measured onsite by using a Thermo Orion 3 Star
218 redox meter and values were corrected for the potential of the hydrogen
219 electrode. The determination of conventional wastewater quality parameters,
220 including TSS and NH₄-N was done by following the Standard Methods (APHA,
221 2012). TN and TOC were measured using a Multi N/C (2100 S) analyzer (APHA,
222 2012). BOD₅ was determined by using a WTW[®] OxiTop[®] BOD Measuring
223 System. NO_x-N and SO₄²⁻ were analyzed using a DIONEX ICS-1000
224 chromatography system.

225 **2.3. Sampling and analysis of PPCPs**

226 The determination of PPCPs took place during the fall season (Sep to Nov 2015).
227 8-h composites samples were collected twice per week (n=10) by grabbing a
228 volume of about 100 mL 3 times per day (at 9, 13 and 17h), in order to buffer
229 diurnal and weekly variations. Samples were immediately taken to the laboratory
230 and a solid phase extraction (SPE) was carried out within 24h. Analysis of the
231 target compounds was performed by an Agilent 6410 Triple Quadrupole LC/MS-
232 MS at the University of Catania (Catania, Italy) according to the procedure

233 reported by Sgroi et al. (2016) and here described in Supplementary material
234 (Text S2, Table S1, Table S2, Table S3).

235 **2.4. Chemicals and reagents**

236 All purchased solvents, standards, and reagents were of high purity. The details
237 concerning these materials are reported in the Supplementary material section
238 (Text S1). The selection of PPCPs analyzed in this study was based on data
239 presented in previous literature that rely on chemical-physical properties,
240 occurrence data, detection frequency, availability of robust analytical methods
241 and removal during wastewater treatments (Heidler et al., 2008; Luo et al., 2014;
242 Sgroi et al., 2016). Detailed information about all target analytes used in this study
243 is shown in Table 2.

244 **3. Results and discussion**

245 Since the performance of the hybrid system treatment varied substantially during
246 the current study, results were divided in three periods and data was treated and
247 discussed separately for each period accordingly. During Period I (Jun to Aug
248 2015) the CW system presented an excellent performance, provided by the
249 applied recirculation loop. However, during Period II (Sep to Nov 2015) the overall
250 treatment performance of the system extensively declined due to the
251 recontamination of the water during its passage through the FWS unit, which
252 showed a very poor performance. This was attributed to the senescence of the
253 macrophytes in this wetland unit during the fall season, which resulted in the
254 release of carbon, nitrogen and solids into the water table, consequently causing
255 a drastic decrease on the overall efficiency of the system. In order to reverse this
256 tendency, a bioremediation measure, consisting of the pruning of the plants of
257 the FWS unit, was adopted in early November (Fig 2). As a result of the clearance
258 of dead plant material (Period III: Nov to Jan 2016) the performance improved
259 significantly, displaying removal efficiencies similar to those of Period I, thus
260 demonstrating the recirculation as a successful strategy for the enhancement of
261 total nitrogen removal in CW systems.

262 **3.1. General performance of the treatment system**

263 Concentration values of conventional water quality parameters obtained during
264 the three consecutive periods of operation are shown in Table 3. The mean redox
265 potential (E_H) in the raw wastewater for the three periods was -78 ± 88 mV, and
266 it remained constant after the Imhoff tank. Inside the VF beds mean E_H values
267 increased to $+142 \pm 84$ mV, indicating oxidative conditions within these units,
268 which are crucial to ensure efficient nitrification rates (Kayser and Kunst, 2005).
269 In the HF unit E_H values decreased down to a mean value of $+66 \pm 130$ mV (for
270 all periods), and in the FWS wetland effluent E_H values showed a large variability
271 across the whole study interval (average of $+61 \pm 143$ mV) owing to the poor
272 performance of this unit during Period II, which caused a reducing environment
273 in the water table (-6 ± 87 mV). The retention of TSS at the Imhoff tank was
274 generally good at all periods (mean concentration removal efficiency of $79 \pm 18\%$)
275 despite the high concentrations in the raw wastewater (877 ± 170 mg L⁻¹ for
276 Period I, 221 ± 45 mg L⁻¹ for Period II, and 295 ± 97 mg L⁻¹ for Period III) and
277 short hydraulic retention time (HRT) (85% lower than nominal value). The
278 average load of solids applied to the CW system during the whole study interval
279 was 33 g TSS m⁻² d⁻¹ (taking into account the area of VF beds). During Periods I
280 and III, the overall TSS load removal efficiency for the CW system was very high
281 (mean removal efficiencies of $93 \pm 3\%$ and of $96 \pm 6\%$, respectively), observing
282 mean concentration values below 10 mg L⁻¹ in the final effluent (Fig. 3), which is
283 in agreement with previous results in the same plant that show the quality of the
284 final effluent suitable to be reused in various applications (Ávila et al., 2016,
285 2013). However, in Period II the concentration of solids highly increased in water
286 by its passage through the FWS unit, due to the large release of particulate matter
287 into the water column during plant decay ($25 \pm 45\%$ overall TSS load removal),
288 releasing a mean TSS concentration at the final effluent as high as 114 ± 63 mg
289 L⁻¹. Despite the recirculation loop, no signs of clogging were detected in any of
290 the subsurface flow CWs during this period, presumably due to the compensating
291 relatively lower solids amount in the raw wastewater during this time span.

292 The hybrid CW system exhibited an excellent removal of organic matter in spite
293 of the high hydraulic and organic loading rates (OLR). During Period I (mean OLR
294 = 107 g BOD₅ m⁻² d⁻¹), the elimination of BOD₅ was consistent overtime, showing
295 an overall load removal efficiency of $97 \pm 2\%$ (final effluent concentration of 20

296 mg/L), which agrees with results previously observed at this treatment plant
297 without recirculation and identical OLR (Ávila et al., 2016). Removal rates
298 correlated very well with the influent loading rates (Fig. 3), as observed by other
299 studies in CWs (Calheiros et al., 2007; Saeed and Sun, 2012). Per contra, during
300 Period II (Sep to Nov) the overall performance of the CW system exhibited a
301 drastic decline, presenting a mean load removal efficiency of $77 \pm 13\%$ of BOD₅
302 (Fig. 3), which was associated with the die-back and decomposition of plant
303 biomass in the FWS wetland coinciding with the fall season. Organic matter
304 concentrations (as well as other contaminants) steeply increased in this wetland
305 unit, being especially remarkable for TOC (mean concentration of 18 and 115
306 mg/L in influent and effluent of the FWS unit, respectively), indicating that the
307 major part of the increase was mainly caused by plant matter of non-easy
308 biodegradability (lignine and cellulose). *P. australis*, as well as other aquatic
309 macrophytes, has been repeatedly observed to leach nutrients rapidly upon
310 death and decomposition into the water column, thus affecting treatment
311 performance (Kouki et al., 2009; Kröger et al., 2007). In this way, the contribution
312 of macrophytes to nutrient removal is often only temporary because of the nutrient
313 loss at senescence. *P. australis* is one of the wetland species with the highest
314 biomass generation (approximately $5.27 \text{ kg m}^{-2} \text{ year}^{-1}$ in a Mediterranean climate)
315 and it holds the major part of the biomass in the belowground organs (roots and
316 rhizosphere) (Ennabili et al., 1998). The high belowground biomass production of
317 this species is attributed to the fact that it is a perennial species that allocates
318 nutrients to belowground organs at the onset of senescence, and when high
319 nitrogen loads are applied higher rhizome production is observed (Maucieri et al.,
320 2014; Ravit et al., 2007). During its decomposition, vegetation debris releases
321 nutrients (e.g. nitrogen, phosphorus, potassium, calcium, etc.) and dissolved
322 organic carbon, which are leached into the water body (Wetzel, 2001). Moreover,
323 it has been widely reported that *P. australis* and other aquatic macrophytes
324 exhibit 'luxury' uptake of both N and P when high nutrient loads are applied,
325 subsequently releasing sequestered nutrients back into the receiving water upon
326 the conclusion of the growing season (Farahbakshazad and Morrison, 1997; Hill,
327 1979; Kröger et al., 2007), and progressively accumulating in the underlying
328 sediments since the saturated conditions retard decomposition (Passoni et al.,
329 2009). Luxury uptake has also been observed by sediment bacteria by

330 Khoshmanesh et al. (2002), which hypothesized that some phosphorus was
331 accumulated during the aerobic stage, being released during the subsequent
332 anaerobic step. This could indicate that the biomass associated to the
333 rhizosphere and the sediment in the FWS wetland might contribute to the release
334 of accumulated nutrients to the water column during adverse conditions, together
335 with the influence of other physic-chemical factors such as E_H , pH, and a
336 complexity of multiple bonding forces occurring within the rhizosphere.

337 Although the current event had not been previously recorded in this wetland unit
338 since its commissioning, it has been reported that resource translocation patterns
339 between rhizomes and the aboveground organs depends not only on the season
340 but also on rhizome age. Environmental conditions, in particular temperature and
341 solar radiation, among other factors also affect translocation rates (Asaeda et al.,
342 2006). Nevertheless, after harvesting of the aboveground biomass in the FWS
343 (end of Period II), the performance of the hybrid CW system improved
344 significantly returning back to normality despite the winter season (Fig. 3),
345 achieving a high overall BOD_5 load removal efficiency during Period III ($96 \pm 3\%$),
346 under an OLR of about $48 \text{ g } BOD_5 \text{ m}^{-2} \text{ d}^{-1}$.

347 **3.2. Total nitrogen removal**

348 Nitrogen transformations within the hybrid system occurred also in different
349 magnitudes during each of the three periods owing to the varying conditions in
350 the performance of the FWS unit (Fig. 4 and 5). The average $NH_4\text{-N}$ load applied
351 in the VF was of $6 \pm 2 \text{ g } m^{-2} \text{ d}^{-1}$ for the three periods, and the overall removal of
352 $NH_4\text{-N}$ varied throughout the study ($96 \pm 5\%$ for Period I, $38 \pm 15\%$ for Period II,
353 and $89 \pm 5\%$ for Period III). The main mechanism associated with ammonia
354 nitrogen removal in CWs is nitrification, which occurs especially well in VF
355 wetlands due to their high oxygen availability (Kadlec and Wallace, 2009). In this
356 study the nitrification remained stable in the VF beds in the three periods (mean
357 VF effluent of $14 \text{ mg } NO_x\text{-N } L^{-1}$ at all periods). However, the overall $NH_4\text{-N}$
358 efficiency drop during Period II was associated with the FWS conditions in this
359 period, where a steep increase of $NH_4\text{-N}$ occurred in final effluent of the FWS unit
360 (Fig. 5) after its almost complete removal in the HF unit ($3 \pm 1 \text{ mg } L^{-1}$), exhibiting
361 an average value even higher than the raw wastewater ($24 \pm 12 \text{ mg } NH_4\text{-N } L^{-1}$).

362 Bonanomi et al. (2014) evaluated the decay of submerged plant litter in a
363 microcosm simulating a reservoir under Mediterranean climate and observed
364 how the N concentration in the sediment of the reservoir increased significantly
365 over the 100 days of decomposition. These results are in accordance with this
366 study, showing how the increase of $\text{NH}_4\text{-N}$ in the final effluent in Period II may be
367 the result of organic nitrogen release due to the decomposition of vegetable
368 tissues of the macrophytes, followed by the process of ammonification (promoted
369 by low redox conditions in the FWS).

370 Overall $\text{NH}_4\text{-N}$ removal rates were of 3, 1 and 5 $\text{g m}^{-2} \text{d}^{-1}$ in Periods I, II and III,
371 respectively. Except for the failure of the performance during Period II, in Periods
372 I and III the hybrid system showed a very robust behavior (Fig. 4), achieving
373 removal rates significantly higher than those reported at a review of 60 hybrid
374 systems of different configurations (2.1 ± 1.7 at hybrid systems consisting of HF
375 - FWS, 2.5 ± 2.8 at VF - HF, and 2.3 ± 2.6 $\text{g NH}_4\text{-N m}^{-2} \text{d}^{-1}$ at hybrid systems with
376 FWS in line). The authors indicate that if $\text{NH}_4\text{-N}$ is the target parameter for the
377 removal, the combination of various types of CW which include a VF stage does
378 not provide enhanced $\text{NH}_4\text{-N}$ removal as compared to a single VF (Vymazal,
379 2013). In fact, in the current study about 70% of the removal of ammonium
380 nitrogen took place in the VF beds.

381 The dynamics of denitrification and TN removal showed great variability between
382 the three periods and within different treatment units. In Period I where a mean
383 TN concentration of 68 ± 12 mg L^{-1} was applied, the CW system presented an
384 overall total nitrogen load removal efficiency as high as $89 \pm 5\%$, releasing final
385 effluent concentrations of 12 ± 5 mg TN L^{-1} . This excellent removal of nitrogen
386 was consistent during the whole duration of Period I as can be seen in Fig. 5.
387 Previous studies performed in the same plant treatment (without recirculation,
388 and ORL of 8.9 $\text{g BOD}_5 \text{m}^{-2} \text{d}^{-1}$) showed overall TN removal of $46 \pm 22\%$ (Ávila et
389 al., 2013), therefore proving the implementation of effluent recirculation as an
390 effective measure for the enhancement of nitrogen removal. In the current study
391 the HF wetland was the main unit responsible for denitrification, removing about
392 50% of TN in this unit in Periods I and III. The enhanced denitrification capacity
393 of the HF in respect to previous operational periods (Ávila et al., 2016, 2013)
394 seem to be related to the higher HLRs applied in this study, which would

395 presumably provide higher carbon substrate and/or create the required anaerobic
396 conditions to promote the denitrification activity.

397 Conversely, the overall removal efficiency of TN in the CW system in Period II
398 was of only $46 \pm 9\%$, owing to the release of nitrogen from the plant tissue
399 decomposition in the FWS wetland (Vymazal, 2007; Wetzel, 2001). Final average
400 effluent concentrations were of 58 mg TN L^{-1} , similar to the influent concentrations
401 ($68 \pm 12 \text{ mg L}^{-1}$). However, during this period a high denitrification activity took
402 place within the FWS wetland, achieving almost a complete $\text{NO}_x\text{-N}$ removal. This
403 is in agreement with the relatively low redox conditions in the FWS during this
404 period.

405 In Period III the overall removal efficiency of TN increased significantly ($77 \pm 7\%$)
406 despite the colder temperatures, discharging a final effluent with ca. $25 \pm 5 \text{ mg L}^{-1}$
407 of TN, and $9 \pm 5 \text{ mg L}^{-1}$ of $\text{NO}_x\text{-N}$. This was possible thanks to the bioremediation
408 measure implemented to reverse the poor FWS performance (harvesting of
409 aboveground biomass), thus returning the recirculation strategy viable again.
410 This measure can also be implemented at full-scale if this tendency wanted to be
411 reverted. Harvesting in July or August has been recommended to achieve optimal
412 shoot-bound nutrient stock while preserving a healthy stand for the subsequent
413 years (Karunaratne et al., 2004; Meuleman et al., 2002). These results are in
414 accordance with those observed at a hybrid CW system (HF + VF), whose TN
415 removal ranged 19-55% when no recirculation was applied, and it increased to
416 66% when VF effluent was recycled to the HF in a ratio of 1:1 - 2:1 (Ayaz et al.,
417 2012). The lower TN removal performance during this period in comparison to
418 Period I can be associated with the lower water temperature in the winter season
419 (12°C). Akrotos and Tsihrintzis (2007) evaluated the effects of temperature over
420 three years in five HF (2.25 m^2 each) with synthetic wastewater, and reported that
421 the removal of TKN and $\text{NH}_4\text{-N}$ were dependent on temperature (74% and 69%
422 when above 15°C , and 58% and 38% when below 15°C for TKN and $\text{NH}_4\text{-N}$,
423 respectively).

424 The TN load applied to the CW system along the whole study period showed little
425 variability ($18 \pm 4 \text{ g TN m}^{-2} \text{ d}^{-1}$). In Periods I and III wetlands units exhibited an
426 outstanding TN reduction, with removal rates of 6.6 ± 1.4 and $6.2 \pm 1.8 \text{ g TN m}^{-2}$
427 d^{-1} , respectively. These values agree with those reported by Torrijos et al. (2016)

428 evaluating the effect of effluent recirculation in a hybrid CW system (HF-VF)
429 treating synthetic domestic wastewater, where a TN removal efficiency of about
430 80% at loading rates ranging from 2 to 8 g TN m⁻² was observed. High TN removal
431 rates (8.4 g TN m⁻² d⁻¹) were also performed by a recirculated hybrid CW system
432 (VF-HF) treating high strength industrial wastewater. In a review of hybrid CW
433 systems by Vymazal (2013) removal rates were best for systems having a FWS
434 unit in series, and averaged 4.2 ± 5.1 g TN m⁻² d⁻¹. The sustainable high TN load
435 removal during Periods I and III has proven effluent recirculation to be a
436 convenient strategy for enhanced nitrogen elimination in hybrid CW systems,
437 especially when restoration projects to prevent eutrophication of water courses
438 or stringent guidelines regarding urban effluent discharge are in place.

439 **3.3. Behavior of PPCPs**

440 The sampling period where the determination of PPCPs was carried out
441 coincided with almost the totality of Period II (except for 6 out of 16 sampling
442 days). As it has been observed in the previous sections, during this period the
443 FWS showed a very poor performance, increasing solids, organic matter and
444 nutrient (mainly organically bound nitrogen and ammonium) concentrations in
445 water. Fig. 6 shows the concentration profile of target PPCPs along the different
446 treatment units in each of the sampling days (n=10). The concentration of the
447 compounds in the Imhoff tank varied as a function of the recycled effluent
448 concentrations. Four of the investigated compounds, i.e. caffeine, trimethoprim,
449 DEET and fluoxetine, were progressively removed through the different CW units
450 before a severe increase in the effluent of the FWS occurred, being consistent
451 for every sampling day. These results are in accordance with the general
452 deterioration of water quality exhibited by the conventional water quality
453 parameters during Period II, and suggest that desorption of PPCPs and other
454 contaminants could also be taking place from the sediment and rhizosphere to
455 the water column during adverse conditions at plant senescence stage.

456 For caffeine and trimethoprim, which are hydrophilic compounds with log K_{ow} < 1
457 (Table 2), the main removal mechanisms in CW systems have been reported to
458 be biodegradation and plant uptake, whereas fluoxetine and DEET, which are
459 hydrophobic compounds, should be preferably removed by sorption and

460 biodegradation (Verlicchi and Zambello, 2014; Zhang et al., 2014). However,
461 strong evidence demonstrates that the binding mechanisms of a contaminant
462 onto a solid matrix are much more complicated than what can be described by
463 $\log K_{ow}$, and instead depend on other interactions specific to the functional groups
464 involved on sorbates and sorbents, which in turn depend on many factors such
465 as pH, temperature, ionic strength or the presence of cations in the medium
466 (Anumol et al., 2015b; Hörsing et al., 2011; Svahn et al., 2015; Wu et al., 2015).
467 It has been observed that positively-charged pharmaceutical compounds show a
468 high degree of sorption onto negatively-charged sediment particles, showing a
469 relatively easy desorption capacity. While negatively charged pharmaceutical
470 compounds exhibit a lower desorption capacity, neutral compounds are negligibly
471 adsorbed (Martínez et al., 2014; Stevens-Garmon et al., 2011). The results
472 obtained in the current study suggest that mechanisms other than hydrophobic
473 interactions played a significant role in the sorption process of some PPCPs. In
474 agreement, caffeine has been detected in gravel samples of CWs (Matamoros
475 and Bayona, 2006), in sludge from WWTPs (Martín et al., 2012) and in river
476 sediments at greater concentration than values predicted with traditional $\log K_{ow}$
477 based methods (Fairbairn et al., 2015). For the abovementioned PPCPs, it is
478 plausible to expect an accumulation in sediments and plant tissues and a possible
479 release in water under specific conditions as observed in the FWS unit during
480 Period II. The remaining four compounds, i.e. sulfamethoxazole, sucralose,
481 carbamazepine and TCEP, were negligibly removed in all the CW units (Fig. 6).
482 Only sucralose presented a consistent removal of around 30% in the VF wetland.
483 Due to their recalcitrance, these compounds passed through the plant with a
484 substantially unchanged concentration. They can be assumed to be scarcely
485 accumulated or adsorbed in sediments and plants, and their possible desorption
486 was not observed in the FWS effluent.

487 The box plots of the observed PPCPs removal efficiencies in VF and HF wetlands
488 are shown in Fig. 7. The VF unit showed a better biodegradation potential for
489 trimethoprim, DEET and sucralose, likely due to a better oxygenation which can
490 enhance microbial biodegradation. For several compounds, including
491 trimethoprim and DEET, previous studies have also reported higher removal
492 efficiencies in VF wetlands than in anaerobic HF units (Verlicchi and Zambello,

2014; Zhang et al., 2014). Caffeine showed a very high removal in both VF and HF wetlands (80% average), whereas fluoxetine had around 30% average removal in these two CWs. Sulfamethoxazole, carbamazepine and TCPE were scarcely removed and often negative removals were observed. This is in accordance with the literature regarding PPCP removal in CWs (Verlicchi and Zambello, 2014) and with the poor removal of sulfamethoxazole previously observed in this treatment plant (Ávila et al., 2014). In a few cases, negative removal was also observed for sucralose, DEET, fluoxetine and trimethoprim. For some compounds this phenomenon is clearly ascribable either to the presence of conjugated forms of these substances (e.g., carbamazepine glucuronide conjugates or N₄-acetylsulfamethoxazole) in the influent that can subsequently break down to release their respective parent compounds during biological treatment or to the release of PPCPs sorbed onto the particulate dissolving after the biological treatment (Blair et al., 2015; Verlicchi and Zambello, 2014). Generally, all the removal efficiencies observed for the investigated PPCPs were similar to what has been reported previously in CW systems and conventional WWTPs (Anumol et al., 2016; Ávila et al., 2015; Luo et al., 2014; Sgroi et al., 2016; Verlicchi and Zambello, 2014; Zhang et al., 2014). It is noteworthy to highlight the 30% average removal observed for sucralose in VF wetland. Sucralose is a recalcitrant compound and very low elimination rates have been reported in conventional WWTPs for this contaminant. Similar removals (around 30%) for the investigated sweetener have been observed in WWTPs operating with high sludge retention time (Anumol et al., 2016; Sgroi et al., 2016).

516 **4. Conclusions**

517 The removal efficiency of total nitrogen, as well as pharmaceuticals and personal
518 care products (PPCP) of a hybrid constructed wetland (CW) system treating
519 domestic wastewater operated with a recirculation of rate of 50% (HLR= 0.37 m
520 d⁻¹) was evaluated during 9 months, and based on the variable performance of
521 the system results were divided into 3 evaluation periods, coinciding with three
522 different seasons.

523 In Period I (summer), the CW system showed an excellent performance,
524 achieving overall removal efficiencies above 90 for TSS, BOD₅ and NH₄-N, and

525 a consistent removal of total nitrogen ($89 \pm 5\%$), discharging a final effluent with
526 an average concentration of 12 mg TN L^{-1} . In Period II the efficiency of the hybrid
527 system significantly dropped, due to the release of solids, organic matter and
528 nutrients from the decomposition of macrophytes in the free water surface (FWS)
529 wetland which severely affected water quality, exhibiting overall load removal
530 efficiencies of 25, 77 and 38% for TSS, BOD₅ and NH₄-N, and of 46% of TN. After
531 harvesting the aboveground biomass in the FWS the hybrid system showed a
532 substantial improvement in treatment performance, achieving mean efficiencies
533 of 96, 96, 89% for BOD₅, TSS and NH₄-N, respectively, and $77 \pm 7\%$ total nitrogen
534 removal despite the winter season (Period III).

535 The determination of various PPCPs was also carried out during Period II. The
536 more recalcitrant compounds sulfamethoxazole, carbamazepine, TCEP and
537 sucralose were scarcely removed. However, sucralose showed a consistent
538 removal of around 30% in the vertical subsurface flow (VF) wetland. On the other
539 hand, caffeine, thrimethoprim, DEET and fluoxetine presented high or moderate
540 removals in all treatment units before increasing in concentration in the final
541 effluent of the FWS wetland, as similarly observed for conventional water quality
542 parameters. This indicates that desorption from the sediment/biomass could be
543 occurring upon adverse conditions generated by plant decay in the fall season.
544 Overall, the VF wetlands showed a better biodegradation potential than the
545 horizontal subsurface flow (HF) wetland.

546 In general, the recirculation loop has proven to be an appropriate strategy to
547 enhance the removal of total nitrogen in CW systems, achieving an excellent
548 mean removal rate of about $6 \text{ g TN m}^{-2} \text{ d}^{-1}$ in summer and winter seasons. It is
549 also worth emphasizing the importance of remediation measures being feasible
550 at full-scale (harvesting of the biomass) in order to maximize the sequestration of
551 nutrients from macrophytes before the senescence stage and to avoid the decline
552 in treatment performance.

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564

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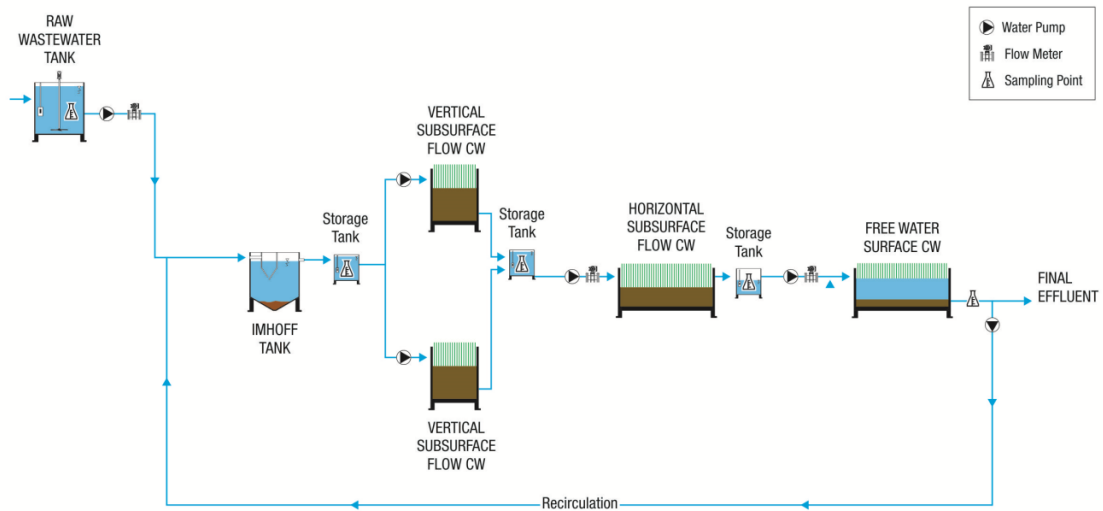
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774 **FIGURES**

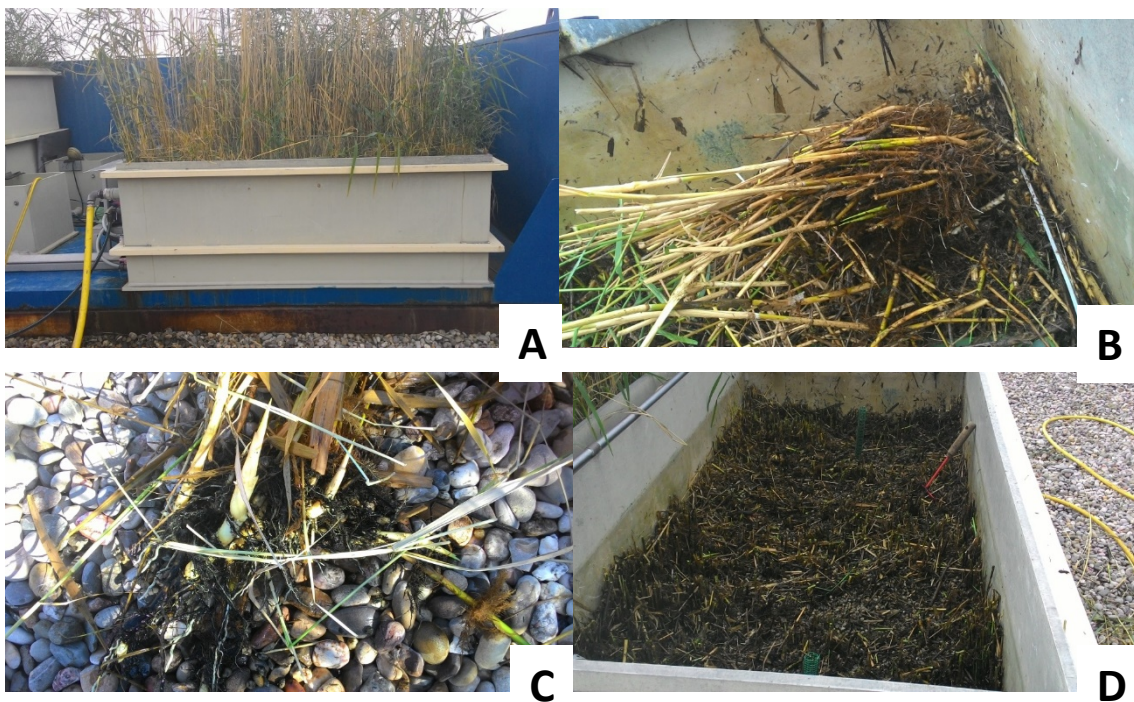


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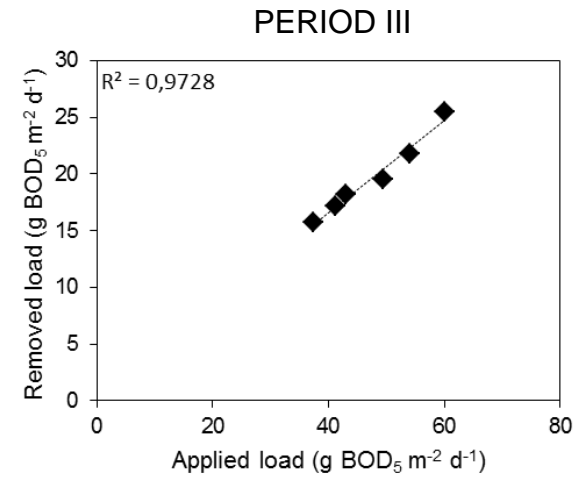
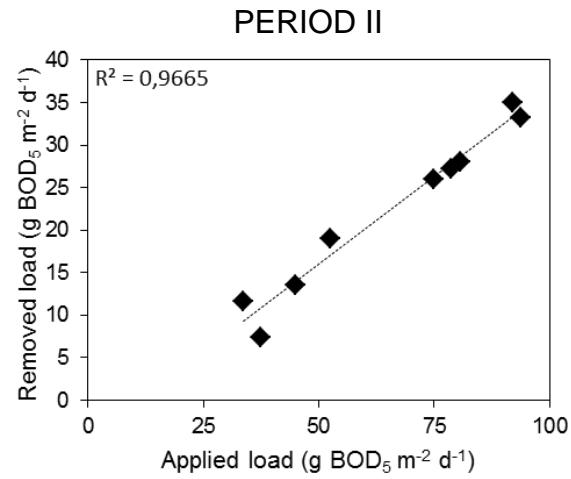
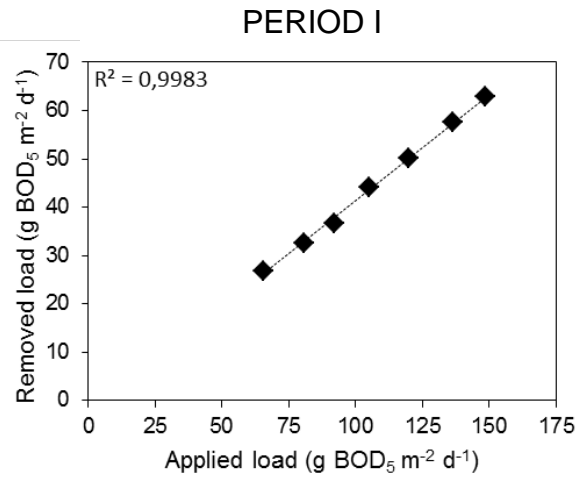
776 Figure 1. Diagram of the experimental hybrid constructed wetland system.

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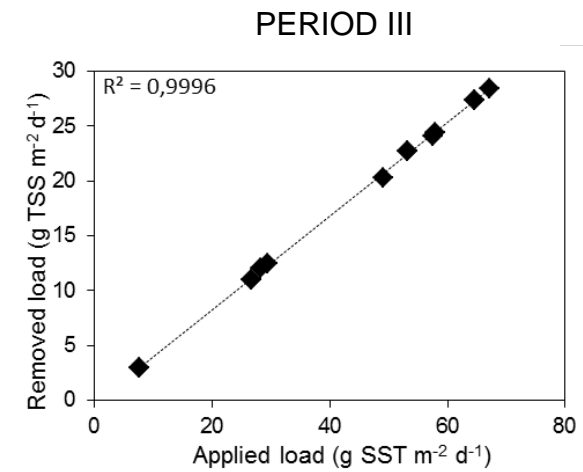
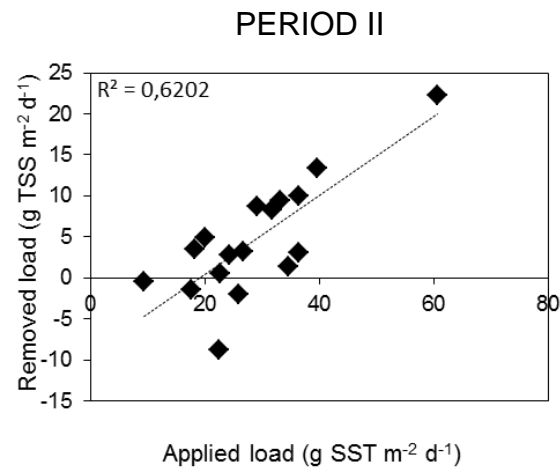
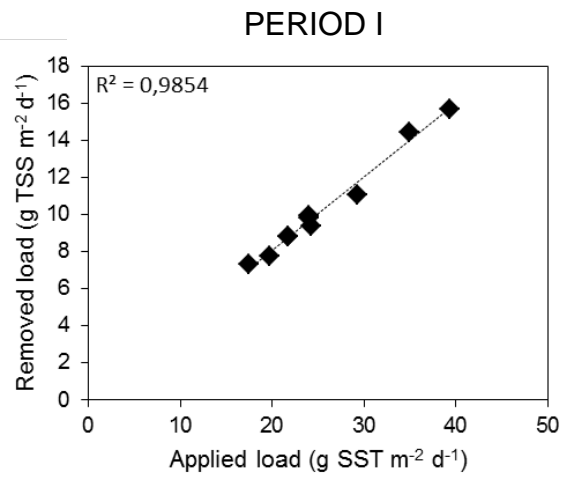


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779 Figure 2. Harvesting of the aboveground biomass in the free water surface wetland at the end of
 780 Period II (11/11/2015). (A) macrophytes in senescence; (B,C) decomposing biomass; (D)
 781 wetland after harvesting.

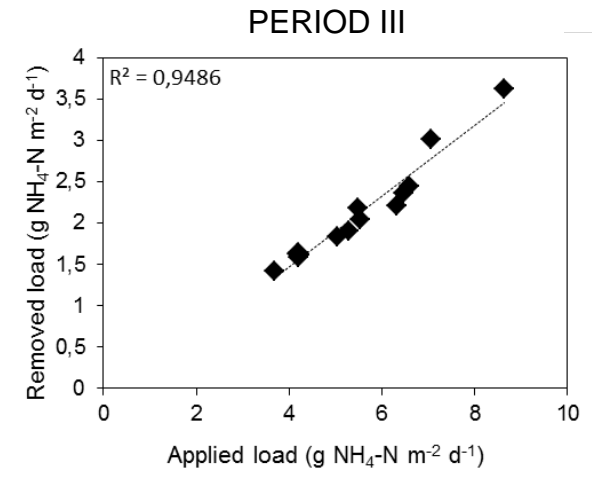
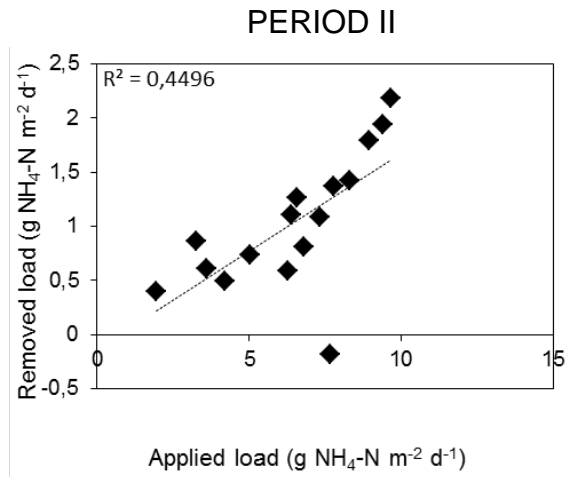
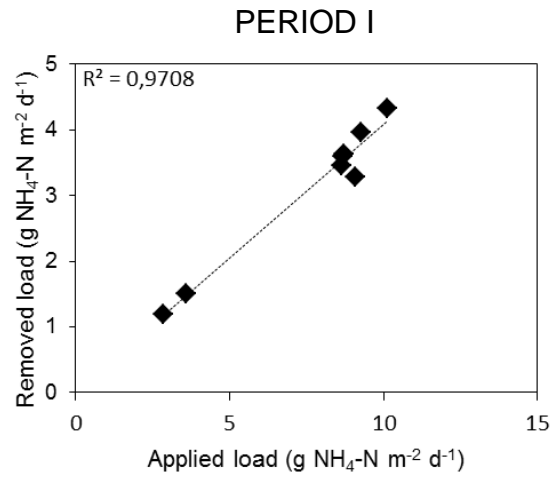


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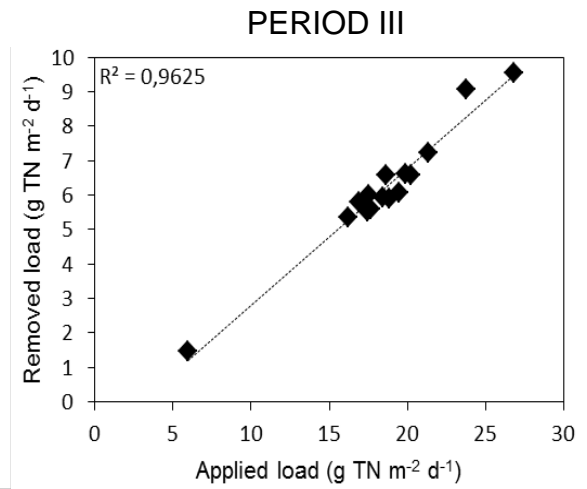
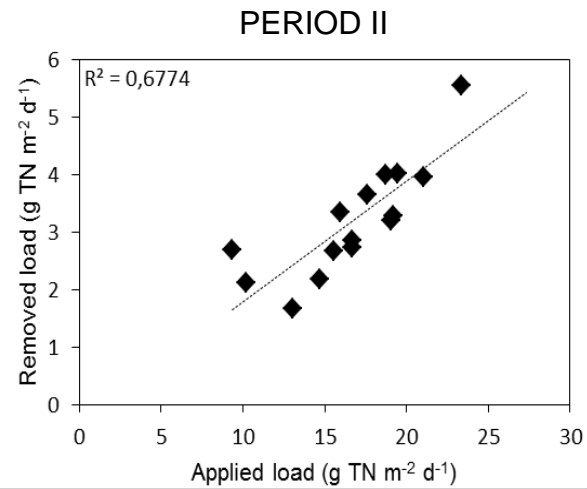
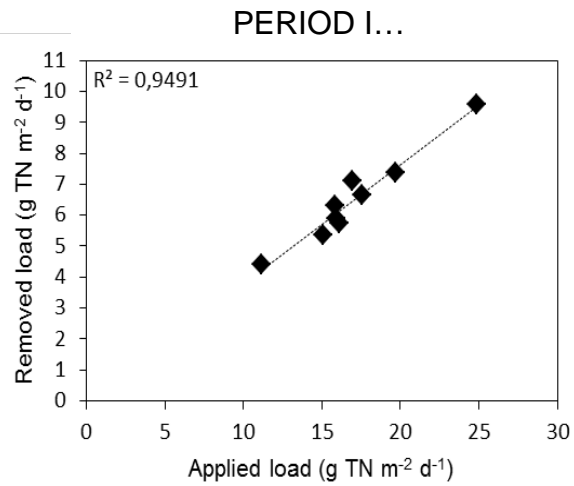


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Figure 3. BOD₅ and TSS applied and removed loads in the hybrid constructed wetland system.



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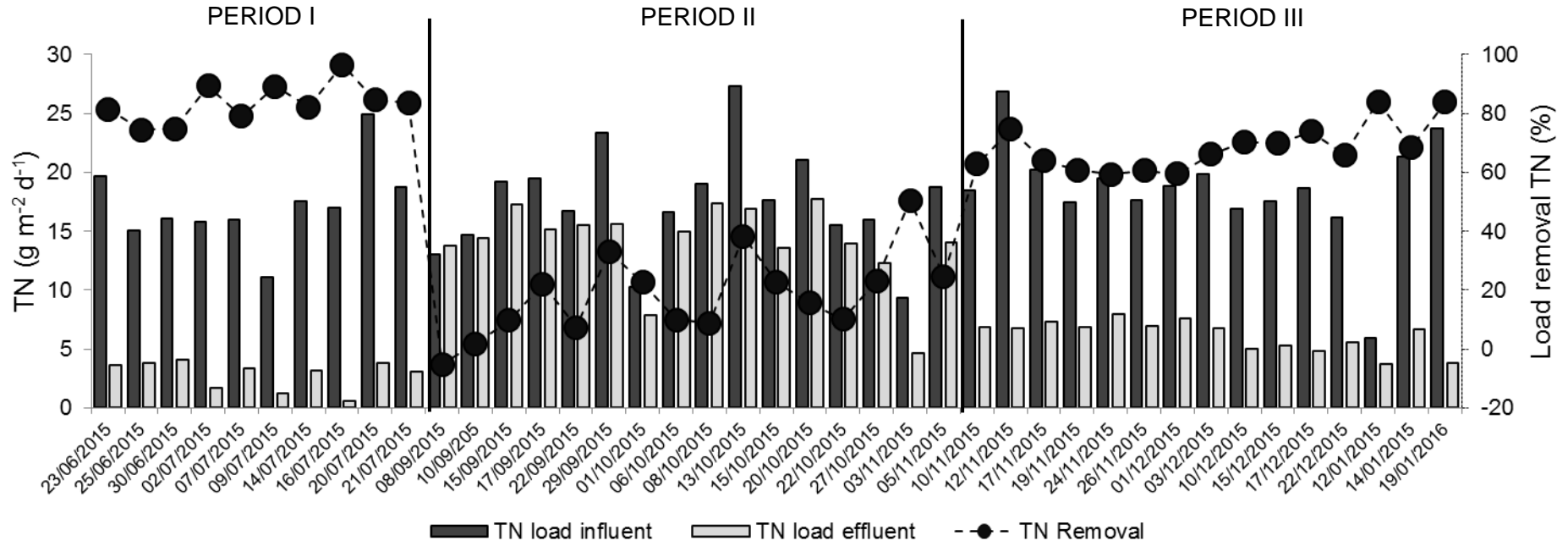


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787 Figure 4. NH₄-N applied and removed loading rates in the hybrid constructed wetland system.

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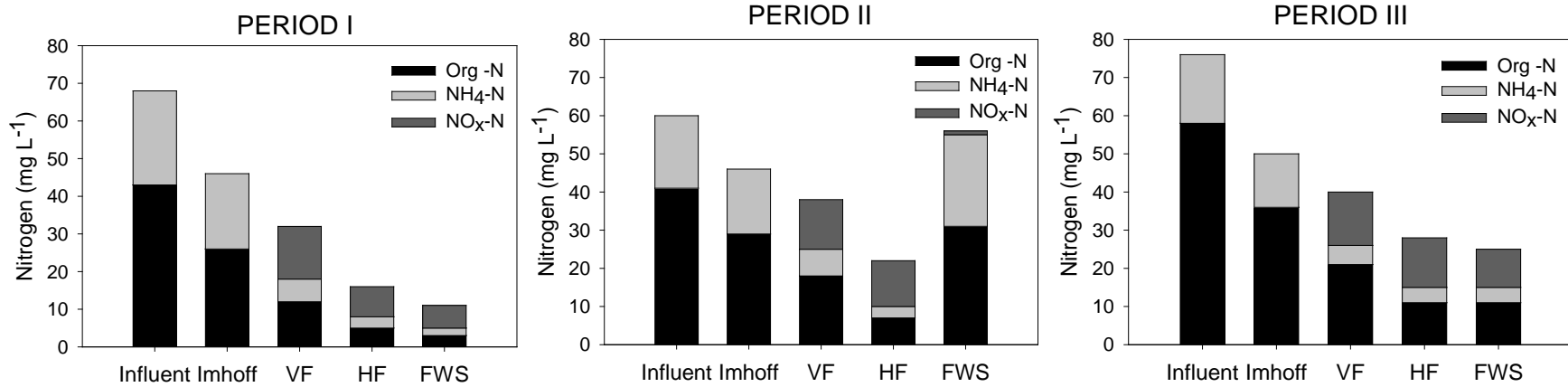
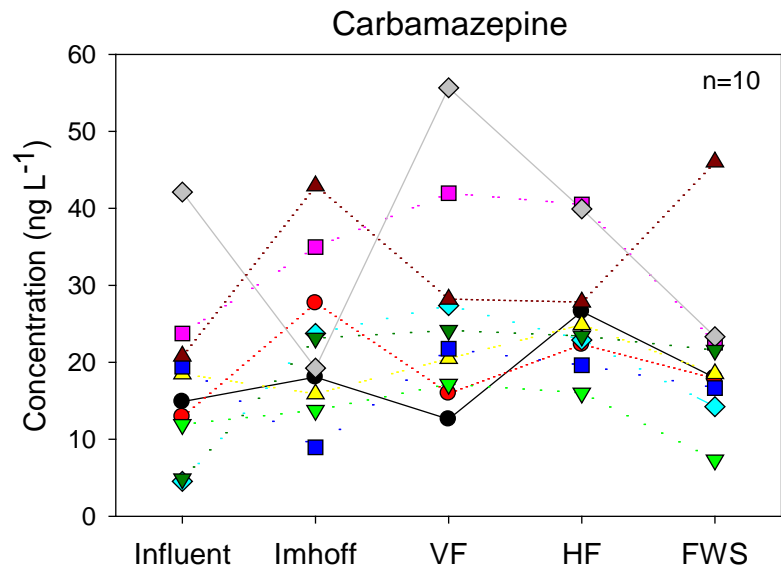
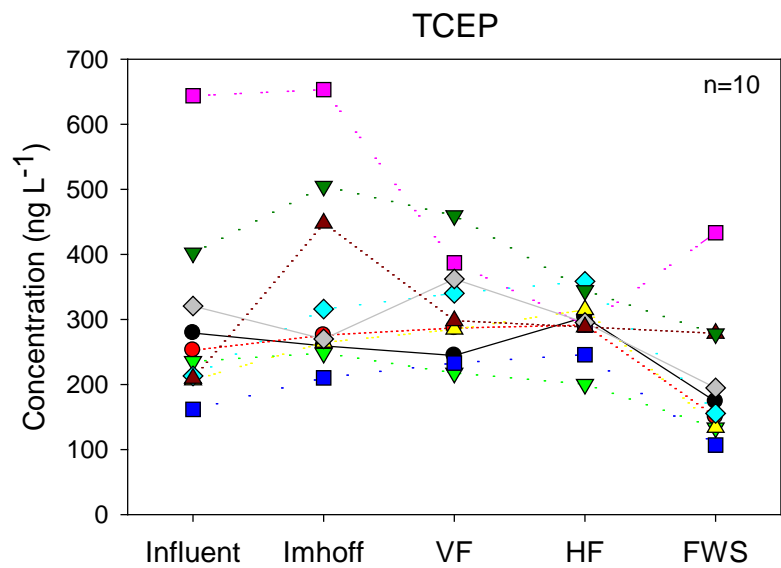
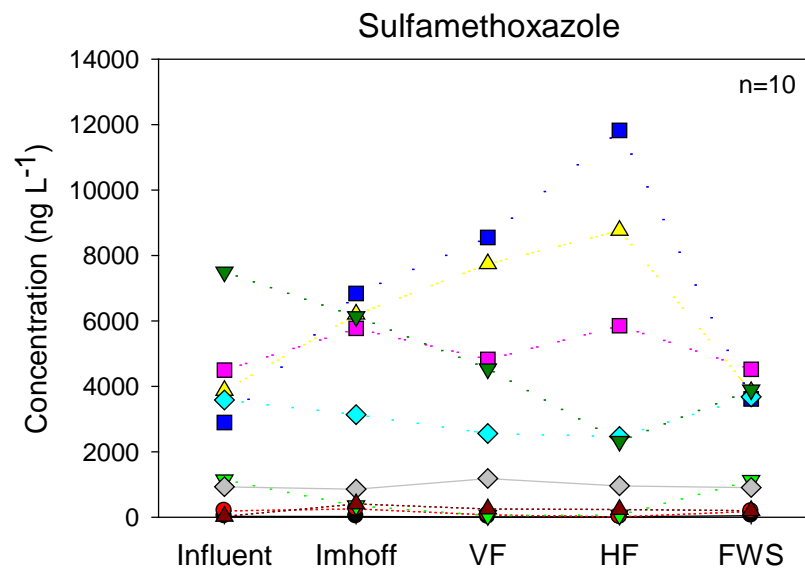


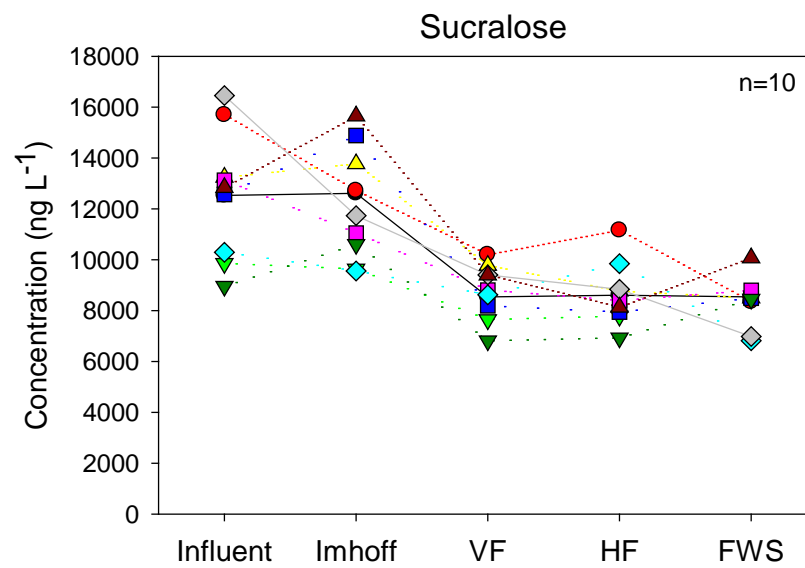
Figure 5. a) Total Nitrogen loading rates at influent and effluent of hybrid constructed wetland system and overall load removal efficiency; b) Average concentration of the different nitrogen species along the treatment train during the three periods of the study.

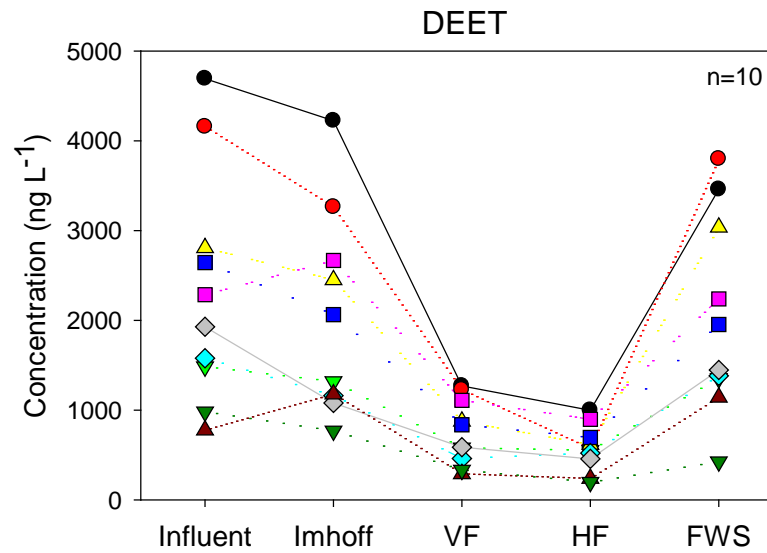
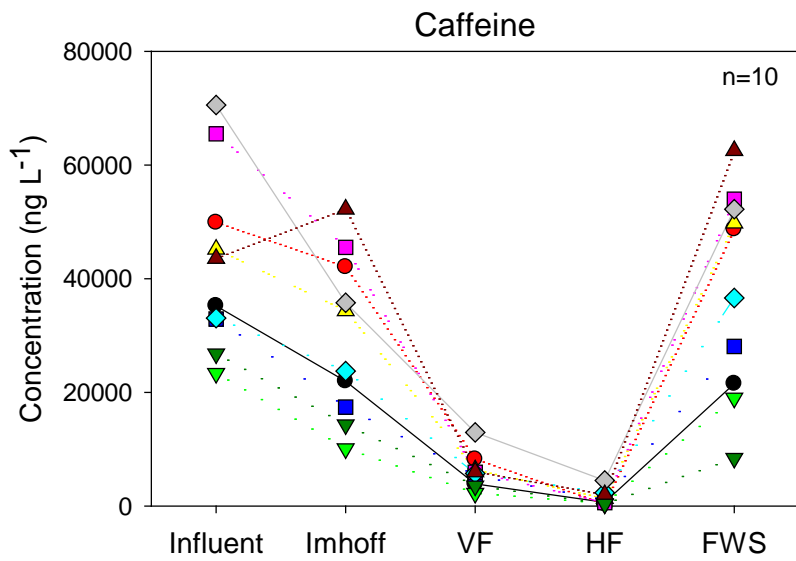


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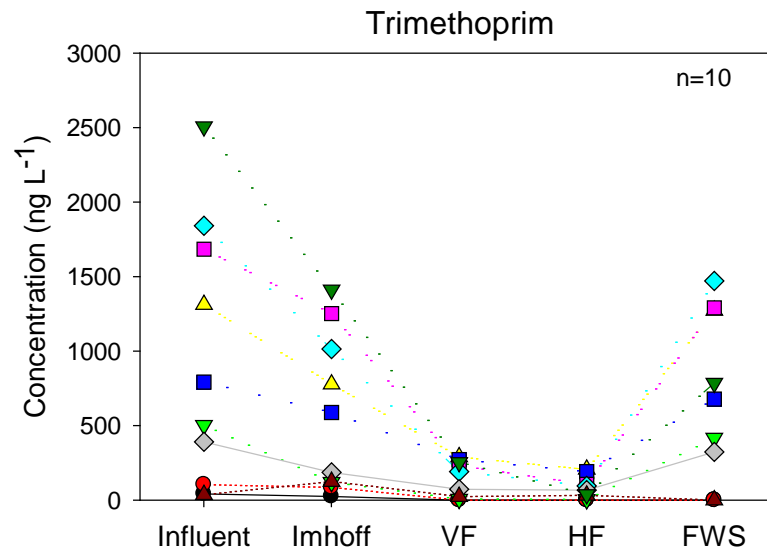
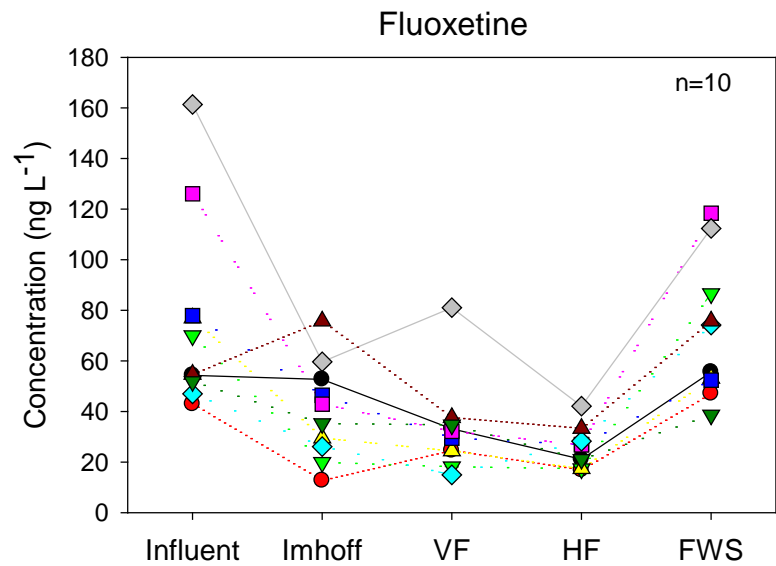


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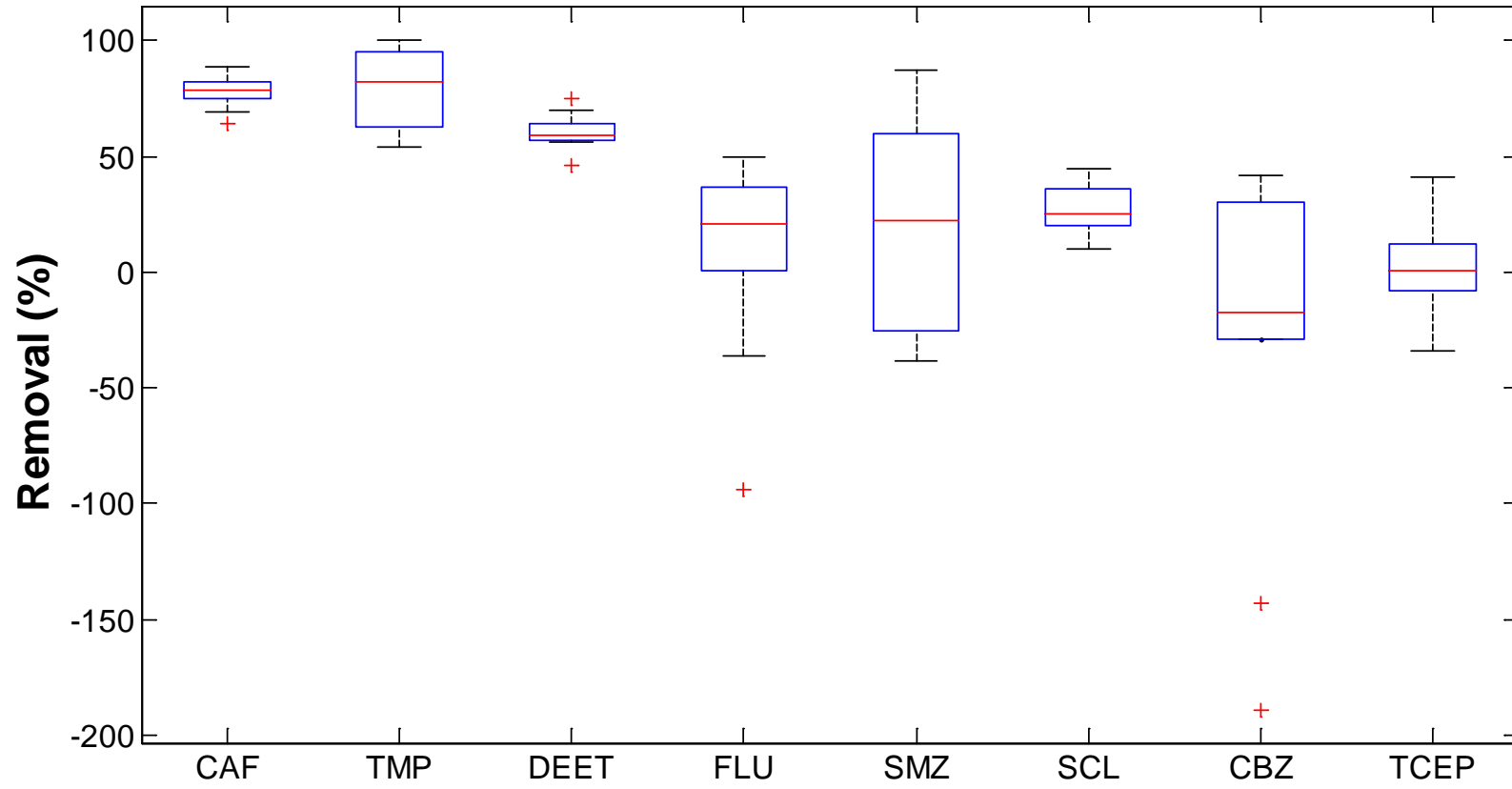
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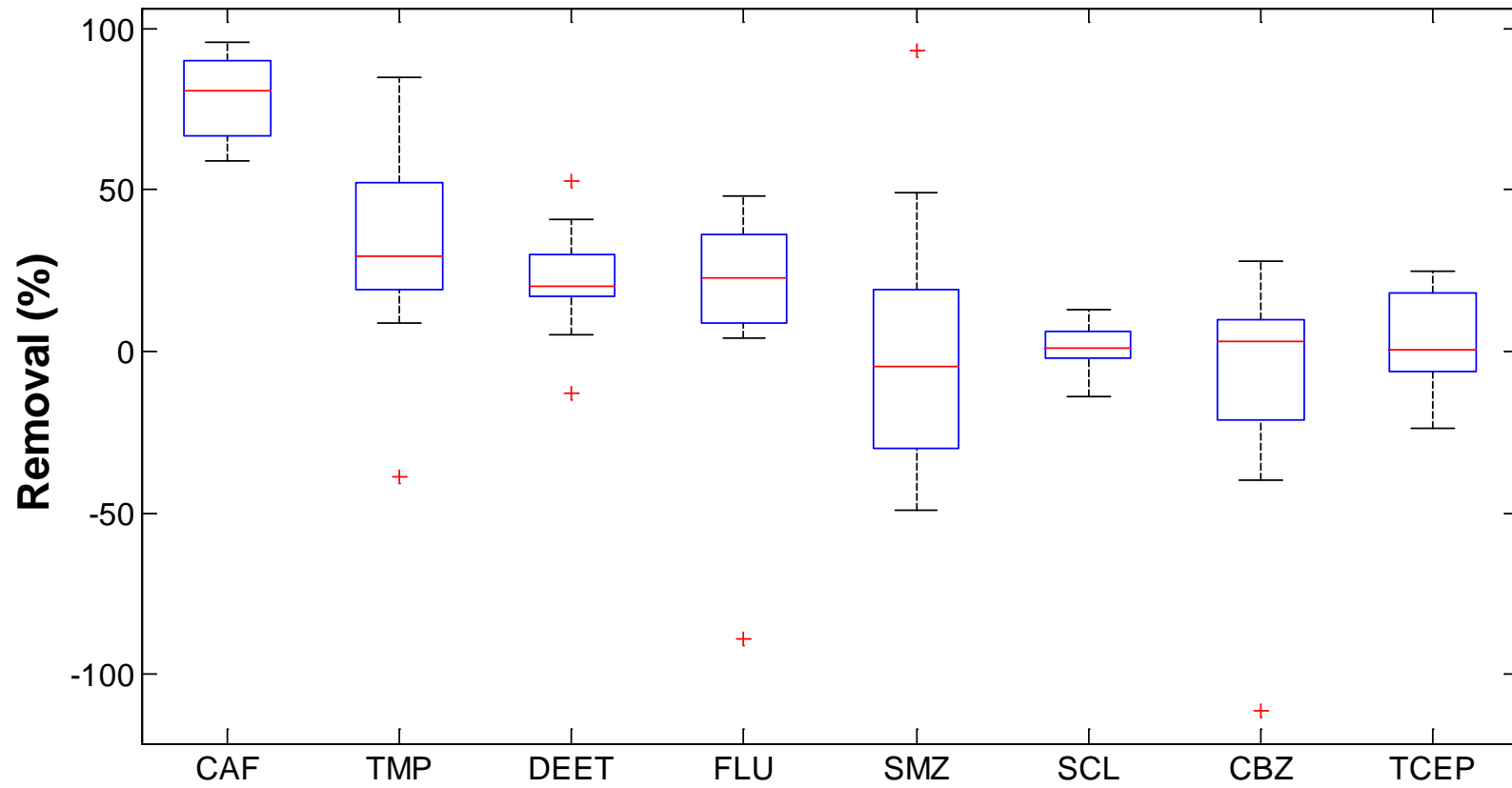
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806 Figure 6. Concentration profile of target pharmaceuticals and personal care products along the treatment train at every sampling event (Period II).

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a)



b)

808 Figure 7. Box plot of target PPCPs removal after a) VF wetland, b) HF wetland (Period II; n=10).

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810 Table 1. Main characteristics of the treatment system.

Parameter	Unit	Value and unit
Average Inflow	m ³ d ⁻¹	1.125 (0.75 raw wastewater + 0.375 recirculation)
Recirculation flow rate	%	50
Average hydraulic loading rate*	m d ⁻¹	0.37
Nominal hydraulic retention time	h	21
Volume Imhoff tank	m ³	0.2
Dimensions VF wetlands (each)	m (W x L x D)	1.0 x 1.5 x 1.3
VF filter media	Depth of layers: m Grain size ø: mm	Upper layer: 0.1 m sand (1-2 mm) Bottom layer: 0.7 m fine gravel (3-8 mm)
Dimensions HF wetland	m (W x L x D)	1.0 x 2.0 x 0.3
HF water level	m	0.25
HF filter media	Main media ø: mm Inlet and outlet: cm	Main media: 0.3 m gravel (4-12 mm) Inlet and outlet: stone (3-5 cm)
Dimensions FWS wetland	m (W x L x D)	1.0 x 2.0 x 0.5
FWS free water column	m	0.3

811 *These value was calculated taking into consideration only the area of the VF units (i.e. 3 m²).

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819 Table 2. Classification, typical use and properties of target PPCPs selected in this study.

Compound	Use	Category	MW	Log Kow	pKa	Reference
Caffeine	Stimulant	Personal care product	194.2	-0.07	10.4	Trenholm et al. (2006)
Carbamazepine	Anti-seizure	Pharmaceutical	236.3	2.45	13.9	Petrie et al. (2015)
N,N-diethyl-meta-toluamide (DEET)	Insect repellent	Personal care product	191.3	2.18	na	Trenholm et al. (2006)
Fluoxetine	Antidepressant	Pharmaceutical	309.3	4.2	9.5	Anumol et al. (2015a)
Sucralose	Sweetener	Personal care product	397.64	-0.4	na	Anumol et al. (2015a)
Sulfamethoxazole	Antibiotic	Pharmaceutical	253.3	0.89	6.0	Trenholm et al. (2006)
Trimethoprim	Antibiotic	Pharmaceutical	290.3	0.91	7.12	Trenholm et al. (2006)
Tris (2-chloroethyl) phosphate (TCEP)	Flame retardant, plasticizer	Personal care product	285.5	-1.2	na	Anumol et al. (2015a)

MW = molecular weight; na = not available

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822 Table 3. Water quality parameters (mean concentration \pm SD) at the influent and effluent of the different treatment units of the hybrid system during each of the
 823 three periods of operation.

Parameters	PERIOD I (Jun-Set 2015) n=10					PERIOD II (Set-Nov 2015) n=16					PERIOD III (Nov 2015-Jan 2016) n=15				
	Influent	Imhoff tank	VF	HF	FWS	Influent	Imhoff tank	VF	HF	FWS	Influent	Imhoff tank	VF	HF	FWS
T (°C)	28 \pm 1	28 \pm 1	27 \pm 1	27 \pm 1	28 \pm 1	21 \pm 4	21 \pm 4	21 \pm 4	22 \pm 5	22 \pm 4	12 \pm 2	12 \pm 3	12 \pm 3	12 \pm 3	13 \pm 4
EC (mS cm ⁻¹)	2.6 \pm 0.8	2.4 \pm 0.4	2.3 \pm 0.3	2.3 \pm 0.4	2.7 \pm 0.4	1.9 \pm 0.5	1.8 \pm 0.3	1.9 \pm 0.3	1.9 \pm 0.3	1.9 \pm 0.5	2.2 \pm 0.7	1.9 \pm 0.4	1.9 \pm 0.4	1.9 \pm 0.4	1.8 \pm 0.4
E _H (mV)	-20 \pm 61	-98 \pm 22	+208 \pm 44	+216 \pm 78	+254 \pm 20	-99 \pm 119	-80 \pm 100	+146 \pm 92	+55 \pm 133	-6 \pm 87	-85 \pm 24	-74 \pm 21	+95 \pm 64	-17 \pm 9	+29 \pm 15
pH	7.4 \pm 0.3	7.3 \pm 0.4	7.6 \pm 0.4	7.6 \pm 0.4	7.5 \pm 0.4	7.9 \pm 0.2	7.6 \pm 0.3	7.4 \pm 0.3	7.3 \pm 0.2	7.9 \pm 0.2	7.8 \pm 0.3	7.7 \pm 0.3	7.6 \pm 0.3	7.5 \pm 0.2	7.6 \pm 0.2
TSS (mg L ⁻¹)	877 \pm 170	68 \pm 19	34 \pm 4	6 \pm 2	10 \pm 2	221 \pm 45	75 \pm 31	67 \pm 53	6 \pm 4	114 \pm 63	295 \pm 97	121 \pm 47	41 \pm 30	15 \pm 12	8 \pm 13
BOD ₅ (mg L ⁻¹)	411 \pm 37	292 \pm 81	135 \pm 66	41 \pm 12	20 \pm 6	392 \pm 101	181 \pm 63	67 \pm 24	26 \pm 9	82 \pm 29	388 \pm 56	126 \pm 23	72 \pm 25	27 \pm 90	19 \pm 8
TOC (mg L ⁻¹)	356 \pm 191	112 \pm 31	32 \pm 2	22 \pm 5	23 \pm 5	135 \pm 69	78 \pm 22	51 \pm 23	18 \pm 4	115 \pm 37	268 \pm 139	100 \pm 42	57 \pm 38	29 \pm 17	28 \pm 16
TN (mg L ⁻¹)	68 \pm 12	46 \pm 9	32 \pm 11	16 \pm 7	12 \pm 5	60 \pm 15	46 \pm 12	38 \pm 8	22 \pm 5	56 \pm 16	76 \pm 9	50 \pm 12	40 \pm 10	28 \pm 6	25 \pm 6
NH ₄ -N (mg L ⁻¹)	25 \pm 8	20 \pm 7.5	6 \pm 2	3.0 \pm 2	2 \pm 3	19 \pm 7	17 \pm 6	7 \pm 2	3 \pm 1	24 \pm 11	18 \pm 3	14 \pm 4	5 \pm 2	4 \pm 2	4 \pm 2
NO _x -N (mg L ⁻¹)	<LOD	<LOD	14 \pm 6	8 \pm 5	6 \pm 5	<LOD	<LOD	13 \pm 7	12 \pm 7	0.4 \pm 0.3	<LOD	<LOD	14 \pm 3	12 \pm 3	9 \pm 5
SO ₄ ²⁻	82 \pm 13	63 \pm 19	74 \pm 14	78 \pm 19	79 \pm 18	66 \pm 23	63 \pm 19	83 \pm 22	84 \pm 19	67 \pm 27	114 \pm 19	106 \pm 30	128 \pm 19	133 \pm 16	133 \pm 19

824 <LOD: below limit of detection